BEST FOR SPORT, SKY & STREAMING

MORE CHANNELS THAN ANY OTHER TV MAG!

21-27 JUNE 2025

TV&Satellite week

NEW
SQUID GAME
It's a life-and-death showdown in the thrilling final series

NEW
IRONHEART
The young genius gets her own show

LIVE!
GLASTONBURY
Your complete armchair guide

EXCLUSIVE!

SMOKE

Taron Egerton's fiery new crime drama

HotList This week's 28

Saturday 21

Murderer Behind the Mask

***DOCUMENTARY** Prime Video*

When the remains of a woman were unearthed by chance in the Dublin Mountains in 2013, the investigation led police to the door of a surprising suspect. *See Your Watchlist, page 16*

Piece by Piece

***ANIMATION** Sky Premiere, 8.25am & 4.20pm*

Pharrell Williams – the singer behind the incessantly cheery earworm *Happy* – is given the Lego treatment in this toe-tapping animated musical biopic.

England v India: 1st Test

***CRICKET** Sky Sports Cricket & Sky Sports Main Event, play starts 11am*

The second day of the men's Test from Headingley, a venue at which England have won their last five Tests. Continues until Tuesday. *See Sport Week, page 28*

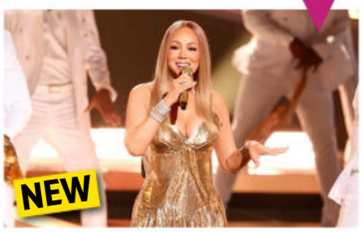
UK's Strongest Man

***SPORT** 5, 1.30pm*

There are muscles galore on the first day from Planet Ice Milton Keynes. Eight of the country's most powerful men battle it out for a place in next week's semi-finals. Continues tomorrow.

Full listings start on **p35**

Sunday 22



Capital's Summertime Ball

***MUSIC** ITV1, 5.30pm*

Highlights of the pop concert. Hosted by Jordan North, Sian Welby and Chris Stark, a stellar line-up including Mariah Carey (above) and Will Smith and DJ Jazzy Jeff perform at Wembley.

The Gold

***DRAMA** BBC1, 9pm*

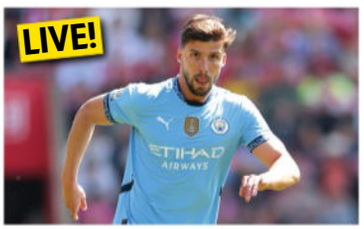
As the net closes in on the remaining members of the gang around the world, DCI Boyce (Hugh Bonneville, above) comes up against an old foe. Concludes tomorrow. *See feature, page 12*

Saltburn

***THRILLER** BBC1, 10.30pm*

Thriller with Barry Keoghan as an impoverished Oxford student who seeks revenge for his humiliations in an often uncomfortable-to-watch manner. *See review, page 25*

• ***Previously shown on Prime Video***



Club World Cup

***FOOTBALL** 5 & DAZN, kick-off 2am*

Manchester City play UAE Pro League club Al Ain in their second group game of the tournament, which takes place at the Mercedes-Benz Stadium in Atlanta, home of NFL team Atlanta Falcons.

Full listings start on **p45**

Monday 23

Celebrity Puzzling

***GAME SHOW** 5, 7pm*

Jeremy Vine hosts this quiz show, in which team captains Carol Vorderman and Sally Lindsay plus celebrity guests compete to be crowned the best puzzle-solvers in showbiz. Continues all week.

Death in the Desert: The Nurse Helen Mystery

***DOCUMENTARY** C4, 9pm*

After British nurse Helen Smith (above) died in Saudi Arabia in 1979, it was ruled an accident. Now, documentarian Keely Winstone reveals what was really known.

The Gilded Age

***DRAMA** Sky Atlantic & Sky Showcase, 9pm*

As the period drama returns, Agnes (Christine Baranski) struggles to deal with her change of circumstances now that sister Ada (Cynthia Nixon) is holding the purse strings. *See feature, page 8*

Glastonbury: 70s Hits

***MUSIC** BBC2, 10pm*

Before the gates open at Worthy Farm, tune in for three nights of classic clips, starting tonight with Dolly Parton (above) and other 1970s legends. Continues with *80s Hits* and *90s Hits* over the next two nights.

Full listings start on **p55**

Tuesday 24

Trainwreck: Poop Cruise

***DOCUMENTARY** Netflix*

The latest in the anthology series looks at a four-day cruise to Mexico. An engine-room fire left the liner without power, with overflowing toilets and passengers on the point of mutiny.

Why Cities Flood: Spain's Deadly Disaster

***DOCUMENTARY** BBC1, 9pm*

On 29 October 2024, over200 people in Valencia were killed by flash flooding. This one-off recounts the dreadful day via testimony and mobile-phone footage.

The Wolves Always Come at Night

***DOCUMENTARY** BBC4, 10pm*

Storyville special. Following a Mongolian couple whose nomadic lives as shepherds in the desert are disrupted by climate change, forcing them to move to the city.

Club World Cup

***FOOTBALL** 5 & DAZN, kick-off 2am*

Chelsea will learn for sure if they will progress to the knockout stages after tonight's final group game against Tunisian club Espérance Sportive de Tunis, which takes place in Philadelphia.

Full listings start on **p65**

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Wednesday 25

EDITOR'S CHOICE NEW

Ironheart

SUPERHERO DRAMA Disney+

Set after the events of *Black Panther: Wakanda Forever*, this six-parter follows young genius inventor Riri Williams (Dominique Thorne) as she builds a suit to rival Iron Man's. *See Your Watchlist, p14*

NEW

Countdown

THRILLER Prime Video

Jensen Ackles stars as an LAPD detective on a secret task force tracking down the killer of a Homeland Security officer – but the investigation uncovers a much darker conspiracy. *See Your Watchlist, page 17*

LIVE!

European Under-21 Championship semi-finals

FOOTBALL C4, 4.40pm, & 4seven, 7.50pm

If England have been playing as planned, they should feature in one of today's semi-finals in Bratislava or Košice, ahead of the final on Saturday 28 June.

NEW

Amol Rajan Goes to the Ganges

DOCUMENTARY BBC1, 9pm

In this one-off, the broadcaster (above) joins 500 million pilgrims as they journey to northern India for the Kumbh Mela religious festival. *See Documentaries, page 21*

Full listings start on p75

Thursday 26

NEW

The Bear

DRAMA Disney+

Service resumes, picking up the drama following Season 3's cliffhanger, with Carmy (Jeremy Allen White, above) having just received a review of the restaurant. *See Your Watchlist, page 16*

NEW NEW

Will Nigel Farage Be Prime Minister?

DOCUMENTARY C4, 8pm

Dispatches special. Journalist Fraser Nelson asks if the Reform party is the beneficiary of mass protest votes – and will it see Nigel Farage (above) heading to No 10?

Outrageous

DRAMA U&Drama, 9pm

As the drama inspired by the real-life Mitford sisters continues, the family's reputation is tarnished by Diana's divorce and her blossoming romance with politician Oswald Mosley. *See feature, p12*

LIVE!

Glastonbury

MUSIC BBC2, 10pm

The festival begins with its usual superb line-up. Coverage continues tomorrow on BBC1, BBC2, BBC4 and BBC iPlayer, with Supergrass, Alanis Morissette, Wet Leg and more. *See feature, page 11*

Full listings start on p85

Friday 27

EDITOR'S CHOICE NEW

Smoke

THRILLER Apple TV+

Taron Egerton stars in this fiery drama as arson investigator Dave Gudsen, who reluctantly teams up with a detective (Jurnee Smollett) to track down two serial arsonists. *See feature, page 4*

NEW EDITOR'S CHOICE

Squid Game

THRILLER Netflix

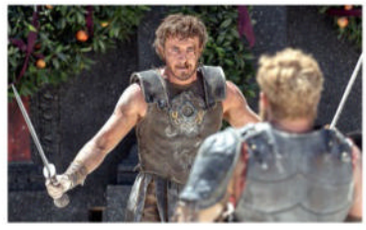
The South Korean thriller is back for a third and final series, picking up the pieces of the Season 2 cliffhanger, with Gi-hun (Lee Jung-jae) forced to make some huge decisions. *See feature, p6*

NEW

The Shadow

THRILLER Channel 4 Streaming

The latest Walter Presents gem is a German thriller. In Vienna, journalist Norah (Deleila Piasko, above) receives a chilling prophecy that she will kill a certain person on a certain date...



Gladiator II

ACTION DRAMA Sky Premiere, 10am & 8pm

Paul Mescal (above), Pedro Pascal and Denzel Washington unleash hell in Sir Ridley Scott's sequel to the 2000 historical epic. *See review, page 24*

• *Previously shown on Paramount+*

Full listings start on p95

21-27 JUNE 2025

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: APPLE TV+, COURTESY OF NETFLIX, MARVEL, GETTY. HOTLIST WORDS: LYNETTE BRIGHTON, IAN FARRINGTON HOTLIST PHOTOS: GETTY, CHIABELLA JAMES/PRIME VIDEO, MARVEL, FX

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‘When she faces that sort of adversity, it ignites something in her’

JURNEE SMOLLETT

Playing with FIRE

NEW FROM tv+

Taron Egerton and Jurnee Smollett are on the hunt for two pyromaniacs in a red-hot thriller

NEW THRILLER

Smoke

From Fri 27 June, Apple TV+ (first two eps from 27 June, then weekly)

The true story of a serial arsonist who ran amok in California in the 80s and 90s is the inspiration for Apple TV+'s slick new drama *Smoke*, created by *Gone Baby Gone* writer Dennis Lehane.

Having quit firefighting, Dave Gudsen (*Rocketman*'s Taron Egerton) is now an arson investigator in America's Pacific Northwest. While Dave presents a confident exterior, he's haunted by nightmares of being trapped in a burning house while on a call-out, but has found comfort in writing about his former cases.

Dave's skills are called upon when two arsonists start to terrorise the local area – one nicknamed 'Milk Jug' as they use a milk container to contain their accelerant, and the other 'D&C', AKA 'Divide and Conquer', because they set multiple fires across several locations to split the fire department's resources, thus enabling them to get away

Ambitious but troubled detective Michelle Calderone (*True Blood*'s Jurnee Smollett) is reluctantly sent to provide assistance to Dave, who is initially unimpressed. But although Michelle has no arson experience, she's a great investigator, and as the heat intensifies between the pair, they go all out to track down the perpetrators before it's too late.

Here, in an exclusive interview, *TV&Satellite Week* chats to Egerton, 35 and Smollett, 38, to find out more…

Dave and Michelle must find a way to work together

Why did you both say yes to this project?

Egerton I want to do things that challenge me as an actor and Dave is a complex character. In terms of what's going on in his head, it's a mystery to me as much as it is to anyone else!

Smollett Michelle is a dream role. She's so layered and full of contradictions. We all struggle with this desire to lean into the danger. I've struggled with that at times in my life – whether it's a toxic relationship or a behaviour or ambition in your career. Dancing with that line is something I wanted to explore in Michelle.

What do you like most about portraying these characters?

Egerton Playing Dave is a bit like playing different people. It's not as extreme as someone with a split personality, but there's a sense of him having these separate facets that he's able to disregard at will.

Smollett I love Michelle's flaws. Sometimes her morality is a little ambiguous and that's exciting to play. She's a woman existing in male-dominated spaces and I can relate to that. She's a former Marine who's now a detective. There are comments made about her body, her gender and her ethnicity as if she doesn't deserve to be in that place. When she faces that sort of adversity, it ignites something in her.

How did you prepare for playing these characters?

Egerton I had Dave wear glasses when he writes because he thinks a writer should wear glasses because it's academic, it's bookish. And while he's investigating the arson cases, I had him chewing gum, like a shady detective.

Smollett I did a lot of research and interviewed experts in this field. I worked with my physicality coach and my fitness trainer. I put on 15lb of muscle and was lifting heavier weights than ever. Because Michelle is a former Marine, it was important to me that physically she felt a bit more muscular and a more formidable presence. I also spoke to a therapist about her mental state because she attaches and detaches with people in her life.

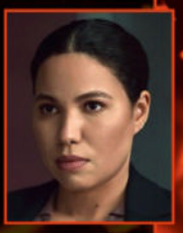
Have you had any real-life experience with fire?

Smollett Inevitably, living in California, I've witnessed wildfires all around me. And shooting this show in Canada, there are wildfires there every year, too. It's sobering and sad to see where we are in terms of climate change. Mother Nature repeatedly shows us that if we continue to abuse her, we will feel the wrath of the fires.

WHO'S WHO

Dave Gudsen
Taron Egerton
The charismatic arson investigator has a strained marriage to Ashley, who has a teenage son, Emmett.

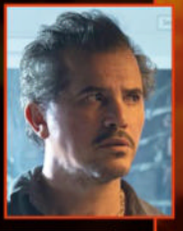
Michelle Calderone
Jurnee Smollett
Ambitious detective Michelle has past traumas and has a complex relationship with boss Steven.



Steven Burk
Rafe Spall
The married family man and captain of the local police department sends Michelle to fire-investigation duty.

Freddy Fasano
Ntare Guma Mbaho Mwine
A loner who works at a fast-food shop, Freddy is persuaded to apply for the manager's position.

Ezra Esposito
John Leguizamo
Dave's former partner enjoys drinking and drugs since leaving his job. And he ends up on Michelle's radar...



Harvey Englehart
Greg Kinnear
The fire-service chief is a long-time friend and colleague of Dave and is close to retirement.

WORDS: ELAINE PENN. PHOTOS: ADOBE STOCK, APPLE TV+

GAME

The hit Korean drama reaches its **exhilarating conclusion**...

NEW THRILLER
Squid Game
From Friday 27 June, Netflix

Motion-sensing doll Young-hee

NEW FROM NETFLIX

Lee Jung-jae as Player 456

The stage is set as the ultimate chapter of Korean dystopian drama *Squid Game* lands on Netflix this week for a thrilling third and final season – and it's all to play for...

The brainchild of writer and director Hwang Dong-hyuk, the vivid hellscape where debt-ridden contestants play life-or-death children's games in the hope of winning an enormous cash prize became a global sensation when it debuted in 2021, with 1.65 billion viewing hours in its first 28 days.

Now, Dong-hyuk hopes fans will embrace the concluding six episodes in his gripping survival saga about man's inhumanity to man with the same enthusiasm as they have in the past.

GOING GLOBAL

'I have poured over six years of my life into *Squid Game*, not counting when I first wrote the original script more than a decade ago,' shares Emmy-winning showrunner Dong-hyuk, 54. 'I hope this third season will satisfy fans. All around the world they've shown incredible love and support and I'm truly excited by their reactions.'

In Season 1, protagonist Seong Gi-hun (Lee Jung-jae), clad in his iconic green Player 456 tracksuit, beat fellow contestants, including some dearly acquired friends, in the Squid Game arena.

Season 2 saw him embark on a mission to unmask the event's shadowy masterminds by re-entering the competition. Yet, unknown to him, game-runner Front Man (Lee Byung-hun) had anonymously joined proceedings as Player 001 and sabotaged Gi-hun's plans to stop the cruel sport.

The show restarts in the wake of Season 2's violent cliffhanger, in which Gi-hun led a futile rebellion and Front Man, whose real name is Hwang In-ho, faked the death of his player persona. When we catch up with Gi-hun, he's on the brink of insanity as he and the remaining contestants are thrown into a series of increasingly lethal games. Meanwhile, Front Man welcomes the competition's wealthy VIP financiers to watch the final rounds on the secret, high-security island…

'It picks up after the failure of Gi-hun's riot, in which he lost his closest friend Jung-bae, and he feels overwhelmed and powerless. He appears to have abandoned all hope. But the story then takes an interesting turn,' teases Dong-hyuk. 'Season 3 is about Gi-hun's transformation and how he overcomes what stands in his way. We'll see how he returns to the game arena and faces the challenges ahead.'

'With the guilt Gi-hun feels with so many people dying, he couldn't be of sound mind and he wants to give up everything,' adds Lee Jung-jae, who plays the degenerate gambler turned hero. 'He doesn't have the ability to think clearly – until another player brings him to his senses by telling him that they need his help and he needs theirs in return.'

New threats facing the

Hwang Dong-hyuk winning an Emmy

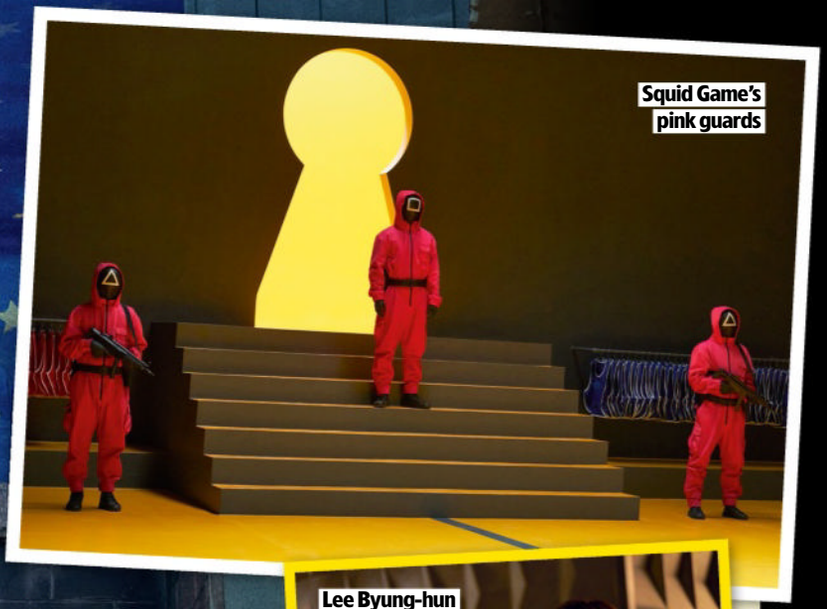
Player 149: Jang Geum-ja
Kang Ae-shim
One of the oldest contestants, she's a mother figure to her allies and desperate for the game to stop.

Player 222: Kim Jun-hee
Jo Yu-ri
The vulnerable, heavily pregnant young woman is fighting for two.

Player 120: Cho Hyun-ju
Park Sung-hoon
Having survived the deadly riots, the transgender former marine has nerves of steel and a heart of gold. Will she survive to start a new life?

WORDS: ELAINE REILLY. PHOTOS: GETTY, NETFLIX

OVER


Squid Game's pink guards

Lee Byung-hun is Front Man

Player 007: Park Yong-sik
Yang Dong-geun
Will the chronic gambler sacrifice his elderly mother, aka Player 149, who is in the game, to clear his debts?

Player 044: Seon-nyeo
Chae Gook-hee
Dangerous and obnoxious, the shaman uses her influence to unbalance the competition.

Player 456: Seong Gi-hun
Lee Jung-jae
Having been transformed by his Squid Game experiences, can Gi-hun get out alive and with his humanity intact?

Player 333: Lee Myung-gi
Im Si-wan
The cryptocurrency influencer is determined to get out alive with his former girlfriend Jun-hee and their unborn baby.

Player 388: Kang Dae-ho
Kang Ha-neul
Following his breakdown during the riots, there is a question mark over the self-proclaimed former marine's true identity on the outside.

surviving participants include a skipping game, in which a foot wrong could prove fatal, and the introduction of a creepy companion for motion-sensing doll Young-hee called Chul-su.

'In an upcoming game, Chul-su and Young-hee face each other, creating a mysterious vibe. Young-hee has her own fan base, even though she's pretty scary, and I'd love Chul-su to have his own fandom, too,' reveals Dong-hyuk. 'Now filming is over, I'm going to miss the sets – the dorm with the towering bunk beds that made me nervous, the maze-like stairs where I kept getting lost, and the game arenas. Seeing scenes come to life, even better than I'd imagined in my head, was deeply moving.'

FINAL BATTLE

Games aside, the main narrative centres on Front Man, who's focused on breaking Gi-hun's spirit, while he tries to protect his sense of self.

'Front Man is relentless in pushing Gi-hun to his breaking point and wants to tear down all his beliefs. To him, mankind has always been a cycle of those who rule and those who obey. But Gi-hun still has some surprises to throw Front Man's way,' hints Dong-hyuk.

'Front Man's goal is to break down Gi-hun's conviction through a psychological battle of beliefs, creating another game entirely,' adds Byung-hun, who plays the masked manipulator. 'Gi-hun finally puts into action his long-harboured determination to upend this entire system and you see the duel between Front Man and Gi-hun begin in earnest. These stories reach their climax in an explosion of dramatic intensity. You won't be disappointed.'

Carrie Coon returns as New York's wealthiest residents face more romance and rivalry

High society

NEW DRAMA

The Gilded Age

Monday, 9pm, Sky Atlantic & Sky Showcase

After her acclaimed performance as divorced lawyer Laurie in the recent season of *The White Lotus*, Carrie Coon is back for more bitter tensions and scandalous intrigue in the third run of Sky Atlantic's period drama *The Gilded Age*.

Penned by Lord Julian Fellowes and Sonja Warfield, the eight-part series, set amid Manhattan's elite in the 1880s, finds New York City's wealthiest citizens, including nouveau-riche railroad magnate George Russell (Morgan Spector) and ambitious wife Bertha (Coon), battling to maintain their place in the social strata.

As ruthless George tries to extend the rail network, he clashes with real-life tycoon JP Morgan (*Sirens*' Bill Camp), and undertakes huge risks. And although the spectre of divorce casts a shadow for several characters, Bertha remains focused on marriage and ensuring that her daughter Gladys (Taissa Farmiga) weds shrewd British aristocrat Hector, Duke of Buckingham (Ben Lamb), despite Gladys' keenness to snare sweet suitor Billy Carlton (Matt Walker).

A GOOD MATCH

'Bertha's task is getting her daughter married off to the right person. She'll stop at nothing, but there may be consequences,' teases Coon, 44. 'If Gladys hopes to have power or influence, she has to be married well. Bertha wants her daughter to be not just safe but fulfilled.'

Meanwhile, *The Bombing of Pan Am 103*'s Merritt Wever joins the series as Bertha's estranged sister Monica O'Brien, alongside *Fool Me Once*'s Hattie Morahan as Hector's snooty sibling Lady Sarah Vere, who both cause further difficulties.

But love could finally be beckoning for George and Bertha's son Larry (Harry Richardson) and his neighbour, teacher Marian Brook (Louisa Jacobson), although past failed romances make her wary.

'You hear about Marian's fears,' shares Jacobson, 34, whose mother is actor Meryl Streep. 'You see she's traumatised and the effects of that. There are twists no one's ready for…'

There is more conflict amid a shift in the power dynamic within Marian's home, however, as her redoubtable aunt Agnes van Rhijn (Christine Baranski) has lost her fortune after her son Oscar (Blake Ritson) was fleeced by a con artist, and Agnes' sister Ada Forte (Cynthia Nixon) is supporting the family since inheriting money from her late husband Luke (Robert Sean Leonard).

The previously meek Ada is now unafraid of her disapproving sister and holds fast to the purse strings as she campaigns determinedly for the temperance movement, while she also reaches out to a medium, Madame Dashkova (Andrea Martin), to contact Luke.

William (Jordan Donica) and Peggy (Denée Benton)

WORDS: CAREN CLARK; ALISON SLADE. PHOTOS: BBC, ITV, SKY/HBO

There's drama ahead for Bertha (Carrie Coon, centre) and other members of the social elite

Love blossoms for Larry and Marian

'Agnes, this proud, haughty lady who was used to being No 1, is suddenly not head of the household,' explains *The Good Fight*'s Baranski, 73. 'That fall from grace is delicious to play.'

BREAKING BARRIERS

Meanwhile, the new run continues to explore the challenges faced by the Black community by following the fortunes of Marian's friend and Agnes' secretary Peggy Scott (Denée Benton), and several new faces give the budding journalist pause for thought about her life.

Peggy falls for caring Dr William Kirkland (Jordan Donica), who hails from a prominent Black Newport family. But while his pastor father Frederick (Brian Stokes Mitchell) seems welcoming, his mother Elizabeth (Phylicia Rashad) disapproves of Peggy's background, work and social campaigning. But Peggy remains undaunted and is inspired by an encounter with real-life Black suffragist Frances Ellen Watkins Harper (LisaGay Hamilton).

'Peggy's revolutionary in spirit and was raised with expectations,' says Benton, 33. 'For someone moving the way Peggy is and fighting for voting rights and action, it's exciting.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

John bundles a drugged Robert into the back of his van

EMMERDALE

Will John murder love rival Robert?

» **John is seething** that Aaron's first husband Robert is back in the village, especially as Robert has made no secret of the fact he still has deep feelings for his ex. Wanting rid of his love rival – who is also his half-brother – he persuades Caleb to end Robert's trial employment at the depot, and also urges Victoria, who's been accidentally hit by Robert, to report their relative for assault.

Victoria, who is worried about Robert's mental state, has no intention of dobbing him in to the police, but as Robert stays put and makes his presence felt, John soon has an opportunity to see him off… for good. It happens when despondent Robert arranges a hook-up in a bid to distract himself from Aaron, and his date drugs him.

Robert arranges a hook-up

Witness John swoops in and piles unconscious Robert into the back of his van, before driving off.

It doesn't look good for Robert as John hovers over him with a syringe in his hand. John's already claimed the life of Nate – will he kill Robert, too?

» **PLUS** Jacob offers to be Sarah's sperm donor, Tracy bans the Dingles from Nate's funeral, Joe hires a new minder to put Billy in his place, Paddy fears Bear has dementia, and Victoria offers to help Matty mark Amy's birthday.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» There's horror for Summer (right) and Nina at Aadi's party, a resident unwittingly takes LSD, Gary goes AWOL, Ronnie asks Debbie to take him back, Kit is confirmed as Brody's dad, and Tracy learns Steve is back with Cassie.

EASTENDERS

» Spiralling Elaine (above) riles her loved ones, Phil struggles as Nigel's dementia symptoms worsen, George and Nicola bond over their break-ups, Vicki is suspicious of Bernie, and Kat's hurt as Alfie remains off the radar.

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LIVE! MUSIC

Glastonbury

From Thursday, times vary, BBC1, BBC2, BBC4 & BBC iPlayer

Thousands of revellers will be putting on their sunblock – or wellies – and heading to Worthy Farm as the world's most-famous music festival opens its gates this week.

Those who prefer the comfort of their armchairs can still enjoy dozens of live performances, with presenters such as Clara Amfo, Jo Whiley and Lauren Laverne bringing us the best of Glastonbury – including 'Patchwork', rumoured to be a secret big-name act, scheduled to appear on the Pyramid Stage on Saturday 28 June.

Here are six acts we're looking forward to watching…

WORDS: SEAN MARLAND. PHOTOS: BBC, GETTY

JOHN FOGERTY

As a founding member of legendary US group Creedence Clearwater Revival, Fogerty will have no shortage of hits to call upon when he performs on the Pyramid Stage on Saturday 28 June, with famous tracks including *Fortunate Son* and *Bad Moon Rising*. It will be the 80-year-old's first performance at Glastonbury since 2007.

OLIVIA RODRIGO

At just 22, the US sensation will become the second-youngest headliner (behind Billie Eilish) in Glastonbury history when she takes to the Pyramid Stage on Sunday 29 June. The Californian drew a huge crowd on the Other Stage in 2022 and has plenty of pop-punk singalongs, including *Good 4 U*, *Brutal* and *Get Him Back!*

CHARLI XCX

The British singer's 2024 album *Brat* became her second UK No 1 album and won a host of Grammys. Hits such as *Apple* and *Guess* are sure to feature on Saturday 28 June. The 32-year-old last played the Other Stage in 2017, towards the bottom of the bill. Now she's headlining!

THE 1975

Famed for their dreamy synth pop and introspective lyrics, the British band will play the biggest gig of their lives when they headline the Pyramid Stage on Friday night. Fronted by Matty Healy (son of actors Tim Healy and Denise Welch), the band have released five albums, all of which have gone to No 1 in the UK.

NEIL YOUNG

The legendary rocker will headline the Pyramid Stage on Saturday 28 June. He's been in negotiations with the BBC about how much of his set can be broadcast, but hopefully we'll get to see the 79-year-old and his band, the Chrome Hearts, play classic tracks such as *Heart of Gold* and *Rockin' in the Free World*.

ALANIS MORISSETTE

The Canadian is famed for her 1995 album *Jagged Little Pill*, which remains one of the bestselling albums of all time, producing a string of hits such as *Hand in My Pocket* and *Ironic*. Well known for her brand of alt-rock angst, the 51-year-old will draw a large and devoted crowd when she performs on the Pyramid Stage on Friday evening.

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Nick Frost

NEW

Transaction

Tuesday, 10.05pm, ITV2 (box set, ITVX)

Best known for his collaborations with Simon Pegg, from C4 sitcom *Spaced* (inset) to film comedies such as *Shaun of the Dead* and *Hot Fuzz*, Nick Frost also has a string of TV credits including *Money*, *Mr Sloane* and *The Nevers*. The 53-year-old will next be seen in Sky comedy movie *Grow* and as Rubeus Hagrid in Sky's upcoming Harry Potter series.

HIS NEW SHOW

This week, Frost stars in six-part ITV2 sitcom *Transaction*, which follows egomaniac trans woman Liv (series creator Jordan Gray). She's hired by supermarket boss Simon (Frost) after he accidentally offends the LGBTQ+ community with a misguided advertising campaign, but unfortunately for Simon, Liv takes full advantage of the opportunity to unleash her unique brand of chaos on the night shift... 'Simon completely gets it wrong in the first episode,' says Frost. 'He risks losing everything, and he has to turn to Liv to try to help him get back on his feet.'

Frost plays supermarket boss Simon

Nowhere to hide

In the finale, will Tony Lundy bring Charlie Miller to book?

Sam Spruell as Charlie Miller

LAST ONE DRAMA

The Gold

Sunday & Monday, 9pm, BBC1

Ever since DI Tony Lundy joined the Brink's-Mat investigation in BBC1 drama *The Gold*, the tenacious cop has proved his worth with his single-minded – albeit maverick – approach to tracking down villains. But can he help tie up the case as the series concludes?

After surviving an inquiry into allegations of corruption, viewers have seen DI Lundy (Stephen Campbell Moore), who is inspired by a real-life detective, being assigned to the task force led by DCI Brian Boyce (Hugh Bonneville), and earning a grudging respect from his new boss.

'Lundy [in the drama] sees himself as a hero trying to get the villain. He operates outside the system and has his own way of doing things because he doesn't feel protocol gets him what he needs,' says Campbell Moore, 45.

'He has, what seems to the audience, a chequered past. So he's grateful Boyce gave him a job, and because the Brink's-Mat investigation seemed to have ground to a halt, he's tried to expedite things.'

While the finale sees DCI Boyce attempt to close in on timeshare entrepreneur John Palmer (Tom Cullen) in Tenerife, robber Charlie Miller (Sam Spruell) is firmly in DI Lundy's sights. And having apprehended his associates – money launderers Douglas Baxter (Joshua McGuire) and Logan Campbell (Tom Hughes) – DI Lundy and the team attempt to use them to locate Charlie Miller and ensure he faces justice. But there remain challenges and DI Lundy's past once more casts a shadow.

'It's a chase and Miller's not easy to track down – he seems to have a second sense of when to move,' explains Campbell Moore. 'But as they're heading towards a resolution, this thing from the beginning hits Lundy again and he's reached the end of his tether...'

For the actor, joining *The Gold* for its second run has been a treat and he has become intrigued by the real-life aspect of the story.

'There's an interest in getting behind the people chasing the villains and the villains themselves,' he says. 'You integrate yourself into all their thoughts.'

Logan Campbell (Tom Hughes) with investigators Nicki Jennings and Tony Brightwell (Charlotte Spencer and Emun Elliott)

Joshua Sasse and Joanna Vanderham

EXTREME emotions

A tragedy puts Oswald Mosley and Diana's romance back in the spotlight

DRAMA

Outrageous

Thursday, 9pm, U&Drama

The repercussions of Diana Mitford's decision to leave her husband for fascist leader Oswald Mosley (Joshua Sasse) continue to be felt this week in *Outrageous*.

After Oswald finds himself in the headlines once again when his wife dies, he's determined not to be seen in public with Diana (Joanna Vanderham) to avoid a scandal that could scupper his political ambitions. But while he's busy planning to

WORDS: NICK CANNON, CAREN CLARK, REBECCA MAHONEY, RICHARD MCCLURE. STEVEN PERKINS. PHOTOS: 5, BBC, C4, GETTY, ITV, U&DRAMA, U&W

Stephen Campbell Moore as Tony Lundy

capitalise on Adolf Hitler's rising popularity in Germany, Diana is left wondering if their relationship is over before it's begun.

FATAL ATTRACTION

'There's a huge amount of chemistry between Oswald and Diana – that was definitely part of the attraction between them,' says Sasse, 37. 'He completed a lot of what had been missing in Diana's life, which was direction and drive. Oswald was the man of the moment, and a slingshot to possibly huge amounts of power, fame and glory.'

To prepare for playing a historical figure, Sasse did an extensive amount of research, and found that accounts of Oswald Mosley written by his political contemporaries were hugely useful.

'A lot of the interesting stuff was his physicality and mannerisms,' explains the actor. 'There was wonderful detail about how when he was speaking in the House of Commons, he gestured with two fingers out, like he was throwing a dart. His speeches were highly rehearsed, so my scripts were specifically bullet-pointed when I was going to do a gesture – I prepared the same way he would, which was quite weird.'

INTENSE EXPERIENCE

While he went to great lengths to ensure his portrayal of Oswald Mosley was accurate, Sasse found it challenging to inhabit a man with extremist beliefs.

'Sometimes I'd be just sitting in quite an angry and intense place for six hours, which is deeply unpleasant,' he reveals. 'As an actor, you can't get into someone's skin and loathe them. But at the same time, it's definitely conflicting to have sympathy for the Devil.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

Renegade Nell

From Sunday 22 June, ITVX

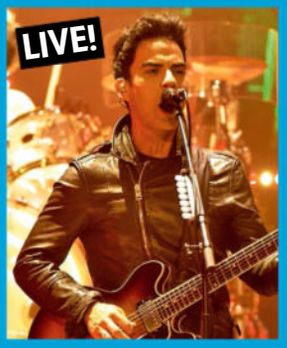
Written by Sally Wainwright and set in 1705, this eight-part fantasy-action series follows highwaywoman Nell Jackson (*Derry Girls*' Louisa Harland, left), who is given extraordinary powers by a fairy-like creature named Billy Blind (Nick Mohammed). But with the devious Earl of Poynton (Adrian Lester) hot on her heels, Nell realises her destiny is much greater than robbing the rich when she becomes embroiled in a mystical plot that leads all the way to the Queen of England...

● *Previously shown on Disney+*

Isle of Wight Festival

Saturday & Sunday, from 7pm, Sky Arts, Sky Mix & Sky Showcase

As the music festival concludes, Sky brings us coverage of headliners Stereophonics (right) and Justin Timberlake, plus appearances on the main stage from The Script, Paul Heaton and Texas. If you want more music, this week's *Later... with Jools Holland* (Sun, 10pm, BBC2) features Self Esteem, Tom Odell and Guy Garvey.



Side Hustlers

Wednesday, 8pm, U&W (box set, U)

This US reality series follows six female entrepreneurs who have 40 days to transform their side hustles into full-time businesses. Along the way, they are put through their paces by expert investor Emma Grede and model and entrepreneur Ashley Graham (both pictured). Who will receive a life-changing investment and who will go home empty-handed?

Celebrity Puzzling

Monday-Friday, 7pm, 5

Jeremy Vine hosts a new game show in which star guests are challenged to figure out puzzles that test logic, problem-solving and lateral thinking. First up, team captains Carol Vorderman and Sally Lindsay are joined by Ore Oduba and Gareth Malone, while later this week Dom Joly, John Thomson, Scarlett Moffatt, Dr Ranj Singh and Sam Quek step up.

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Dominique Thorne stars as Riri

Anthony Ramos as The Hood

CHANGE of heart

Meet **Marvel's new female superhero** as she sets out to honour Iron Man's legacy

Ironheart

NEW *Available: Wed 25 June Genre: Superhero drama Season: 1 Episodes: 6 (first three episodes from 25 June, then weekly)*

Introduced to fans of the Marvel Cinematic Universe in 2022's *Black Panther: Wakanda Forever*, techie youngster Riri Williams made waves by inventing her own armoured suit inspired by the legend that is Tony Stark, AKA Iron Man.

Now, having survived being kidnapped by the Talokan underwater kingdom in the movie, Riri's out to prove herself as the MCU's newest hero in Disney+ series *Ironheart*.

'After bringing Riri to life in the world of Wakanda, we are following that up with a deep dive into the character that allows for the exploration of her origin story,' reveals Dominique Thorne, who reprises the role of Riri in this six-part series. 'We're not going back in time; it's more of catching up and seeing the effects of how those first pivotal moments of her life have shaped her, and seeing the person that she's trying to become.'

Following the events of the film, Massachusetts Institute of Technology (MIT) student Riri returns home to Chicago, where she sets about creating a new magic-infused armoured supersuit.

GENIUS AT WORK

As she navigates the challenges of being a young Black woman in a male-dominated field, Riri faces a technological threat that sets her on a course of danger and adventure, and she becomes entangled with enigmatic, aspiring crime boss Parker Robbins, AKA The Hood, played by Anthony Ramos.

'The Hood couldn't be farther apart from Riri,' explains Thorne, 27. 'She's a very logical, "show me the facts and run me the numbers" person. As The Hood enters her sphere when she is vulnerable and reflecting, it sets the stage for a very interesting journey ahead.'

Following the death of Tony Stark/Iron Man (played on the big screen by Robert Downey Jr.) in 2019 movie *Avengers: Endgame*, Riri's poised to follow in her idol's footsteps. As the weight of Tony Stark's legacy rests firmly on her shoulders, can she embrace her full potential as Ironheart?

'She's coming off the heels of this very vulnerable experience, with her having been imprisoned,' says Thorne. 'That vulnerability presents a very tender opportunity for Riri to make a decision about how her genius will impact the world around her.'

But although Ironheart and Iron Man have a flying metal suit in common, Thorne's adamant that's where working-class Riri's similarities to the billionaire playboy and philanthropist end.

'There's a clear understanding that Riri's not Tony Stark,' she insists. 'Riri doesn't have a billion dollars at her disposal – or the resources, mentorship or guidance.'

What we're watching...

The shows being enjoyed by the *TVSW* team

Dept. Q

Genre: Crime drama Season: 1 Episodes: 9

The creator of *The Queen's Gambit*, Scott Frank, is behind this dark and compelling Edinburgh-set crime drama starring *A Discovery of Witches*' Matthew Goode. He plays rude but brilliant DCI Carl Morck, who has been deeply affected by a shooting that left his partner paralysed and another officer dead. Banished to the police station's basement, Carl finds himself the only member (at first anyway) of a new unit set up to investigate cold cases, beginning with a baffling and chilling disappearance.

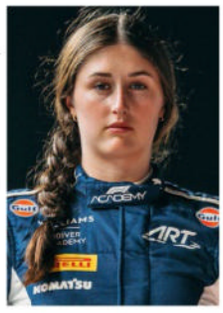
The Better Sister

Genre: Thriller Season: 1 Episodes: 8

Two estranged sisters, magazine executive Chloe (Jessica Biel) and recovering addict Nicky (Elizabeth Banks), are reunited when Chloe's lawyer husband Adam (Corey Stoll) is murdered, in a glossy, twisty thriller.

F1: The Academy

Genre: Factual Season: 1 Episodes: 7



This *Drive to Survive*-style series shines a fascinating light on the Formula 4 Championship as young female drivers – including US teen Lia Block (right) – take their first steps in the male-dominated world of motor racing.

Now in production...

Three upcoming shows to look out for soon

UNABOM

In Netflix's drama, inspired by a true story, Russell Crowe (above) plays a Harvard professor carrying out psychological experiments on student Ted Kaczynski (Jacob Tremblay), who later becomes the Unabomber terrorist. Shailene Woodley plays an FBI agent.

Liev Schreiber

The *Ray Donovan* star (above) will appear in an as-yet-untitled 10-part Apple TV+ thriller, based on Lars Kepler's novels, which follows soldier turned detective Jonah Lynn, who moves to a small town that is targeted by serial killer Jurek Walter (Stephen Graham).

The Altruists

Netflix's eight-part true-life drama, starring Julia Garner (above) and Anthony Boyle, follows ambitious young executives Caroline Ellison and Sam Bankman-Fried as they make their mark in the global financial system and become involved in the FTX cryptocurrency fraud.

WORDS: CAREN CLARK; JUDY EWENS, VICTORIA WILSON. PHOTOS: ©2025 DISNEY & ITS RELATED ENTITIES, ©2025 MARVEL – ALL RIGHTS RESERVED, GETTY, NETFLIX, PRIME VIDEO

The staff at The Bear

Fork in the road

The heat is on **Carmy and his chefs** to boost profits in Season 4

Disney+ The Bear

NEW *Available: Thursday 26 June*
Genre: Drama Season: 4 Episodes: 10

Hungry for more kitchen chaos? Yes, Chef! High-pressure, Chicago-set drama *The Bear* returns for a flavourful fourth season, which is piping hot with simmering tension as the crew fights to keep the restaurant open.

In the aftermath of the *Chicago Tribune* review, fiery head chef Carmen 'Carmy' Berzatto (Jeremy Allen White) is battling with dwindling finances while chasing Michelin-star excellence at his late brother's beloved sandwich shop turned gourmet restaurant.

FEELING THE HEAT

As Uncle Jimmy (Oliver Platt) presents a ticking clock showing how much money is left, can staff including talented chef de cuisine Sydney 'Syd' Adamu (Ayo Edebiri) and hot-tempered manager Richard 'Richie' Jerimovich (Ebon Moss-Bachrach) step up to the plate before The Bear closes its doors for good? Or will a last-minute investor swoop in and save their bacon?

'If the third season was about these characters feeling stuck in Groundhog Day, then this series is about how they move forward,' says White, 34. 'You'll see that specifically in Carmy, Richie and Syd as they find real inspiration to shift and change.'

Returning regulars include hard-nosed sous-chef Tina Marrero (Liza Colón-Zayas), diligent pastry chef Marcus Brooks (Lionel Boyce), the ever-dependable Neil Fak (Matty Matheson) and Carmy's caring sister, Natalie 'Sugar' Berzatto (Abby Elliott).

TOUGH CHOICES

Fans can also expect a sprinkling of celebrity cameos, who are under wraps as always, but Jamie Lee Curtis will be back as Berzatto matriarch Donna.

After the last season's cliffhanger, though, the burning question is: will Syd stay loyal to The Bear or accept a job offer at a rival fine-dining restaurant? It's a career-defining decision, and while fed up with not being seen as Carmy's equal, can she walk away from her ragtag work family?

'For Syd, the value of herself is related to other people, whether that's thinking she's a good teacher, or thinking people are disappointed in her and she's a failure,' says Edebiri, 29, who has written an episode with co-star Lionel Boyce for this fourth run.

'But if Syd leaves, is that breaking the cycle? Or is running away from places where she's having difficulties continuing the cycle?'

Graham Dwyer

Secret monster

How the police caught a **violent fantasist** leading a double life...

prime Murderer Behind the Mask

NEW *Available: Sat 21 June Genre: Documentary*
Season: 1 Episodes: 2

When 36-year-old Elaine O'Hara vanished from her Dublin home in 2012, it was thought she'd taken her own life. She suffered with depression and had just come out of a hospital stay following a mental-health episode.

But the truth was far sinister, as Prime Video's two-part true-crime docuseries *Murderer Behind the Mask* reveals.

Elaine O'Hara

Thirteen months after her disappearance, O'Hara's body was found by a dog walker in the Dublin Mountains. A murder inquiry was launched, but with no witnesses or DNA evidence, the case seemed an impossible one to crack – until someone came forward claiming that O'Hara was in a sadomasochistic relationship with an architect who was married with children.

Painstaking detective work led Gardai to the door of architect and married family man Graham Dwyer. The news of his arrest caused shock waves throughout Ireland.

'Dwyer looked nothing like this person who was expressing these extreme, violent texts to Elaine,' says journalist Orla O'Donnell. 'He didn't look like a monster. He was the essence of middle-class respectability.'

Dwyer admitted to having a relationship with O'Hara, but denied murder. He was found guilty of her death in 2015 and sentenced to life, but he continues to fight against his conviction.

'It's unimaginable what pain and trauma the O'Hara family has had to endure,' says O'Donnell. 'I don't believe there will ever be closure for them.'

WORDS: CAREN CLARK; HANNAH DAVIES; IAN MACEWAN; REBECCA MAHONEY. PHOTOS: ALAMY; BBC; C4; ITV. ©2025 DISNEY & ITS RELATED ENTITIES; PRIME VIDEO

Jessica Camacho, Jensen Ackles and Eric Dane

TERROR team

A crack unit of law enforcers **tackles a deadly threat**

prime

Countdown

NEW *Available: Wednesday 25 June*
Genre: Thriller Season: 1 Episodes: 13
(first three eps from 25 June, then weekly)

There's a race against the clock to avert a terrorist threat in action-packed thriller series *Countdown*, starring *The Boys* actor Jensen Ackles.

He plays maverick LAPD detective Mark Meachum, who is undercover in a prison when he is recruited to join a secret task force by Special Agent Nathan Blythe (*Grey's Anatomy* star Eric Dane).

Assembled in the wake of the murder of a Department of Homeland Security officer, the crack team is made up of experts from diverse areas of law enforcement, each with their own special skills.

FBI Academy graduate Evan Shepherd (Violett Beane) is a tech whizz; Luke Finau (Uli Latukefu) works in the LAPD's gangs-and-narcotics division; FBI agent Keyonte Bell (Elliot Knight) is a terrorism expert; and Amber Oliveras (Jessica Camacho) is DEA special agent working undercover with drug dealers.

STRENGTHS

For creator Derek Haas, the man behind *Chicago Fire* and its spin-offs, the idea of a hand-picked unit had a particular appeal.

'It's like an all-star team, with people from a bunch of different agencies,' he explains. 'Putting this disparate group together and then emphasising different strengths is what makes the show.'

The team's first job is to find out why a customs officer was gunned down in broad daylight and by whom, and they soon discover there's more to this mission than they originally thought.

At the same time, there's instant friction between loose cannon Mark, who has a history of insubordination, and the fiery Amber, who knows unsavoury details about her new colleague's private life.

From left: Luke, Mark, Keyonte and Amber

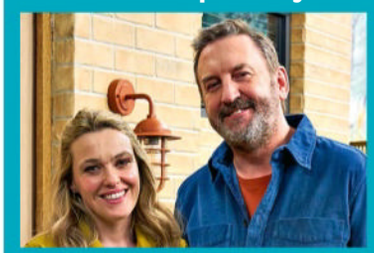
'Mark is a wrong-side-of-the-tracks kind of guy,' says Ackles, 47. 'He takes risks most people wouldn't, so there's some full-on action.'

However, the spark between this bickering pair pays dividends in the interrogation room when a suspect is brought in for questioning – so could this be the start of a classic love-hate TV romance?

'It's not going to be just one [relationship],' says Haas, 54. 'I love the triangle. It's my favourite shape. And we're going to have a few of those!'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



BBC iPLAYER Not Going Out

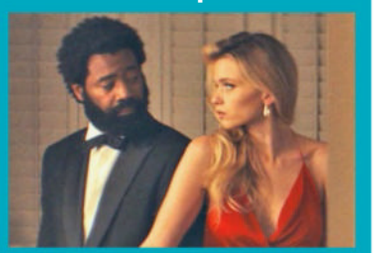
As the BBC1 sitcom returns, Lucy (Sally Bretton) and Lee (Lee Mack) are now empty nesters, but when they try to find a new home, Lee's mission to prevent another potential buyer from snapping up their dream property goes horribly awry.

4 Jamie's Dyslexia Revolution

Jamie Oliver opens up about his dyslexia in C4's documentary, and in a bid to overhaul how pupils with the condition are taught, he also has a powerful meeting with Education Secretary Bridget Phillipson.

ITVX DNA Journey

In ITV1's genealogy series, Fay Ripley learns that her ancestor owned Sadler's Wells theatre, while her *Cold Feet* co-star Hermione Norris hears how one of her forebears accidentally shot his friend but later fought for miners' rights.



4 BETH

C4's sci-fi drama follows Joe (Nicholas Pinnock) and Molly (Abbey Lee) as they become parents after years of heartache, but when Joe tries to discover why the child doesn't resemble him, he learns a secret that could have global repercussions.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Murderer Behind the Mask

Saturday 21 June

True-crime docuseries about the murder of 36-year-old childcare worker Elaine O'Hara, whose remains were discovered in the foothills of the Dublin Mountains in September 2013, 13 months after she'd disappeared. Dispelling earlier theories that she had taken her own life, the subsequent investigation led to architect and married family man Graham Dwyer, who had been leading a double life involving sadistic sexual practices. See feature, page 16.

Mafia

Monday 23 June

Swedish crime drama series that explores the transformation of the country during the 1990s from a relatively peaceful nation to one marked by rising crime and gang conflicts. Notorious gangster Radovan 'Jakov' Jakovic (Peshang Rad) rises through the ranks of the criminal underworld, but police officer Gunn Thörngren (Katia Winter) is determined to bring him down.

Match Me Abroad

Tuesday 24 June

The second season of the dating reality show. After failing to find a soulmate in the US, Americans take the search overseas. Expert matchmakers pull out all the stops to help these hopeful romantics find lasting happiness.

Steph Tolev: Filth Queen

Tuesday 24 June

The Canadian comedian and actor shares hilarious confessions, unfiltered dating stories and absurd observations in this stand-up special.

Trainwreck: Poop Cruise

Tuesday 24 June

One-off documentary relating to a 2013 incident that became a viral news story. The voyage on the *Carnival Sunrise* was supposed to be a luxury cruise – a four-day round trip from Galveston, Texas, to Cozumel, Mexico. However, an engine-room fire left the 4,000 people on board stranded at sea without power or flushing toilets. Soon raw sewage leaked out all over the ship, food supplies dwindled and passengers began to revolt.

The Ultimatum: Queer Love

Wednesday 25 June

The second season of the dating reality series. Six LGBTQ+ couples must decide if they want to call time on their relationship or get married. JoAnna Garcia Swisher hosts.

Countdown

Wednesday 25 June

Crime drama. When a Department of Homeland Security officer is murdered, LAPD detective Mark Meachum (*Supernatural*'s Jensen Ackles) is recruited to a secret task force to investigate, along with undercover agents from various other law agencies. But the hunt for the killer uncovers a dark conspiracy, sparking a race against time to protect a city of millions. See feature, page 17.

Ironheart

Wednesday 25 June

Dominique Thorne reprises her role of inventor Riri Williams, AKA Ironheart, in a series set after the events of Marvel's 2022 film *Black Panther: Wakanda Forever*. Young genius Riri creates her own high-tech suit of armour inspired by the legacy of Iron Man and gets involved with the mysterious yet charming Parker Robbins (Anthony Ramos), AKA The Hood. Alden Ehrenreich co-stars. See feature, p14.

The Shadow

Friday 27 June

German drama series from Walter Presents. Norah (Deleila Piasko, pictured), a journalist in Vienna, is shaken when a beggar tells her that she will kill a man named Arthur Grimm. Norah dismisses it as nonsense, but then the beggar is found dead and Norah starts receiving anonymous warnings about Arthur. She also starts to experience disturbing memory lapses...

Sonic the Hedgehog 3

Wednesday 25 June

In the third action-adventure film based on the video-game series, Sonic, Knuckles and Tails reunite to battle a new adversary. Shadow the hedgehog (voiced by Keanu Reeves) is a mysterious villain with powers unlike anything they've faced before, leading the trio to seek out an unlikely alliance. See review, page 26.

UK Prisons Exposed – Sex, Drugs & Corruption: Untold

Wednesday 25 June

A follow-up to 2023's *The Secrets of UK Prisons*, this documentary focuses on prison-officer corruption. It includes contributions from prison officers and prisoners and reveals shocking attitudes towards inmate relationships, illicit drug use, and a culture of unchecked violence.

The Bear

Thursday 26 June

The fourth season of the award-winning drama starring Jeremy Allen White as Carmy Berzatto, a top New York chef who returns to his home city of Chicago to run his late brother's sandwich shop. Carmy and his team face new challenges as they strive to elevate the restaurant's status and deal with the fallout from a negative review. See feature, page 16.

Squid Game

Friday 27 June

Third and final season of the dystopian survival thriller. After losing his friend and being driven to despair by betrayal, Gi-hun (Lee Jung-jae) is at his lowest point. But he and the other surviving players are thrust into even deadlier games and, with each round, their choices lead to increasingly grave consequences. See feature, page 6.

Smoke

Friday 27 June

Crime drama inspired by true events. Troubled detective Michelle Calderone (*Lovecraft Country*'s Jurnee Smollett) and enigmatic arson investigator Dave Gudsen (*Rocketman*'s Taron Egerton) pursue two serial arsonists in the Pacific Northwest. Rafe Spall and *Veep*'s Anna Chlumsky are also among the cast. See feature, page 4.

Head Over Heels

Monday 23 June

Korean fantasy romance. High-school student Park Seong-A (Cho Yi-hyun, right) is also a shaman who knows what will happen in the future. She falls head over heels for Bae Gyeon-U (Choo Young-woo) and, through her shamanism, realises that his days are numbered, and vows to save his life.

WORDS: JUDY EWENS. PHOTOS: C4, PRIME VIDEO, NETFLIX

Documentaries

Armed police on the beach in the aftermath

Holiday HORROR

NEW FROM prime

Ten years on, survivors tell their harrowing stories of the **Tunisian beach massacre**

NEW FACTUAL

Surviving the Tunisia Beach Attack

Available now, Prime Video

This week on Thursday 26 June, it will be 10 years since 38 holidaymakers were shot dead in a horrifying terror attack at a popular beach resort in Tunisia.

Shortly before noon that day, a lone gunman carrying an assault rifle hidden inside a parasol headed to the beach in front of Port El Kantaoui's Imperial Marhaba Hotel and began a 40-minute massacre before being shot dead by police.

Now, a new 90-minute Prime Video documentary, *Surviving the Tunisia Beach Attack*, hears from traumatised survivors, including Krystal, who was just 17 at the time and holidaying with her mum and stepdad to celebrate the end of her A levels.

WORST FEARS

Separated from her parents, she was forced to hide in an office room inside the hotel as people fled from the gunman, who had been radicalised as a student by a jihadist terrorist group.

'I was holding on to an office chair thinking that somehow it was going to protect me,' recalls Krystal. 'You knew danger was really close. I could hear people screaming and shouting for help.'

Why Cities Flood: Spain's Deadly Disaster

Tuesday, 9pm, BBC1

In October 2024, a powerful storm hit the area around Valencia, with devastating flash floods leading to the deaths of over 200 people. This film recalls one of Europe's deadliest floods through dramatic footage and survivor accounts, while scientists explain how climate change is putting many more people at risk.

DNA Journey

Thursday, 9pm, ITV1

In the final episode of the series, friends and *I'm a Celebrity* stars Sam Thompson and Marvin Humes (both pictured) travel to Jamaica, where they learn how Humes' ancestor Blanche raised money for her grandchildren to come to Britain as part of the *Windrush* generation. Back home, Thompson discovers how his forebear Charles was a major in the army that battled Napoleon.

The Kim Kardashian Diamond Heist

Wednesday, 9pm, BBC3

American reality TV star Kim Kardashian was robbed of millions of pounds' worth of jewellery at gunpoint in Paris in 2016. Here, family friends, police officers and journalists give their take on one of the most high-profile celebrity robberies of recent years, in which social media played a notable part.

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN.
PHOTOS: ALAMY, BBC, GETTY, ITV, NATIONAL GEOGRAPHIC, PRIME VIDEO

Floral tributes were left on the sand after the attack

The Imperial Marhaba hotel complex

Meanwhile, we also hear from Colin, who swam out to sea for safety; Shelley, who was celebrating her 25th birthday; and Allen, who won a Queen's Commendation for Bravery for saving a woman he found seriously injured on a sunbed.

'Her forearm had been blown off and she'd obviously lost a significant amount of blood,' he recalls. 'I gave her some water and wrapped her arm with a towel. She kept asking about her husband. But I could see that, unfortunately, his injuries were unsurvivable. He'd been shot several times.

'I just tried to help. I think the heroes are all the victims, and all the survivors who have had to try to carry on with their lives.'

A PAINFUL LEGACY

Meanwhile, many of the survivors reflect on the life-changing impact of their trauma and the way the tragedy has shaped them in the 10 years since. For many, it has meant having therapy to deal with the horrors they witnessed.

'I tried to carry on as normal but one day I broke. I just sat in the car and cried my eyes out,' says survivor Dan. 'That's when I realised I wasn't going to be able to tough it out and that I needed help. It was a big moment. The attack has shaped who I am today.'

Krystal and Allen share their stories

In the Arena: Serena Williams

Saturday, 11.10pm & 11.55pm, BBC1 (box set, BBC iPlayer)

Tennis legend Serena Williams traces her path from child prodigy to global superstar who won 23 Grand Slam singles titles and four Olympic golds. The eight-part series looks at her major rivalries and her decision to step away from the sport in 2022.

● ***Previously shown on Disney+***

Colosseum: Rise and Fall

Sunday, 8pm, National Geographic

A fresh look at Ancient Rome's Colosseum, the vast amphitheatre that hosted gladiatorial contests. This docudrama series retells the story by focusing on the people associated with the arena, and puts the iconic monument – around one third of which still stands today – in the broader context of the Roman Empire and its military conquests.

The broadcaster at the Kumbh Mela

Journey through grief

Amol Rajan makes a pilgrimage to India to confront the loss of his father...

NEW FACTUAL

Amol Rajan Goes to the Ganges

Wednesday, 9pm, BBC1

Three years ago, *University Challenge* host Amol Rajan's father died suddenly after contracting pneumonia, leaving the journalist and broadcaster grief-stricken.

Now, for his deeply personal BBC1 documentary *Amol Rajan Goes to the Ganges*, he hopes to finally come to terms with his loss by travelling to India and reconnecting with his Hindu roots.

'I was living life to the max when my dear dad died and I've been in a bit of a funk ever since,' says Rajan, 41, who was born in India but grew up in south London. 'I've sort of avoided thinking about him because I've found it too painful.

'I wanted to reconnect with my Hindu roots, so I decided to go to the Kumbh Mela, an ancient Hindu pilgrimage on the banks of the Ganges. I felt it was time to confront the loss.'

Said to date back more than 1,000 years, the festival in the city of Prayagraj is held every 12 years when Jupiter aligns with the sun and the moon. With more than half a billion attendees over 45 days, it's also the largest gathering of humanity ever recorded and sees pilgrims purifying themselves in the Ganges, hoping to gain salvation.

Taking part in an ancestor ritual

For his personal journey, Rajan stays in an ashram and meets fellow pilgrims, as well as mystics and holy men, as they wait to immerse themselves in the sacred waters.

SAYING GOODBYE

Tragically, during his time there, a stampede leads to the death of 30 pilgrims, leaving Rajan once again questioning life and loss. Yet when he finally makes it to the banks of the Ganges, there's a powerful moment of farewell to his beloved father.

Rajan is presented with prayer beads

'It's been the most surreal, profound week of my life,' says Rajan in the film. 'I came here because I wanted to get closer to my dad and because I wanted to understand something profound about the human condition, and on these fronts I feel like I've won.

'When you start going through grief, it's horrible – you want to avoid it. In time, that changes and you want to embrace the person you miss. It's been nice to feel closer to my dad.'

Films Our pick

Ben Affleck and **Jon Bernthal** are brothers in arms for this fiery sequel

The Accountant 2

MOVIE OF THE WEEK

ACTION THRILLER

Available now, Prime Video ★★★★

In this belated sequel to 2016's *The Accountant*, Ben Affleck returns as Christian Wolff, the autistic accountant-cum-hitman who, this time, is tracked down by Cynthia Addai-Robinson's treasury agent after an old friend is murdered and she finds a cryptic clue instructing her to find the accountant. He's soon using his extraordinary brain power to unpick a busy mystery that takes in immigrants, a missing boy, human trafficking, plenty of shifty types, an enigmatic woman (Daniella Pineda) – and not forgetting a bunch of autistic teens who are able to control any gadget on earth (yes, it does get increasingly far-fetched). That would probably be enough for most, but not for director Gavin O'Connor, because also crucially thrown into the mix is Christian's estranged fellow hitman brother Braxton (Jon Bernthal), who Christian calls on to help fight the baddies. And it is Affleck and Bernthal's relationship that puts the film on another level. The stars have a ball with their characters – particularly enjoyable is a chat on top of Christian's Airstream caravan – and their bickering is a pleasure to watch as the bullets fly. While it's still Affleck's star vehicle, Bernthal has become an actor to watch since his standout turns on TV in *The Bear* and *We Own This City* and he proves it again here. 2025, 15, 132MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY, HEIDI RICE

More premieres and Day by Day planner ›››

week's Best Movies

FANTASY

Snow White

Available now, Disney+ ★★★★

This live-action remake of Disney's animated classic was attacked on all sides for its revisionist approach to the story (either too PC or not PC enough). Happily, the finished film, though far from a classic, contains much to enjoy. The new Snow White, attractively played by Latina actress Rachel Zegler, is less of a passive princess waiting for her prince than a feisty social justice warrior on the side of the poor – which gives additional edge to her persecution by Gal Gadot's evil queen. Fittingly, Snow White's love interest is a Robin Hood-like outlaw (Andrew Burnap) rather than a prince and the CGI dwarves are better than expected. On the debit side, Gadot is more wooden than the Enchanted Forest and the new songs are instantly forgettable. 2025, PG, 109MIN

Girl power: Rachel

Murder she wrote! Keira and Carrie

TRUE CRIME DRAMA

Boston Strangler

Tuesday, 9pm, Film4 ★★★★

If you only knew of the Boston Strangler from the 1968 film starring Tony Curtis, you may think there's little else a new retelling could bring to the story. But this movie has an entirely fresh perspective, first and foremost by following the people who initially put the pieces together – journalists Loretta McLaughlin (superbly played by Keira Knightley) and Jean Cole (Carrie Coon, equally good). Rather than strip away elements to make for a streamlined narrative, writer-director Matt Ruskin delves into the grey and ambiguous nature of the killings and suspects, making for a more nuanced, but nonetheless compelling experience. The film looks and feels period accurate but is ultimately carried by the two excellent female leads. 2023, 15, 102MIN

Vampire hunting: Lewis, Alfre & co

CHILLER

Salem's Lot

Sunday, 2.10pm & 10.25pm, Sky Premiere ★★★

We're back in Stephen King country for this much-anticipated remake of one of his most acclaimed books about a small town with a vampire problem (previosuly filmed as a mini-series starring David Soul in 1979). It's the 1970s and writer Lewis Pullman returns to Salem's Lot, the Maine hamlet where he grew up. He's soon fighting off the undead with help from locals Makenzie Leigh, Bill Camp and Alfre Woodward. It's a fun romp that's pretty light on actual scares, but zips along, while Pullman makes for a solid everyman lead. 2024, 15, 114MIN

Feeling no pain: Jack

ACTION COMEDY

Novocaine

Available now to buy or rent from digital stores including Prime Video and Sky Store ★★★

Mild-mannered deputy bank manager Nate (Jack Quaid) lives a very careful life because he is unable to feel pain. Everything poses a danger and even eating solids is out, in case he chews off his tongue. But things change when colleague Sherry (Amber Midthunder) starts bringing him out of his shell. Then she's kidnapped in a bank heist and he sets off to rescue her, taking some eye-wateringly hard and equally hilarious knocks along the way. Quaid's a real charmer in a pacy action comedy that makes the most of its fun premise. 2024, 15, 109MIN

Films

Blood, sweat and spears! Paul

PERIOD EPIC

Gladiator II

Friday, 10am & 8pm , Sky Premiere ★★★

Paul Mescal certainly looks impressively ripped in this blockbuster sequel to Ridley Scott's multi-Oscar-winning sword-and-sandal epic, but he can't match Russell Crowe's commanding presence in the original – his voice, for starters, just doesn't have the same muscular heft. That said, Scott piles on the action to spectacular effect in a story that is effectively a remake of the first film, thrusting Mescal's noble warrior into the Roman arena and pitting him against all manner of human and animal foes, including ferocious baboons, a battle rhino and, yes, in a flooded Colosseum, even sharks. Amid the brutally violent fights to the death, Denzel Washington steals the film as the wily gladiator owner who is using Mescal's hero for his own ends. 2024, 15, 155MIN

Hidden gems Great movies you might have missed...

SCI-FI THRILLER

Blade Runner 2049

Netflix ★★★★★

A magnificent sequel to Ridley Scott's iconic 1982 sci-fi masterpiece ***Blade Runner*** from ***Arrival*** director Denis Villeneuve. Set 30 years after the action of the original, the film has a new Blade Runner, Ryan Gosling's replicant 'K', as its hero, who teams up with Harrison Ford's grizzled and weary Deckard, in a reprise of his iconic role. The dystopian future world conjured up by Roger Deakins' Oscar-winning photography is stunning and haunting. 2017, 15, 163MIN

COMEDY DRAMA

Tangerine

BFI Player ★★★★

Buzzing with life, energy and salty wit, this tale of two transgender prostitutes rattling around Los Angeles on Christmas Eve is an unexpectedly life-affirming low-budget gem. Marking the feature debut of ***Anora*** director Sean Baker, it stars first-time actor Kitana Kiki as Sin-Dee Rella. She's on the warpath hunting through some of LA's seamier quarters for the female hooker who has apparently been sleeping with her pimp and lover. 2015, 15, 88MIN

DRAMA

Bird

Mubi ★★★★

American Honey director Andrea Arnold's captivating and moving tale of life on the fringes in Gravesend features an assured, spellbinding breakout performance from Nykiya Adams. As 12-year-old Bailey, she lives with her feckless but affectionate dad Bug (Barry Keoghan) in a rundown squat, but a chance meeting with a strange, but sweet Eastern European man (Franz Rogowski) gives her a new ally as she negotiates her bewildering and chaotic life. 2024, 15, 119MIN

Saturday 21 June

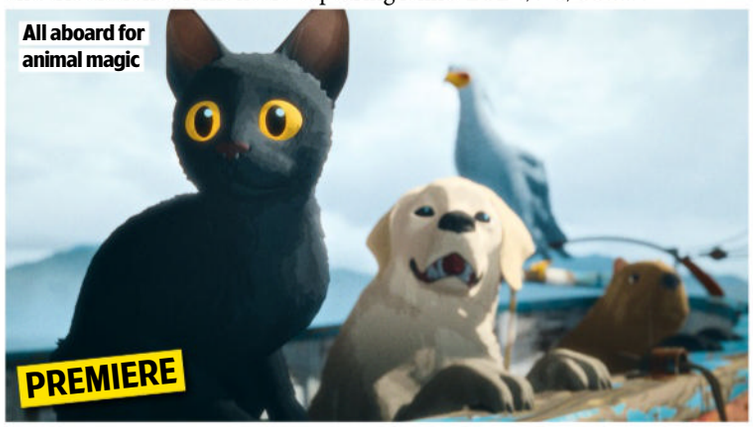
ANIMATION

Flow

Starts 20 June, Mubi ★★★★★

Sex ●●● Violence ●●● Language ●●●

One of the most tender, moving and magical movies about animals you'll encounter, this Latvian animation was a worthy Oscar-winner. It follows a cat who –unwillingly at first – joins up with a menagerie of animals to find safe haven when their world is flooded, all finding solace in a small boat. This is a post-human, wordless environment, with our disappearance never explained, all rendered in sumptuous CGI that is abstracted so the animals' fur appears as brushstrokes. But their natural, realistic movements are beautifully captured, as we feel fully invested in the trials and tribulations of this heart-capturing feline. 2024, PG, 85MIN



COMEDY DRAMA

The Holdovers

6am & 5.05am, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

At a posh 1970s boarding school in New England, strict teacher Paul Giamatti is roped in to supervise the pupils, including angry Dominic Sessa, unable to go home for Christmas. But, along with Oscar-winning Da'Vine Joy Rudolph's grieving cook, they connect. As the characters let down their guard, Giamatti is a warm-hearted delight, Sessa endearing and Rudolph the movie's beating heart in director Alexander Payne's loving, subtle and moving testament to the power of the human spirit. 2023, 15, 133MIN

FAMILY COMEDY

Pokémon: Detective Pikachu

2.25pm, BBC1 ★★★

Sex ●●● Violence ●●● Language ●●●

In neon-washed Ryme City, where humans and Pokémon live side by side, Tim (Justice Smith) investigates the reported death of his estranged detective father with the man's former Pokémon partner, Pikachu (Ryan Reynolds). It is when Pikachu opens his mouth that the film really scores – with Reynolds channelling a PG-friendly version of his snarky *Deadpool* persona to chucklesome effect. Meanwhile, the menagerie of creatures popping up amid the jokes will delight devoted Pokémon fans. 2019, PG, 104MIN

THRILLER

Quantum of Solace

8pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

With more globetrotting locations, faster-paced action, riskier stunts and bigger explosions than ever before, the 22nd Bond movie blasts its way smoothly and entertainingly onto the screen. The action takes up an hour after the events in *Casino Royale*, with Daniel Craig's 007 out for revenge and looking to bring down evil businessman Dominic Greene (Mathieu Amalric). It's a bit of a soulless film, but ice-cool Craig is first-class and looks really comfortable in the role, while Olga Kurylenko and Gemma Arterton are memorable co-stars. 2008, 12, 106MIN

WORLD CINEMA

Saint Omer

9pm, BBC4 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE A riveting courtroom drama based on a real case from 2016 about a trial in the small French town of Saint Omer in which a Senegalese immigrant was tried for the murder of her 15-month-old baby. She did not deny the charge, but claimed 'witchcraft' had driven her to it. It's an austere film that nonetheless essays tremendous empathy, highlighting differences of perspective while pondering issues of motherhood, immigration and colonialism. Subtitled. 2022, 12, 122MIN

■ Full listings start on **p35**

Sunday 22 June

THRILLER

Saltburn

10.30pm, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

This stylish, darkly comic revenge thriller – writer-director Emerald Fennell's follow-up to *Promising Young Woman* – is a fiercely funny and, at times, shocking watch. Arriving at Oxford university, ignored and impoverished misfit Oliver (Barry Keoghan, playing his hand superbly and having an absolute ball) is befriended by posh life and soul of the party Felix (Jacob Elordi), who whisks him off to stay at his family's vast stately home, Saltburn. Felix's narcissistic mother (Rosamund Pike) and vapid father (Richard E Grant) treat Oliver as a pitiable charity case – until things take a twisting and very dark turn indeed… 2023, 15, 131MIN

ANIMATION

The Amazing Maurice

7am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

Talking cat Maurice (voiced by Hugh Laurie) scams gullible townsfolk by ridding them of an apparent rodent infestation with the aid of a clan of intelligent rats and a timid human (Himesh Patel). But they run into trouble when they arrive in Bad Blintz and encounter teen Malicia (Emilia Clarke) and a mysterious adversary. This pretty amazing version of Terry Pratchett's *The Amazing Maurice and His Educated Rodents* beautifully captures the author's ideas with its great gags and colourfully quirky characters. 2022, PG, 93MIN

THRILLER

On Her Majesty's Secret Service

1.10pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

As James Bond, George Lazenby manages the awful puns with aplomb, looks the part in his kilt in one key scene (cue that truly awful double entendre at the dinner table and spot Joanna Lumley as one of the girls he meets), falls in love with Diana Rigg and takes on Telly Savalas' Blofeld. The action includes an exceptional speeding bobsled sequence, the opening credits montage and John Barry's music are fantastic, while Louis Armstrong's *We Have All the Time in the World* tops things off perfectly. 1969, PG, 140MIN

ACTION

The 355

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

Can a group of top female spies from all over the globe prevent a world-ending gizmo falling into the wrong hands? Jessica Chastain, Lupita Nyong'o, Diane Kruger, Penélope Cruz and Bingbing Fan are willing to give it a go and bring their A-game to a routine thriller in a perfect example of what excellent actors bring to the party. The men, including Jason Flemyng and Sebastian Stan, play second string in this enjoyable, if utterly disposable, caper that contains a couple of cracking action set-pieces but too little invention. 2022, 12, 122MIN

BIOPIC

Walk the Line

10.45pm, BBC2 (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

This musical biopic glosses over a lot of the more bizarre and unsavoury aspects of the tumultuous life of country singer Johnny Cash, but gets carried along by the strength of the performances and by the power of the music itself. Joaquin Phoenix captures Cash's self-destructive dark side and acquits himself honourably during the musical numbers, while Reese Witherspoon displays both sweetness and toughness as his wife June Carter. 2005, 12, 136MIN

■ Full listings start on **p45**

Weekday movies over page

Monday 23 June

DRAMA

May December

4pm, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

Loosely inspired by a true story, this drama stars Julianne Moore and Charles Melton as a married couple whose age-gap relationship sparked a tabloid storm two decades earlier. Their seemingly happy relationship starts to buckle when an actress (Natalie Portman) arrives to do research for a film she's making about them. Both Moore and Portman are sensational, but it's Melton's quiet turn that is the movie's beating heart. Uncomfortable viewing at times, this is also vastly entertaining. 2023, 15, 117MIN

Take note: Natalie and Julianne

CLASSIC

It's a Wonderful Life

11.50am & 8pm, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

James Stewart is at his best as the man asked by an angel to reflect on his life when he contemplates suicide. But it is in the amazing depth of character and incident, all immaculately conceived and executed, that the film scores most heavily. Director Frank Capra's fantasy was a huge box-office flop when released in 1946, but is now regarded as one of the best-loved films of all time. 1946, U, 125MIN

BIOPIC

American Sniper

8pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

A hard-hitting film about Chris Kyle, the Navy Seal whose prowess with a rifle during four tours of duty in Iraq won him renown as the most lethal sniper in US military history. A beefed-up Bradley Cooper is superb as Kyle in this thrilling and troubling biopic and director Clint Eastwood is as unerring as his sharp-shooting protagonist, staging the action with gripping immediacy and drawing us into the heat of combat. 2014, 15, 132MIN

FANTASY

Constantine

1.30pm & 10.15pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Keanu Reeves is impressive as chain-smoking, dying demon-hunter John Constantine in this smart, exciting fantasy – even if it bears little resemblance to the comic-book from which it has been adapted. Tormented by his ability to see angels and demons in human guise on Earth, doomed hero Constantine tries to solve the riddle of the apparent suicide of LA cop Rachel Weisz's twin sister. 2005, 15, 121MIN

WESTERN

Seraphim Falls

9pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Three years after the end of the Civil War, a former Confederate colonel (Liam Neeson) pursues an ex-Union soldier (Pierce Brosnan) in a dogged quest for revenge. The reasons behind this manhunt are not revealed until near the end, leaving you in the position of not knowing whether you are siding with the hero or villain for most of the time in this beautiful-looking, brooding film. 2006, 15, 111MIN

Full listings start on p55

Tuesday 24 June

ACTION

Cleaner

8pm, Sky Originals ★★★

Sex ●●● Violence ●●● Language ●●●

Terrorists take over a London skyscraper and hold a party of bigwigs hostage. Luckily Daisy Ridley's ex-military window cleaner and her autistic brother Matthew Tuck are hanging around to battle extreme eco-warriors Clive Owen and Taz Skylar, hampered only by vertiginous heights and a laughable script. That doesn't matter much, though, when director Martin Campbell shapes the action sequences superbly and Ridley delivers a character to root for. It's fluff, but of a surprisingly high calibre. 2025, 15, 97MIN

Getting a grip: Daisy

CLASSIC

Vertigo

6.10am, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Alfred Hitchcock's masterpiece piles on some extraordinary twists and turns. James Stewart gives one of his most tormented performances as a private eye with a fear of heights who gradually becomes obsessed with the woman (Kim Novak) he's hired to follow. A shimmering San Francisco and Bernard Herrmann's evocative music conjure up dizzying gulfs of loneliness and despair. 1958, PG, 128MIN

GHOST STORY

The Woman in Black

6.10pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Brace yourself for shocks and scares as Daniel Radcliffe's widowed solicitor settles a dead woman's estate in a gloomy isolated mansion where doors slam shut of their own accord, a rocking horse tips furiously back and forth and a ghostly handprint appears on a window. Making the most of its eerie setting, Hammer Studios' version of Susan Hill's story is guaranteed to give you goosebumps. 2012, 12, 95MIN

ACTION FANTASY

Rampage

3.40pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Dwayne Johnson's gruff primatologist has to save the day when a rogue genetic experiment turns a gentle gorilla into a raging giant, and does the same to a wolf in Wyoming and an alligator in Florida. Based on the 1980s arcade videogame, this movie is gleefully ridiculous, but Johnson supplies plenty of charm and humour, and the production really goes to town with lashings of effects-laden mayhem. 2018, 12, 107MIN

BIOPIC

Extremely Wicked, Shockingly Evil, and Vile

9.40pm, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

Zac Efron puts his clean-cut good looks to chilling use in this crime drama about notorious serial killer Ted Bundy. The charismatic Bundy killed at least 30 women across the US in the 1970s, and director Joe Berlinger makes Bundy's outward charm, not his secret grisly crimes, the focus of the movie. 2019, 15, 110MIN

Full listings start on p65

Wednesday

FANTASY ADVENTURE

Sonic the Hedgehog 3

Starts today, Paramount+ ★★★

Sex ●●● Violence ●●● Language ●●●

The peppy videogame character is back, serving up a familiar mix of live-action and animation that is every bit as furiously manic and silly as you would expect. Jim Carrey is also back, in a

Let the sparks fly: Sonic and Shadow

FAMILY

Twist

9.15am & 5.30am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

This fast-paced, fresh-faced modern take on Dickens' *Oliver Twist* will leave you begging for more. Raff Law is charismatic as Oliver, an agile, Parkour-loving orphan who gets embroiled with a gang of thieves run by the inimitable Fagin (Michael Caine). Joining them are Rita Ora as Dodge and Lena Headey as evil Sikes, while David Walliams gives a neat comic turn as an arrogant art dealer. 2021, 12, 90MIN

COMEDY DRAMA

BlackBerry

10am & 3.05am, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

BlackBerry used to rule the mobile phone market and the wild story of the Canadian company's stratospheric rise and meteoric fall is told with wit and intelligence. It's the mid-1990s and Jay Baruchel and Matt Johnson play the nerdy inventors, while Glenn Howerton is their shark of an investor. A perfect warning to how the free market gives with one hand, while devouring the other. 2023, 15, 120MIN

25 June

dual role as mad scientist Dr Robotnik and his crazier grandfather, while the plot pitches Sonic (voiced by Ben Schwartz), Tails (Colleen O'Shaughnessy) and Knuckles (Idris Elba) against vengeful rival hedgehog Shadow (Keanu Reeves, of all people), who's escaped 50 years of captivity in a lab to put the planet in peril. 2024, PG, 110MIN

Thursday 26 June

WAR DRAMA

Dunkirk

8pm, Sky Five Star Movies ★★★★★

Sex ●●● Violence ●●● Language ●●●

Defying convention and Hollywood heroics, writer-director Christopher Nolan's immersive epic about the Dunkirk evacuation plunges us into the midst of the race to rescue hundreds of thousands of Allied troops from the beaches of northern France in the early summer of 1940. The film interweaves plot lines involving, among others, Fionn Whitehead, Kenneth Branagh, Mark Rylance and Tom Hardy, and brilliantly conveys the endurance, panic, terror and resolve of those involved. 2017, 12, 106MIN

Ground control: Fionn

Friday 27 June

COMEDY HORROR

The Blackening

Starts today, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

In a rollicking spoof, an all-black cast skewers the slasher-film trope that the black character always dies first. Seven pals rent a cabin (in the woods, naturally) for a weekend and stumble on The Blackening, a board game centred on racist caricatures. They play, triggering a recording of a figure who subjects them to some nasty puzzles. Jokes are cracked, the mystery deepens and the strong cast (including Grace Byers, Sinqua Walls, Antoinette Robertson and Jermaine Fowler) is whittled down. 2022, 15, 97MIN

Facing their fears: Grace and pals

ACTION

Bullet Train

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt is a hoot as a hitman who has to hop on Japan's fast-moving train and steal a briefcase. But a heap of shifty types (including Joey King, Brian Tyree Henry, Aaron Taylor-Johnson, Andrew Koji and Zazie Beetz) are also on board. The plot, which goes off the rails with its twists and turns, is a bit flabby, but director David Leitch and his disposable A-list cast have a ball with this stylish, explosive mix of comedy and carnage. 2022, 15, 127MIN

COMEDY HORROR

Get Away

9.55pm, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

Amiable dad Nick Frost (who also scripted), wife Aisling Bea and teen kids Sebastian Croft and Maisie Ayres travel to an isolated Swedish island to witness a bizarre festival. But with the locals far from friendly to the strangers, carnage ensues... A delightful pitch-black horror comedy that is wildly entertaining and increasingly funny as the story reveals itself. 2024, 15, 86MIN

■ Full listings start on p75

CARTOON

The Night Before Christmas in Wonderland

8.50am & 3.50am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

A deliciously lo-fi animated musical, in which St Nick (voiced cheerily by Gerard Butler) visits Wonderland, bumps into Alice (Simone Ashley) and must dodge the Christmas-hating Queen of Hearts (Emilia Clarke). There may be a few gentle in-joke nods to adults, but this is very much a children's film, and proudly so. 2024, U, 85MIN

BIOPIC

Jackie

11.45am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Natalie Portman conveys a compelling mix of traumatised frailty and steely resolve in this close-up portrait of one of the 20th-century's most iconic women, Jackie Kennedy. The film ricochets back and forth between events in the hours and days following the assassination of her husband, US president John F Kennedy, in Dallas in November 1963, and Portman's portrayal of shell-shocked sorrow is searing in its intensity. 2016, 15, 99MIN

DRAMA

She Came to Me

4.25pm & 1.50am, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

Peter Dinklage's depressed opera composer is in the midst of a creative block, so his wife (Anne Hathaway), an ex-shrink, suggests walking around to find inspiration, which leads him into a bizarre one-night stand with tugboat captain Katrina (Marisa Tomei). Trouble is, Katrina's not done with him... This oddball film travels down unexpected paths, with a sharp wit and keen eye for the importance and idiocy of love. 2023, 15, 102MIN

DRAMA

Daddio

12m't, Sky Originals ★★★★

Sex ●●● Violence ●●● Language ●●●

A superb two-hander, this drama sees actors showing just how good they are at their craft. Dakota Johnson jumps into Sean Penn's cab at JFK airport to go home in New York, and over the journey they begin a conversation about their problematic relationships. A thoughtful, intelligent, gritty and engrossing drama that's so good, you won't want the trip to end. 2023, 15, 100MIN

■ Full listings start on p85

ANIMATION

Transformers One

2.10pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

This shiny animation tells the origin stories of heroic Optimus Prime and nemesis Megatron (voiced by Chris Hemsworth and Brian Tyree Henry). They are mining bot pals on Cybertron, but a quest to reach the planet's mysterious exterior sows the seeds of enmity. The final battle succumbs the franchise's usual overkill, but the exhilarating action and flashes of humour ensure that you care about the characters. 2024, PG, 104MIN

COMEDY

Sabrina

3.40pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

A slick, witty and immensely charming Billy Wilder comedy, set among the Long Island homes of some of America's wealthiest families. Audrey Hepburn, in a Cinderella-type role, is at her most impish, and even William Holden seems more relaxed and dashing than usual. But the hit of the show is undoubtedly Humphrey Bogart as Holden's grumpy older brother who tries to arrange a marriage for him. 1954, U, 113MIN

FANTASY

Ready Player One

5.30pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

An adventure that revolves around the pleasures of losing yourself in fantasy worlds, director Steven Spielberg's film is an exuberantly entertaining thrill ride that zips along on a tide of breathless action and boundless pop-culture trivia. The setting is 2045, and Tye Sheridan's young orphaned hero and his friends are trying to solve a fortune-bestowing puzzle hidden inside a virtual reality world. 2018, 12, 140MIN

SCI-FI

Life

1.15am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Gravity meets *Alien* in a gripping sci-fi horror that sees the crew of the International Space Station – which includes Rebecca Ferguson, Jake Gyllenhaal and Ryan Reynolds – discovering an organism that grows in alarming ways and threatens them with a grisly fate. It's all been done umpteen times, but this keeps our nerves jangling all the way to its chilling climax. 2017, 15, 104MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's l

England v India First Test

Captain **Ben Stokes** targets more success this summer

LIVE CRICKET

Friday 20 June-Tuesday, play starts 11am, Sky Sports Cricket & Sky Sports Main Event

England and India renew one of cricket's greatest rivalries when the sides meet at Headingley from Friday 20 June for the first of five Test matches over the summer.

Captained by Shubman Gill, India are seeking a first series win in England since 2007, while Ben Stokes' men should be full of confidence, having won 23 of the 36 Tests they have played since Brendon McCullum was appointed head coach in 2022, rising to second in the ICC Test rankings in the process.

The England squad features a recall for Warwickshire's Jacob Bethell as Surrey's Jamie Overton makes a Test team for the first time since 2022, while Zak Crawley and Ben Duckett are expected to open the batting again following victory over Zimbabwe last month.

India's most recent Test series ended in a 3-1 defeat in Australia, with Rohit Sharma, Ravichandran Ashwin and Virat Kohli since announcing their retirements from Tests. A new-look Indian side will feature the likes of left-arm seamer Arshdeep Singh, who gets his first call-up after impressing in T20s.

The series comes at the beginning of the new ICC World Test Championship cycle, and hopefully the matches will be as entertaining as the last series between the two teams, in India, when more than 100 sixes were hit in the five games – the first time ever in Test history.

Shubman Gill leads India

THE MAIN EVENT

England captain Ben Stokes

CLASSIC ENCOUNTERS Three memorable Tests on home soil...

England's Kevin Pietersen

LORD'S, 2011

The opening match was the 2,000th Test in the history of cricket and the 100th Test between England and India. The highlight was Kevin Pietersen's undefeated double century in the first innings as England took the honours, going on to win the series with a 4-0 whitewash.

Joe Root (left) and teammate Alastair Cook

THE OVAL, 2018

England won the series 4-1, finishing off with victory at The Oval where Alastair Cook scored a second-innings 147 in a player-of-the-match performance as he brought down the curtain on a Test career that saw him make over 12,000 runs in 161 appearances.

Joe Root (left) and Jonny Bairstow

EDGBASTON, 2022

The COVID-19 pandemic wreaked havoc on the 2021 series, which was belatedly settled by a one-off Test in July 2022. India went into the match leading 2-1, only for centuries from Joe Root and Jonny Bairstow and a record run chase of 378 to help England square the series.

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

THE TROPHY

This time, a newly named piece of silverware is up for grabs – the Tendulkar-Anderson Trophy, formerly the Pataudi Trophy but renamed after India's legendary batter Sachin Tendulkar, the leading scorer in Test cricket, and pace bowler Sir James Anderson, England's all-time leading wicket-taker. The pair played against each other in 14 Tests and no one dismissed Tendulkar more than Anderson's nine times.

THE 2025 TESTS

20-24 June
First Test
Headingley

2-6 July
Second Test
Edgbaston

10-14 July
Third Test
Lord's

23-27 July
Fourth Test
Old Trafford

31 July-4 August
Fifth Test
The Oval

British star Emma Raducanu

LIVE TENNIS

Eastbourne

From Monday, BBC iPlayer & BBC Red Button 1

As the men's singles final takes place at London's Queen's Club on Sunday (from 2.05pm, BBC1), there's more grass-court action at Devonshire Park in Eastbourne where home favourite Emma Raducanu is expected to join a strong women's field that includes reigning Wimbledon champion Barbora Krejčíková of the Czech Republic, Australia's defending champion Daria Kasatkina and former French Open winner Jeļena Ostapenko of Latvia. The men's line-up includes USA's three-time winner and defending champion Taylor Fritz.

Czech player Barbora Krejčíková

Hull KR star Tom Davies

LIVE RUGBY LEAGUE

Super League

Fri, kick-offs 8pm, Sky Sports Action & Sky Sports+ streaming

Having won the club's first Challenge Cup for 45 years earlier this month, Hull KR will be focusing their sights on claiming a first league title in four decades when the Robins host Wakefield Trinity (Sky Sports+ streaming). Also on Friday, Leeds Rhinos and Leigh Leopards battle it out for a place in the play-offs (Sky Sports Action), while Cup runners-up Warrington Wolves host Hull FC (Sky Sports+ streaming).

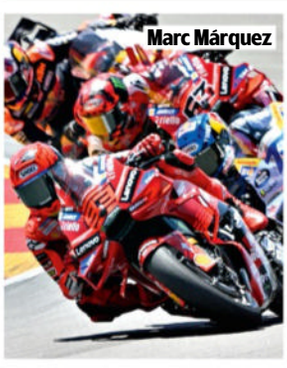
Satono Reve is one of the favourites

LIVE HORSE RACING

Royal Ascot

Saturday, ITV1 & ITV4

The five-day festival concludes with seven races on Saturday, including the Queen Elizabeth II Jubilee Stakes, previously the Platinum Jubilee Stakes (3.40pm). French-trained sprinter Lazzat takes on Japanese runner Satono Reve, plus Inisherin, who won last year's Commonwealth Cup over the same course and distance, and Kind of Blue, who won the British Champions Sprint Stakes last year. The festival concludes with the UK's longest flat race, the Queen Alexandra Stakes (6.10pm), which is run over two miles and six furlongs.



Marc Márquez

LIVE MOTORCYCLING

MotoGP: Italy

Sunday, race starts 1pm, TNT Sports 2

Italian racers Francesco Bagnaia and Franco Morbidelli will be seeking victory on their home track at the Mugello Circuit in Florence as they chase the Spanish Márquez brothers at the top of the standings.

Marc Márquez won the sprint race and took the chequered flag last time out at the Aragon Grand Prix in Spain, finishing ahead of his brother Alex, and now leads his sibling by 32 points.

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Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE Port Adelaide v Sydney Swans
Sat 7am TNT Sports 1

LIVE GWS Giants v Gold Coast Suns
Sat 4am TNT Sports 1

LIVE Western Bulldogs v Richmond
Sun 6am TNT Sports 4

LIVE Port Adelaide v Collingwood
Thu 10.30am TNT Sports 2

LIVE Sydney Swans v Western Bulldogs
Fri 10.30am TNT Sports 4

LIVE Gold Coast Suns v Melbourne
Fri 4am TNT Sports 1

BASEBALL

LIVE Pittsburgh Pirates v Texas Rangers
Sat 9pm TNT Sports 2
MLB inter-league game at PNC Park.

LIVE Philadelphia Phillies v New York Mets
Sat 12m't TNT Sports 1
MLB National League East match.

LIVE New York Yankees v Baltimore Orioles
Sun 4.30pm TNT Sports 2
MLB American League East fixture.

LIVE San Diego Padres v Kansas City Royals
Sun 9pm TNT Sports 1
MLB inter-league game at Petco Park.

LIVE Philadelphia Phillies v New York Mets
Sun 12m't TNT Sports 2
MLB National League East fixture.

LIVE Minnesota Twins v Seattle Mariners
Mon 12.30am TNT Sports 1
The MLB American League game.

LIVE New York Mets v Atlanta Braves
Tue 12m't TNT Sports 1
The MLB National League match.

LIVE Milwaukee Brewers v Pittsburgh Pirates
Wed 7pm TNT Sports 2
MLB National League Central game.

LIVE Houston Astros v Philadelphia Phillies
Thu 7pm TNT Sports 2
The MLB inter-league match.

LIVE New York Mets v Atlanta Braves
Thu 12m't TNT Sports 1
The MLB National League game.

Baseball
Aaron Judge and the New York Yankees host their rivals Baltimore Orioles on Sunday

LIVE Kansas City Royals v Los Angeles Dodgers
Fri 1am TNT Sports 2
The MLB inter-league match staged at Kauffman Stadium.

BASKETBALL

LIVE Chicago Sky v Phoenix Mercury
Sat 6pm TNT Sports 4
The WNBA match from Wintrust Arena at McCormick Square.

LIVE Oklahoma City Thunder v Indiana Pacers
Sun 1am TNT Sports 1
Game seven of the NBA finals staged at Paycom Center.

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 6pm TNT Sports 1

LIVE Jamahal Hill v Khalil Rountree Jr
Sat 8pm TNT Sports 1
The light-heavyweight bout staged at Baku Crystal Hall in Azerbaijan.

CRICKET

LIVE England v India
Sat-Tue 10.15am Sky Sports Main Event & Sky Sports Cricket
Days two to five of the first Test staged at Headingley Cricket Stadium. See p28.

LIVE West Indies v South Africa
Sun 2.45pm TNT Sports 1
The second women's T20 staged at 3Ws Oval.

LIVE West Indies v South Africa
Mon 6.45pm TNT Sports 3
The third women's T20 from 3Ws Oval.

LIVE Sri Lanka v Bangladesh
Tue-Thu 5.15am TNT Sports 1; Fri 5.15am TNT Sports 3
Days one to four of the second Test from Colombo.

LIVE West Indies v Australia
Wed-Fri 2.45pm TNT Sports 1
Days one to three of the first Test at Kensington Oval in Bridgetown.

CYCLING

LIVE UCI Mountain Bike World Series Women
Sat 10.30am TNT Sports 1
The DHI Elite final in Val di Sole, Italy.

LIVE UCI Mountain Bike World Series Men
Sat 12noon TNT Sports 1
The DHI Elite final in Val di Sole, Italy.

LIVE Tour of Switzerland
Sat 1.45pm & Sun 2pm TNT Sports 3
Stages seven and eight of the race.

LIVE UCI Mountain Bike World Series Women
Sun 9.30am TNT Sports 1
The XCO Olympic Elite in Val di Sole.

LIVE UCI Mountain Bike World Series Men
Sun 12noon TNT Sports 1
The XCO Olympic Elite in Val di Sole.

LIVE National Road Championship
Thu 12noon TNT Sports 4
The elite individual time-trials.

EQUESTRIAN

LIVE Longines Global Champions Tour
Sat 5.30pm TNT Sports 3

GOLF

LIVE R&A Men's Amateur Championship
Sat 8.30am & 1.30pm Sky Sports Golf & Sky Sports Mix
The final from Royal Cinque Ports.

LIVE Travelers Championship
Sat 1pm Sky Sports+; Sat 5.30pm & Sun 12.30pm Sky Sports Golf
Days three and four at TPC River Highlands in Cromwell, Connecticut.

LIVE Women's PGA Championship
Sat 5.30pm & Sun 6pm Sky Sports+; Sat & Sun 7pm Sky Sports Main Event
Days three and four of the Major at Fields Ranch in Frisco, Texas.

LIVE Italian Open
Thu 12.30pm Sky Sports Main Event; Thu & Fri 12.30pm Sky Sports Golf
The first and second days at the Argentario Golf Club in Tuscany.

LIVE Amundi German Masters
Thu & Fri 2pm Sky Sports Mix
The first and second days from the Nord Course of the Green Eagle Golf Courses in Winsen, Germany.

LIVE Dow Championship
Thu & Fri 4pm Sky Sports+; Thu 5.30pm Sky Sports Main Event
Days one and two at Midland Country Club in Midland, Michigan.

LIVE Rocket Classic
Thu & Fri 5.30pm Sky Sports Golf; Thu 7pm & Fri 6.15pm Sky Sports Main Event
The first and second days staged at the Detroit Golf Club in Michigan.

LIVE US Senior Open
Thu & Fri 11pm Sky Sports Main Event & Sky Sports Golf
Days one and two staged at the Broadmoor Golf Club in Colorado.

HORSE RACING

LIVE Royal Ascot
Sat 1.30pm ITV1 & 5.50pm ITV4
The fifth day of the festival. See p29.

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Thu 6.30pm TNT Sports 4
Men's bouldering final in Innsbruck.

LIVE IFSC Climbing World Cup
Fri 6.30pm TNT Sports 2
The women's bouldering final staged in Innsbruck, Austria.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
Grand Prix of Italy Moto2 & Moto3 second free practice sessions.

LIVE MotoGP
Sat 9am TNT Sports 2
Grand Prix of Italy MotoGP second free practice and qualifying sessions at Autodromo Internazionale del Mugello.

LIVE MotoGP
Sat 11.45am TNT Sports 2
The Grand Prix of Italy Moto3 and Moto2 qualifying sessions.

LIVE British Superbikes
Sat 1pm TNT Sports 4 & 2.15pm TNT Sports 1
Race one at the third round of the season at Snetterton in Norfolk.

LIVE The Grand Prix of Italy MotoGP sprint race
Sat 1.45pm TNT Sports 2
The ninth round of the season at Autodromo Internazionale del Mugello.

LIVE MotoGP Rookies Cup
Sat 3pm & Sun 7.30am TNT Sports 2
The Grand Prix of Italy races.

LIVE FIM Speedway Grand Prix
Sat 5.30pm TNT Sports 2
The sixth round of the season at Edward Jancarz Stadium in Gorzow.

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Italy warm-up session.

LIVE The Grand Prix of Italy Moto3 race
Sun 9am TNT Sports 2
The ninth round of the season.

LIVE The Grand Prix of Italy Moto2 race
Sun 11am TNT Sports 2
The ninth round of the season.

LIVE The Grand Prix of Italy MotoGP race
Sun 12.15pm TNT Sports 2
The ninth round of the season staged at Autodromo Internazionale del Mugello in Florence. See p29.

LIVE British Superbikes
Sun 1pm TNT Sports 4
Races two and three in the third round of the season at Snetterton.

LIVE Ipswich Witches v Leicester Lions
Mon 7.30pm TNT Sports 1
The British Speedway match staged at Foxhall Stadium.

LIVE MotoGP
Fri 8am TNT Sports 2
Grand Prix of Netherlands MotoGP, Moto2 and Moto3 first free practice sessions from TT Circuit Assen.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
Grand Prix of Netherlands MotoGP, Moto2 and Moto3 first practices.

MOTORSPORT

LIVE V8 Supercars Championship
Sat 6.30am TNT Sports 4; Sun 6am TNT Sports 3
The Darwin Triple Crown in Australia.

LIVE FIA Formula E
Sat 8am TNT Sports 4
The Jakarta ePrix staged at Jakarta International E-Prix Circuit.

LIVE Indycar
Sat 4pm & 7.30pm Sky Sports F1
XPEL Grand Prix at Road America second practice and qualifying.

LIVE British GT Championship
Sat 5.30pm Sky Sports F1
The qualifying session in Belgium.

LIVE British GT Championship
Sun 11.10am Sky Sports F1
The fifth round of the season at Spa-Francorchamps, Belgium.

LIVE British Touring Car Championship
Sun 11.35am ITV4
The fifth round of the season.

LIVE Indy NXT
Sun 4pm Sky Sports F1 & Sky Sports Mix
The Grand Prix of Road America, the seventh round of the season.

LIVE Indycar
Sun 5pm Sky Sports F1
XPEL Grand Prix at Road America warm-up session in Elkhart Lake.

LIVE Indycar
Sun 6.30pm Sky Sports F1
The XPEL Grand Prix at Road America in Elkhart Lake, Wisconsin.

LIVE NASCAR
Sun 6.30pm Premier Sports 1
The Great American Getaway 400.

LIVE World Rally Championship
Thu 3.15pm & 5.15am, Fri 8.15am, 12.15pm, 2.45pm & 5.15pm TNT Sports 3
The Acropolis Rally Greece.

LIVE Formula 3
Fri 8.50am Sky Sports F1
Austrian Grand Prix practice session.

LIVE Formula 2
Fri 10am Sky Sports F1
Austrian Grand Prix practice session staged at Red Bull Ring in Spielberg.

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Football planner

LIVE Formula 1
Fri 12noon Sky Sports Main Event & Sky Sports F1
Austrian Grand Prix first practice.

LIVE Formula 3
Fri 1.55pm Sky Sports Main Event & Sky Sports F1
Austrian Grand Prix qualifying session.

LIVE Formula 2
Fri 2.50pm Sky Sports Main Event & Sky Sports F1
Austrian Grand Prix qualifying session.

LIVE Formula 1
Fri 3.35pm Sky Sports Main Event & Sky Sports F1
Austrian Grand Prix second practice.

LIVE MotoE
Fri 4pm TNT Sports 2
Grand Prix of Netherlands qualifying.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2
Group Four of the Pairs Cup.

RUGBY LEAGUE

LIVE Dolphins v Newcastle Knights
Sat 8.30am Sky Sports+
The NRL match from HBF Park.

LIVE South Sydney Rabbitohs v Melbourne Storm
Sat 10.30am Sky Sports+
The NRL game at Accor Stadium.

LIVE Sydney Roosters v North Queensland Cowboys
Sun 7.05am Sky Sports Main Event & Sky Sports+
The NRL match at Allianz Stadium.

LIVE Penrith Panthers v Canterbury Bulldogs
Thu 10.50am Sky Sports Action
NRL match at CommBank Stadium.

LIVE Leeds Rhinos v Leigh Leopards
Fri 7.30pm Sky Sports Action (kick-off 8pm) The Super League clash. See page 29.

LIVE Hull Kingston Rovers v Wakefield Trinity
Fri 8pm Sky Sports+ streaming (k-o 8pm) Super League. See p29

LIVE Warrington Wolves v Hull FC
Fri 8pm Sky Sports+ streaming (k-o 8pm) Super League. See p29

RUGBY UNION

LIVE Super Rugby final
Sat 8am Sky Sports Action

LIVE Top 14
Sat 8pm Premier Sports 1
The second semi-final.

TENNIS

LIVE WTA Berlin Open
Sat & Sun 11am Sky Sports Tennis
The final at Rot-Weiss Tennis Club.

LIVE Queen's Club
Sat 1pm BBC2; Sun 2.05pm BBC1
The final two days.

LIVE ATP Halle Open
Sat 3pm & Sun 2pm Sky Sports Tennis
The final at OWL Arena in Germany.

LIVE WTA Bad Homburg Open
Sun 10.30am Sky Sports+; Sun-Wed 10.30am & Fri 12noon Sky Sports Tennis; Wed 10.30am Sky Sports Main Event

LIVE Eastbourne
Mon-Fri BBC iPlayer & Red Button
Days one to five. See page 29.

LIVE UNDER-21 EUROS

Knockout stage

From Saturday, C4

If England finish runners-up in Group B, Lee Carsley's Young Lions play a quarter-final against the winners of Group A in Trnava on Saturday (8pm). If they top the group, they take on the Group A runners-up in Dunajská Streda on Sunday, with both semi-finals to follow on Wednesday.

LIVE CONCACAF GOLD CUP

Panama v Jamaica

Tuesday, kick-off 12m't, Premier Sports 1

Former England boss Steve McClaren is now coach of Jamaica and his Reggae Boyz play their final Group C tie on Tuesday night against Panama in Austin. His squad includes Aston Villa's Leon Bailey and former Premier League wide man Demarai Gray.

LIVE CLUB WORLD CUP

Espérance Sportive de Tunis v Chelsea

Tue, kick-off 2am, 5 & DAZN

New signing Liam Delap could be in action as the Blues finish their Group D campaign in Philadelphia. Meanwhile, Manchester City conclude their Group G fixtures against a Juventus side featuring former Aston Villa midfielder Douglas Luiz in Orlando (Thu, 8pm).

Saturday 21

LIVE UEFA European Under-21s Championship
4.45pm C4 (kick-off 5pm)
The opening quarter-final at Štadión pod Dubnom in Zilina, Slovakia, as the winners of Group C face the Group D runners-up.

LIVE Mamelodi Sundowns v Borussia Dortmund
5pm DAZN (kick-off 5pm)
The Club World Cup Group F match at TQL Stadium in Cincinnati, Ohio.

LIVE UEFA European Under-21s Championship
7.35pm C4 (kick-off 8pm)
The second quarter-final at Anton Malatinský Stadium in Trnava, Slovakia, as the winners of Group A face the Group B runners-up.

LIVE LaLiga 2
7.55pm Premier Sports 2
Promotion play-off final second-leg.

LIVE Inter Milan v Urawa Red Diamonds
8pm DAZN (kick-off 8pm)
The Club World Cup Group E fixture staged at Lumen Field in Seattle.

LIVE Fluminense v Ulsan HD
11pm DAZN (kick-off 11pm)
The Club World Cup Group F match at MetLife Stadium in New Jersey.

LIVE Curacao v Canada
12m't Premier Sports 2 (kick-off 12m't)
The CONCACAF Gold Cup Group B game at Shell Energy Stadium.

LIVE Kansas City Current v Angel City FC
1am TNT Sports 2 (kick-off 1am)
The NWSL game at CPKC Stadium.

LIVE Honduras v El Salvador
3am Premier Sports 2 (kick-off 3am)
The CONCACAF Gold Cup Group B match at Shell Energy Stadium.

Sunday 22

LIVE Juventus v Wydad AC
4.30pm 5 & 5pm DAZN (kick-off 5pm)
The Club World Cup Group B match at Lincoln Financial Field.

LIVE UEFA European Under-21s Championship
4.45pm C4
The third quarter-final from DAC Aréna in Dunajská Streda, Slovakia, where the winners of Group B face the Group A runners-up.

LIVE UEFA European Under-21s Championship
7.35pm C4
The concluding quarter-final, as the winners of Group D face the Group C runners-up at Tatran Arena.

LIVE Real Madrid v CF Pachuca
8pm DAZN (kick-off 8pm)
The Club World Cup Group H fixture at Bank of America Stadium.

LIVE RB Salzburg v Al Hilal
11pm DAZN (kick-off 11pm)
The Club World Cup Group H game at Audi Field in Washington DC.

LIVE USA v Haiti
12m't Premier Sports 1 (kick-off 12m't)
The CONCACAF Gold Cup Group D match from AT&T Stadium.

LIVE Saudi Arabia v Trinidad and Tobago
12m't Premier Sports 2 (kick-off 12m't)
The CONCACAF Gold Cup Group D match staged at Allegiant Stadium in Paradise, Nevada.

LIVE Gotham FC v Bay FC
12.30am TNT Sports 3 (kick-off 12.30am)
The NWSL match at Sports Illustrated Stadium in Harrison.

LIVE Manchester City v Al Ain FC
1.15am 5 & 2am DAZN (kick-off 2am)
The second Club World Cup Group G match for both teams staged at Mercedes-Benz Stadium in Atlanta.

LIVE Dominican Republic v Suriname
3am Premier Sports 1 (kick-off 3am)
The CONCACAF Gold Cup Group A match from AT&T Stadium.

LIVE Mexico v Costa Rica
3am Premier Sports 2 (kick-off 3am)
The CONCACAF Gold Cup Group A match staged at Allegiant Stadium in Paradise, Nevada.

Monday 23

LIVE Seattle Sounders v Paris Saint-Germain
7.55pm DAZN (kick-off 8pm)
The Club World Cup Group B match staged at Lumen Field in Seattle, Washington.

LIVE Atlético Madrid v Botafogo
8pm DAZN (kick-off 8pm)
The Club World Cup Group B match staged at Rose Bowl in Pasadena, California.

LIVE Inter Miami v Palmeiras
1.55am DAZN (kick-off 2am)
The Club World Cup Group A match at Hard Rock Stadium.

LIVE FC Porto v Al Ahly
2am DAZN (kick-off 2am)
The Club World Cup Group A fixture staged at MetLife Stadium.

Tuesday 24

LIVE Auckland City v Boca Juniors
7.55pm DAZN (kick-off 8pm)
The Club World Cup Group C game from GEODIS Park in Nashville.

LIVE Benfica v Bayern Munich
8pm DAZN (kick-off 8pm)
The Club World Cup Group C match at Bank of America Stadium in Charlotte, North Carolina.

LIVE Panama v Jamaica
12m't Premier Sports 1 (kick-off 12m't)
The CONCACAF Gold Cup Group C match from Q2 Stadium in Austin.

LIVE Guadeloupe v Guatemala
12m't Premier Sports 2 (kick-off 12m't)
The CONCACAF Gold Cup Group C match staged at Shell Energy Stadium in Houston.

LIVE Espérance Sportive de Tunis v Chelsea
1am 5 & 2am DAZN (kick-off 2am)
Both teams' concluding match in Group D of the Club World Cup staged at Lincoln Financial Field in Philadelphia, Pennsylvania.

LIVE Los Angeles FC v Flamengo
1.55am DAZN (kick-off 2am)
The Club World Cup Group D fixture staged at Camping World Stadium in Orlando, Florida.

LIVE Honduras v Curacao
3am Premier Sports 1 (kick-off 3am)
The CONCACAF Gold Cup Group B match at PayPal Park in San Jose.

LIVE Canada v El Salvador
3am Premier Sports 2 (kick-off 3am)
The CONCACAF Gold Cup Group B match staged at Shell Energy Stadium in Houston.

Wednesday 25

LIVE UEFA European Under-21s Championship
4.40pm C4
The first semi-final at Tehelné pole in Bratislava, Slovakia, between the winners of the first and second quarter-finals. England were in action at the corresponding stage of the tournament two years ago, and claimed a 3-0 win over Israel courtesy of goals from Morgan Gibbs-White, Cole Palmer and Cameron Archer, to set up a final showdown against Spain. Presented by Jules Breach, with analysis from Joe Cole and Jermain Defoe.

LIVE UEFA European Under-21s Championship
7.50pm 4seven
The second semi-final staged at Košická futbalová aréna in Košice, Slovakia, between the winners of the third and fourth quarter-finals. Spain produced a dominant display in the corresponding match two years ago, claiming a 5-1 victory over Ukraine despite going a goal down in the 13th minute. Presented by Jules Breach, with analysis from Joe Cole and Jermain Defoe.

LIVE Borussia Dortmund v Ulsan HD
7.55pm DAZN (kick-off 8pm)
The Club World Cup Group F match at TQL Stadium in Cincinnati, Ohio.

LIVE Mamelodi Sundowns v Fluminense
8pm DAZN (kick-off 8pm)
The Club World Cup Group F match staged at Hard Rock Stadium in Miami, Florida.

LIVE Inter Milan v River Plate
1.55am DAZN (kick-off 2am)
The Club World Cup Group E match staged at Lumen Field in Seattle, Washington.

LIVE Urawa Red Diamonds v CF Monterrey
2am DAZN (kick-off 2am)
The Club World Cup Group E fixture staged at Rose Bowl in Pasadena, California.

Thursday 26

LIVE Juventus v Manchester City
7.55pm DAZN (kick-off 8pm)
The Club World Cup Group G match staged at Camping World Stadium in Orlando, Florida.

LIVE Wydad AC v Al Ain
8pm DAZN (kick-off 8pm)
The Club World Cup Group G match staged at Audi Field in Washington DC.

LIVE Al Hilal v CF Pachuca
1.55am DAZN (kick-off 2am)
The Club World Cup Group H match staged at GEODIS Park in Nashville, Tennessee.

LIVE RB Salzburg v Real Madrid
2am DAZN (kick-off 2am)
The Club World Cup Group H fixture staged at Lincoln Financial Field in Philadelphia, Pennsylvania.

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Saturday

21 June

Evening Planner

Animation

Piece by Piece

Sky Premiere, 8.25am & 4.20pm

Singer and producer Pharell '*Happy*' Williams is given the Lego treatment in this joyous animated musical biopic.

Cricket

England v India

Sky Sports Main Event & Sky Sports Cricket, play starts 11am

The second day of the first men's Test at Headlingley. Continues until Tuesday.

Sport

UK's Strongest Man

5, 1.30pm

The opening day's action from Planet Ice Milton Keynes sees eight strongmen battle it out for a place in the semi-finals.

OnDemand

Murderer Behind the Mask

Available today

True-crime documentary looking into the shocking case of a Dublin killing.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.10 Pointless Celebrities	8.00 Blankety Blank	8.35 Casualty	9.25 The Last Anniversary		10.20 News	10.40 Mrs...
	102 BBC2	‹ 6.45 The Great...	7.35 Today at the Test		8.35 Oasis at the BBC			10.20 Oasis: Right Here...	
	103 ITV1	7.00 The Chase Celebrity Special		8.00 Film: Quantum of Solace				10.00 Suspicion	
	104 CHANNEL 4	‹ 4.45 Football: UEFA European Under-21s Championship – Live: The opening quarter-final (Kick-off 5.00); The second quarter-final (Kick-off 8.00)							10.25 Rhod Gilbert...
	105 5	‹ 6.35 The King's Church: Inside...		8.00 Birkhall: A Private Royal Residence		9.00 Prince William: Passion, Honour, Duty			10.30 1988: Those...
	106 SKY SHOWCASE	7.00 Isle of Wight Festival				9.00 Film: 28 Days Later			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Dubai Hustle	8.30 Alison...	9.00 Two Pints of Lager and a Packet of Crisps			
	116 BBC4	7.00 Flying...	7.20 All Creatures Great and Small			9.00 Film: Saint Omer			
	118 ITV2	‹ 6.30 Film: Jurassic World				9.00 Love Island: Unseen Bits		10.05 Olivia Attwood: The Price of...	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Blue Bloods		10.00 Elsbeth	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 The White Lotus		10.05 Homicide: Life on the Street	
	110 U&GOLD	7.00 Only Fools and Horses				9.00 Billy Connolly Does...		10.00 Mrs Brown's Boys	10.40 Only...
	111 U&DAVE	7.00 Ghosts				9.00 The Office	9.40 Extras	10.20 The Cleaner	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4		7.10 Film: Police Academy 4: Citizens on Patrol			9.00 Film: Magnum Force			
	112 COMEDY CENTRAL	‹ 6.55 Film: Brewster's Millions				9.00 Film: The Other Guys			
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 The Walking Dead				9.00 A League of Their Own		10.00 Strike Back: Silent War	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 My Life Is Murder	
	130 SKY ARTS	7.00 Isle of Wight Festival							
	132 U&W	7.00 999 Rescue Squad				9.00 Coupling			
DOCUMENTARY	125 DISCOVERY	‹ 6.30 Everest's Greatest Mystery			8.30 Discovery...	9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Dr Jeff: Rocky Mountain Vet				10.00 Insane Pools: Off the Deep End	
	129 NAT GEO	7.00 Car S.O.S.						10.00 Sally	
	123 SKY HISTORY	7.00 World's Greatest Treasure Mysteries				9.00 Prison Chronicles			
	155 U&YESTERDAY		7.10 Bangers & Cash: Restoring Classics	8.10 Bangers & Cash					
	121 SKY DOCS	7.00 Spitfire				9.00 100 Foot Wave		10.05 The Truth vs Alex Jones	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Venom: The Last Dance		8.00 Joker: Folie à Deux					10.25 Anora
	302 5 STAR MOVIES	‹ 6.00 Back to the Future		8.00 Mad Max: Fury Road				10.05 Raiders of the Lost Ark	
	303 ORIGINALS	‹ 6.15 Fight or Flight		8.00 The Beekeeper				10.00 Cleaner	
	304 GREATS	‹ 5.35 Robin Hood: Prince of Thieves		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION		7.15 Penguins of Madagascar			8.55 Monster House			10.30 Noah's Ark
	306 FAMILY	‹ 6.15 The Flintstones		7.50 The Flintstones in Viva Rock Vegas		9.25 Jack the Giant Slayer			
	307 ACTION	‹ 5.05 The Patriot		8.00 Fast & Furious 7					10.20 Pain & Gain
	308 COMEDY	‹ 6.05 Coming 2 America		8.00 Pitch Perfect 3			9.40 Ride Along		
	309 THRILLER	‹ 6.00 Serenity		8.00 Ocean's Eleven				10.05 Wanted	
	310 DRAMA	‹ 6.05 One Life		8.00 Ghost					10.15 Tommy
	311 SCI-FI	‹ 6.05 Interstellar				9.00 28 Days Later			
	313 FILM4	7.00 The Greatest Showman				9.00 Déjà Vu			
SPORT	401 MAIN EVENT	7.00 Women's PGA Championship – Live: Coverage of day three of the Major championship							
	402 PREMIER LEAGUE	7.00 PFA...	7.15 My...	7.30 PFA...	7.45 My Origin Story	8.30 Transfer 360		10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	7.00 Made in...		7.30 Ashes Greats	8.00 Test Cricket	9.00 One-Day International Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	‹ 6.00 UFC – Live: The preliminary bouts			8.00 UFC – Live: Jamahal Hill v Khalil Rountree Jr				
	411 TNT SPORTS 2	‹ 5.30 FIM Speedway Grand Prix – Live: The sixth round of the season in Gorzów, Poland				9.00 MLB – Live: Pittsburgh Pirates v Texas Rangers (Start-time 9.05)			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With comedian Aisling Bea. (S)
11.30 **The Great Food Guys** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** From Gillingham. (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 **Superworm** Animation. (S)(R)(AD)
2.25 FILM **Pokémon: Detective Pikachu** Fantasy starring Justice Smith and with the voice of Ryan Reynolds. (S)(AD) (2019, PG, 95min) ★★★
4.00 **Deadly 60** (S)(R)
4.30 **Walking with Dinosaurs** (S)(R)(AD)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 8/10. Faye Tozer, Jay McGuiness, Cheryl Baker and Snoochie Shy take part. (S)

8.00 Blankety Blank

6 PM

6.25 **The Hit List** Marvin and Rochelle Humes host a celebrity edition of the quiz show, with Jay Rayner, John Whaite, Faye Tozer, Ian 'H' Watkins, Jayde Adams and Babatunde Aléshé. (S)(R)

7 PM

7.10 **Pointless Celebrities** New edition Harriet Kemsley, Bobby Mair, Penny Smith, Bonnie Langford, Adam Gemili, Alice Tai, Ricky Groves and Balvinder Sopal take part. (S)

8 PM

8.00 **Blankety Blank** Series finale 9/9. With Dermot O'Leary, Iain Stirling, Layton Williams, Naga Munchetty, Ellie Simmonds and Sue Perkins. (S)
8.35 **Casualty** Stevie returns to work on a day the ED is flooded with overdose patients whose heroin was laced with other drugs. (S)(AD)

9 PM

9.25 **The Last Anniversary** Series finale 6/6. The women of the family unearth long-hidden truths, and the story behind Alice and Jack is finally revealed. (S1) (S)(AD) ■ Entire series on BBC iPlayer

10 PM

10.20 **BBC News** (S)
10.40 **Mrs Brown's Boys** 4/4. Dermot and Maria renew their vows. (S4) (S)(R)(AD)
11.10 NEW TO BBC1 **In the Arena: Serena Williams** *Out of the Shadow:* 1/8. The tennis star shares a personal account of key moments from her career. (S)(AD) **11.55** New episode *Into the Light:* 2/8. Serena struggles to follow up her first Grand Slam triumph. *Previously on Disney+.* (S)(AD) ■ Entire series on BBC iPlayer
12.40 AM **Weather for the Week Ahead**
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **Earth's Wildest Waters: The Big Fish** From Iceland. (S)(R)(AD)
11.00 **Natural World: Pygmy Hippo – A Very Secret Life** (S)(R)(AD)
12.00 NOON **Mary Berry: Cook & Share** The Jurassic Coast. (S)(R)(AD)
12.30 PM **The Best Dishes Ever** (S)(R)
1.00 LIVE **Tennis: Queen's** The HSBC Championships: Coverage of day six of the men's grass-court tournament at Queen's Club, featuring the semi-finals. (S)
5.00 **Flog It!** From the Ulster Folk and Transport Museum, Belfast. (S)(R)
5.45 **Hidden Treasures of the National Trust** 6/6. In Warwickshire, Tudor mansion Coughton Court has its roof and facades repaired. (S)(R)(AD)

8.35 Oasis at the BBC

6.45 **The Great House Revival** New edition 6/8. Hugh Wallace visits returned asset manager Eoghan, who is restoring a former seaside guesthouse in his native Rathmullan, Co Donegal. (S)
7.35 **Today at the Test** England v India: Action from day two of the first Test in the five-match series, held at Headingley Cricket Stadium. (S)
8.35 NEW **Oasis at the BBC** With Oasis's long-awaited reunion and the band's sell-out run of concerts just around the corner, this programme dives into the BBC's music archives for a celebration of the band. Featuring perfomances of *Rock 'n' Roll Star, Cigarettes & Alcohol, Wonderwall, Slide Away* and *Champagne Supernova*. (S)
10.20 **Oasis: Right Here, Right Now** Documentary from 1997 following the band as they discussed their career, revisited their old neighbourhood in Manchester and performed songs from *Be Here Now*. (S)(R)
11.00 **Later Presents Oasis** Jools Holland introduces a studio concert by the band, first shown in April 2000. (S)(R)
12.00 M'T FILM **A Bigger Splash** Drama starring Tilda Swinton and Ralph Fiennes. A rock star recovering from surgery finds her peaceful Mediterranean retreat disrupted by the arrival of a former lover. (S) (2015, 15, 120min) ★★★★
2.00 **to 6.20** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Love Your Garden** (S)(R)(AD)
6.30 **Love Your Weekend with Alan Titchmarsh** With Alex Jones. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition With Great fashion designer Patrick Grant (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** With Suzi Perry. (S)(R)
11.40 **Jeremy Pang's Hong Kong Kitchen** New edition With Grace Dent. (S)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** The chef visits Castle of Mey in Caithness. (S)(R)
1.10 **ITV News** (S)
1.30 LIVE **Racing: Royal Ascot** Francesca Cumani and Ed Chamberlin present coverage of the fifth and final day of the festival, including the Jersey Stakes. *Coverage continues on ITV4.* (S)

8.00 Quantum of Solace

6.00 **Tipping Point: Best Ever Finals** A compilation of some of the most dramatic endgames. (S)(R)
6.30 **ITV News** (S)
6.45 **Local News** (S)
7.00 **The Chase Celebrity Special** Raj Bisram, Danielle Harold, John Conteh and Roger Black answer general knowledge questions and work as a team to take on a Chaser and secure a cash prize for charity. (S)(R)
8.00 FILM **Quantum of Solace** James Bond action thriller starring Daniel Craig as Ian Fleming's celebrated secret agent. Agent 007 embarks on a mission of revenge against the shadowy international crime organisation that caused his lover's death. With Olga Kurylenko, Mathieu Amalric and Gemma Arterton. (S)(AD) (2008, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 NEW SERIES **Suspicion** 1/8. Thriller starring Uma Thurman. Five Britons are accused of kidnapping the son of a media mogul. (S1) *Previously on Apple TV+.* (S)(AD)
10.55 **ITV News** (S)
11.15 **Romesh Ranganathan's Parents' Evening** With Mel B, Jonathan Ross and Richard Madeley. (S)(R)
12.15 AM **Teleshopping**
3.00 **America's Veterans: The War Within** Exploring the devastating psychological aftermath of serving in the military. (S)(SL)(R)
4.10 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Food and Wine Tour: Australia** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.20 AM **Cheers** 13-16/27. (S9) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.15 **Frasier** 10&11/24. (S2) (S)(R)(AD)
10.15 **The Simpsons** (S)(R)(AD)
11.40 **Come Dine with Me: The Professionals** Three chefs in Oxfordshire battle it out. (S)(R)
12.40 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.15 **Grand Designs** Kevin McCloud meets a couple who plan on transforming a decommissioned steam railway reservoir. (S)(R)(AD)
4.15 **News** (S)
4.45 LIVE **Football: UEFA European Under-21s Championship** Coverage of the opening quarter-final from Štadión pod Dubnom in Zilina, Slovakia, as the winners of Group C face the Group D runners-up. Kick-off is at 5.00. (S)

7.35 Football: European Under-21s...

LIVE **Football: UEFA European Under-21s Championship** (started at 4.45pm)
7.35 LIVE **Football: UEFA European Under-21s Championship** Jules Breach presents coverage of the second quarter-final from Anton Malatinský Stadium in Trnava, Slovakia, as the winners of Group A face the Group B runners-up. Spain claimed a 2-1 victory over Switzerland after extra time in the corresponding match of 2023, and they will be involved again this evening should they have topped their group. With analysis from Joe Cole and Jermain Defoe. Kick-off is at 8.00. (S)
10.25 NEW TO C4 **Rhod Gilbert: The Book of John** A stand-up performance filmed live at the Wales Millennium Centre in Cardiff. *Previously shown on Comedy Central.* (S)
12.00 M'T FILM **Zombieland: Double Tap** Horror comedy sequel with Woody Harrelson and Jesse Eisenberg. (S)(AD) (2019, 15, 105min) ★★★
1.45 AM NEW **Iris Prize Best British Shorts** *Divine Intervention.* (S)(AD)
2.05 **Ramsay's Kitchen Nightmares USA** From Michigan. (S)(SL)(R)
2.55 **The Simpsons** (S)(R)(AD)
4.55 **Find It, Fix It, Flog It** (S)(R)
5.15 **to 6.10** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.45 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.05 **Car Pound Cops** (S)(R)
9.30 **Bargain-Loving Brits in the Sun** Four editions. (S)(R)(AD)
1.30 PM **NEW** **UK's Strongest Man** Coverage of the opening day from Planet Ice Milton Keynes, featuring the Group A quarter-final, as eight strongmen battle it out for a place in next week's semi-finals and final. (S)
4.30 **Michael Portillo's Pyrenees Adventure** 1/4. The veteran broadcaster embarks on a journey of self-discovery. (S)(R) **5.30** 2/4. Michael's Pyrenean quest continues with the physical challenge of the French High Pyrenees. (S)(R)

8.00 Birkhall: A Private Royal...

6.25 **News** (S)
6.35 **The King's Church: Inside Westminster Abbey** 1/2. Following the work of the abbey's conservation team who look after the Coronation Chair and Cosmati Pavement, while staff also create a memorial service for Prince Philip, the late Duke of Edinburgh. (S)(R)

8.00 **NEW** **Birkhall: A Private Royal Residence** A look at the royal estate in Aberdeenshire, which has been at the centre of some of the most explosive moments of royal history. (S)

9.00 **NEW** **Prince William: Passion, Honour, Duty** A profile of the Prince of Wales told through archive interviews and speeches, revealing how late-night visits to homeless people with his mother shaped his views on society. (S)

10.30 **1988: Those Were the Days** Controversies, scandals and surprises in TV, film, music and politics, including Salman Rushdie's book *The Satanic Verses* igniting a religious firestorm. (S)(R)

12.30 AM **World's Most Expensive Cruise** Documentary. (S)(R)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Warship: Life at Sea** (S)(R)
4.10 **Friends** (S6) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** From Hampshire. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **FILM** **Dragon Rider** Animated family adventure featuring the voice of Felicity Jones. (S)(AD) (2020, PG, 91min) ★★★
9.00 **A Cheetah's Pride** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
2.00 PM **Micro Monsters with David Attenborough** (S)(R)(AD)
3.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. Exploring the evolution of vertebrates. (S)(R) **4.00** 2/2. David looks at how mammals came to dominate the natural world. (S)(R)
5.00 **Discovered by Disaster** Unexpected things revealed by catastrophic disasters. (S)(R)

7.00 Isle of Wight Festival

6.00 **UFOs: The Lost Evidence** Documentary examining evidence of potential UFO inhabitation on Earth, beginning with the top-secret military base Area 52. (S)(R)

7.00 **NEW** **Isle of Wight Festival** Coverage of Busted's set on the Main Stage at Seaclose Park in Newport. **7.40** Coverage from Seaclose Park in Newport, where today's acts include Razorlight and The Script. **8.40** Coverage of Paul Heaton and Rianne Downey's set on the Main Stage at Seaclose Park in Newport. ■ Continues at 11.00pm

9.00 **FILM** **28 Days Later** Director Danny Boyle's horror thriller starring Cillian Murphy, Naomie Harris, Megan Burns, Brendan Gleeson and Christopher Eccleston. A small group of people struggle to survive when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. (S) (2002, 18, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **NEW** **Isle of Wight Festival** Coverage of Stereophonics' headline set on the Main Stage at Seaclose Park in Newport. **12.30** AM Supergrass's headline set in the Big Top.
1.00 **Poker Face** 9/12. (S2) (R)
2.00 **The Office (US)** (S6) (S)(R)
3.00 **Road Wars** (S)(R)
4.00 **Nothing to Declare** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
4.00pm Walking with Dinosaurs (S)(R)(AD) **4.50-5.20pm** Best of Weatherman Walking: Spectacular Southern Structures (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.45pm Nigella's Cook, Eat, Repeat (S)(R) **6.15-6.45pm** Suzie Lee's Great Food Made Simple (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.15** Gwyliau Gartref (AD) **10.45** Ffasiwn Drefn (AD) **11.15** Ceffylau, Sheikhs a Chowbois **11.45** Arfordir Cymru: Sir Benfro (AD) **12.15pm** Ffermio **12.45** Chris a'r Afal Mawr (AD) **1.45** Sgwrs Dan y Lloer **2.15** Busnes Bwyd **3.15** Iolo: Natur Bregus Cymru (AD) **4.15** Garddio a Mwy **4.45** Garddio a Mwy **5.15** Y Ci Perffaith **5.45** Sgwrs Dan y Lloer **6.45** Newyddion a Chwaraeon **7.00** Busnes Bwyd **8.00** Cofio Llewod '71 **9.00** Aur y Noson Lawen **10.00** Arctig Gwyllt Iolo Williams **11.00** Richard Holt: Yr Academi Felys (AD) **11.35pm-12.00m't** Ar Led

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Kat goes looking for answers, and Phil worries about Linda. **7.30** Priya receives an unexpected gift, while Ross and Vicki are united.
8.00 **Dubai Hustle** 8/8. Natasha's revelation leaves the other brokers reeling.
8.30 **Alison Hammond's Big Weekend** 6/6. The presenter spends the weekend with boxing world champion Tony Bellew.
9.00 **Two Pints of Lager and a Packet of Crisps** 2/10. Donna's career falters. **9.30** 3/10. Gaz makes a commitment to Donna. **10.00** 4/10. Louise meets her father for the first time. **10.30** 5/10. Jonny tries to become more macho. (S6)
11.00 **Hunting the Online Sex Predators** Documentary.
11.50 **What It Feels Like for a Girl** 5&6/8 Drama. (S1)
1.25 AM **Dubai Hustle**
1.55 **to 3.55** AM **Two Pints of Lager and a Packet of Crisps**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.30 **Ugly House to Lovely House with George Clarke**
12.35 PM **George Clarke's Amazing Spaces**
1.35 **George Clarke's Old House, New Home**
2.35 **Location, Location, Location** Searching for two properties in Yorkshire.
3.40 **Come Dine with Me** Five editions from south London.
6.20 **Four in a Bed** The contest gets under way at the Peniarth Arms in Bryncrug.
6.50 **Four in a Bed** The second visit is to Apple Camping in Redberth, Pembrokeshire. **7.20** A visit to The Garden House in Blagdon, Somerset. **7.55** The final visit is to Ivy House in St Austell, Cornwall. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A five-year-old girl is rushed into St George's struggling to breathe, while an 83-year-old man in a confused state arrives in A&E after falling over. **10.00** A builder is rushed into A&E after falling 18ft onto concrete, while a retired police officer is brought in with a head injury.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Flying Gardener** Chris Beardshaw travels to Devon and Cornwall.
7.20 **All Creatures Great and Small** *When Dreams Come True:* Helen finally gets up and about, and James puts in an offer for a family home. **8.10** *A New Chapter:* James and Helen get ready to move to Rowangarth.
9.00 **FILM PREMIERE** **Saint Omer** French drama based on a true story, starring Kayije Kagame. A woman accused of murder blames the death of her 15-month-old child on witchcraft. Subtitled. *See review, p25* (2022, 12, 122min) ★★★★
10.55 **Scrublands** 3/4. Martin learns teenager Allen was not as innocent as portrayed. **11.45** 4/4. Martin believes he has found the link between the shooting victims. (S1)
12.40 AM **The Good Life**
1.10 **Yes, Minister**
1.40 **The Flying Gardener**
2.00 **to 3.40** AM **All Creatures Great and Small**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Rude(ish) Tube Shorts**
6.05 **Brooklyn Nine-Nine**
6.35 **The Goldbergs**
9.00 **FILM** **Wonder Park** Animated family adventure. (2019, PG, 85min) ★★★★
10.45 **Ramsay's Kitchen Nightmares USA**
1.40 PM **FILM** **MouseHunt** Comedy with Nathan Lane. (1997, PG, 98min) ★★★★
3.35 **FILM** **My Spy** Comedy starring Dave Bautista. (2020, 12, 99min) ★★★
5.30 **The Simpsons** Triple bill.
7.00 **The Simpsons** *Politically Inept, with Homer Simpson:* Homer becomes the new voice of American politics. **7.30** *The D'oh-cial Network:* Lisa creates a social network. **8.00** *Moe Goes from Rags to Riches:* Moe's bar towel turns out to have a life of its own. **8.30** *The Daughter Also Rises:* Lisa begins a romance with her intellectual match.
9.00 **Celebrity Gogglebox** Famous faces appraise *Dirty Dancing, The Masked Dancer* and *Naked Attraction*.
10.00 **Gogglebox** Opinions on *Adolescence, 99 to Beat* and *Big Night of Musicals*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.15 **Gogglebox**
4.15 **Ramsay's 24 Hours to Hell and Back**
5.05 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed**
12.00 NOON **Stop, Search, Seize**
1.00 PM **Border Security USA** A man struggles to gain entry to America in Detroit, and people from numerous countries are awarded US citizenship in Boston.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

9.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM
9.00 **Blue Bloods** *Ghosted:* 3/21. Danny and Baez investigate after their friend is hospitalised. (S13)

10 PM
10.00 **Elsbeth** *Gold, Frankincense and Murder:* 6/20. A celebrity Christmas curator is killed in a freak accident. (S2)
11.00 **FBI: Most Wanted** 6/22. The team enter the world of psychedelics to find the killer of a tech entrepreneur. (S4)
12.00 M'T **FBI: Most Wanted** (S4)
1.00 AM **The Good Doctor** (S3)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Game of Thrones** (S3)
10.55 **The Gilded Age** Eight episodes, including at: **2.30** PM 4/9. In the aftermath of a tragedy, George agrees to help Bertha. **3.35** 5/9. Bertha, Marian and Aurora visit Dansville. **4.40** 6/9. George fights to protect his public image. **5.45** 7/9. Edison's illuminating electricity demonstration sparks conversation. **6.45** 8/9. Peggy reveals the truth, while Gladys and Carrie practise for the ball. (S1)

10.05 Homicide: Life on the...

7.50 **The Gilded Age** *Let the Tournament Begin:* 9/9. Bertha and Mrs Astor's clash impacts all of New York society. (S1)

9.00 **The White Lotus** *Mysterious Monkeys:* 3/6. Armond has a surprise in store for Shane, and Paula has a secret. (S1)

10.05 **Homicide: Life on the Street** *Sins of the Father:* 10/23. Lewis and Falsone investigate the case of a man found lynched. (S6)
11.05 **Homicide: Life on the Street** 11/23. Georgia Rae Mahoney makes more enemies in the homicide squad. (S6)
12.05 AM 12-14/23. (S6)
2.55 **Succession** 7/10. (S1)
4.00 **The Outsider** 8/10.
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Air Ambulance ER**
7.00 **Supergirl** 15-19/22. (S4)
12.00 NOON **Grimm** Four episodes of the drama, including at: **3.00** PM 22/22. A discovery leaves Nick stunned. (S4)
4.00 **The Walking Dead** 4/16. Morgan recounts the time he met a lone survivor with a mysterious 'code'. **5.10** 5/16. Despite Rick's efforts, a walker herd descends on Alexandria. **6.05** 6/16. Daryl is separated from Abraham and Sasha. (S6)

10.00 Strike Back: Silent War

7.00 **The Walking Dead** *Heads Up:* 7/16. Rick works with Morgan to form a plan to drive undead horde away from the town.

8.00 **The Walking Dead** *Start to Finish:* 8/16. Peace in Alexandria is broken by a threat that may be too big to handle. (S6)

9.00 **A League of Their Own** Romesh Ranganathan, Jamie Redknapp and Jill Scott are joined by guests Jorginho and Danny Dyer..

10.00 **Strike Back: Silent War** 10/10. Pavel plans to launch VX missiles and put Russia at war with the West. (S7)
11.00 **Poker Face** 9/12. Charlie uncovers the secrets of an apartment building's occupants. Guest stars Awkwafina. (S2)
12.00 M'T **Warrior** 2/10. Big Bill and Lee investigate a grisly murder in an alley next to a bar. (S1)
1.00 AM **The Force: Manchester**
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.10 **Gordon Ramsay's Food Stars USA** Double bill of editions.
10.10 **Deal or No Deal**
1.15 PM **Celebrity Catchphrase**
2.20 **FILM The Croods** Animated comedy adventure featuring the voice of Nicolas Cage. (2013, U, 98min) ★★★★
4.15 **FILM Sing** Animated musical comedy featuring the voices of Matthew McConaughey and Reese Witherspoon. (2016, U, 108min) ★★★

6.30 Jurassic World

6.30 **FILM Jurassic World** Action adventure sequel with Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island: Unseen Bits** New edition Featuring exclusive unseen action from the villa.

10.05 **Olivia Attwood: The Price of Perfection** 2/6. Olivia looks into the global dentistry market.
11.05 **Family Guy** 9/22. Chris is sent to space camp. (S11)
11.35 7/20. Meg competes in the Winter Olympics. (S17)
12.05 AM **American Dad!** (S8)
1.05 **Extraordinary** 2/8. (S2)
1.40 **CelebAbility**
2.25 **Count Abdulla** 6/6. (S1)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **Wycliffe** Double bill.
8.50 **FILM Carry On Again Doctor** Comedy starring Kenneth Williams and Sidney James. (1969, PG, 88min) ★★
10.50 **Doc Martin** 1&2/8. (S6)
12.50 PM **Agatha Christie's Poirot**
3.00 **Midsomer Murders** *The Miniature Murders:* A murder occurs during the opening of an exhibit at a museum. **5.00** *With Baited Breath:* A fitness fanatic dies after being electrocuted.

11.00 Lewis

7.00 **Midsomer Murders** *The Sting of Death:* Barnaby and Winter investigate when a beekeeper and aristocrat, who has produced a honey said to have extraordinary healing power, is attacked. Guest stars Griff Rhys Jones.

9.00 **Vera** *Salt and Vinegar:* DCI Stanhope investigates when the body of the co-owner of a chip shop is found in his own freezer, uncovering secrets, lies and unforgivable behaviour.

11.00 **Lewis** *The Gift of Promise:* A businesswoman is killed. Guest stars Anna Chancellor.
12.50 AM **Agatha Christie's Poirot** *Double Sin:* The sleuth considers retirement.
1.50 **Long Lost Family**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Forest** An engineering team are called out to repair a logging machine.
7.45 **Icons of Style** 2/2. People from the 1990s onwards who have shaped Scottish fashion.
8.45 **Growing Up Scottish** Scotland's comedians look back at Scottish homes of the past.
9.00 **Only Child** 3/6. Richard takes Ken to the local golf club. (S1)
9.30 **Two Doors Down** 6/6. Michelle and Alan host a housewarming party. (S4)
10.00 **FILM Schemers** Comedy drama starring Conor Berry and Tara Lee. (2019, 15, 91min) ★★
11.30 PM **to 12.00** M'T **Up for It** Ashley, Rosco and Christopher taste the world's smelliest fruit.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners**
10.15 **Entourage** (S5)
12.55 PM **Barry** (S3)
3.50 **Divorce** (S1&2)
6.45 **The Office (US)** 13/26. Andy's Secret Santa gifts prove unsuccessful. **7.10** 14/26. A prospective buyer of Dunder Mifflin visits the office. **7.35** 15/26. Michael tries to adjust to Dunder Mifflin's acquisition. **8.05** 16/26. A visit from the Sabre CEO brings bad news for Michael or Jim. **8.30** 17/26. The staff try to distract Pam during her contractions. (S6)
9.00 **Paul Chowdhry: Family Friendly Comedian** The comedian performs stand-up at London's Bloomsbury Theatre.
10.20 **Atsuko Okatsuka: The Intruder** Stand-up show.
11.25 **Barry** 5&6/8. (S4)
12.55 AM **Girls** 11&12/12. (S3)
2.25 **Los Espookys** (S1)
4.25 **to 5.00** AM **Sort Of**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The Phantom of the Opera at the Royal Albert Hall**
8.50 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Alec Guinness: A Class Act**
3.00 **Celine Dion: Taking Chances World Tour** A concert by the Canadian singer.
5.05 **John Lee Hooker: That's My Story** The life of the blues legend.
7.00 **LIVE Isle of Wight Festival** Featuring Busted, Paul Heaton and Rianne Downey, The Script, English Teacher, Yard Act, Stereophonics and Supergrass.
1.00 AM **Primal Scream: Music Icons** The career of the indie rock band.
1.30 **Greatest Guitar Riffs**
2.30 **Journey: Music Icons**
3.00 **The Ronnie Wood Show**
4.00 **London Calling**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Reef Wrecks**
12.00 NOON **Africa's Wild Horizons** Documentary.
1.00 PM **Secret Life of the Kangaroo** Documentary.
2.00 **Baby Animals**
2.30 **Strange Creatures**
3.00 **World's Most Toxic Animals** Double bill.
5.00 **Animals Like Us**
6.00 **Super Shark Highway**
7.00 **NEW Isle of Wight Festival** Featuring Busted, Paul Heaton and Rianne Downey, The Script, English Teacher, Yard Act, Stereophonics and Supergrass.
1.00 AM **Sex and the City**
3.00 **Nothing to Declare**
4.00 **to 6.00** AM **The Force: Manchester**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point**
12.00 NOON **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune** Game show hosted by Graham Norton.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **7.00** *We Have Forever – Part Two:* 18/24. Jonathan is stripped of his angelic powers and forced to live as a human. **8.00** *The Correspondent:* 19/24. Jonathan helps a war correspondent sentenced to death. (S4)
9.00 **Garage Sale Mystery: The Deadly Room** Crime drama starring Lori Loughlin, Sarah Strange and Steve Bacic.
10.55 **Garage Sale Mystery: All That Glitters** Crime drama with Lori Loughlin and Sarah Strange.
12.50 AM **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 24/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.35 **The Best of the 70s**
11.50 **Made in Britain**
12.20 PM **The Professionals**
1.20 **Giant Lobster Hunters**
2.20 **FILM Police Academy 3: Back in Training** (1986) ★
4.00 **FILM Jurassic Park III** Thriller sequel. (2001, PG) ★★★
5.50 **LIVE Racing: Royal Ascot**
6.35 **Nine Dart Finishes**
6.40 **Made in Britain**

4.00 Jurassic Park III

7.10 **FILM Police Academy 4: Citizens on Patrol** Comedy sequel starring Steve Guttenberg and Bubba Smith. A bumbling police chief decides to recruit civilian volunteers and mayhem ensues. (1987, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Magnum Force** Crime thriller sequel to *Dirty Harry*, starring Clint Eastwood and David Soul. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. (1973, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.30 AM **Dark Side of the Ring** Dino Bravo's descent from wrestler to mob enforcer.
2.25 **The Protectors**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM War of the Worlds: Extinction** Sci-fi drama starring William Baldwin. (2024, PG, 84min) ★★
1.00 PM **Star Trek: Enterprise** Five episodes, including at: **4.00** 2/24. The Delphic Expanse causes havoc. **5.00** 3/24. Archer is turned into a primal life form. (S3)
6.00 **Star Trek: Voyager** 23/26. Janeway relates the tale of her pioneering ancestor. (S5)

7.00 Star Trek: Voyager

7.00 **Star Trek: Voyager** *Relativity:* 24/26. The crew of a time ship from the future enlist the help of Seven of Nine.
8.00 **Star Trek: Voyager** *Warhead:* 25/26. The crew try to block a deadly weapon and prevent mass destruction. (S5)
9.00 **Star Trek: Voyager** *Equinox – Part One:* 26/26. The crew members encounter another Federation starship.
10.00 **Star Trek: Voyager** *Equinox – Part Two:* 1/26. Seven refuses to help Ransom restore the enhanced warp drive. (S6)
11.00 **The Walking Dead** 13/16. The community is thrust into action when unexpected visitors arrive at the Hilltop. **12.00** M'T 14/16. A Heaps prisoner makes a discovery. **1.00** AM 15/16. Aaron continues searching for allies. **2.00** Double bill. (S8&9)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Elementary** 13-15/24. (S4)
1.00 PM **Inspector George Gently** *Breathe in the Air.*
3.00 **Father Brown** Four episodes of the drama, including at: **5.00** *The Dead of Night:* The priest tries to unmask a mortal being when a supposed vampire strikes in the village. Guest stars Josie Lawrence. **6.00** *The Scars of War:* Sullivan asks Father Brown for help when Mrs Devine's son Eddie is framed for murder.

11.00 CSI: Vegas

7.00 **Hudson & Rex** *K9: The Rext Generation:* 4/16. A precocious K9-in-training leads her partner to a crime scene. (S7)
8.00 **Death in Paradise** *Pirates of the Murder Scene:* 4/8. A man's body is found on a boat out at sea.
9.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)
10.00 **My Life Is Murder** *To Dye For:* 1/8. Alexa investigates when a wealthy socialite dies in suspicious circumstances. (S4)
11.00 **CSI: Vegas** 5/10. A mechanic is found murdered in a factory. **12.00** M'T 6/10. The CSI team investigate a radioactive crime scene. (S3)
1.00 AM **Father Brown**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **The Green Green Grass**
7.50 **Open All Hours**
8.30 **Still Open All Hours**
9.50 **Only Fools and Horses**
12.25 PM **Only Fools and Horses** Seven episodes, including at: **4.40** Christmas special from 2001. The brothers jet off to Monte Carlo five years after achieving their dream of becoming millionaires – only for a dodgy deal to see them heading home. **6.20** The Trotters agree to do a spot of decorating for Denzil.

9.00 Billy Connolly Does...

7.00 **Only Fools and Horses** Denzil lends Del Boy his redundancy money.. **7.40** The Trotters agree to dog-sit while Boycie and Marlene go on holiday. **8.20** An old friend returns from Australia and offers Del a share in his business empire.
9.00 **Billy Connolly Does...** Billy ponders the best approach to growing old, and discusses his health scares and Parkinson's.
10.00 **Mrs Brown's Boys** Agnes's children suspect one of them is adopted.
10.40 **Only Fools and Horses** As shown at 4.40pm.
12.15 AM **Only Fools and Horses**
2.20 **The Rebel** While minding Margaret's shop, Charles accidentally sells a valued item. **2.55** Henry faces moving to a retirement home.
3.30 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Gassed Up**
8.10 **Storage Hunters UK**
8.40 **James May: The Reassembler** A food mixer.
9.40 **Top Gear** With Aaron Paul.
10.45 **Red Bull Soapbox Race**
12.45 PM **Guy Martin's Great British Power Trip**
1.45 **Guy Martin's Wall of Death**
3.00 **Robson Green's Weekend Escapes** Double bill.
4.00 **Mortimer & Whitehouse: Gone Fishing** Triple bill.
6.00 **Border Force: America's Gatekeepers** Documentary.

7.00 Ghosts

7.00 **Ghosts** Alison and Mike camp outside while the house is being fumigated. **7.40** A prank by Julian leaves Mike with some awkward explaining to do with his new boss. **8.20** Alison attempts to help Kitty to come to terms with her past.
9.00 **The Office** Jennifer from head office arrives bearing bad news. **9.40** **Extras** Andy's career is on the up when actor Patrick Stewart puts in a good word for him.
10.20 **The Cleaner** Wicky must clean up a nasty mess in a holiday home.
11.00 **Not Going Out** Triple bill.
12.55 AM **Have I Got a Bit More News for You**
1.55 **World's Most Dangerous Roads** Phill Jupitus and Marcus Brigstocke visit Bolivia.
2.55 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
2.00 PM **A Place in the Sun** Six editions, including at: **7.00** A North Yorkshire couple hope to find a property in France.
8.00 **Location, Location, Location** Kirstie and Phil help two first-time buyers in Manchester.
9.00 **Grand Designs** A couple set out to build a revolutionary eco home in the Cotswolds.
10.00 **Open House: The Great Sex Experiment**
11.05 **Celebrity I Literally Just Told You: Football Special** Game show.
12.05 AM **FILM Team America: World Police** Spoof of Hollywood action movies. (2004, 15, 98min) ★★★★
2.00 **FILM Sheroes** Comedy adventure starring Sasha Luss and Wallis Day. (2023, 18, 91min) ★★
3.50 **to 4.50** AM **Millionaire Hoarders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S5)
1.00 PM **NCIS** Eight episodes of the drama, including at: **6.00** *Marine Down:* 9/23. The team exhume the body of a Marine. **7.00** *Left for Dead:* 10/23. A woman is buried alive. **8.00** *Eye Spy:* 11/23. A spy satellite technician witnesses a murder. (S1)
9.00 **Criminal Minds** *Surface Tension:* 11/22. The BAU investigate a mysterious hieroglyph. **10.00** *A Good Husband:* 12/22. Several male victims are found with all identifying body parts removed. (S12)
11.00 **Law & Order: Special Victims Unit** *Redemption:* 6/23. Stabler investigates a serial killer. (S3)
11.55 **Law & Order: Special Victims Unit** (S12)
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **100 Funniest Cats Caught on Camera**
10.00 **Car Pound Cops**
3.00 PM **When Holidays Go Horribly Wrong**
6.00 **Nightmare Tenants, Slum Landlords** A tenant who refuses to pay rent and makes money by subletting the house. **7.00** A single mother's tenant disappears owing her £10,000 in rent. **8.00** A letting agent who broke into his clients' house and changed the locks.
9.00 **FILM The Commuter** Thriller with Liam Neeson and Vera Farmiga. (2018, 15, 105min) ★★★
11.05 **999: Emergency Call Out** Documentary.
12.05 AM **Banged Up Abroad**
1.05 **Quantico** (S1)
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Motorway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Highway Patrol**
9.35 **Police Interceptors**
11.30 **FILM The Shepherd of the Hills** Western drama starring John Wayne. (1941, PG, 98min) ★★
1.35 PM **FILM Rooster Cogburn** Western sequel starring John Wayne and Katharine Hepburn. (1975, U, 108min) ★★★
3.45 **FILM Wyatt Earp** Epic Western biopic of the famous frontier lawman. Stars Kevin Costner. (1994, 12, 190min) ★★★
7.30 **LIVE Football: FIFA Club World Cup** Inter Inter Milan v Urawa Red Diamonds: Coverage of the Group E match at Lumen Field in Seattle, Washington. Kick-off is at 8.00.
10.30 **Police Interceptors**
1.35 AM **Fights, Camera, Action!** Double bill.
3.30 **to 4.00** AM **Highway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
1.00 PM **Tipping Point**
3.00 PM **999 Rescue Squad** Six editions, including at: **5.00** The emergency response team try to seal a chemical spill. **6.00** Emergency teams respond to a shooting outside a mosque. **7.00** The team are called to help defuse a bomb in Wakefield. **8.00** The crew deal with an acid attack on the streets of Bradford.
9.00 **Coupling** Steve and Susan go their separate ways following a row. **9.35** Jeff faces a dilemma when Wilma propositions him. **10.15** Sally tells Susan about a useful agency.
10.55 **One Born: What Happened Next?**
12.55 **to 3.00** AM **Mysteries & Scandals** New editions

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
8.15 **Bergerac**
11.20 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **2point4 Children**
7.00 **The Brokenwood Mysteries** *Playing the Lie:* 3/4. The owner of the Brokenwood Golf Club is apparently poisoned. (S1)
9.00 **Hotel Portofino** *First Impressions:* 1/6. Drama set on the Italian Riviera during the 1920s. (S1)
10.10 **Outrageous** *The Gathering Storm:* 1/6. Drama following six aristocratic sisters as they come of age during the turbulent 1930s. Stars Bessie Carter. (S1)
11.10 **Judge John Deed**
1.10 AM **The Heart Guy**
2.10 **Birds of a Feather**
2.40 **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

Saturday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector** Alex Polizzi meets the owner of the Westward Ho! in Folkestone, who has fallen out with the couple who live in and manage the hotel. **7.00** Alex tries to reverse the fortunes of Warwick Hall, Cumbria.
8.00 **Derelict Rescue** An abandoned rural barn catches the eye of a recently retired couple.
9.00 **The Repair Shop**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From London.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo take part. **5.00** With Geoff Hurst, Gaby Roslin, Rob Beckett and Hayley Tamaddon.
6.00 **The Chase** Triple bill of the quiz show.
9.00 **The Chase Celebrity Special** With Carl Froch, Mikey North, Una Healy and Alison Hammond.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.40 **The Heroes of WW2**
10.05 **Wanted: Dead or Alive**
11.05 **FILM 7th Cavalry** Western adventure. (1956, U, 77min) ★★★
12.50 PM **FILM Broken Lance** Western drama. (1954, U, 96min) ★★★★
3.00 **FILM The Quick Gun** Western adventure. (1964, PG, 87min) ★★
5.00 **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
7.10 **FILM The Secret of Convict Lake** Western. (1951, PG, 83min) ★★
9.00 **FILM Red Sun** Western. (1971, 15, 112min) ★★★
11.25 **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.25 AM **FILM Arctic** Thriller. (2018, 12, 98min) ★★
3.20 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **FILM Lost and Found** (2019, 12) ★★
11.00 **FILM The Gourmet Detective** Mystery. (2015, PG, 90min) ★★
12.55 PM **FILM The Gourmet Detective: A Healthy Place to Die** Mystery sequel. (2015, PG) ★★
2.50 **FILM Mary Higgins Clark: You Belong to Me** Mystery thriller. (2002, 15, 90min) ★★
4.55 **FILM Mary Higgins Clark: For Better and for Worse** Thriller. (1992, 12, 95min) ★★
7.05 **FILM Ape vs Monster** Fantasy. (2021, 12) ★★
9.00 **FILM General Commander** Thriller. (2019, 18, 85min) ★★
10.55 **FILM Extraction** Thriller. (2015, 15, 88min) ★
1.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Hidden Crimes** Thriller. (2009, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Crashing Through the Snow** Drama. (2021, PG) ★★
10.00 **FILM A Very Corgi Christmas** (2019, PG) ★
12.00 NOON **FILM Christmas with a Prince** Drama. (2018, PG, 90min) ★★
1.55 PM **FILM Christmas with a Prince: Becoming Royal** (2019, PG) ★★
4.05 **FILM Christmas with a Prince: The Royal Baby** Drama. (2022, U) ★★
6.05 **FILM Royal New Year's Eve** (2017, U) ★★
8.00 **FILM Christmas with a Crown** Romantic drama. (2020, PG, 89min) ★★
10.00 **FILM Love You Like Christmas** Drama. (2016, U, 88min) ★★
11.55 **FILM The Christmas Getaway** (2017, PG) ★★
2.00 AM **Highway to Heaven**
2.55 **to 5.00** AM **FILM Christmas with a Prince: Becoming Royal**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Worzel Gummidge Down Under**
7.00 **I Dream of Jeannie**
8.00 **Fantasy Island** (S1)
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S3&4)
2.00 PM **FILM Just My Luck** Madcap comedy. (1957, b/w, U, 80min) ★★★
3.40 **Roobarb**
3.45 **Auto Rewind**
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **Fantasy Island** (S1)
7.00 **In Loving Memory** 6/8. An abandoned child arrives on the doorstep. **7.30** 7/8. Guest stars Richard Wilson. (S3)
8.00 **In Loving Memory** (S4)
9.30 **Please Sir!** (S3&4)
12.00 M'T **Police Woman** (S1)
1.00 AM **Blue Thunder** (S1)
2.00 **FILM Just My Luck**
3.40 **Roobarb**
3.45 **Auto Rewind**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** The problems faced by a woman who is on the verge of losing custody of her daughter. **8.00** A woman whose hoard has broken up her marriage seeks help.
9.00 **The Bad Foot Clinic** Marion solves the mystery of the V-shaped gap in Debra's toes. **10.00** Marion and Kenny wage war on beastly bunions.
11.00 **My Deadly Face Tumour: Body Bizarre**
12.00 M'T **World's Biggest Cyst: Body Bizarre**
1.00 AM **A Tiger Ate My Face: Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Mary Berry Cooks** Double bill.
1.00 PM **James Martin's American Adventure**
3.00 **Tom Kerridge's Sunday Lunch** Eight editions.
7.00 **Tom Kerridge Secrets of the Pub Kitchen** The team prepare a special dish of rotisserie beef. **7.30** Tom and his team make a dish inspired by his childhood.
8.00 **Secrets of the Curry Kitchen** Chef Asma Khan makes indulgent chilli cheese toasties.
8.30 **Nadiya's Simple Spices** Nadiya Hussain prepares a chicken curry.
9.00 **Diners, Drive-Ins and Dives** Six editions.
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Monster Island** Sci-fi thriller. (2019, PG, 90min) ★★
9.00 **Knight Rider** (S2)
2.00 PM **FILM The Vengeance of She** Fantasy adventure. (1967, PG, 101min) ★
4.00 **FILM Airport 1975** Disaster movie. (1974, PG, 106min) ★★★
6.05 **FILM The Blood Beast Terror** Period chiller. (1967, 12, 88min) ★
8.00 **The Twilight Zone** (S3)
9.00 **FILM Alien Nation** Sci-fi thriller with James Caan and Mandy Patinkin. (1988, 18, 94min) ★★★
11.00 **FILM Maximum Overdrive** Horror starring Emilio Estevez. (1986, 18, 97min) ★★★
12.55 AM **FILM Mindscape** Fantasy thriller. (2013, 15, 97min) ★★★
2.55 **to 5.00** AM **FILM Any Bullet Will Do** Western. (2018, 15, 110min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Super Cyclone** Disaster movie. (2012, 12, 90min) ★
8.00 **FILM Ape vs Monster** Fantasy. (2021, 12) ★★
10.00 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
12.00 NOON **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
2.00 PM **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
4.00 **The Lost World** (S2)
9.00 **FILM Patriots Day** Fact-based drama with Mark Wahlberg. (2016, 15, 133min) ★★★★
11.35 **FILM Precious Cargo** Thriller with Bruce Willis. (2016, 15, 87min) ★★
1.25 **to 3.00** AM **FILM Deadsight** Horror thriller. (2018, 15, 81min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Storm Stories**
12.00 NOON **The Proof Is Out There** Triple bill.
2.00 PM **Egypt's Unexplained Files**
4.00 **Ancient Aliens**
7.00 **Ancient Aliens** Meteor impacts on Earth.
8.00 **Alien Corridors** The Falkirk Triangle, which has plentiful numbers of reports of abduction.
9.00 **History's Greatest Mysteries** The crimes of John Wilkes Booth.
11.00 **Strange Evidence** A man seemingly able to transform into a beast on a remote Native American reservation. **12.00** M'T A huge plane is witnessed landing on the Sea of Azov.
1.00 AM **My Strange Arrest**
2.00 **Claw Hunters**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **The Castle of Mey: The Queen Mother's Hideaway** Documentary.
10.00 **The Queen's Horses: Inside the Royal Stables**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **The City Under the Sea: Drain the Oceans**
6.00 **Sunken Treasures Revealed: Drain the Oceans** Documentary.
7.00 **The Lost Scrolls of Pompeii: New Revelation** Deciphering ancient scrolls found at the site of Herculaneum.
8.00 **Michael Palin in Nigeria** The actor visits Makoko.
9.00 **Wonders of the Moon with Dara O Briain**
11.00 **Tomb Hunters: Amazing Discoveries**
12.00 M'T **The Madame Blanc Mysteries** 4-6/6. (S4)
3.10 **to 4.00** AM **The Madame Blanc Mysteries Christmas Special** From 2024.

HGTV

158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** Searching for a home in rural Somerset.
8.00 **Your Garden Made Perfect** Experts help a couple passionate about the great outdoors. **9.00** Designers Oliver Bond and Steve Williams help two Wokingham residents.
10.00 **Escape to the Country** A couple search for a home in Wiltshire with a budget of £600,000. **11.00** A couple search for a property on the Isle of Wight. **12.00** M'T Jules Hudson helps a couple find a home in Hertfordshire.
1.00 AM **Castle Impossible**
2.00 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Melissa has covered her huge lipoma with a sweatshirt for years. **9.00** Ronen has a huge lump above his knee. **10.00** Shane wants a back lump removed. **11.00** Angelina's chest lump affects her love life.
12.00 M'T **Body Parts**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 5.55pm.
9.00 **Friends** (S3&4)
4.55 PM **Bradley & Barney Walsh: Breaking Dad**
5.55 **Michael McIntyre's Big Show** With Westlife.
6.55 **FILM Brewster's Millions** Comedy with Richard Pryor. (1985, PG, 97min) ★★★
9.00 **FILM The Other Guys** Farcical crime comedy starring Will Ferrell and Mark Wahlberg. (2010, 12, 103min) ★★★★
11.10 **FILM Van Wilder: Party Liaison** Comedy starring Ryan Reynolds. (2001, 15, 93min) ★
12.55 AM **Whose Line Is It Anyway? USA**
1.55 **Reno 911!** 9/11. (S8)
2.25 **South Park** (S6)
3.20 **The Ricky Gervais Show**
4.10 **Modern Horror Stories**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 6/24. Chandler gets on intimate terms with Joey's girlfriend. **7.30** 7/24. Chandler tries to prevent Joey from discovering the truth. **8.00** 8/24. Monica visits Richard's son. **8.30** 9/24. Rachel is offered a promotion. **9.00** 10/24. Phoebe writes a seasonal song for her friends. **9.30** 11/24. Phoebe's half-brother makes an announcement. (S4)
10.00 **Friends** 12-19/24. (S4)
2.00 AM **Impractical Jokers**
3.00 **The Roast of Pamela Anderson**
4.00 **Dara O Briain: Voice of Reason** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Six editions.
3.00 PM **The Cleaning Lady**
7.00 **The Real A&E**
9.00 **Stella** 1/10. First episode of the comedy drama with Ruth Jones. Single mum Stella tries on her 16-year-old daughter's clothes and make-up in an attempt to make herself more glamorous. **10.00** 2/10. The single mum struggles to come to terms with her Emma's relationship. **11.00** 3/10. The people of Pontyberry attend the funeral of a local rugby legend. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant**
6.40 **Teen Mom: Catch Up Special** Reality series.
8.00 **Teen Mom: From the Beginning**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Wannabees**
4.00 **Catfish: The TV Show**
7.00 **Catfish: Firsts** CJ and Shana have had an eight-year relationship – but have never met.
8.00 **Catfish: The TV Show** Nev and co-host Jane Carrey help a man with a tough choice to make.
9.00 **Ghosted: Love Gone Missing** Rachel and Travis help Kayla hunt down who she thought was the man of her dreams.
10.00 **Ink Master Redemption**
1.00 AM **Ink Master**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Crikey! It's the Irwins**
7.00 **Crikey! It's Shark Week**
8.00 **Air Jaws: Going For Gold**
9.00 **Great White Open Ocean**
10.00 **Super Factories: Food Edition**
11.00 **Inside the Heist**
12.00 NOON **One Giant Leap: A Neil Armstrong Tribute**
1.00 PM **Stem Cell Universe with Stephen Hawking**
2.00 **Space Launch: Splashdown**
4.00 **Above and Beyond: NASA's Journey to Tomorrow**
5.30 **To Live or Die on Everest**
6.30 **Everest's Greatest Mystery**

11.00 In the Eye of the Storm

Everest's Greatest Mystery (started at 6.30pm)

8.30 Discovery Changed My Life Individuals reveal how shows they watched transformed their lives.

9.00 Naked and Afraid: Last One Standing Laura finds a shocking animal nest, camps race to build spring snare traps, Patrick and Jermaine clash over hunting tactics, and a competitor goes home.

11.00 In the Eye of the Storm In Mississippi, a monster EF-4 strikes Rolling Fork. **12.00** M'T A rare derecho superstorm blasts through the Midwest in 2020.
1.00 AM **In the Eye of the Storm**
4.00 **to 5.00** AM **Ed Stafford: Man Woman Child Wild**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Sharkwrecked: Crash Landing**
3.00 **Sharktacular 2016**
4.00 **My Cat from Hell**
5.00 **Lone Star Law** A suspected poacher is confronted for hunting ducks and geese.
6.00 **Tanked** Brett and Wayde make a boxing glove-shaped tank for a boxing gym.

8.00 Dr Jeff: Rocky Mountain...

7.00 How Do Animals Do That? The science behind amazing animal facts. **7.30** How cats always land on their feet.

8.00 Dr Jeff: Rocky Mountain Vet Dr Amy faces a fresh challenge when an overweight cat, Chubbs, needs facial surgery.

9.00 Dr Jeff: Rocky Mountain Vet A homeless man's five-month-old puppy suffers a broken paw.

10.00 Insane Pools: Off the Deep End Lucas is in Utah to build a dream backyard on the side of a mountain.

11.00 Insane Pools: Off the Deep End Lucas creates a pool for golfer JB Holmes and his wife. **12.00** M'T Lucas creates a Mediterranean backyard resort with a Caribbean twist.
1.00 AM **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
11.00 **Amsterdam Central 24/7**
12.00 NOON **Air Crash Investigation**
3.00 PM **Drain the Oceans: Deep Dive** New edition Focusing on frozen frontiers.
4.00 **Apocalypse: Hitler Takes on the East** A look back at the German invasion of the USSR during World War Two. **5.00** In October 1941, Hitler believes his triumph over the USSR is imminent.
6.00 **Seconds from Disaster** The 1941 sinking of the *Bismarck*.

10.00 Sally

7.00 Car S.O.S Fuzz Townshend and Tim Shaw head to Kent to rescue a 1973 Dennis fire engine belonging to a firefighter.

8.00 Car S.O.S Fuzz and Tim work on a 2000 Ford Mondeo, owned by a widowed father who is unable to work on the car.

9.00 Car S.O.S Fuzz and Tim fix up an Italian car enthusiast's World Rally-winning pride and joy.

10.00 NEW Sally The life of Sally Ride, America's first female astronaut, with contributions from her secret long-term partner, tennis player Tam O'Shaughnessy.
12.00 M'T **Destruction Decoded**
2.00 AM **To Catch a Smuggler: Tropical Takedown** HSI arrest 37 gang members.
2.55 **Food Factory** Double bill.
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Rust Valley Restorers**
8.00 **Secrets Declassified with David Duchovny**
9.00 **The Curse of Oak Island**
10.00 **Lost Gold of the Aztecs**
2.00 PM **Pawn Stars** Six editions of the series, including at: **4.30** A signed *Star Trek* picture.
5.00 **Discovered by Disaster** Unexpected things revealed by catastrophic disasters.
6.00 **UFOs: The Lost Evidence** A look at evidence of potential UFO inhabitation on Earth.

9.00 Prison Chronicles

7.00 World's Greatest Treasure Mysteries A hunt for emeralds from the legendary *Atocha* shipwreck.

8.00 World's Greatest Treasure Mysteries A hunt for treasure hidden by French pirate Captain Louis-Michel Aury.

9.00 Prison Chronicles A look at Devil's Island in French Guiana. **9.30** American Civil War prison Andersonville.

10.00 Prison Chronicles A look at the unique history of the Tower of London. **10.30** Exploring the Soviet Gulag system.

11.00 History's Greatest Mysteries Sightings of a creature of myth and legend – the Yeti.
12.00 M'T **Hunting History with Steven Rinella** Investigating the disappearance of 17th-century ship *Le Griffon*, a ship swallowed by the Great Lakes in the 17th century.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
10.00 **Canal Boat Diaries**
1.00 PM **The Thin Blue Line**
3.35 **'Allo 'Allo!** Rene tries to dispose of the microfilm. **4.05** Alfonse is whisked to hospital with heart trouble. **4.40** Helga tells Von Strohm the stolen money was forged.
5.15 **Porridge** Fletcher yearns for some peace and quiet. **5.55** Blanco entrusts the whereabouts of his stashed fortune to Fletch. **6.30** Godber enters the prison boxing championships.

7.10 Bangers & Cash...

7.10 Bangers & Cash: Restoring Classics The team opt to buy one of the most affordable sports cars on the road – the Mazda MX-5.

8.10 Bangers & Cash A rare Honda S800 sports car from 1967 takes Derek's fancy, and a couple of different Ford Capris go head to head at auction. **9.10** The Mathewsons sell a 1958 Bedford D122, and they also meet a collector who may be willing to finally part with his 220-car collection. **10.10** An MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.

11.10 Bangers & Cash Dave's son Jack heads to Cheshire to collect two cars with a 35-year age difference. **12.10** AM Derek picks up a Morris 8 tourer, a Mini Van and a 1940s Morris LC3 truck.
1.10 **to 3.00** AM **Canal Boat Diaries**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Tony Robinson's Wild West** Double bill.
8.00 **Wheeler Dealers World Tour** In France.
9.00 **Wheeler Dealers**
1.00 PM **Wheeler Dealers World Tour** Double bill.
3.00 **MotoGP** Recent action.
4.00 **Shed and Buried**
7.00 **Find It, Fix It, Flog It** Henry and Simon restore a Morris Minor. **8.00** Henry and Simon meet a blacksmith in Cockermouth.
9.00 **Massive Engineering Mistakes** New editions The devastating effects of engineering disasters.
11.00 **Aussie Gold Hunters** The Desert Diggers battle to get their dry blower running.
12.00 M'T **Aussie Gold Hunters**
1.00 AM **Outback Crystal Hunters** Double bill.
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Perfect Murder**
7.00 **The Perfect Murder** The body of 24-year-old Thien Minh Ly is found on a tennis court. **8.00** The fatal shooting of Jarrod Davidson.
9.00 **NEW SERIES American Detective with Lt Joe Kenda** A homicide detective who put everything on the line.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** When the family of Shalisa O'Dell find her beaten to death, police look at her boyfriend and her ex as suspects. **8.00** Pregnant mother Megan Price is found dead in her home.
9.00 **Millionaire Murders** A woman is found dead in her family pool. **10.00** A man heads out onto the lake and never returns.
11.00 **48 Hours** Dr Eric Scott Sills finds his wife unresponsive at the bottom of the stairs. **12.00** M'T Focusing on the trial of OJ Simpson. **1.00** AM The deaths of a woman's two husbands.
2.00 **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** A man is accused of shooting his wife. **2.30** A family are found dead after a house fire. **3.00** A couple's murder leads to detectives exploring the a white supremacist group. **3.30** A dog helps to solve a murder case. **4.00** Police use a DNA database to catch the killer of a TV producer. **4.30** A woman is thought to have accidentally shot herself in the head.
5.00 **Evidence of Evil** Investigating the death of Jchandra Brown.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Donal MacIntyre's Murder Files**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the...**
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **Britain's Most Evil Killers** Raoul Moat.
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Polk: The Trial of Philip Polkinghorne** 1&2/3. Documentary.
12.00 M'T **Killer in My Village**
1.00 AM **Killer Siblings**
2.00 **Murdered at First Sight**
3.00 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Victorian Britain...**
10.05 **The Bush Years...**
1.00 PM **Victorian Britain...**
2.35 **Edwardian Britain in Colour** Double bill.
4.35 **Thirties in Colour: Countdown to War**
7.35 **Victorian Britain on Film** A look at some of the first footage ever captured with the invention of the motion picture camera.
9.05 **The Bush Years: Family, Duty, Power** An exploration of the US presidential family's internal dynamics. **10.00** How George HW Bush was betrayed by Richard Nixon. **11.00** How George HW Bush rose to vice president under Reagan.
12.00 M'T **to 2.00** AM **Victorian Britain on Film** As 7.35pm.

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Yul Brynner**
7.00 **Discovering: Rex Harrison**
8.00 **The Directors**
10.00 **A Choice of Weapons: Inspired By Gordon Parks**
11.50 **What's My Name: Muhammad Ali**
3.00 PM **Bobby Robson: More Than a Manager**
5.00 **I Am Paul Walker**
6.50 **My Icon: Shaun Gayle**
7.00 **Spitfire** The story of British single-seat fighter plane the Supermarine Spitfire.
9.00 **100 Foot Wave** New edition 4/5. When he is not invited to participate in the prestigious Eddie Aikau Big Wave Invitational, Garrett McNamara reflects on his life and surfing.
10.05 **The Truth vs Alex Jones** The defamation lawsuits brought by Sandy Hook parents against Alex Jones and his website InfoWars.
12.20 AM **An American Bombing: The Road to April 19th**
2.20 **Lennox: The Untold Story**
4.10 **to 6.00** AM **Life According to Sam**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Wild Dogs: Pack Vs Pride**
7.00 **Great Lakes Wild**
8.00 **A Cheetah's Pride**
11.00 **Africa's Hidden Kingdoms**
2.00 PM **Bugs That Ruled the World**
3.00 **Alaskan Summer**
4.00 **Baboons: Rules of the Troop**
5.00 **Micro Monsters with David Attenborough** Double bill.
6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Exploring the evolution of vertebrates.
7.00 How mammals came to dominate the natural world.
8.00 **Africa's Hunters** A buffalo herd move into a lion pride's territory in search of water – but may end up as prey to the hungry big cats, who bide their time waiting to strike.
9.00 **Surviving the Amazon**
10.00 **Wild Workers**
12.00 M'T **Africa's Hunters**
1.00 AM **Surviving the Amazon**
2.00 AM **Monkeys and More: Our Closest Relatives**
3.00 **to 6.00** AM **Malawi Wildlife Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Combat Ships**
11.00 **Hell on Earth: WWII**
1.00 PM **Battle 360**
3.00 **WWII's Most Daring Raids**
5.00 **Alien Files: Unsealed**
6.00 **Ghost Ships** Efforts to locate wreckage of the SS *Mont Blanc* and the SS *Imo*.
7.00 **Mysteries of the Ancient Dead** An investigation into the secrets of ancient civilisations.
8.00 **Strangest Things** Carvings that could shed light on the mysteries of Stonehenge, and a plate with Nazi connections.
9.00 **Deep Water Salvage** Northstar Marine sets out to salvage a tug sunk in the Delaware Bay.
10.00 **U-Boat Wargamers** The role the Wrens played in preventing merchant ships being sunk.
11.05 **Britain in Colour** Rare archive footage and home movies featuring Winston Churchill.
12.05 AM **Ancient Aliens**
3.00 **Royal Autopsy**
4.00 **Ross Kemp: Mafia and Britain**
5.00 **to 6.00** AM **Viking Dead**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Four editions.
10.45 **Fugitives Caught on Tape**
11.45 **Hometown Tragedy**
1.05 PM **Exhumed: Killer Revealed**
3.00 **Spring Break Murders**
4.00 **Murder at the Motel**
5.00 **Accident, Suicide or Murder?** Triple bill, including at:
7.00 A man discovers his wife face down in the bathtub.
8.00 **Accused: Did I Do It?** A man is killed after a collision with a young mother driving home.
9.00 **A Perfect Scam** After losing her husband, a woman was lured into drug smuggling.
10.00 **Interview with a Killer** The longest serving inmate of the Indiana Women's Prison.
11.00 **Missing Presumed Dead**
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Murder at the Motel**
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Vietnam**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Wild Yellowstone** Profiling the national park's diverse range of wildlife, beginning with the animals that brave Yellowstone's brutal winters.
8.00 **Secrets of the Zoo** Keepers try to figure out why a Bactrian camel has been gaining weight.
9.00 The vets solve a medical mystery to save a mandrill and discover why an anaconda has not eaten in months.
10.00 **Wild Alaska** Exploring how animals survive in the harsh conditions of Alaska.
11.00 **Snakes in the City** Snake catchers search for a potentially venomous snake.
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** The possibility of life on Mars.
7.00 NASA's top six most destructive stars.
8.00 Scientists investigate whether there might be warm liquid water on Pluto.
9.00 **Did the Mob Kill JFK?** Evidence suggesting the Mafia ordered the assassination of John F Kennedy in 1963.
10.00 **Steven Avery: Innocent or Guilty?** An investigation into the controversial case featured in Netflix documentary *Making a Murderer*, looking at the man who was convicted in 2007 and sentenced to life imprisonment.
11.00 **Nostradamus: The Truth** A fresh look at the accuracy of Nostradamus' predictions.
12.00 M'T **Storm Chasers**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.30 **TOTP: Christmas 1998**
12.10 PM **Top of the Pops**
4.35 PM **TOTP: Christmas 1998**
5.15 **Top of the Pops** Featuring Honeyz, Blockster, and Bryan Adams and Melanie C.
5.50 With The All-Seeing I featuring Tony Christie.
6.30 With Terrorvision, Steps, Gay Dad and The Offspring.
7.05 Music from Steps, Ruff Driverz, Vengaboys and Sash!
7.35 Classic chart-toppers.
8.15 With Jay-Z, Manic Street Preachers, LeAnn Rimes, Bryan Adams and Melanie C.
8.55 With The Beautiful South, the Spice Girls and Honeyz.
9.30 **TOTP: Christmas 1998** Festive edition from 1998, featuring performances by Stardust and Robbie Williams.
10.10 **Top of the Pops**
2.30 AM **TOTP: Christmas 1998**
3.05 **Top of the Pops**
4.05 **The Bill** Triple bill.
5.20 **to 6.00** AM **Top of the Pops**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed** Double bill.
10.00 **Love the Way You Lie**
12.00 NOON **Who the (Bleep) Did I Marry?** Four editions.
2.00 PM **Extreme Measures**
4.00 **Crimes Gone Viral** Four editions of the series, including at:
5.00 A car with children inside heads straight into the ocean.
5.30 A woman inexplicably fires a gun into a house.
6.00 **American Monster** The murder of Mike Snyder.
7.00 The murder of US Air Force sergeant Nathan Paet.
8.00 **People Magazine Investigates** A case in which two members of a family were murdered.
9.00 **Evil Lives Here** Roger worries for his friend Bob's wife and son.
10.00 **Faking It: Tears of a Crime** Emile Cilliers attempted to murder his wife, Victoria.
11.00 **Gary Glitter: A Faking It Special** True-crime series.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Caught in the Net**
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Goblin Works Garage**
12.00 NOON **World's Greatest Motorcycle Rides**
5.00 PM **Kindig Customs**
8.00 **Mega Shippers** Mark McGrane moves a £14million superyacht to its winter home in Florida.
9.00 The 400-metre *Mathilde* docks in Southampton.
10.00 Storm Abigail prevents a vital supply shipment to the Shetland Islands.
11.00 **Motor Pickers** A buyer wants an electric car that's fun to drive and has space for his family.
11.30 A client is willing to spend £85,000 on a fast, loud and pretty performance sports car.
12.00 M'T A 25-year-old man looks for a hot hatchback on a monthly budget of £600.
12.30 AM A man seeks a family friendly motor with a big boot.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Home Delivery** Comedy. (2023, 15, 86min)
8.25 PREMIERE **Piece by Piece**
10.05 **The Luckiest Man in America**
11.50 **Joker: Folie à Deux** (2024)
2.15 PM **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
4.20 PREMIERE **Piece by Piece** Animation featuring Pharrell Williams. (2024, PG, 94min).
6.00 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★

4.20 Piece By Piece

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia attempt to get the marriage annulled. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
2.40 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
4.20 **to 6.20** AM **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

6.45 AM **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
8.30 **Amazing Maurice** Animation. (2022, PG, 93min) ★★★★
10.20 **The Cinema List: Sky Originals**
10.40 **Breaking Point** (2023) ★★★
12.30 PM **Final Score** Action drama. (2018, 15, 104min) ★★★
2.25 **Absolution** (2024, 15) ★★★
4.20 **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
6.15 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★

6.15 Fight or Flight

8.00 The Beekeeper Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala in Canary Wharf and take 300 hostages. With Clive Owen. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Bonus Track** Comedy starring Joe Anders and Samuel Small. (2023, 12, 98min) ★★★
1.35 AM **Black Site** Action thriller. (2022, 15, 93min) ★★
3.10 **Absolution** As 2.25pm.
5.05 **to 7.00** AM **Save the Cinema** Fact-based comedy drama. (2021, 12, 109min) ★★★

Sky Cinema Drama

310 310 410 510 524

8.20 AM **Manodrome** As 12.15am.
10.05 **When Tomorrow Comes**
11.50 **Charlie Wilson's War** Comedy. (2007, 15, 97min) ★★★★
1.40 PM **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
3.50 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
6.05 **One Life** Fact-based drama starring Anthony Hopkins. (2023, 12, 105min) ★★★★

8.00 **Ghost** Romantic fantasy starring Patrick Swayze and Demi Moore. A New York banker killed by a mugger returns as a ghost to warn his jeopardised lover. With Whoopi Goldberg. (1990, 12, 127min) ★★★★
10.15 **Tommy** Ken Russell's screen version of The Who's famous rock opera, starring Roger Daltrey, Ann-Margret and Elton John. (1975, 15, 111min) ★★★★
12.15 AM **Manodrome** Mystery. (2023, 15, 96min) ★★★

2.00 **When Tomorrow Comes** Drama starring Charles Boyer. (1939, U, 100min) ★★★★
3.40 **Holiday Inn** Musical comedy. (1942, b/w, U, 101min) ★★★★
5.30 **to 7.10** AM **Widow Clicquot** Drama starring Haley Bennett. (2023, 15, 90min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **Concrete Utopia** Drama. (2023, 15, 130min) ★★★★
8.20 **The Island** As 2.55am.
10.40 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.15 PM **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
1.55 **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
4.00 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★

6.05 **Interstellar** Sci-fi drama starring Matthew McConaughey. (2014, 12, 166min) ★★★★
9.00 **28 Days Later** Horror thriller starring Cillian Murphy and Naomie Harris. A small group of people struggle to survive when a deadly virus devastates the UK, trapping its victims in a permanent state of murderous rage. (2002, 18, 113min) ★★★★
11.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★

1.00 AM **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
2.55 **The Island** Sci-fi action thriller. (2005, 12, 136min) ★★★
5.15 **to 6.50** AM **Aeon Flux** Sci-fi action thriller starring Charlize Theron. (2005, 15, 93min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Reuniting the Rubins** Comedy. (2010, PG, 98min) ★
8.20 **Big Fat Liar** As 4.10am.
9.55 **Soaring to Life: The Making of How to Train Your Dragon**
10.25 **Hook** Fantasy. (1991, U) ★★★
12.50 PM **Jumanji** Adventure. (1995, PG, 104min) ★★★★
2.35 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
4.00 **Stardust** (2007, PG) ★★★★
6.15 **The Flintstones** Comedy. (1994, U, 93min) ★★★

9.25 Jack the Giant Slayer

Sky Cinema Action

307 307 407 507 521

7.45 AM **Zu: Warriors from the Magic Mountain** As 12.35am.
9.30 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
11.10 **The Fast and the Furious: Tokyo Drift** Motor racing thriller. (2006, 12, 104min) ★★
1.00 PM **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
3.05 **Terminator Salvation** Thriller sequel. (2009, 12) ★★★
5.05 **The Patriot** Period drama. (2000, 15, 167min) ★★★

10.20 Pain & Gain

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★★
8.50 **Ride Along** As 9.40pm.
10.35 **Ride Along 2** As 11.25pm.
12.25 PM **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
2.25 **The Boss** Comedy with Kristen Bell. (2015, 15, 89min) ★★★
4.10 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
6.05 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★

6.05 Coming 2 America

Sky Cinema Thriller

309 309 409 509 523

7.50 AM **Into the Deep** Thriller. (2022, 15, 90min) ★★★
9.25 **The Cinema List: Thrillers**
9.40 **Serenity** As 6.00pm.
11.30 **Marnie** Hitchcock thriller. (1964, 15, 130min) ★★★★
1.50 PM **The Last Stop in Yuma County** As shown at 12.00m't.
3.30 **Public Enemies** Gangster biopic starring Johnny Depp. (2009, 15, 140min) ★★★★
6.00 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★

10.05 Wanted

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
1.15 PM **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
3.20 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
5.00 **Secret Headquarters** Family comedy adventure. (2022, PG, 104min) ★★★
7.00 **The Greatest Showman** Musical. (2017, PG) ★★★★

7.00 The Greatest Showman

7.50 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Jack the Giant Slayer** Fantasy starring Nicholas Hoult and Eleanor Tomlinson. A plucky young farmboy scales a giant beanstalk to rescue a stranded princess – and encounters a race of sky-dwelling giants. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
12.55 AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
2.35 **Daddy Day Camp** Comedy sequel. (2007, PG, 88min) ★★
4.10 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
5.45 **to 7.30** AM **Look Who's Talking Now** Comedy sequel. (1993, 12, 95min) ★

8.00 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. With Jason Statham and Dwayne Johnson. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Pain & Gain** Dark crime comedy based on a true story, starring Mark Wahlberg, Dwayne Johnson and Anthony Mackie. (2013, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Zu: Warriors from the Magic Mountain** Hong Kong action fantasy. Subtitled. (1982, PG, 95min) ★★★★
2.20 **Monkey Man** Action thriller. (2024, 18, 121 min) ★★★★
4.30 **to 6.20** AM **Jackie Chan's Police Story** Hong Kong martial arts comedy. Subtitled. (1985, 15, 98min) ★★★★

8.00 **Pitch Perfect 3** Comedy sequel with Anna Kendrick and Rebel Wilson. After their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Ride Along** Comedy starring Ice Cube and Kevin Hart. A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with a wanted criminal. (2014, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Ride Along 2** Comedy sequel starring Ice Cube and Kevin Hart. (2016, 12, 102min) ★★
1.10 AM **Snack Shack** Comedy, starring Conor Sherry, Gabriel LaBelle and Mika Abdalla. (2023, 15, 107min) ★★★
3.05 **Zombie Town** Horror comedy starring Dan Aykroyd. (2023, 12, 92min) ★★
4.40 **to 6.35** AM **Click** As 4.10pm.

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Wanted** Action thriller starring James McAvoy. A timid office worker discovers that his destiny is linked to a fraternity of super-assassins. (2008, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
1.40 AM **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
3.15 **Against All Odds** Thriller. (1984, 18, 116min) ★★
5.25 **to 7.45** AM **Chinatown** Roman Polanski's thriller. (1974, 15, 131 min) ★★★★★

The Greatest Showman (film started at 7.00pm) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Déjà Vu** Sci-fi thriller starring Denzel Washington. A federal agent investigating the bombing of a New Orleans ferry encounters a hi-tech window into the past. With Val Kilmer and Paula Patton. (2006, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Shallow Grave** Director Danny Boyle's black comedy thriller starring Kerry Fox, Christopher Eccleston, Ewan McGregor and Ken Stott. (1994, 18, 92min) ★★★★
1.15 **to 3.25** AM **Trance** Danny Boyle's psychological thriller starring James McAvoy, Rosario Dawson and Vincent Cassel. (2013, 15, 101 min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **The Holdovers** As 5.05am.
8.15 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
9.55 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
11.35 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
1.30 PM **Wonder Woman** Fantasy. (2017, 12, 121 min) ★★★★
3.55 **Spider-Man** Fantasy adventure. (2002, 12, 121 min) ★★★★
6.00 **Back to the Future** Comedy fantasy starring Michael J Fox. (1985, PG, 115min) ★★★★★
8.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
10.05 **Raiders of the Lost Ark** Adventure with Harrison Ford. (1981, PG, 115min) ★★★★★
12.05 AM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
2.55 **Frost/Nixon** Ron Howard's drama based on Peter Morgan's play, starring Michael Sheen. (2008, 15, 122min) ★★★★
5.05 **to 7.25** AM **The Holdovers** Comedy drama starring Paul Giamatti and Dominic Sessa. (2023, 15, 133min) ★★★★★

Sky Cinema Greats

304 304 404 504 518

7.00 AM **Jackie Chan's Armour of God** Hong Kong thriller. Dubbed. (1986, 15, 95min) ★★★
8.40 **Superman** Fantasy adventure. (1978, PG, 143min) ★★★★
11.05 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
1.15 PM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
3.20 **Last Action Hero** Action fantasy. (1993, 15, 130min) ★★★
5.35 **Robin Hood: Prince of Thieves** Epic adventure starring Kevin Costner. (1991, PG, 138min) ★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. (1989, PG, 127min) ★★★★★
12.10 AM **Robin Hood: Prince of...**
2.40 **Bruce Lee's Big Boss** Hong Kong martial arts action thriller. Dubbed. (1971, 18, 94min) ★★
4.30 **Sky Cinema Preview**
5.05 **to 6.50** AM **Royal Warriors** Hong Kong thriller. Subtitled. (1986, 18, 96min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.10 AM **Extinct** Animated adventure. (2021, U, 84min) ★★★
8.45 **The Lego Ninjago Movie** Animation. (2017, U, 101 min) ★★
10.35 **Trolls** Animated musical. (2016, U, 92min) ★★★
12.15 PM **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
2.10 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
4.00 **Antz** Animated comedy. (1998, PG, 83min) ★★★
5.30 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
7.15 **Penguins of Madagascar** Animated comedy spin-off. (2014, U, 88min) ★★★★
8.55 **Monster House** Animation. (2006, PG, 91 min) ★★★★
10.30 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
12.10 AM **Megamind vs the Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★
1.40 **Teen Titans Go! to the Movies** Animated family adventure. (2018, PG, 84min) ★★★
3.10 **Curious George** Animation. (2006, U, 87min) ★★★★
4.45 **to 6.15** AM **Little Vampire** Animated family horror. (2020, PG, 85min) ★★★

Movies 24

312 313 419

7.00 AM **A Nashville Legacy** Comedy. (2023, PG, 85min) ★★
9.00 **Fashionably in Love** Romantic comedy. (2023, PG, 87min) ★★
11.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
1.00 PM **Falling in Love in Niagara** Drama. (2024, PG, 84min) ★★
3.00 **Planning for Joy** Romantic comedy starring Chelsey Reist. (2022, PG, 86min) ★★
5.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Lease on Love** Romantic comedy starring Rebecca Liddiard and Dan Jeannotte. A marketing manager agrees to pose as a business contact's wife. (2022, PG, 86min) ★★
9.00 **A Priceless Love** Drama with Erin Agostino. A shopkeeper is approached by a broker determined to buy a teapot, which she plans to return to the owner. (2022, PG, 85min) ★★
11.00 **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★
1.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Love Hacks** Drama. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life** Documentary.
6.10 **The Son of Monte Cristo** Adventure. (1940, b/w, U) ★★
8.10 **Joey Leads The Way**
8.25 **Space Patrol** 17/39. (S1)
9.00 **Batman** 22/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 9/26. (S1)
10.30 **The Last Load** Family drama. (1948, b/w, PG, 57min) ★★
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Lost Continent** Adventure. (1951, U, 83min) ★★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Captain Scarlet and the Mysterons** 24/32. (S1)
3.00 **Captain Kidd** (1945, PG) ★★
4.50 **Look at Life** Documentary.
5.00 **The Ship That Died of Shame** Drama. (1955, PG, 91 min) ★★
7.00 **Maigret** 1/13. (S1)
8.00 **A Family at War** 5/19. (S2)
9.05 **The Key** World War Two drama. (1958, b/w, 12, 134min) ★★★
11.40 **The Magic Sword** Adventure. (1962, PG, 80min) ★★
1.15 AM **Planespotting** Drama.
3.10 **Cabin Boy** Crazy comedy. (1994, 12, 77min) ★★
4.50 **Stage 7** 23/25. (S1)
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News** A review of today's main stories from the world of sport, featuring analysis, comment and interviews.
10.15 **LIVE Test Cricket England v India.** Coverage of day two of the first Test in the five-match series, held at Headingley. England have won the last five Tests at this venue, including a victory by an innings and 76 runs over India in 2021, when Ollie Robinson took the player of the match award after taking seven wickets. *See feature, page 28.*
7.00 PM **LIVE Women's PGA Championship** Coverage of day three of the Major championship staged at Fields Ranch in Frisco, Texas. Despite carding just a one-under-par round 71 in the third round at Sahalee Country Club in Sammamish, Washington last year, South Korea's Amy Yang took the outright lead heading into the final round on an overall score of seven under.
11.30 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **SNF** Recent action.
4.00 PM **Premier League Highlights** Brentford v Crystal Palace.
4.30 Highlights from Brentford v Tottenham Hotspur.
5.00 Action from Brighton & Hove Albion v Crystal Palace.
5.30 Highlights from Brighton & Hove Albion v Newcastle United.
6.00 Action from Brighton & Hove Albion v Nottingham Forest.
6.30 Chelsea v Aston Villa.
7.00 **Paul McGrath: PFA Winner**
7.15 **My Origin Story: Unai Emery**
7.30 **Paul McGrath: PFA Winner**
7.45 **My Origin Story: Unai Emery**
8.00 **My Origin Story: Matthijs De Ligt** The defender's rise.
8.15 **Sticker Book** Alexander Isak.
8.30 **Transfer 360**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester United from 2010.
12.00 NOON **EFL** The 17/18 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2020 final.
6.00 **EFL** Derby County v Queens Park Rangers in the 2013/14 Championship play-off final.
7.00 Rotherham United v Leyton Orient in the 2013/14 League One play-off final at Wembley.
8.00 Burton Albion v Fleetwood Town in the 2013/14 League Two play-off final at Wembley.
9.00 **EFL Greatest Games** Bradford City v Swindon Town in 2013/14.
9.15 Bradford City v Arsenal.
9.30 Derby County v Hull City.
9.45 Sheffield Wednesday v Sheffield United from 2017/18.
10.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
12.00 M'T **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final.
2.00 AM **Best Moments from the League 1 & 2 Play-Off Final**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Best of England v India**
7.50 **Ashes Greats** Adam Gilchrist.
8.00 **Test Cricket** England v India.
9.00 **Best of England v India**
9.50 **Ashes Greats** Adam Gilchrist.
10.00 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** Coverage of day two of the first Test in the five-match series, held at Headingley. England have won the last five Tests at this venue, including a win by an innings and 76 runs over India in 2021. *See feature, page 28.*
7.00 PM **Made in Yorkshire: Joe Root**
7.30 **Ashes Greats** Player profiles.
8.00 **Test Cricket** England v India.
9.00 **One-Day International Cricket**
10.00 **Women's One-Day International Cricket**
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **Test Cricket** England v India.
1.00 AM **ODI Cricket** Recent action.
2.00 **Women's One-Day International Cricket**
3.00 **Test Cricket** England v India.
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Women's PGA Championship** The second day.
8.00 **Rose Ladies Series**
8.30 **LIVE Golf** The R&A Men's Amateur Championship final from Royal Cinque Ports in Deal, Kent.
12.30 PM **HotelPlanner Tour Golf**
1.00 **Rose Ladies Series**
1.30 **LIVE Golf** Further coverage of the R&A Men's Amateur Championship final in Deal, Kent.
5.30 **LIVE PGA Tour Golf** Day three of the Travelers Championship at TPC River Highlands in Cromwell.
11.30 **Rose Ladies Series**
12.00 M'T **HotelPlanner Tour Golf**
12.30 AM **Playing Lessons**
1.00 **PGA Tour Golf** Highlights.
2.00 **Women's PGA Championship**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **PGA Tour Golf** Recent action.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Stuttgart Open.
7.00 **WTA & ATP Tennis**
11.00 **LIVE WTA Tennis** Coverage of the semi-finals of the Berlin Open staged at Rot-Weiss Tennis Club.
2.00 PM **LIVE WTA & ATP Tennis** Featuring the ATP Halle Open and the WTA Berlin Open.
3.00 **LIVE ATP Tennis** Coverage of the semi-finals of the Halle Open at OWL Arena in Halle, Germany.
6.00 **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **Bitesize Tennis** Madrid Open.
2.15 **Frances Tiafoe Podcast 2024**
2.30 **Mirra Andreeva Podcast 2024**
2.45 **Bitesize Tennis** Halle Open.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **LIVE AFL Port Adelaide v Sydney Swans.** Coverage from Adelaide Oval. Bounce-up **7.15am**.
10.00 **Reframe the Game**
10.15 **No Filter Rugby** Premiership.
10.30 **LIVE UCI Mountain Bike World Series** The women's DHI elite final in Val di Sole, Italy.
12.00 NOON **LIVE UCI Mountain Bike World Series** The men's DHI elite final in Val di Sole, Italy.
2.15 PM **LIVE British Superbikes** Coverage of race one at the third round of the season at Snetterton.
6.00 **LIVE UFC** The preliminary bouts.
8.00 **LIVE UFC Jamahal Hill v Khalil Rountree Jr.** Coverage of the light-heavyweight bout at Baku Crystal Hall, plus the undercard.
11.30 **MotoGP** Grand Prix of Italy.
12.00 M'T **LIVE MLB Philadelphia Phillies v New York Mets.** Coverage of the National League East match. Start-time **12.15am**.
3.15 AM **MLB: Off the Bat**
3.45 **The Pioneers** Thierry Henry.
4.00 **to 7.00** AM **LIVE AFL GWS Giants v Gold Coast Suns.** Coverage of the match at ENGIE Stadium. Bounce-up **4.10am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **UCI Mountain Bike World Series** From Val di Sole, Italy.
7.00 **MotoGP** Grand Prix of Italy.
7.30 **LIVE MotoGP** Coverage of the Grand Prix of Italy practice and qualifying sessions in Florence.
1.45 PM **LIVE MotoGP** The Grand Prix of Italy MotoGP sprint race.
2.45 **MotoGP Rewind**
3.00 **LIVE MotoGP Rookies Cup** The Grand Prix of Italy race one.
4.00 **The Jake Dixon Diaries**
4.30 **MLB Highlights**
5.30 **LIVE FIM Speedway Grand Prix** Round six of the season at Edward Jancarz Stadium, Gorzow.
9.00 **LIVE MLB Pittsburgh Pirates v Texas Rangers.** The inter-league match. Start-time **9.05pm**.
12.15 AM **British Superbikes**
12.45 **UEFA Champions League**
1.00 **LIVE NWSL Kansas City Current v Angel City FC.** From CPKC Stadium. Kick-off **1.00am**.
3.15 **TNT Sports Reload**
3.30 **British Superbikes**
4.00 **MotoGP** Grand Prix of Italy.
4.30 **Test Cricket Highlights**
5.30 **to 6.00** AM **European Rally Championship Highlights**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Lions Legends**
6.15 **British and Irish Lions Tour**
8.00 **LIVE Super Rugby** Coverage of the final, as the winners of the competition claimed by Blues last year are crowned.
10.00 **British and Irish Lions Tour** British & Irish Lions v Argentina.
1.45 PM **British and Irish Lions Tour**
2.30 **My Icon** Maggie Alphonsi.
2.45 **British and Irish Lions Tour** British & Irish Lions v Argentina from Aviva Stadium in Dublin.
3.45 **Super League** Another chance to see St Helens v Leeds Rhinos.
6.30 **Super League Highlights**
6.45 **Women's Super League** St Helens v Leeds Rhinos in 2024.
7.00 **Super League Highlights** St Helens v Catalans Dragons.
7.15 **My Icon** Martin Offiah.
7.30 **British and Irish Lions Tour** British & Irish Lions v Argentina.
11.15 **British and Irish Lions Tour** South Africa v British & Irish Lions.
12.00 M'T **Lions Legends** Finlay Calder.
12.15 AM **British and Irish Lions Tour**
1.15 **State of Origin Rugby League**
2.15 **Darts Gold** Action from 2005.
2.30 **Fight Night** Three bout replays.
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights**
7.00 **Good Morning Sports Fans**
8.30 **LIVE NRL Dolphins v Newcastle Knights.** Coverage of the match from the 16th round of fixtures staged at HBF Park in Perth. Kick-off **8.30am**.
10.30 **LIVE NRL South Sydney Rabbitohs v Melbourne Storm.** Coverage of the match from the 16th round of fixtures at Accor Stadium. Kick-off **10.35am**.
12.30 PM **Sports Saturday**
1.00 **LIVE PGA Tour Golf** Coverage of the early stages of day three of the Travelers Championship from TPC River Highlands in Cromwell.
5.30 **LIVE Women's PGA Championship** Coverage of day three of the Major championship at Fields Ranch. Despite carding just a one-under-par round 71 in the third round at Sahalee Country Club last year, South Korea's Amy Yang took the outright lead heading into the final round on an overall score of seven under.
11.30 **Sky Sports News**
12.00 M'T **Premier League Darts**
4.00 AM **EFL** Championship play-offs.
5.00 **to 6.00** AM **EFL Cup Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Women's PGA Championship** The second day.
8.00 **Rose Ladies Series**
8.30 **LIVE Golf** The R&A Men's Amateur Championship final from Royal Cinque Ports in Deal, Kent.
12.30 PM **Rose Ladies Series**
1.00 **HotelPlanner Tour Golf**
1.30 **LIVE Golf** Further coverage of the R&A Men's Amateur Championship final from Royal Cinque Ports in Deal, Kent.
5.30 **EFL Greatest Games**
6.15 **Super League** Match replays.
11.45 **PL Greatest Games**
1.00 AM **Test Cricket** England v India.
3.00 **EFL Greatest Games**
4.00 **Test Cricket** England v India.
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of day five of the first Test at Galle International Cricket Stadium.
1.30 PM **No Filter Rugby** Premiership.
1.45 **LIVE Cycling: Tour of Switzerland** The seventh stage.
4.45 **Sign Up – Into Football**
5.30 **LIVE Longines Global Champions Tour** Coverage from the Grand Prix of Paris.
7.30 **Premier League Stories**
8.00 **ABB FIA Formula E World Championship Highlights**
9.00 **British Superbikes**
9.30 **MotoGP** The Grand Prix of Italy.
10.00 **UCI Mountain Bike World Series** From Val di Sole, Italy.
11.00 **Cycling** Tour of Switzerland.
12.00 M'T **Men's Cycling Pro Series**
2.00 AM **Women's Cycling**
3.00 **Gallagher Premiership Rugby Union** Bath v Leicester Tigers.
4.30 **to 6.00** AM **French Open Tennis**

TNT Sports 4

414 416 524 411 434

6.00 AM **TCR World Tour Review**
6.30 **LIVE V8 Supercars Championship** The Darwin Triple Crown at Hidden Valley Raceway in Darwin, Australia.
8.00 **LIVE ABB FIA Formula E World Championship** The Jakarta ePrix, the 12th round of the season at Jakarta International E-Prix Circuit. Start-time **9.05am**.
10.30 **European Rally Championship**
11.00 **The Ultimate Cycling Show**
12.00 NOON **Cycling** Highlights.
1.00 PM **LIVE British Superbikes** Coverage of race one at the third round of the season at Snetterton.
6.00 **LIVE WNBA Chicago Sky v Phoenix Mercury.** From Wintrust Arena at McCormick Square. Tip-off **6.00pm**.
8.00 **Test Cricket Highlights**
9.00 **AFL** Three match replays.
1.30 AM **TNT Sports Reload**
2.00 **to 6.00** AM **UEFA Champions League**

Premier Sports 1

419 551

6.00 AM **Ultimate Karting Championship** At Whilton Mill.
7.00 **Transworld Sport** Magazine.
8.00 **Desafio China by La Vuelta**
9.00 **NASCAR Highlights**
10.00 **British Minibikes** Round two.
12.00 NOON **LaLiga Highlights**
1.00 PM **Desafio China by La Vuelta**
2.00 **Scottish Rally Championship**
2.30 **Transworld Sport** Magazine.
3.30 **FIA World Endurance Championship** Highlights.
4.30 **UK Independent Kart Racing**
6.00 **Top 14 Rugby Union** Another chance to see the first semi-final.
8.00 **LIVE Top 14 Rugby Union** Coverage of the second semi-final.
10.00 **Transvulcania** Ultramarathon.
10.30 **Michelin Le Mans Cup**
11.00 **Top 14 Rugby Union**
1.00 AM **Transworld Sport** Magazine.
2.00 **Ultimate Karting Championship**
3.00 **Desafio China by La Vuelta**
4.00 **UK Independent Kart Racing**
5.30 **to 6.00** AM **Transvulcania**

Premier Sports 2

420 552

6.00 AM **LaLiga Specials**
7.00 **Football's Greatest**
7.30 **NHL Ice Hockey** Stanley Cup.
9.30 **NHL: This is Hockey**
10.00 **Major League Cricket**
2.00 PM **Temples of Sport**
2.30 **GP Confidential** F1 news.
3.00 **LaLiga Specials**
3.15 **CONCACAF Gold Cup**
7.15 **LaLiga Match Highlights**
7.25 **Bike World** Magazine.
7.55 **LIVE LaLiga 2** The promotion play-off final second-leg.
11.00 **GP Confidential** F1 news.
11.30 **Bike World** Magazine.
12.00 M'T **LIVE CONCACAF Gold Cup Curacao v Canada.** The Group B game. Kick-off **12.00m't**.
2.00 AM **Football's Greatest**
2.30 **FastZone** Motorsports highlights.
3.00 **LIVE CONCACAF Gold Cup Honduras v El Salvador.** The Group B match. Kick-off **3.00am**.
5.00 **Bike World** Magazine.
5.30 **to 6.00** AM **GP Confidential**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
2.00 PM **Formula 1** Spanish GP.
3.00 The Canadian Grand Prix.
4.00 **LIVE Indycar** XPEL Grand Prix at Road America second practice.
5.00 **F1 Academy: Weekend Wrapped** A race review.
5.30 **LIVE British GT Championship** The qualifying session at Spa-Francorchamps.
6.45 **Jenson & the FW22: Extended**
7.00 **F1 Academy: Weekend Wrapped** A race review.
7.30 **LIVE Indycar** XPEL Grand Prix at Road America qualifying session.
9.00 **Ferrari Challenge Europe**
10.00 **British GT Championship**
11.15 **Ted Drives: F1 Car**
11.30 **Indycar** From Road America.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

22 June

Evening Planner

Music

Capital's Summertime Ball

ITV1, 5.30pm

Siân Welby, Jordan North and Chris Stark host a stellar line-up, including Will Smith and DJ Jazzy Jeff, and Rita Ora.

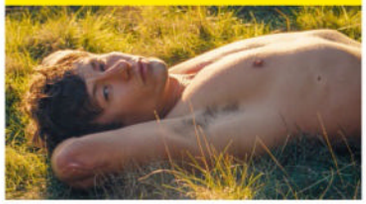
Drama

The Gold

BBC1, 9pm

As the drama nears its conclusion, the detectives are closing in on the criminals around the world. Concludes tomorrow.

Thriller



Saltburn

BBC1, 10.30pm

Emerald Fennell's twisted comedy thriller, starring Barry Keoghan as a troubled student hell-bent on revenge.

Football

Club World Cup

5 & DAZN, kick-off 2am

Manchester City play UAE Pro League club Al Ain in their second group match at the Mercedes-Benz Stadium in Atlanta.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Death Valley	9.00 The Gold		10.00 News	10.30 Film: Saltburn
	102 BBC2	‹ 6.45 Greece with Simon Reeve		7.45 Today at the Test		8.45 Top Gear Vietnam Special		10.00 Later... with Jools Holland	
	103 ITV1	7.00 Celebrity Catchphrase		8.00 Vera				10.15 Long Lost Family: Born...	
	104 CHANNEL 4	‹ 4.45 Football: UEFA European Under-21s Championship – Live: Coverage of the third and concluding quarter-finals						10.25 The Handmaid's...	
	105 5	‹ 4.30 Football...		7.30 The Great Flood of '53		9.00 Cause of Death		10.00 Police: Suspect No 1	
	106 SKY SHOWCASE	7.00 Isle of Wight Festival				9.00 Polk: The Trial of Philip Polkinghorne		10.00 Film: Beverly Hills Cop 3	
ENTERTAINMENT	115 BBC3	7.00 Film: Pokémon: Detective Pikachu			8.35 EastEnders	9.05 Glow Up: Britain's Next Make-Up Star		10.05 Smoggie Queens	
	116 BBC4	7.00 Imagine: This House Is Full of Music		8.00 The Classical Collection		9.00 Sheku...	9.30 A Kanneh-Mason Playlist at the Proms		
	118 ITV2	‹ 6.25 Film: Jurassic World: Fallen Kingdom				9.00 Love Island		10.00 Love Island: Aftersun	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Rick and Morty		10.00 Film: The Inbetweeners 2	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Fire Country				10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.45 The Gilded Age				9.00 True Detective		10.05 The Wire	
	110 U&GOLD		7.15 Only Fools and Horses				9.30 Dad's Army	10.10 Billy Connolly Does...	
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Have I Got a Bit More News for You				10.00 QI	10.35 Mock the...
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.00 Film: The World Is Not Enough					9.35 Film: Cobra		
	112 COMEDY CENTRAL	‹ 6.55 Friends		8.00 Bradley & Barney Walsh: Breaking Dad		9.00 Film: Happy Gilmore			
	139 SKY SCI-FI	7.00 Stargate Atlantis							
	113 SKY MAX	7.00 Agatha Raisin				9.00 Rob & Romesh vs Restaurants – First...		10.00 Freddie Fries Again	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Father Brown		9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	7.00 Isle of Wight Festival							
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Deadliest Catch		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Do Animals Do That?		9.00 Crikey! It's the Irwins		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Pirates: Behind the Legends		8.00 Colosseum: Rise and Fall		9.00 Lost Gold of the Dark Ages: Treasure...		10.00 Draining the Bermuda Triangle	
	123 SKY HISTORY	7.00 Bomber: Terror of WWII				9.00 Clash of the Gods			
	155 U&YESTERDAY		7.05 'Allo 'Allo!		8.05 Cuba With Simon Reeve		9.05 Bangers & Cash		
	121 SKY DOCS	7.00 Film: The Beatles: Eight Days a Week – The Touring Years				9.00 Germanwings: What Happened on Flight 9525?			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Piece By Piece		8.00 Joker: Folie à Deux				10.25 Salem's Lot	
	302 5 STAR MOVIES	‹ 6.00 Raiders of the Lost Ark		8.00 Saving Private Ryan					
	303 ORIGINALS	‹ 6.10 The Beekeeper		8.00 Lee				10.00 May December	
	304 GREATS	‹ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.35 The Naked Gun 33⅓: The Final Insult		
	305 ANIMATION		7.25 Rango			9.20 Curious George			
	306 FAMILY	‹ 5.40 IF		7.30 Wonka			9.30 Look Who's Talking Now		
	307 ACTION	‹ 5.30 Aquaman		8.00 Bad Boys for Life				10.10 Monkey Man	
	308 COMEDY	‹ 6.15 About Last Night		8.00 Barbie				9.55 Zombie Town	
	309 THRILLER	‹ 5.45 In the Line of Fire		8.00 Ocean's Twelve				10.15 Chinatown	
	310 DRAMA	‹ 6.35 The Man with the Answers		8.00 It Ends with Us				10.15 Ray	
	311 SCI-FI	‹ 6.00 Blade Runner		8.00 Furiosa: A Mad Max Saga					10.30 Mad Max...
	313 FILM4	‹ 5.45 Transformers: Age of Extinction				9.00 The 355			
SPORT	401 MAIN EVENT	7.00 Women's PGA Championship – Live: Coverage of day four of the Major championship							
	402 PREMIER LEAGUE	7.00 PFA...	7.15 My...	7.30 PFA...	7.45 My...	8.00 Gary Neville's Soccerbox		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 SPFL Greatest Games				8.00 SPFL Highlights			
	404 CRICKET	7.00 Ashes Greats		7.30 Best of...		8.00 Test Cricket		9.00 Women's International One-Day Cricket	10.00 One-Day International Cricket
	410 TNT SPORTS 1		7.15 The WRC...		7.45 European Rally...		8.30 MLB: Off the Bat	9.00 MLB – Live: San Diego Padres v Kansas City Royals (Start-time 9.10)	
	411 TNT SPORTS 2	‹ 4.30 MLB – Live			7.45 MotoGP		8.45 MotoGP Chequered Flag		9.45 British Superbikes

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Animal Park** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day seven of the men's grass-court tournament at Queen's Club, featuring the singles final. (S)
5.00 **BBC News** (S)
5.15 **Local News** (S)
5.25 **Countryfile** New edition Matt Baker and Sammi Kinghorn visit the East Devon resort of Seaton, and discover how the local coastal life is shifting with the times. (S)

8.15 Death Valley

6 PM

6.25 **Walking with Dinosaurs** New edition 5/6. The story of the pachyrhinosaurus, one of the largest herd dinosaurs that ever lived, based on an unprecedented discovery in Alberta, Canada. Narrated by Bertie Carvel. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.15 **Antiques Roadshow** Fiona Bruce hosts from Powis Castle in Welshpool, where treasures include a Scottish landscape bought for £20 and a ventriloquist's dummy. (S)(R)

8 PM

8.15 **Death Valley** New episode 5/6. A murder mystery event turns into a real crime scene when a Welsh actor is found stabbed to death at the dinner table. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **The Gold** New episode 5/6. As the police and criminal rivals close in on all fronts, the chase begins, and Boyce meets an old foe. *See feature, page 12.* (S2) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **FILM Saltburn** Offbeat comedy thriller starring Barry Keoghan and Jacob Elordi. Working class Liverpudlian student Oliver Quick befriends dashing aristocrat Felix Catton and worms his way into rarefied circles. With Rosamund Pike, Richard E Grant, Carey Mulligan and Archie Madekwe. (S)(AD) (2023, 15, 125min) ★★★★
See review, page 25.
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Life in a Cottage Garden with Carol Klein** (S)(R)(AD)
6.50 **Countryfile** (S)(R)
7.45 **Weatherman Walking: The Welsh Coast** (S)(R)
8.15 **Beechgrove Garden** New edition
8.45 **Landward** New edition (S)
9.15 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
10.45 **Mary Berry: Cook & Share** (S)(R)
11.15 **This Farming Life** (S)(R)
12.15 PM **FILM The Battle of the River Plate** War drama starring Peter Finch. (S) (1956, U, 115min) ★★★
2.10 **FILM A Bridge Too Far** Richard Attenborough's epic World War Two drama starring Dirk Bogarde. (S) (1977, 15, 170min) ★★★
5.00 **Race Across the World** 9/9. The teams reunite to reflect on their adventure. (S)(R)(AD)

10.00 Later... with Jools Holland

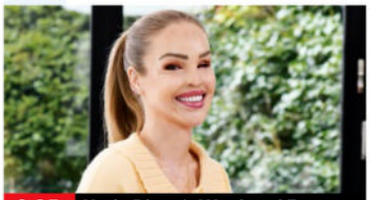
6.00 **Flog It!** The team visit Manchester, where expert Caroline Hawley inspects an autograph from a rock 'n' roll legend. (S)(R)
6.45 **Greece with Simon Reeve** 2/2. Simon travels from the Peloponnese peninsula into the mountainous north of the country, meeting rebel monks and conservationists caring for an injured bear. (S)(R)(AD)
7.45 **Today at the Test** England v India: Action from day three of the first Test in the five-match series, held at Headingley Cricket Stadium. (S)
8.45 **Top Gear Vietnam Special** Festive edition from 2008 in which Jeremy Clarkson, Richard Hammond and James May take a road trip through Vietnam, travelling the length of the country in just eight days. (S)(R)

10.00 **Later... with Jools Holland** Series finale 6/6. Featuring Self Esteem, Guy Garvey, Tom Odell, Ezra Furman and Greentea Peng. (S)
10.45 **FILM Walk the Line** Biopic of country music legend Johnny Cash, starring Joaquin Phoenix and Reese Witherspoon. Against the odds, Johnny Cash becomes a star, but he struggles to overcome alcohol and drug addiction. (S) (2005, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Sign Zone: Question Time** (R)
1.55 **Sign Zone: Not Going Out** (S)(R)
2.25 **Sign Zone: The Moment of Proof**
2.55 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Jeremy Pang's Hong Kong Kitchen** With Grace Dent. (S)(R)
6.50 **FILM The Addams Family** Black comedy starring Anjelica Huston. (S)(AD) (1991, PG, 95min) ★★★★
8.25 **Katie Piper's Weekend Escape** New edition With Lucinda Light. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** Talk show. (S)(R)
11.25 **Alan Titchmarsh's Gardening Club**
12.25 PM **Love Your Garden** (S)(R)(AD)
1.00 **ITV News** (S)
1.10 **FILM On Her Majesty's Secret Service** James Bond adventure. (S)(AD) (1969, PG, 170min) ★★★★
4.00 **ITV News** (S)
4.15 **Local News** (S)
4.30 **The Chase Celebrity Special** (S)(R)
5.30 **NEW Capital's Summertime Ball** Highlights from the concert. (S)



8.25 Katie Piper's Weekend Escape

NEW **Capital's Summertime Ball** (started at 5.30pm)

7.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with guests Denise Lewis, Deborah Meaden and Kevin Whately trying to guess well-known phrases. (S)(R)(AD)
8.00 **Vera** *For the Grace of God:* DCI Stanhope is called in when a man who ended up on the streets after leaving the army is found dead, and discovers secrets from his past and betrayal in the present. Stars Brenda Blethyn. (S)(R)(AD)

10.00 **ITV News** (S)
10.15 **Long Lost Family: Born Without Trace** Two adults abandoned as babies attempt to find out who left them, and why. (S)(R)(AD)
11.15 **Noel Edmonds' Kiwi Adventure** 1/3. Cameras follow the veteran presenter and wife Liz as they work on their New Zealand restaurant, and try to turn their vision into a success. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **Cheers** 17-20/27. (S9) (S)(R)
7.55 **The Simpsons** (S)(R)(AD)
8.55 **Bake Off: The Professionals** (S)(R)
10.00 **Sunday Brunch** New edition Tim Lovejoy and Simon Rimmer host the food and chat show. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **A Place in the Sun** (S)(R)
3.10 **George Clarke's Remarkable Renovations** George follows a couple as they restore a Grade II listed slaughterhouse and butcher's shop in Suffolk. (S)(R)(AD)
4.15 **News** (S)
4.45 **LIVE Football: UEFA European Under-21s Championship** Coverage of the third quarter-final, which comes from DAC Aréna in Dunajská Streda, Slovakia, where the winners of Group B face the Group A runners-up. (S)

10.25 The Handmaid's Tale

LIVE **Football: UEFA European Under-21s Championship** (started at 4.45pm)

7.35 **LIVE Football: UEFA European Under-21s Championship** Jules Breach presents coverage of the concluding quarter-final, as the winners of Group D face the Group C runners-up at Tatran Arena in Prešov. Ukraine were the final team to book their place in the semi-finals in 2023 when they claimed a shock 3-1 victory over France. The two sides could potentially meet again should the Ukrainians upset the odds once more by winning their group ahead of a strong Netherlands side, and France finish second in a pool also containing Portugal. Analysis from Joe Cole and Jermain Defoe. (S)

10.25 **The Handmaid's Tale** New episode *Exodus:* 8/10. June and Moira execute their dangerous plan, while Serena makes a big commitment. Stars Elizabeth Moss. (S6) (S)(AD)

11.25 **FILM Glass** M Night Shyamalan's fantasy thriller with James McAvoy, Bruce Willis and Samuel L Jackson. Three men with superhuman abilities end up in a psychiatric hospital under the care of a sinister doctor. (S) (2019, 15, 145min) ★★★
1.50 AM **Pushers** (S1) (S)(SL)(R)(AD)
2.45 **The Simpsons** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.45 **SpongeBob SquarePants** (S)(R)
9.00 **Entertainment News** (S)
9.10 **Car Pound Cops** A couple moving house give traffic officers cause for concern. (S)(R)
9.35 **22 Kids & Counting** Four editions of the series. (S)(R)
1.30 PM **UK's Strongest Man** Day two from Planet Ice Milton Keynes, featuring the Group B quarter-final, as eight strongmen battle it out for a place in next week's semi-finals and final. (S)
4.30 LIVE **Football: FIFA Club World Cup** Juventus v Wydad AC: All the action from both teams' second match in Group G, held at Lincoln Financial Field in Philadelphia, Pennsylvania. Kick-off is at 5.00. (S)

1.30 UK's Strongest Man

LIVE **Football: FIFA Club World Cup** (started at 4.30pm)

7.30 **The Great Flood of '53** A look back at the floods that devastated England's east coast in January 1953, the worst natural disaster to strike Britain in modern times. Across a day of destruction, a massive storm and its huge tidal surge flooded 250 square miles of land, killing hundreds of people, sinking several ships and destroying tens of thousands of homes. (S)(R)

9.00 **Cause of Death** The team investigate when a man is found dead on his sofa, and whether an altercation in a car park played any part in the death of an elderly woman. (S)(R)

10.00 **Police: Suspect No 1** An altercation leads to a man fighting for his life. (S)(R)

10.55 **Police Code Zero: Officer Under Attack** A driver deliberately runs PC Mark Lee down. (S)(R)

11.50 **Inside HMP Frankland: Evil Behind Bars** (S)(R)
1.15 AM LIVE **Football: FIFA Club World Cup** Manchester City v Al Ain FC: The Group G match from Atlanta. Kick-off is at 2.00. (S)
4.15 **Friends** (S6) (S)(R)(AD)
4.40 **Nick Knowles' Big House Clearout** (S)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 FILM **Paws of Fury: The Legend of Hank** Animation with the voice of Michael Cera. (S) (2022, PG, 98min) ★★★
12.00 NOON **The Office (US)** (S)(R)
2.00 PM **Hawaii Five-0** 16-18/25. Triple bill. (S7) (S)(R)
5.00 **The Simpsons** *Donnie Fatso:* Homer goes undercover to win the trust of Fat Tony as part of an FBI operation to bring the mobster down. (S)(R)
5.30 *Moms I'd Like to Forget:* Marge gets back in touch with three old friends. (S)(R)

9.00 Polk: The Trial of Philip...

6.00 **The Simpsons** *Flaming Moe:* Moe turns his tavern into a gay bar. (S)(R) **6.30** *The Great Simpsina:* Marge develops an obsession with peach-based desserts. (S)(R)

7.00 NEW **Isle of Wight Festival** Coverage of the set by Scottish rock band Texas on the Main Stage on the third and final day of the festival at Seaclose Park in Newport.

8.00 NEW **Isle of Wight Festival** Coverage of Alison Moyet's set on the Main Stage at Seaclose Park in Newport. **8.30** Olly Murs' set on the Main Stage on the third and final day of the festival.

9.00 **Polk: The Trial of Philip Polkinghorne** Series finale 3/3. Documentary exploring the case of a prominent New Zealand eye doctor accused of murdering his wife. (S)(AD)

10.00 FILM **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart Detroit cop Axel Foley discovers that an LA theme park is a front for a counterfeiting gang. (S) (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **And Just Like That...** 4/12. Comedy drama. (S3 (R)
1.00 AM **Brassic** (S4) (S)(R)(AD)
2.00 NEW SERIES **The Gilded Age** 1/8. Return of the period drama. Bertha prepares for the duke's imminent arrival. (S3)
3.05 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.45pm Sunday Politics (S)(R) **11.15** Jane Austen: Rise of a Genius (S)(R) **12.15am** Upstart Crow (S)(R) **12.45-12.55am** Gardening Together with Diarmuid Gavin (S)(R)

WALES
Sky 968, Freesat 968
5.00pm Flog It! (S)(R) **5.15** Race Across the World (S)(R)(AD) **6.15** Greece with Simon Reeve (S)(R)(AD) **7.15-7.45pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y 'Sgubor Flodau **10.00** Garddio a Mwy **10.30** Y Ci Perffaith **11.00** Cynefin **12.00noon** Taith Bywyd (AD) **1.00pm** Am Dro! (AD) **2.00** Yr Ynys **3.00** Tafwyl 2025 **4.00** Tafwyl 2025 **5.00** Ffermio **5.35** Pobol y Cwm Omnibws (AD) **6.45** Newyddion a Chwaraeon **7.00** NEW Dartiau Chwe Gwlad **10.30** Dylan ar Daith **11.30pm-12.05am** Bois y Rhondda

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM FILM **Pokémon: Detective Pikachu** Fantasy starring Justice Smith. A student sets out to find his missing detective father by teaming up with a wise-cracking talking Pikachu. (2019, PG, 100min) ★★★
8.35 **EastEnders** Phil gets tough, and Alfie has some news.
9.05 **Glow Up: Britain's Next Make-Up Star** 8/8. The finalists present a masterclass to an audience of industry heavyweights.
10.05 **Smoggie Queens** 4/6. Dickie concocts a murder mystery evening. **10.35** 5/6. The gang learn that it's Stewart's birthday. **11.05** 6/6. Mam hosts the main stage of Pride. (S1)
11.35 **The Big Proud Party Agency** Double bill.
12.35 AM **Hunting the Online Sex Predators**
1.25 **Laugh Lessons**
1.30 **Smoggie Queens**
3.00 **to 4.00** AM **Body on the Beach: What Happened to Annie?**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
2.35 PM **Kirstie and Phil's Love It or List It** Gill and John need help deciding what to do with their inherited home in Warwickshire.
3.35 **Come Dine with Me** Five editions of the culinary contest from south London.
6.15 **Four in a Bed** The contest begins at Rooms@119 in Ramsgate, Kent. **6.50** The B&B battle continues at Stable Oak Cottages in Maidstone, Kent.
7.20 **Four in a Bed** The third visit of the week is to the Hedgerow Luxury Glamping in Clitheroe, Lancashire. **7.55** The final visit of the week is to the Antelope Inn, in Upavon, Wiltshire. **8.25** Payment Day arrives.
9.00 **999: On the Front Line** New edition Paramedics treat a woman who has a slipped disc, a man with a chronic lung disease who can hardly breathe, and a patient who is unresponsive.
10.00 **24 Hours in A&E** A three-year-old is airlifted to hospital after being run over while playing outside.
11.05 **Super Surgeons: A Chance at Life**
12.10 AM **999: On the Front Line** Medical documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Imagine: This House Is Full of Music** An intimate portrait of the musically gifted Kanneh-Mason family in lockdown.
8.00 **The Classical Collection** Featuring a collection of performances by cellist Sheku Kanneh-Mason.
9.00 NEW **This Cultural Life: Sheku Kanneh-Mason** The cellist talks to John Wilson about his formative influences, including his Jacqueline du Pré, Mstislav Rostropovich and Bob Marley.
9.30 **A Kanneh-Mason Playlist at the Proms** Siblings Sheku and Braimah Kanneh-Mason perform with the Fantasia Orchestra.
10.50 **Windrush: Portraits of a Generation** Ten artists create portraits of members of the Windrush Generation.
12.05 AM **The Richard Dimbleby Lecture with David Harewood**
1.05 **Being Beethoven**
2.05 **to 3.05** AM **Imagine: This House Is Full of Music**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.15 **Rude(ish) Tube Shorts**
7.30 **Ramsay's Kitchen Nightmares USA**
9.40 **Ramsay's 24 Hours to Hell and Back**
11.40 FILM **Sonic the Hedgehog** Fantasy adventure with James Marsden and Jim Carrey. (2020, PG, 99min) ★★★
1.35 PM **The Big Bang Theory** Ten episodes, including at: **6.00** 15/24. Penny tries to put a stop to Leonard's plan to be a sperm donor. (S12)
6.30 **The Simpsons** Five episodes, including at: **8.00** *Lisa the Drama Queen:* Lisa makes a new friend. With the voice of Emily Blunt. **8.30** *Last Tap Dance in Springfield:* Lisa tries to become a dancer.
9.00 **Rick and Morty** New episode 4/10. The Smiths learn the true meaning of Easter. **9.30** 3/10. Morty loses his fidget spinner. (S8)
10.00 FILM **The Inbetweeners 2** Comedy sequel with Simon Bird, James Buckley, Joe Thomas and Blake Harrison. (2014, 15, 92min) ★★
12.00 M'T **Gogglebox**
2.10 AM **Naked Attraction's Best Naughty Bits**
3.10 **First Dates**
4.05 **Modern Family**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

Sunday primetime

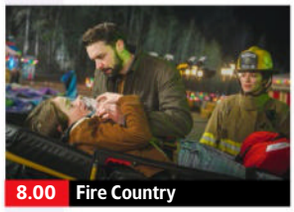
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
6.30 **Send in the Dogs**
7.30 **Caught Red Handed**
12.00 NOON **Caught on Dashcam** Fly-on-the-dashboard documentary showcasing outrageous road disasters.
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.



8.00 Fire Country

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Fire Country *A Fair to Remember:* 14/22. A ride malfunctioning at the annual fair leads to mass chaos and injuries.

9 PM
9.00 Fire Country *False Promises:* 15/22. Eve's life is in danger when a tree falls during a reforestation assignment. (S1)

10 PM
10.00 The Rookie *Out of Pocket:* 3/18. John looks for clues to locate Jason Wyler ahead of Bailey's return home. (S7)
11.00 **FBI: International** (S2)
12.00 M'T **Bull** 11/16. (S5)
1.00 AM **Chicago Fire** 11/13. (S12)
2.00 **Elsbeth** New episode 7/20. Elsbeth performs jury duty. (S2)
3.00 **The Good Doctor** 17/18. (S5)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Game of Thrones** (S3)
12.00 NOON **The Gilded Age** Seven episodes, including at: **3.15** PM 4/8. Bertha deals with rumours about Larry. **4.20** 5/8. Ada questions moving ahead without support, while Peggy experiences the dangers of the South. **5.35** 6/8. George heads to Pittsburgh to deal with the potential strike. **6.45** 7/8. George strikes a deal with union leader Bill Henderson. (S2)

9.00 True Detective

7.50 **The Gilded Age** *In Terms of Winning and Losing:* 8/8. Peggy questions her future, Marian confesses her feelings to Dashiell, and the opera war reaches its climax. (S2)

9.00 True Detective *Haunted Houses:* 6/8. Cohle visits preacher Joel Theriot for information about the Tuttle schools. (S1)

10.05 The Wire *React Quotes:* 5/10. Bubbles finds out the result of his HIV test, while Chris and Snoop set up an ambush. (S5)
11.10 **The Staircase** 5/8. (S1)
12.25 AM **In Treatment** 2/43. (S1)
1.00 **Succession** 8/10. (S1)
2.05 NEW SERIES **The Gilded Age** 1/8. Period drama. (S3)
3.10 **The Leftovers** 10/10. (S1)
4.10 **The Guest Wing**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **NCIS: New Orleans** (S7)
10.00 **S.W.A.T.** Five episodes of the crime drama, including at: **2.00** PM 1/18. The team pursue members of El Diablo's drug cartel. (S4)
3.00 **Grimm** 1/22. Nick tries to come to terms with fathering a child with Adalind. **4.00** 2/22. Nick tries to keep his child and Adalind safe. **5.00** 3/22. Nick and Hank desperately search for Rosalee. **6.00** 4/22. A mobster sends three men on a quest. (S5)

7.00 Agatha Raisin

7.00 Agatha Raisin *The Curious Curate – Part One:* 5/6. Agatha's friend Sarah finds herself accused of murder.

8.00 Agatha Raisin *The Curious Curate – Part Two:* 6/6. Agatha fights to clear Sarah's name. (S2)

9.00 Rob & Romesh vs Restaurants: First Course 1/2. Rob and Romesh try to open their own restaurant.

10.00 Freddie Fries Again 1/6. Andrew Flintoff and Rob Penn set off on another set of adventures, starting in Northumberland.
11.00 **The Force: Manchester** Double bill of the documentary series.
1.00 AM **Brassic** 4/8. Davey MacDonagh invites Vinnie, Dylan and Tommo to a lavish party at the home of his distributor. (S4)
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dress to Impress**
8.40 **Gordon Ramsay's Food Stars USA** Double bill of editions.
10.35 **Deal or No Deal**
12.40 PM **99 to Beat**
1.40 **Celebrity Catchphrase**
2.40 FILM **How to Train Your Dragon** Animated adventure. (2010, PG, 98min) ★★★★
4.35 FILM **Shrek Forever After** Animated comedy adventure sequel with the voices of Mike Myers and Eddie Murphy. (2010, U, 93min) ★★★★

9.00 Love Island

6.25 FILM **Jurassic World: Fallen Kingdom** Thriller sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.00 Love Island: Aftersun New edition 2/8. Featuring the latest gossip as well as opinions from a celebrity panel.
11.05 **Family Guy** 10/22. Brian writes a play that becomes a hit in Quahog. (S11)
11.35 **Family Guy** 3/22. (S11)
12.05 AM **American Dad!** (S9&8)
1.05 **Iain Stirling's CelebAbility**
1.45 **Ruby Speaking** 1&2/6. (S1)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe**
8.30 FILM **Carry On Up the Jungle** Comedy with Sidney James. (1970, PG, 89min) ★★
10.30 **Agatha Christie's Poirot**
12.40 PM **Downton Abbey** Five episodes, including at: **3.50** 5/9. Charles Blake surprises Mary with a plan. **4.55** 6/9. Blake's scheming starts to come to fruition. (S5)
6.00 **Midsomer Murders** *The Killings at Badger's Drift:* Barnaby uncovers a web of secrets as he looks into a suspicious death.

8.00 Doc Martin

Midsomer Murders (started at 6.00pm)

8.00 Doc Martin *The Tameness of a Wolf:* 3/8. Martin takes action when a secret admirer begins to stalk Ruth.

9.00 Doc Martin *Nobody Likes Me:* 4/8. Bert is suspicious when he catches Jennifer in the bathroom with a needle. (S6)

10.00 Vera *Inside:* Vera investigates two cases when an ex-prisoner's body is discovered on the banks of the River Tyne.
11.50 **Agatha Christie's Poirot** *The Lost Mine:* The sleuth is asked to investigate the disappearance of a bank's most valued customer.
12.55 AM **Code of Silence** 1&2/6. Double bill of the drama. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Will Kirk and Dominic Chinea join the new generation of stonemasons who are being trained to save York Minster.
8.00 **Paramedics on Scene** A child is in danger of losing a finger.
9.00 **Rise of the Clans** 3/3. Exploring how the clans plotted against Mary, Queen of Scots.
10.00 **Still Game** 2/9. Winston has acquired a limp and a home help. (S2)
10.30 **Scot Squad** 1/5. Officers Singh and McKirdy receive a rude awakening. (S3)
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S3)
10.15 **Entourage** (S5)
1.05 PM **Barry** (S3&4)
4.00 **Divorce** 2-6/8. (S2)
6.55 **The Office (US)** 18/26. Part two of two. Pam has trouble getting her baby to breastfeed. **7.20** 19/26. Jim returns from paternity leave. **7.45** 20/26. Michael tries to deflate salespeople's egos. **8.10** 21/26. Oscar plots to spend more time with Matt by setting up a happy hour. **8.35** 22/26. Andy's plans to give Erin the perfect Secretary's Day hit a snag. (S6)
9.00 **Veep** 5&6/8. (S1)
10.10 **Intelligence** 3&4/6. (S1)
11.10 **Somebody Somewhere**
12.20 AM **And Just Like That...**
1.20 **Sex and the City** (S6)
2.35 **Hello Ladies** (S1)
3.50 **to 5.00** AM **Yvonne Orji: A Whole Me**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu Royale: Coronation Concert Live in Amsterdam**
8.10 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Bagpipes: A Celebration**
2.00 **Both Sides Now: Joni Mitchell Live at the Isle of Wight 1970**
3.10 **Bryan Adams: Live at the Royal Albert Hall**
5.00 **Tina Turner: One Last Time – Live at Wembley Stadium**
7.00 LIVE **Isle of Wight Festival** Featuring performances by Texas, Alison Moyet, Olly Murs, Jess Glynne, James and The Lightning Seeds.
12.00 M'T **Music Icons**
1.00 AM **Rory Gallagher: Ghost Blues**
2.35 **The Ronnie Wood Show**
3.40 **Led Zeppelin: In the Light** Documentary.
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Silly Animals**
8.10 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
10.00 **Highway Patrol**
1.00 PM **Caught Red Handed**
3.00 **Nothing to Declare**
5.00 **Caught on Dashcam** Double bill featuring outrageous road disasters captured via dashboard cameras.
7.00 NEW **Isle of Wight Festival** Featuring performances by Texas, Alison Moyet, Olly Murs, Jess Glynne, The Lightning Seeds and James on the third and final day of the festival at Seaclose Park, Newport.
12.00 M'T **Caught on Dashcam** Road disasters.
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Who Wants to Be a Millionaire?** Five editions of the quiz in which Jeremy Clarkson gives six contestants the chance to win a fortune.
8.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Tipping Point** Triple bill of the quiz show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *When the Fat Lady Sings:* A world-famous opera singer is accused of murder. **8.00** *Test of Wills:* Jessica is invited to the tropical retreat of a multi-millionaire.
9.00 **Garage Sale Mystery: The Wedding Dress** Crime drama starring Lori Loughlin, Cheryl Ladd and Steve Bacic.
10.55 **Garage Sale Mystery** Crime drama with Lori Loughlin, Rick Ravanello and Andrew Dunbar.
12.50 AM **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 25/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Made in Britain**
6.30 **Motorsport Mundial**
6.55 **Auto Mundial**
7.25 **World Superbike Highlights**
8.25 **Motorsport UK**
9.25 **Hornblower**
11.35 **LIVE British Touring Car Championship** Steve Rider presents coverage of the fifth round of the season from Oulton Park, where the 13th, 14th and 15th races of the season take place.
6.00 PM **Junk and Disorderly** An auction of vintage petroliana.

7.00 **The World Is Not Enough**

7.00 **FILM The World Is Not Enough** James Bond action thriller starring Pierce Brosnan and Sophie Marceau. Agent 007 attempts to protect the daughter of an assassinated oil magnate from a psychotic terrorist. (1999, 12, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **FILM Cobra** Crime action thriller starring Sylvester Stallone and Brigitte Nielsen. A maverick cop is assigned to the case of the 'Night Slasher' and uncovers a deadly conspiracy in the course of his investigation. (1986, 18, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **FILM The Client** Thriller based on the bestseller by John Grisham, starring Susan Sarandon, Tommy Lee Jones and Brad Renfro. (1994, 15, 121min) ★★★★
1.35 AM **Champions: Full Gallop**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Planetquake** Sci-fi action adventure starring Erica Duke and Michael Paré. (2024, PG, 85min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 18/26. Picard uncovers a plot to steal trilithium from the starship's engines. (S6)
6.00 **Stargate Atlantis** 5/20. Dr Weir suspects there is a traitor in the group. (S1)

1.00 **Star Trek: The Next...**

7.00 **Stargate Atlantis** *Childhood's End:* 6/20. Sheppard encounters members of a youthful race.
8.00 **Stargate Atlantis** *Poisoning the Well:* 7/20. Sheppard and the team investigate a strange drug.
9.00 **Stargate Atlantis** *Underground:* 8/20. The crew begin trade relations with the population of a nearby planet.
10.00 **Stargate Atlantis** *Home:* 9/20. McKay comes up with a plan to harness energy from a strange planet. (S1)
11.00 **Grimm** 2/13. Hank and Wu find a way to stop Renard, but Nick remains on the run. **12.00** M'T 3/13. Nick plans to take Renard out of his element. **1.00** AM 4/13. Nick, Hank and Wu investigate a Wesen that is terrorising a young family. **2.00** 5&6/13. (S6)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **2.00** PM *The Dead of Night:* A supposed vampire strikes. **3.00** *The Scars of War:* Mrs Devine's son Eddie finds himself framed for murder.
4.00 **Sherlock** 3/4. The sleuth takes on master blackmailer Charles Augustus Magnussen. (S3)
6.00 **Hudson & Rex** 4/16. A K9-in-training leads her partner to a crime scene. (S7)

7.00 **Hudson & Rex**

7.00 **Hudson & Rex** New episode *In from the Cold:* 5/16. A seven-year-old cold case is reopened. (S7)
8.00 **Father Brown** *The Labyrinth of the Minotaur:* Lady Felicia's wayward niece Bunty is suspected of murder.
9.00 **Death in Paradise** *Murder on Mosquito Island:* 6/8. The leader of a desert island survival course is found dead. (S9)
10.00 **Father Brown** *The Curse of the Aesthetic:* The priest investigates when an artist is murdered.
11.00 **Shakespeare & Hathaway: Private Investigators** (S2)
1.00 AM **Pretty Hard Cases** 7/12. Naz earns himself an invite to Adeline's party. (S2)
2.00 **Father Brown** As 8.00pm.
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
7.40 **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Six episodes, including at: **2.50** The Trotters prepare for Raquel to give birth. **3.55** Del Boy brings Trotters Independent Traders into the hi-tech world of satellite communications. **5.00** An audition gives Raquel the chance of a lifetime. **6.10** Del becomes a showbiz entrepreneur after discovering a Tom Jones-style singer.

8.20 **Only Fools and Horses**

7.15 **Only Fools and Horses** Del Boy is invited to a school reunion at the Nag's Head organised by old adversary Roy Slater, who has recently been released from prison. With Jim Broadbent. **8.20** Uncle Albert falls victim to muggers, so Del Boy resolves to take the law into his own hands.
9.30 **Dad's Army** Captain Mainwaring organises a dance in an attempt to boost platoon morale.
10.10 **Billy Connolly Does...** From terrible folk songs to tartan pompousness, Billy looks at what it means to be Scottish.
11.10 **Only Fools and Horses**
1.30 AM **The Rebel** Henry gives an eulogy at a friend's funeral. **2.10** An attempt to recapture his lost youth with a drunken binge lands Henry in hospital. Guest stars Ronald Pickup.
2.45 **to 4.00** AM **The Rebel**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.05 AM **Gassed Up**
7.55 **Our Guy in China**
8.50 **Guy Martin's Great British Power Trip** Investigating the future of energy production.
9.50 **Guy Martin's Wall of Death**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Our Guy in China** Guy Martin sets out to break the record for the fastest bicycle crossing of the Taklamakan Desert.
6.00 **Simon Reeve's South America** Simon visits Bolivia.

7.00 **Border Force**

7.00 **Border Force: America's Gatekeepers** New edition A man wanted for serious sexual offences is apprehended in Progreso.
8.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical current affairs quiz, with Camilla Long and Susan McCabe.
9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Maisie Adam and Justin Webb.
10.00 **QI** With Julia Zemiro, Tim Vine and Rob Brydon.
10.35 **Mock the Week** With Angela Barnes, Rhys James and Josh Pugh.
11.20 **Mock the Week** With Jen Brister and Rhys James.
12.00 M'T **Live at the Apollo** With Hal Cruttenden, Justin Moorhouse and Tom Stade.
1.00 AM **Schitt's Creek**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **Grand Designs**
5.00 **A Place in the Sun**
8.00 **George Clarke's Remarkable Renovations** A pig farmer restores a Grade II listed slaughterhouse and butcher's shop in the Suffolk town of Framlingham.
9.00 **Celebrity Gogglebox**
10.00 **Gogglebox** *Celebrity Race Across the World, Nightsleeper* and *Selling Sunset* are appraised.
11.00 **Taskmaster**
12.05 AM **Celebrity I Literally Just Told You: Football Special** Game show.
1.05 **FILM Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
3.00 **Bake Off: The Professionals**
4.00 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods**
4.00 PM **NCIS** Six episodes of the drama, including at: **6.00** *Enigma:* 15/23. Gibbs's former commanding officer is accused of murder. **7.00** *Bete Noire:* 16/23. A gunman takes Ducky and Kate hostage. **8.00** *The Truth Is Out There:* 17/23. The team investigate the killing of a US Marine. **9.00** *UnSealed:* 18/23. A former US Navy SEAL escapes from prison. (S1)
10.00 **Law & Order: Special Victims Unit** *Scorched Earth:* 1/23. An African immigrant accuses an Italian diplomat of rape. (S13)
11.00 **Law & Order: Special Victims Unit**
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Nightmare Tenants, Slum Landlords**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **8.00** An officer has an early morning encounter with a drunk driver.
9.00 **999: Killer on the Line** A farmer who killed his wife by running her over with a tractor.
10.00 **My Lover, My Killer** New edition How Sarah Henshaw's relationship with Darren Hall took a deadly twist.
11.00 **Killer at the Crime Scene** Autumn Klein.
12.00 M'T **GPs: Behind Closed Doors**
1.00 AM **Casualty 24/7: Every Second Counts**
2.00 **VC Andrews' Landry Family** New episode
3.30 **Motorway Patrol**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Highway Patrol**
9.40 **Trucking Heavy**
11.40 **Trucking Hell**
12.45 PM **FILM Stagecoach** Classic Western starring John Wayne. (1939, b/w, U, 99min) ★★★★★
2.50 **FILM Posse from Hell** Western starring Audie Murphy and John Saxon. (1961, PG, 85min) ★★
4.45 **FILM Beyond the Law** Spaghetti Western starring Lee Van Cleef. (1968, 12, 90min) ★★
7.05 **FILM Day of Anger** Western adventure starring Lee Van Cleef and Giuliano Gemma. (1967, 15, 95min) ★★
9.00 **Police Raid: Minute by Minute** Documentary.
10.00 **Broadmoor: For the Criminally Insane**
12.00 M'T **Police Interceptors**
2.00 AM **Fights, Camera, Action!** Double bill.
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.10 **My Family**
3.10 PM **Outnumbered** Six episodes, including at: **5.40** Karen becomes preoccupied with Satan. **6.20** The Brockmans have a restless night when a thunderstorm breaks over the house.
7.00 **Inside the Ambulance** A paramedics team tend to a schoolboy who has suffered a seizure. **8.00** A woman needs medical help after having a seizure in the shower.
9.00 **Inside the Operating Theatre** A man needs an operation to strengthen his eyelid. **10.00** A woman has her toes straightened.
11.00 **The Shift: Women on the Force** Double bill.
1.00 AM **Mysteries & Scandals** Series finale
1.45 **to 3.00** AM **The Undateables**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
12.40 PM **Lark Rise to Candleford** Double bill.
3.20 **Catherine Cookson's The Man Who Cried**
6.40 **Upstairs Downstairs**
8.00 **Sister Boniface Mysteries** *Unnatural Causes:* 1/10. At the Great Slaughter Mangold Wurzel Festival, the body of a woman is found stuffed in the Aunt Sally effigy. (S1)
9.00 **Silent Witness** *Hearts of Darkness:* The team are called to a train crash, and work with police and counter-terrorism to piece together who may have attempted to kill the local mayor.
11.15 **The Chelsea Detective**
1.15 AM **Hamish Macbeth**
2.25 **Outrageous**
3.15 **to 4.00** AM **Birds of a Feather**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family Australia**
3.00 **A Place in the Sun**
7.00 **Long Lost Family Australia** A cancer sufferer searches for the daughter he abandoned during a difficult time over 40 years ago. **8.00** A 20-year-old woman searches for her older sister, and a 46-year-old woman looks for her father.
9.00 **Dr Pimple Popper**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Richard Osman's House of Games**
3.00 **Through the Keyhole**
4.00 **Tenable** Five co-workers from a university finance department take part. **5.00** A team of old school friends compete.
6.00 **The Chase Celebrity Special** With Una Healy, Mikey North, Carl Froch and Alison Hammond.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Michael Parr, Alex Scott, Jennifer Metcalfe and Bill Turnbull take part.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Double bill.
9.20 **Battle of Kursk**
10.25 **Wanted: Dead or Alive**
11.25 **FILM North to Alaska** Western adventure. (1960, U, 122min) ★★★
2.00 PM **FILM The Last Wagon** Western. (1956, PG, 99min) ★★★
4.15 **FILM Garden of Evil** Western adventure. (1954, PG, 100min) ★★
6.30 **FILM The Big Trail** Western drama. (1930, b/w, U, 117min) ★★
9.00 **FILM Between Heaven and Hell** War drama starring Robert Wagner. (1956, PG, 94min) ★★
11.05 **FILM The Lost Battalion** War drama. (2001, 15, 92min) ★★
1.10 AM **FILM Firequake** Sci-fi disaster movie. (2014, 12, 90min) ★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **FILM If Looks Could Kill** Thriller. (2016, 15, 90min) ★★
10.50 **FILM Summer House** Supernatural thriller. (2008, PG, 90min) ★★
12.45 PM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
2.45 **FILM Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
4.40 **FILM Bullet to Beijing** Espionage thriller sequel. (1995, 15, 101min) ★★
6.55 **FILM Midnight in Saint Petersburg** Espionage thriller sequel. (1995, 15, 85min) ★★
9.00 **FILM The Marine** Thriller. (2006, 15, 92min) ★★
11.00 **FILM The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
1.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Deadly Sibling Rivalry** Thriller. (2011, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Twinkle All the Way** (2019, PG) ★★
10.05 **FILM Christmas Comes Home** (2020, PG) ★★
12.00 NOON **FILM A Very British Christmas** Drama. (2019, PG) ★★
2.00 PM **FILM Christmas in the Highlands** Comedy. (2019, PG, 90min) ★★
3.55 **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
6.00 **FILM The Christmas Ball** (2020, PG) ★★
8.00 **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
9.55 **FILM Christmas Hero** Romantic drama. (2016, PG, 90min) ★★
11.55 **FILM Angel of Christmas** Drama. (2015, PG, 85min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas in the Highlands** As 2.00pm.

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **I Dream of Jeannie**
6.30 **Watching** (S5)
9.00 **Lucky Feller**
11.30 **Doctor in the House**
2.00 PM **FILM Man of the Moment** Comedy with Norman Wisdom. (1955, b/w, U, 88min) ★★★
3.45 **Auto Rewind**
4.00 **Secrets of the Coast**
4.30 **Tracing the Rails**
5.00 **Walking Westward**
5.30 **The Unvarnished Truth**
7.00 **Police Woman** (S1)
8.00 **Blue Thunder** 7/11. (S1)
9.00 **The Fantastic Journey**
10.00 **Watching** 6/11. Brenda is fed up with her life and goes home to her mum. **10.30** 7/11. Pamela and David decide to get back together. (S5)
11.00 **Watching** 8-10/11. (S5)
12.30 AM **FILM Man of the Moment** As 2.00pm.
2.15 **Auto Rewind**
2.30 **The Fantastic Journey**
3.30 **to 6.00** AM **Doctor in the House**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Bad Chad Customs**
7.00 **Expedition Bigfoot** Specialists set out to locate the fabled Bigfoot. **8.00** Russell and Mireya uncover their first piece of potential evidence.
9.00 **Mystery at Blind Frog Ranch** The team try a dangerous manoeuvre on the trail of the Lost Rhoades Mine. **10.00** The team drill into the Energy Zone.
11.00 **Expedition X** Objects flying around Mexico's tallest active volcano. **12.00** M'T A creature known as Yacumama. **1.00** AM Reports of a sea monster attacking Bahamian locals.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Eight editions.
12.00 NOON **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
1.00 PM **James Martin's American Adventure**
3.00 **Great British Bake Off**
9.00 **Tom Kerridge's Sunday Lunch** The chef shares his guide for cooking the perfect Sunday lunch. **9.30** Tom spices things up with a street food-inspired Sunday lunch. **10.00** Tom celebrates spring with a Sunday lunch classic, roast lamb. **10.30** The chef brings an all-time favourite dish to his Sunday table – fish and chips.
11.00 **Tom Kerridge's Sunday Lunch** Four editions.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
9.00 **The Fall Guy** (S1)
2.00 PM **FILM Showdown** Western adventure. (1972, PG, 99min) ★★
3.55 **FILM An Eye for an Eye** Western revenge drama. (1966, PG, 91min) ★★★
5.45 **FILM Apache Uprising** Western adventure. (1966, PG, 90min) ★★
7.30 **The Twilight Zone**
9.00 **FILM Daylight** Action disaster movie starring Sylvester Stallone. (1996, 12, 114min) ★★★
11.15 **FILM Deadly Force** Thriller starring Wings Hauser and Joyce Ingalls. (1983, 18, 95min) ★
1.10 AM **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
3.05 **to 4.50** AM **FILM The Satanic Rites of Dracula** Horror chiller. (1973, 18, 88min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Land That Time Forgot** Sci-fi action fantasy. (2009, 12, 90min) ★★
8.00 **FILM Shark Season** Disaster thriller starring Michael Madsen. (2020, PG, 87min) ★★
10.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
12.00 NOON **Delete** Thriller.
4.00 PM **The A-Team** (S3)
9.00 **FILM Doomwatch** Ecological chiller starring Ian Bannen and Judy Geeson. (1972, 12, 92min) ★★★
10.55 **FILM Horror Express** Horror chiller starring Christopher Lee and Peter Cushing. (1972, 15, 88min) ★★★
12.55 **to 3.00** AM **FILM Extreme Prejudice** Thriller with Nick Nolte and Powers Boothe. (1987, 18, 104min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters**
8.00 **Junk and Disorderly**
10.00 **UFO Hunters**
12.00 NOON **UFOs: The Lost Evidence** Documentary.
1.00 PM **Evidence of the Unexplained**
7.00 **Cities of the Underworld**
8.00 **Curse of Skinwalker Ranch** The team try to stimulate phenomena on Skinwalker Ranch.
9.00 **Sex: A Bonkers History** How the Tudor sexual appetites changed the course of British history.
10.00 **Royal Autopsy** Alice Roberts revisits the death of Queen Elizabeth I.
11.00 **Royal Murder Mysteries**
12.00 M'T **Alien Corridors**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare** Mysteries.
4.00 **to 6.00** AM **Amazon Gold Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **Entertainment News**
9.05 **The Wonderful World of Chocolate**
9.35 **Tesco: How Do They Really Do It?**
10.35 **Waitrose: Trouble in the Aisles?** Documentary.
11.35 **Columbo: Swan Song**
1.40 PM **Columbo** Four episodes, including at: **7.00** *Agenda for Murder:* A crooked lawyer murders a blackmailer and makes it look like suicide.
9.00 **The 1970s: Those Were the Days** A look at life in 1970s Britain. **10.30** Life during the latter years of the 1970s.
12.00 M'T **World War I in Colour** British victories in the Middle East.
1.00 AM **Nazi Megastructures**
2.00 **The City Under the Sea: Drain the Oceans**
3.05 **to 4.00** AM **Sunken Treasures Revealed: Drain the Oceans**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Searching for a property in Derbyshire. **2.00** Jules Hudson helps a couple search for a property in Somerset. **3.00** A couple hope to find a retirement property in Wiltshire. **4.00** Searching for a rural home in Somerset. **5.00** A couple search for their ideal property on the Isle of Wight.
6.00 **Castle Impossible** Daphne Reckert and Ian Figueira plan to build on her grandfather's wedding business.
7.00 **A Place in the Sun** Six editions featuring advice on buying a second home abroad.
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **My 4 Wives**
7.00 **Good Bones**
8.00 **Me or the Menu**
9.00 **Polyfamily** Two married couples date each other's spouses and raise their five kids.
10.00 **Love & Translation** It's time for the men to make their final decisions.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends**
3.00 PM **FILM Daddy Day Camp** Family comedy sequel starring Cuba Gooding Jr and Paul Rae. (2007, PG, 88min) ★★
4.45 **Friends** (S4)
8.00 **Bradley & Barney Walsh: Breaking Dad** The duo embark on a road trip across America. **8.30** The actor and his son head to the Great Smoky Mountains.
9.00 **FILM Happy Gilmore** Comedy starring Adam Sandler and Christopher McDonald. (1996, 12, 92min) ★★★
10.45 **Russell Howard: Right Here Right Now**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park** (S7)
1.30 **Beavis and Butt-Head**
1.45 **Whose Line Is It Anyway? USA**
3.25 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
3.20 PM **Friends**
5.20 **Criminally Funny**
7.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** 14/24. Rachel, Monica and Phoebe have a run-in with some firefighters. **9.30** 16/24. Phoebe's twin sister pays a visit. **10.00** 18/24. Rachel and Monica lose to Joey and Chandler at poker. **10.30** 19/24. Rachel loses Ross's monkey. **11.00** 21/24. Ross's pet monkey reaches puberty. **11.30** 24/24. Ross's true feelings for Rachel are revealed. (S1)
12.00 M'T **Friends** (S2)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.30 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
10.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **Air Ambulance ER**
7.00 **The Real A&E** A woman's ear is left hanging off after a fall. **7.30** A postman is bitten by a dog. **8.00** A champion jockey is airlifted to hospital following a fall. **8.30** A gymnast's dream is threatened. **9.00** A child is injured in a playground fight. **9.30** A 12-year-old crashes a motorbike.
10.00 **Stella** 4/10. Luke is released from prison. **11.00** 5/10. The single mum goes on a date with Sean. (S1)
12.00 M'T **A League of Their Own Road Trip: Southeast Asia**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions.
9.00 **Teen Mom UK: Next Generation** Whitney is worried about falling behind, while Angel and Matt are falling apart.
10.00 **Ink Master Redemption**
11.00 **Jersey Shore Family Vacation** The guys head to Connecticut for Vinny's first out-of-state comedy show.
12.00 M'T **Caught in the Act: Unfaithful** A comedian thinks her boyfriend is playing her for a fool.
1.00 AM **Plastic Surgery Knifemares**
2.00 **Catfish: The Dramatic**
2.50 **Catfish: Catch of the Day** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Deadliest Catch**
12.00 NOON **Salvage Hunters**
3.00 PM **NEW SERIES Dirty Jobs** Mike Rowe and his crew jump in an RV and go on a road trip. **4.00** New editions Mike reflects on the jobs that had him wriggling into tight spaces, and he checks in with people who work these jobs every day. **5.00** Mike and his crew reminisce about classic animal-related jobs. **6.00** The crew reminisce about classic jobs featuring innovators and problem solvers.

3.00 Dirty Jobs

7.00 **Moonshiners** New edition Mark and Digger turn a strange barrel of mash into game-changing shine.
8.00 **Deadliest Catch** A new generation lays claim to an industry Sig Hansen helped pioneer.
9.00 **Gold Rush: White Water** Dustin risks the lives of his entire crew, but an all-out mutiny changes the course of his season.
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy uses new technology in order to uncover ancient gold.
11.00 **Storm Chasers** Reed and Joel's roof is ripped off, and Sean finds himself in the path of a Texan tornado. **12.00** M'T The team try to save lives in Yazoo City as the most destructive tornado of the season across Mississippi.
1.00 **to 5.00** AM **Storm Chasers**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Meet the Orangutans**
3.00 **Meet the Penguins**
4.00 **My Cat from Hell** A man deals with his cat phobia.
5.00 **Lone Star Law** Out-of-state hunters trespass and hunt on private property.
6.00 **Tanked** Howie Mandel wants ATM to build him another tank.

6.00 Tanked

7.00 **Pit Bulls & Parolees** A look back at adorable moments – from surprising rescues to heart-warming adoptions.
8.00 **How Do Animals Do That?** Facts about eagles, squirrels and insects. **8.30** Why pandas are black and white.
9.00 **Crikey! It's the Irwins** After historical wildfires strike Australia, the Irwins race to rescue as many animals as possible.
10.00 **Edge of Alaska** Plans to allow tourists to visit the mine push forward, but the last days of winter threaten the locals.
11.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy performs facial surgery on an overweight cat. **12.00** M'T A homeless man's puppy suffers a broken paw.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Triple bill.
11.00 **Air Crash Investigation**
2.00 PM **World's Greatest Train Journeys from Above** New edition Featuring aerial footage of railway journeys.
3.00 **World War II: Secrets from Above** Double bill of editions.
5.00 **Apocalypse: The Rise of Hitler** 1/2. Documentary charting Hitler's rise to power. **6.00** 2/2. How Hitler set out to ensure the Nazi party's members dominated every aspect of German society.

8.00 Colosseum: Rice and Fall

7.00 **Pirates: Behind the Legends** Following the story of William Kidd, a pirate hunter who turned pirate himself.
8.00 **NEW SERIES Colosseum: Rise and Fall** New discoveries and research reveal the history of Rome's Colosseum.
9.00 **Lost Gold of the Dark Ages: Treasure Hoard** A collection of treasure found by a metal detector enthusiast in 2009.
10.00 **Draining the Bermuda Triangle** Using sonar data to 'drain' the sea and reveal the underwater landscape.
11.00 **To Catch a Smuggler** HSI San Diego uncover a truckload of meth. **11.30** HSI seize cocaine-filled tyre rims in Puerto Rico.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Discovered by Disaster**
7.00 **Pawn Stars** Six editions.
10.00 **Battle 360** Four editions.
2.00 PM **Storage Wars** Six editions of the series, including at: **4.00** Brandi and Lisa face off on a pair of lockers. **4.30** Lisa tries to break the curse of the bad locker.
5.00 **Ross Kemp: Shipwreck Treasure Hunter** At Scapa Flow, the actor finds treasure that could link to his family. **6.00** The actor explores the wrecks of a German warship.

5.00 Shipwreck Treasure Hunter

7.00 **Bomber: Terror of WWII** How bomber aircraft dominated the skies during World War Two.
8.00 **Bomber: Terror of WWII** The German attack on Warsaw in September 1939, which left the Polish capital in ruins.
9.00 **Clash of the Gods** Experts examine the story of Greek hero Hercules and explore archaeological discoveries.
10.00 **Clash of the Gods** The origins of Medusa, who, according to mythology, could turn anyone who looked at her into stone.
11.00 **Secrets Declassified with David Duchovny** The actor explores hidden government facilities and their secret operations.
12.00 M'T **The UnBelievable with Dan Aykroyd** The surprising link between sword swallowers and modern endoscopy.
1.00 AM **Storage Wars**
4.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Caribbean with Simon Reeve** From Barbados.
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries** Five editions, including at: **5.00** Robbie navigates the wintery Grand Union Canal while preparing for Christmas.
6.00 **'Allo 'Allo!** Herr Flick places Leclerc under arrest. **6.35** Rene narrowly escapes exploding Christmas puddings.

8.05 Cuba with Simon Reeve

7.05 **'Allo 'Allo!** The resistance attempt to smuggle the airmen back to England. **7.35** Rene's plans to elope with Yvette go awry.
8.05 **Cuba with Simon Reeve** Simon heads to Cuba to find a communist country in the middle of a capitalist revolution.
9.05 **Bangers & Cash** Derek heads to Scotland in the mother of all storms to pick up a Jaguar E-type and an MGC convertible.
10.05 **Bangers & Cash** A collection of five iconic cars arrives in Thornton le Dale, including a 1967 Crayford Corsair.
11.05 **Bangers & Cash** Derek heads to Brigg to value a 1974 Mk3 Ford Cortina 2000E.
12.05 AM **Bangers & Cash: Restoring Classics** A red Vauxhall Astra GTE gives the team a headache.
1.05 **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Massive Engineering Mistakes**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House**
8.00 **The Repair Shop** Restoring a Victorian railway lamp and a musical jewellery box. **9.00** A Victorian portrait of a formidable woman is restored. **10.00** Restoring a junior drum kit and a fret saw. **11.00** A decorative belt awarded to a Victorian sporting hero is restored.
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Curse of the Bermuda Triangle**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Disappeared**
7.00 **Disappeared** The case of 26-year-old Kirsten Breuggeman. **8.00** The case of Dee Ann Warner.
9.00 **A Killer's Mistake** The story of how police closed the net on rogue cop Kent McGowen. **10.00** A sexual predator who found his victims through an online dating app.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Megan Sharpton.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Murder Calls** The story of a romantic obsession that turned deadly.
7.00 **To Catch a Killer** Multiple suspects are found in the murder of Donna Jean Awcock.
8.00 **Inside Crime** Two stories of greed and lust that motivated the murders of two innocent women.
9.00 **Killers: Caught on Camera** A jazz musician and his new girlfriend are murdered a week apart. **10.00** A pregnant woman is shot twice by her husband after she discovers his affair.
11.00 **48 Hours** A daughter who wants to convict her father's killer.
12.00 M'T **48 Hours**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Ten editions.
2.00 PM **Medical Detectives** A woman dies after suffering side-effects from prescribed drugs. **2.30** Officers struggle to catch a killer when vital evidence is lost. **3.00** A girl's body is discovered 10 days after she disappeared. **3.30** A woman about to testify against her attacker is murdered. **4.00** A murderer who declared he would kill 12 people in New York. **4.30** An apparently healthy man dies mysteriously in his sleep.
5.00 **Evidence of Evil**
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Donal MacIntyre's Murder Files**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Road Wars**
10.00 **Brit Cops**
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the...**
2.00 **World's Most Evil Killers**
3.00 **Catching the Killer**
4.00 **Murdered at First Sight**
5.00 **Britain's Most Evil Killers**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **Polk: The Trial of Philip Polkinghorne** Series finale 3/3.
10.00 **The Real Manhunter**
11.00 **Ireland's Most Evil Killers** True-crime.
12.00 M'T **Killer in My Village**
1.00 AM **World's Most Evil...**
2.00 **Murders That Shocked the Nation** Peter Manuel.
3.00 **Love You to Death**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Agatha Christie: 100 Years of Poirot & Miss Marple** As 7.15pm.
9.30 **The Hidden Side of World War II**
1.00 PM **America the Bountiful** Documentary.
1.35 **Women Under Hitler's Flag** Double bill.
3.40 **The Hidden Side of World War II**
7.15 **Agatha Christie: 100 Years of Poirot & Miss Marple** A look at the writer's life and 10 of her most famous books.
8.40 **Agatha Christie's England** Exploring places that inspired the writer's fiction.
9.40 **Women Under Hitler's Flag** 1&2/2. Stories of female participants in the Nazi regime.
12.00 M'T **Agatha Christie: 100 Years of Poirot & Miss Marple** As 7.15pm.
1.30 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Claude Rains**
7.00 **Discovering: Janet Leigh**
8.00 **The Directors**
10.00 **The Man Who Stole The Scream** Documentary.
12.00 NOON **QPR: The Four Year Plan** Football documentary.
1.50 PM **My Icon: Chris Hughton**
2.00 **Yacht Rock: A Dockumentary**
4.00 **Stevie Van Zandt: Disciple**
6.50 **My Icon: Linford Christie**
7.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the band's time on the road. (2016, 12, 113min) ★★★★
9.00 **Germanwings: What Happened on Flight 9525?** Examining the circumstances surrounding the deliberate crashing of an Airbus in 2015.
10.50 **Lance** 1&2/2. A personal examination of the rise and fall of Lance Armstrong.
2.50 AM **Seve** The story of golfer Severiano Ballesteros.
4.50 **to 6.00** AM **Children of Shanghai**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Great Lakes Wild**
9.00 **Ol Pejeta Diaries**
11.00 **Alaskan Summer**
12.00 NOON **Guardians of the Wild**
2.00 PM **Supersenses**
5.00 **The Predator's Playbook**
6.00 **Bugs That Ruled the World** New edition Exploring how bees, butterflies, moths and other pollinators keep the fields fruitful.
7.00 **Attenborough's Journey**
8.00 **David Attenborough's Conquest of the Skies**
9.00 **Monkeys and More: Our Closest Relatives** A journey to find the shared traits between monkeys and humans.
10.00 **Wild Workers** A look at the creatures that act as nature's very own pest control. **10.30** A look into some of nature's biggest carnivores.
11.00 **Wild Workers** Double bill.
12.00 M'T **Bugs That Ruled the World** As shown at 6.00pm.
1.00 AM **Africa's Hidden Kingdoms**
4.00 **to 6.00** AM **Malawi Wildlife Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
8.00 **Ancient Aliens**
9.00 **Weeks of War**
11.00 **The Abyss: Rise & Fall of the Nazis** Double bill of editions.
1.00 PM **The Plane That Led D-Day**
3.00 **Hitler: Uncovering His Fatal Obsession** Double bill.
5.00 **Secret Wars Uncovered**
6.00 **Strangest Things**
7.00 **Britain in Colour**
8.00 **Conspiracy Files: Unsealed**
9.00 **Britain's Most Historic Towns**
10.00 **UFOs Declassified** An investigation into the Roswell incident in 1947.
11.00 **Close Encounters** Strange lights occur near a US Air Force base on England's east coast. **11.30** Sightings of an orange football-shaped object.
12.00 M'T **Ancient Aliens**
1.00 AM **Ancient Aliens: Secret Science** Documentary.
2.00 **Ancient Aliens**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **Craig Charles: UFO Conspiracies**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** David Harker.
11.00 **Nightmare in Suburbia**
1.00 PM **Cops Who Kill with Will Mellor** Steven Jones.
2.00 **Cops Gone Bad with Will Mellor** Mark Standen.
3.00 **When Missing Turns to Murder**
8.00 **Killer Britain with Dermot Murnaghan** Zatoon Bibi.
9.00 **Cold Case Files: Dead West** New edition The murder of a book dealer in her own store.
10.00 **Cold Case Files: DNA Speaks**
11.00 **Cold Case Files: Murder in the Bayou** Documentary.
12.00 M'T **The First 48 Presents: Critical Minutes** Documentary.
1.00 AM **Cold Case Files: Dead West** As shown at 9.00pm.
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **Interview with a Killer** New edition Devon Arthurs.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Wild Argentina**
11.00 **Ice Road Rescue**
1.00 PM **Europe's New Wild**
3.00 **Asia's Wild Secrets**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Heartland Docs** New edition The Schroeders perform an emergency C-section on a cat.
7.00 NEW **Deep Sea Dwellers** A look at the most intelligent creatures in the sea, including octopus, squid and cuttlefish.
8.00 **Wonders of the Ocean** Wildlife inhabiting the Pacific Islands.
9.00 **Hostile Planet** Animals that survive in the world's deserts.
10.00 **Alaska Animal Rescue** The wolf pack are plagued by a series of unexplained injuries.
11.00 **Underdogs** Ryan Reynolds narrates a look at animals at the bottom of the food chain. **11.45** A look at the animal kingdom's worst parents.
12.30 AM **Secrets of the Zoo: Keeper Tales** Documentary.
1.00 **Lawless Island**
2.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **The Antiques Brothers**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Uncovering what caused the Nazi *Hindenburg* aircraft to explode. **7.00** Cutting-edge technology that is helping experts examine the Bermuda triangle. **8.00** Experts examine the origin of the pyramids in the deserts of Sudan, the ruins of a powerful lost civilisation that once rivalled Egypt.
9.00 **Salvage Hunters: The Restorers** The restoration of a cast iron 19th-century fireplace. **10.00** French polisher Alex restores a 1930s rocking horse and upholsterer Craig tries to restore a classic Victorian chair. **11.00** Efforts are made to restore a World War Two RAF hero's bomber jacket.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
9.40 **TOTP: Christmas 1998**
10.20 **Top of the Pops** Triple bill.
12.20 PM **Doctor Who**
7.00 **Doctor Who** *The Mutants – Part One:* 15/26. The Time Lord encounters the sadistic Marshal who hunts down mutants on Planet Solos. **7.35** *The Mutants – Part Two:* 16/26. Ky transports himself and Jo down to Solos. **8.05** *The Mutants – Part Three:* 17/26. The Doctor and Varan search for Jo and Ky. **8.40** *The Mutants – Part Four:* 18/26. The Doctor and his friends are led to safety by Professor Sondergaard. **9.15** *The Mutants – Part Five:* 19/26. The Doctor returns to Skybase to correct the damage. **9.50** *The Mutants – Part Six:* 20/26. The Doctor helps the Marshal cover up his actions with the Investigator. (S9)
10.20 **Doctor Who** Six episodes.
1.40 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
10.00 **Til Death Do Us Part**
12.00 NOON **On the Case with Paula Zahn** Double bill.
2.00 PM **Dead Reckoning**
4.00 **The Big Swindle**
6.00 **Grave Secrets** Exploring the case of Loretta Bowersock. **7.00** Wendy Kratzert.
8.00 **The Perfect Murder** The murder of Robert Schwartz.
9.00 **Signs of a Psychopath** A Florida inmate says he has killed another woman. **9.30** A missing woman's brutally beaten body is found in a house near her home.
10.00 **Murder Under the Friday Night Lights** On New Year's Eve, a former cheerleader goes to a party and is found murdered the next day.
11.00 **Undercover Underage**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **The Murder Tapes**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Goblin Works Garage**
12.00 NOON **Holden Bros. Restos**
5.00 PM **Lucky!** As Formula 1 grows in popularity and value, more people want a slice, but Bernie Ecclestone won't give anything up without a fight. **6.00** Formula 1's maestro Bernie Ecclestone finally bows out with style.
7.00 **Wheeler Dealers** Mike snaps up a Jaguar S-Type for £3,000. **8.00** Mike finds his favourite iconic British car in a garage in Wales – a Mini Mark 1 850 **9.00** To Ant's dismay, Mike buys a 1979 Triumph TR7. **10.00** Mike tries to double his money on a classic Austin-Healey Frogeye Sprite. **11.00** Mike decides to take a gamble on a Jaguar E-type. **12.00** M'T Mike and Edd take on a Triumph Stag as a project.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.20 AM **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★
8.15 **Home Delivery** As 3.00am.
9.55 **Piece By Piece** As 6.15pm.
11.45 **Joker: Folie à Deux** (2024)
2.10 PM PREMIERE **Salem's Lot**
4.15 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
6.15 **Piece by Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)

10.25 Salem's Lot

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 PREMIERE Salem's Lot Horror based on Stephen King's novel, starring Lewis Pullman and Makenzie Leigh. A writer tries to destroy vampires in a small American town. (2024, 15, 109min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
3.00 **Home Delivery** Comedy. (2023, 15, 86min)
4.40 **to 6.45** AM **Exhibiting Forgiveness** Drama with André Holland. (2024, 15, 117min)

Sky Cinema Originals

303 303 403 503 517

7.00 AM **The Amazing Maurice** Animation. (2022, PG) ★★★★
8.40 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
10.40 **The Cinema List: Sky Originals**
11.00 **Anon** As shown at 1.30am.
12.45 PM **To Olivia** Biopic. (2021, PG, 90min) ★★★★
2.25 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
4.25 **Bonus Track** (2023, 12) ★★★
6.10 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★

10.00 May December

8.00 Lee Biopic starring Kate Winslet as World War Two photographer Lee Miller, who was determined to document the truth of the Nazi regime. With Andy Samberg, Marion Cotillard and Alexander Skarsgård. (2023, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 May December Drama starring Natalie Portman and Julianne Moore. Years after their romance gripped the nation, a couple buckle under pressure when an actor arrives to do research for a film about their past. (2023, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Black Site** Action thriller. (2022, 15, 93min) ★★
1.30 AM **Anon** Sci-fi thriller. (2018, 15, 100min) ★★★
3.15 **Save the Cinema** As 2.25pm.
5.10 **to 6.45** AM **Genie** Comedy. (2023, PG, 93min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Ray** As shown at 10.15pm.
9.45 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
12.00 NOON **Ghost** Romantic fantasy. (1990, 12, 127min) ★★★★
2.15 PM **One Life** Fact-based drama starring Anthony Hopkins. (2023, 12, 105min) ★★★★
4.10 **Molly's Game** Fact-based drama starring Jessica Chastain. (2017, 15, 137min) ★★★★

6.35 **The Man with the Answers** Greek romantic drama starring Vasilis Magouliotis. Subtitled. (2021, 12, 80min) ★★★★
8.00 **It Ends with Us** Drama starring Blake Lively and Justin Baldoni. (2024, 15, 125min) ★★★
10.15 **Ray** Biopic starring Jamie Foxx as soul music legend Ray Charles, who overcame poverty, racism and the loss of his sight to forge a ground-breaking musical career. With Regina King. (2004, 15, 152min) ★★★★

12.50 AM **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
2.25 **The Three Musketeers: Milady** Adventure sequel with François Civil. (2023, 12, 115min) ★★★★
4.25 **The Man with the Answers**
5.55 **to 7.30** AM **High Noon** Western. (1952, b/w, U, 85min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **The Adjustment Bureau**
8.40 **Furiosa: A Mad Max Saga**
11.10 **Mad Max: Fury Road** (2015)
1.10 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.10 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
6.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★

8.00 Furiosa: A Mad Max Saga Fantasy adventure starring Anya Taylor-Joy, Chris Hemsworth and Tom Burke. A warrior seeks vengeance against a biker horde led by Dementus. (2023, 15, 148min) ★★★★
10.30 Mad Max: Fury Road Sci-fi thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★

12.30 AM **The Adjustment Bureau** Sci-fi thriller with Matt Damon. (2011, 12, 105min) ★★★★
2.20 **Anon** Sci-fi thriller with Clive Owen. (2018, 15, 100min) ★★★
4.05 **to 6.00** AM **Biosphere** Sci-fi comedy starring Mark Duplass. (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
9.00 **Stardust** (2007, PG) ★★★★
11.10 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
12.45 PM **The Flintstones** Comedy. (1994, U, 93min) ★★★
2.25 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
4.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
5.40 **IF** Fantasy with Ryan Reynolds. (2024, U, 104min) ★★★

7.30 Wonka

7.30 **Wonka** Fantasy adventure starring Timothée Chalamet, Calah Lane, Olivia Colman, Paterson Joseph and Hugh Grant. (2023, PG, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Look Who's Talking Now** Comedy sequel starring John Travolta and Kirstie Alley, featuring the voices of Danny DeVito and Diane Keaton as a pair of mismatched dogs. (1993, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Harriet the Spy** Comedy starring Michelle Trachtenberg. (1996, PG, 97min) ★★★★
1.00 AM **Ride On** Chinese drama with Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
3.10 **Patch Adams** Fact-based comedy starring Robin Williams and Monica Potter. (1998, 12, 115min) ★★
5.10 **to 6.45** AM **Beethoven** Comedy with Charles Grodin. (1992, U, 87min) ★★★

Sky Cinema Action

307 307 407 507 521

6.20 AM **The Patriot** Period drama. (2000, 15, 167min) ★★★
9.15 **Iron Monkey** As 2.00am.
10.55 **Final Score** Action drama. (2018, 15, 104min) ★★★
12.45 PM **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★
3.10 **Fury** World War Two drama. (2014, 15, 134min) ★★★
5.30 **Aquaman** Adventure starring Jason Momoa and Amber Heard. (2018, 12, 143min) ★★★

10.10 Monkey Man

8.00 **Bad Boys for Life** Action comedy sequel starring Will Smith and Martin Lawrence. Miami detective Mike Lowrey is targeted for assassination by a crime lord's widow. With Vanessa Hudgens. (2020, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

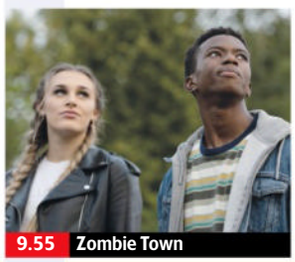
10.10 **Monkey Man** Action thriller starring Dev Patel and Sharlto Copley. (2024, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Jackie Chan's Police Story** Hong Kong martial arts comedy thriller. Subtitled. (1985, 15, 98min) ★★★★
2.00 **Iron Monkey** Hong Kong martial arts thriller. Subtitled. (1993, 12, 90min) ★★★
3.35 **Last Hurrah for Chivalry** Hong Kong martial arts adventure. Dubbed. (1978, 18, 107min) ★★★
5.30 **to 7.15** AM **Hudson Hawk** Comedy. (1991, 15) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **You, Me and Dupree**
8.30 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
10.25 **Snack Shack** Comedy. (2023, 15, 107min) ★★★
12.25 PM **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
2.05 **Knocked Up** Romantic comedy. (2007, 15, 129min) ★★★★
4.20 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
6.15 **About Last Night** Comedy remake. (2014, 15, 98min) ★★


9.55 Zombie Town

8.00 **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Zombie Town** Comedy horror starring Dan Aykroyd, Chevy Chase and Madi Monroe. Two teens try to survive in a town of hungry zombies. (2023, 12, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Producers** Screen version of Mel Brooks' musical. (2005, 12, 134min) ★★★
1.55 AM **Thelma** Action comedy starring June Squibb. (2024, 12, 98min) ★★★★
3.35 **The Persian Version** Comedy drama with Layla Mohammadi. (2023, 15, 107min) ★★★
5.25 **The Cinema List: Pride**
5.40 **to 7.20** AM **Chalet Girl** Comedy starring Felicity Jones. (2011, 12, 97min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.45 AM **Public Enemies** Biopic. (2009, 15, 140min) ★★★★
10.10 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★
11.55 **Absolution** Crime thriller. (2024, 15, 112min) ★★★
1.50 PM **Ocean's Eleven** Thriller. (2001, 12, 116min) ★★★★
3.55 **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★★
5.45 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★

10.15 Chinatown

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. With Brad Pitt and Matt Damon. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Chinatown** Thriller starring Jack Nicholson and Faye Dunaway. A private investigator takes a routine case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Punisher** Thriller. (2004, 18, 123min) ★★★
2.50 **Swallowed** Horror with Cooper Koch. (2022, 18, 96min) ★★
4.30 **to 6.30** AM **Rumble Through the Dark** Crime thriller. (2023, 15, 116min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
12.50 PM **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★★★★
3.30 **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★
5.45 **Transformers: Age of Extinction** Sci-fi adventure starring Mark Wahlberg. (2014, 12, 166min) ★★★

9.00 The 355

Transformers: Age of Extinction (film started at 5.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The 355** Thriller starring Jessica Chastain. When a top-secret weapon falls into mercenary hands, a CIA agent joins forces with three international agents to retrieve it. With Penélope Cruz, Lupita Nyong'o and Diane Kruger. (2022, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **127 Hours** Danny Boyle's fact-based adventure drama starring James Franco as young mountain climber Aron Ralston, who faced a life-or-death dilemma after a falling boulder trapped him in Utah's Blue John canyon. (2010, 15, 93min) ★★★★
1.15 **to 3.05** AM **Meander** Horror. (2020, 15, 90min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

7.25 AM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
9.25 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
11.50 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
1.55 PM **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
3.55 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★

6.00 **Raiders of the Lost Ark** Adventure with Harrison Ford. (1981, PG, 115min) ★★★★★
8.00 **Saving Private Ryan** Steven Spielberg's harrowing World War Two drama starring Tom Hanks. (1998, 15, 169min) ★★★★★
10.50 **Frost/Nixon** Ron Howard's drama based on Peter Morgan's play about the TV confrontation between David Frost and Richard Nixon, starring Michael Sheen and Frank Langella. (2008, 15, 122min) ★★★★

12.55 AM **Touch** Romantic drama. (2024, 15, 121min) ★★★★
3.00 **LaRoy, Texas** Comedy crime caper starring Steve Zahn. (2023, 15, 112min) ★★★★
5.00 **to 6.40** AM **The Damned** Horror starring Odessa Young. (2024, 15, 89min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.50 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
9.00 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
11.00 **Indiana Jones and the Last Crusade** Adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★
1.10 PM **Beverly Hills Cop** (1984)
3.00 **Beverly Hills Cop II** As 1.00am.

4.45 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
9.35 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
11.05 **Beverly Hills Cop** Comedy. (1984, 15, 105min) ★★★★

1.00 AM **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
3.00 **Beverly Hills Cop 3** As 4.45pm.
5.00 **Sky Cinema Preview**
5.45 **to 7.45** AM **Young at Heart** Musical starring Doris Day. (1954, U, 117min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Antz** (1998, PG) ★★★
7.45 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.20 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
11.05 **Penguins of Madagascar** Animation. (2014, U) ★★★★
12.40 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.20 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★

4.00 **Monster House** Animation. (2006, PG, 91min) ★★★★
5.45 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
7.25 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
9.20 **Curious George** Animation. (2006, U, 87min) ★★★★
10.50 **Little Vampire** Animation. (2020, PG, 85min) ★★★
12.15 AM **Tad the Lost Explorer and the Secret of King Midas** Animatiion. (2017, U) ★★★

1.45 **Under the Boardwalk** Animated musical comedy. (2023, PG, 83min) ★★★
3.15 **Scooby-Doo! The Sword and the Scoob** Animated fantasy. (2021, PG, 76min) ★★★
4.35 **to 6.10** AM **The Road to El Dorado** (2000, U) ★★★

Movies 24

312 313 419

7.00 AM **Our Take on Love** (2022)
9.00 **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
11.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
1.00 PM **A Playful Love** Romantic comedy. (2022, PG, 84min) ★★
3.00 **PREMIERE** **Signed, Sealed, Delivered: A Tale of Three Letters** Drama starring Eric Mabius. (2024, PG, 90min) ★★

5.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
7.00 **Planning on Forever** Romantic comedy starring Emily Tennant. An events planner organises her sister's wedding with the help of a man she went on a blind date with. (2022, PG, 89min) ★★
9.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. A woman at a crossroads in her life receives an unlikely advisor in the shape of Jane Austen herself. (2024, PG, 84min) ★★

11.00 **Romantic Friction** Romantic comedy. (2023, PG, 90min) ★★
1.00 AM **Love's Secret Ingredient** Comedy. (2023, PG, 91min) ★★
3.00 **to 5.00** AM **The Love Hunt** Comedy. (2023, PG, 89min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Wings Over Africa** Adventure. (1936, b/w, PG) ★★
7.15 **Singing Through** Comedy. (1935, b/w, U, 72min) ★★
8.20 **The Unsinkable Bette Davis**
8.45 **Just William's Luck** Comedy. (1947, b/w, U, 92min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Behemoth the Sea Monster** Horror. (1959, b/w, 12, 70min) ★
12.40 PM **Look at Life** Documentary.

12.50 **Worzel Gummidge** 7/7. (S1)
1.25 **Batman** 22/60. (S2)
2.00 **In a Lonely Place** Thriller. (1950, b/w, PG, 89min) ★★★★
3.55 **Cinebox Memories**
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town** Documentary.
5.00 **The Footage Detectives**
6.00 **East of Sudan** Period adventure. (1964, U, 85min) ★
7.45 **Look at Life** Documentary.
8.00 **Gideon's Way** 25/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**

9.55 **Confessions of a Pop Performer** Comedy. (1975, 18) ★
11.40 **Budgie** 6/13. (S2)
12.45 AM **The Heritage Chart Show**
1.50 **Bank Shot** (1974, PG) ★★★
3.30 **Lifetime of Comedy**
4.45 **The Texan** 34/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.05 **LIVE NRL Sydney Roosters v North Queensland Cowboys.** Coverage of the match from the 16th round of fixtures at Allianz Stadium, Sydney. Kick-off **7.05am**.
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.15 **LIVE Test Cricket England v India.** Coverage of day three of the first Test in the five-match series, held at Headingley. England's last match here in this format came against Australia in 2023, when Mark Wood took seven wickets in a three-wicket triumph for the hosts, and they will hope for another victory in this match, having won all of their last five Tests at this venue.
7.00 PM **LIVE Women's PGA Championship** Coverage of day four of the Major championship from Fields Ranch in Frisco, Texas. South Korea's Amy Yang is aiming to defend the title she won last year at Sahalee Country Club, when a final score of seven-under saw her claim a maiden Major title.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Liverpool v Blackburn Rovers from the 1994/95 season.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
4.00 PM **Premier League Highlights** Ipswich Town v Aston Villa.
4.30 Leicester v Manchester City.
5.00 Action from Liverpool v West Ham United at Anfield.
5.30 Highlights from Liverpool v Wolverhampton Wanderers.
6.00 Action from Newcastle United v Nottingham Forest.
6.30 Highlights of Newcastle United v Tottenham Hotspur.
7.00 **Paul McGrath: PFA Winner**
7.15 **My Origin Story: Unai Emery**
7.30 **Paul McGrath: PFA Winner**
7.45 **My Origin Story: Unai Emery**
8.00 **Gary Neville's Soccerbox**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years** Moments of the 2001/02 season.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2009/10**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship play-offs.
8.30 **Best Moments from the Championship Play-Off Final**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final.
12.00 NOON **EFL** Derby County v Aston Villa in the 2018/19 Championship play-off final.
1.00 PM Action from Charlton Athletic v Sunderland in the 2018/19 League One play-off final.
2.00 Newport County v Tranmere Rovers in the 2018/19 League Two play-off final.
3.00 **EFL Greatest Games**
4.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
6.00 **SPFL Greatest Games** Motherwell v Hibernian in 2010.
8.00 **SPFL Highlights** Action from four games between Rangers and Celtic in the 2020/21 season.
10.00 **SPFL Highlights** Rangers v Celtic games in the 2021/22 season.
12.00 M'T **EFL Cup Retro** Liverpool v Cardiff City in the 2012 final.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Women's One-Day International Cricket**
8.00 **Test Cricket** England v India.
9.00 **Best of England v India**
9.25 **Ashes Greats** Player profiles.
9.45 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** Day three of the first Test in the five-match series, held at Headingley. England's last match here in this format came against Australia in 2023, which ended in a three-wicket victory for the hosts.
7.00 PM **Ashes Greats** Player profiles.
7.30 **Best of England v India**
8.00 **Test Cricket** England v India.
9.00 **Women's One-Day International Cricket**
10.00 **One-Day International Cricket**
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **Test Cricket** England v India.
1.00 AM **Women's One-Day International Cricket**
2.00 **One-Day International Cricket**
3.00 **Test Cricket** England v India.
4.00 **Women's One-Day International Cricket**
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Women's PGA Championship** The third day.
12.00 NOON **HotelPlanner Tour Golf**
12.30 PM **LIVE PGA Tour Golf** Coverage of the fourth and final day of the Travelers Championship staged at TPC River Highlands.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **Ladies European Tour Golf**
1.00 AM **Playing Lessons**
2.00 **PGA Tour Golf** Highlights.
3.00 **Golf Academy** With Tony Jacklin.
4.00 **Women's PGA Championship**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA Tennis** The opening day of the Bad Homburg Open.
11.00 **LIVE WTA Tennis** Berlin Open final at Rot-Weiss Tennis Club.
1.00 PM **LIVE WTA & ATP Tennis** Coverage from the Tours.
2.00 **LIVE ATP Tennis** Coverage of the Halle Open final at OWL Arena.
4.00 **LIVE WTA & ATP Tennis** Further coverage from the Tours.
7.00 **ATP Tennis** Stuttgart Open final.
8.00 **WTA Tennis** Berlin Open final.
10.00 **ATP Tennis** Halle Open final.
12.00 M'T **WTA Tennis** Berlin Open.
2.00 AM **Bitesize Tennis** Highlights.
2.15 **Tim Henman Podcast 2024**
2.30 **Billie Jean King: My Story**
2.45 **Martina Navratilova: Unstoppable** An interview.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM **MLB: Off the Bat**
7.30 **Cycling** Tour of Switzerland.
8.30 **UCI Mountain Bike World Series** FROM Val di Sole, Italy.
9.30 **LIVE UCI Mountain Bike World Series** The XCO Olympic Elite events in Val di Sole, Italy.
2.30 PM **TNT Sports Cricket Reload**
2.45 **LIVE Women's International T20 Cricket West Indies v South Africa.** Coverage of the second T20 in the three-match series from 3Ws Oval in Barbados.
6.45 **Tom Aspinall's Fight Lab**
7.15 **The WRC Magazine**
7.45 **European Rally Championship**
8.15 **No Filter Rugby**
8.30 **MLB: Off the Bat**
9.00 **LIVE MLB San Diego Padres v Kansas City Royals.** Coverage of the inter-league match staged at Petco Park. Start-time **9.10pm**.
12.15 AM **TNT Sports Reload**
12.30 **NBA on Fire** The latest news.
1.00 **LIVE NBA Oklahoma City Thunder v Indiana Pacers.** Coverage of game seven of the NBA Finals staged at Paycom Center. Tip-off **1.00am**.
3.30 **NBA Action** Highlights.
4.00 **to 6.00** AM **Men's Cycling**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 **MotoGP** Grand Prix of Italy.
7.30 **LIVE MotoGP Rookies Cup** The Grand Prix of Italy race two.
8.30 **LIVE MotoGP** Warm-up session.
9.00 **LIVE MotoGP** The Grand Prix of Italy Moto3 and Moto2 races.
12.15 PM **LIVE MotoGP** The Grand Prix of Italy MotoGP race.
2.15 **MotoGP Chequered Flag**
3.15 **TNT Sports Reload**
3.30 **MLB Highlights**
4.30 **LIVE MLB New York Yankees v Baltimore Orioles.** American League East match at Yankee Stadium. Start-time **4.35pm**.
7.45 **MotoGP** Grand Prix of Italy.
9.45 **British Superbikes**
10.45 **WNBA** Sky v Mercury.
11.45 **UEFA Champions League**
12.00 M'T **LIVE MLB Philadelphia Phillies v New York Mets.** Coverage of the National League East match staged at Citizens Bank Park. Start-time **12.00m't**.
3.15 AM **MLB Plays of the Week**
3.45 **Born Racers** Rookies Cup.
4.45 **UEFA Champions League**
5.00 **to 6.00** AM **ABB FIA Formula E World Championship**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **British and Irish Lions Tour** British & Irish Lions v Argentina.
9.45 **The Rugby Championship** Australia v New Zealand at Accor Stadium in Sydney from 2024.
12.00 NOON **The Rugby Championship** A replay of New Zealand v Australia at Sky Stadium in Wellington from 2024.
2.00 PM **Super League** Castleford Tigers v Hull Kingston Rovers.
4.45 **Super League** Another chance to see St Helens v Leeds Rhinos at Totally Wicked Stadium.
7.30 **The Rugby Championship** South Africa v Argentina at Mbombela Stadium from 2024.
9.30 **British and Irish Lions Tour** British & Irish Lions v Argentina from Aviva Stadium in Dublin.
10.30 **The Rugby Championship** New Zealand v Australia at Sky Stadium in Wellington from 2024.
12.30 AM Australia v New Zealand in Sydney from 2024.
2.45 New Zealand v Australia in Wellington from 2024.
4.45 **State of Origin Rugby League** Highlights from Queensland Maroons v New South Wales Blues at Optus Stadium in Perth.
5.45 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights**
7.00 **Rugby Greatest Games**
7.05 **LIVE NRL Sydney Roosters v North Queensland Cowboys.** Coverage of the match from the 16th round of fixtures at Allianz Stadium, Sydney. Kick-off **7.05am**.
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
10.30 **LIVE WTA Tennis** Coverage of day one of the Bad Homburg Open, a grass-court tournament staged at the TC Bad Homburg in Bad Homburg, Germany.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Halle Open, the ATP Mallorca Championships, the WTA Berlin Open and the WTA Bad Homburg Open.
6.00 PM **LIVE Women's PGA Championship** Coverage of day four of the Major championship at Fields Ranch in Frisco, Texas. South Korea's Amy Yang is aiming to defend the title she won last year at Sahalee Country Club.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts**
4.15 AM **EFL Greatest Games**
5.00 **to 6.00** AM **EFL Cup Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Women's PGA Championship** The third day.
11.30 **Test Cricket** England v India.
1.30 PM **PL Greatest Games**
2.00 **WTA & ATP Tennis**
4.00 **LIVE Indy NXT** The Grand Prix of Road America in Elkhart Lake, Wisconsin. Start-time **4.00pm**.
5.00 **Test Cricket** England v India.
7.00 **Fight Night** Two bout replays.
9.00 **Women in Golf: Breaking with Tradition** Documentary.
10.00 **Billie Jean King: My Story**
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PL Greatest Games**
1.00 AM **Test Cricket** England v India.
3.00 **EFL Greatest Games**
4.00 **Test Cricket** England v India.
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE V8 Supercars Championship** The Darwin Triple Crown at Hidden Valley Raceway in Darwin, Australia.
8.00 **ABB FIA Formula E World Championship Highlights**
9.00 **Test Cricket Highlights**
10.00 **Cycling** Recent action.
2.00 PM **LIVE Cycling: Tour of Switzerland** The eighth stage, a 10.1km individual time-trial from Beckenried to Stockhütte.
5.00 **AFL** Two match replays.
8.00 **Test Cricket Highlights**
9.00 **UFC** Another chance to see Jamahal Hill v Khalil Rountree Jr.
12.00 M'T **Tom Aspinall's Fight Lab**
12.30 AM **LIVE NWSL Gotham FC v Bay FC.** From Sports Illustrated Stadium. Kick-off **12.30am**.
2.45 **UEFA Women's Champions League** Arsenal v Barcelona.
3.15 **UEFA Champions League**
3.30 **UCI Mountain Bike World Series**
4.30 **to 6.00** AM **British Superbikes**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE AFL Western Bulldogs v Richmond.** Coverage of the match at Marvel Stadium. Bounce-up **6.20am**.
9.00 **UEFA Champions League**
9.30 **UEFA Europa League**
10.00 **UEFA Conference League**
10.30 **ABB FIA Formula E World Championship Highlights**
11.30 **British Superbikes Highlights**
1.00 PM **LIVE British Superbikes** Coverage of races two and three at the third round of the season staged at Snetterton in Norfolk.
6.00 **FIM Speedway Grand Prix**
7.00 **UCI Mountain Bike World Series** From Val di Sole in Italy.
8.00 **Men's Cycling** Recent action.
11.00 **The Muddy Roots of Football**
11.30 **Premier League Stories**
12.00 M'T **UCI Mountain Bike World Series** From Val di Sole in Italy.
1.00 AM **AFL** Two match replays.
4.00 **TNT Sports Cricket Reload**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **Desafio China by La Vuelta**
7.00 **British Minibikes** Round two.
9.00 **Transworld Sport** Magazine.
10.00 **LaLiga Highlights**
11.00 **Motorsport Highlights**
1.30 PM **FIA World Endurance Championship** Recent action.
2.30 **Asian Le Mans Series**
3.30 **Desafio China by La Vuelta**
4.30 **Transworld Sport** Magazine.
5.30 **NASCAR Highlights**
6.30 **LIVE NASCAR** Great American Getaway 400 at Pocono Raceway.
11.00 **Bike World** Magazine.
11.30 **LaLiga Specials**
12.00 M'T **LIVE CONCACAF Gold Cup USA v Haiti.** The Group D match. Kick-off **12.00m't**.
2.00 AM **Football's Greatest**
3.00 **LIVE CONCACAF Gold Cup Dominican Republic v Suriname.** Kick-off **3.00am**.
5.00 **Football's Greatest**
5.30 **to 6.00** AM **Scottish Rally Championship**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **LaLiga Specials**
8.00 **CONCACAF Gold Cup**
10.00 **Major League Cricket**
2.00 PM **GP Confidential** F1 news.
2.30 **Bike World** Magazine.
3.00 **Top 14 Rugby Union**
5.00 **FastZone** Motorsports highlights.
5.30 **Bike World** Magazine.
6.00 **Copa Del Rey** Barcelona v Real Madrid in this year's final.
9.00 **CONCACAF Gold Cup**
11.00 **Bike World** Magazine.
11.30 **LaLiga Specials**
12.00 M'T **LIVE CONCACAF Gold Cup Saudi Arabia v Trinidad and Tobago.** Coverage of the Group D match from Allegiant Stadium. Kick-off **12.00m't**.
2.00 AM **LaLiga Specials**
2.30 **GP Confidential**
3.00 **LIVE CONCACAF Gold Cup Mexico v Costa Rica.** The Group A match. Kick-off **3.00am**.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Canada.
7.00 **F1 Academy Highlights**
9.55 **British GT Championship**
11.10 **LIVE British GT Championship** The fifth round of the season from Belgium.
2.45 PM **Craig Slater Behind the Scenes with Ferrari**
3.00 **Indycar** From Madison, Illinois.
4.00 **LIVE Indy NXT** The Grand Prix of Road America in Elkhart Lake.
5.00 **LIVE Indycar** The XPEL Grand Prix at Road America warm-up.
5.30 **Formula 1** Canadian Grand Prix.
6.30 **LIVE Indycar** XPEL Grand Prix at Road America in Elkhart Lake.
9.00 **Formula 1** Canadian Grand Prix.
10.00 **Ted's Notebook**
10.30 **F1 Academy: Weekend Wrapped** A race review.
11.00 **Indy NXT** GP of Road America.
12.00 M'T **Formula 1** From Canada.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

23 June

Evening Planner

Game Show

Celebrity Puzzling
5, 7pm
Jeremy Vine hosts, with team captains Carol Vorderman and Sally Lindsay and celebrity guests solving brainteasers.

Documentary

Death in the Desert: The Nurse Helen Mystery
C4, 9pm
The case of a British nurse who died in suspicious circumstances in Saudi Arabia.

Drama

The Gilded Age
Sky Atlantic & Sky Showcase, 9pm
As the period drama returns, Bertha (Carrie Coon) has plans to elevate the Russells' standing – but at what cost?

Music

Glastonbury: 70s Hits
BBC2, 10pm
Ahead of the festival's opening comes three nights' worth of Glasto legends from the 1970s, 80s and 1990s.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Scam...	9.00 The Gold		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Today at the Test		8.00 Your Garden Made Perfect		9.00 Murder 24/7		10.00 Glastonbury...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Shardlake		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 Death in the Desert: The Nurse Helen...		10.00 Night Coppers	
	105 5	7.00 Celebrity Puzzling		8.00 Motorway Cops: Catching Britain's...		9.00 Fare Dodgers: At War with the Law		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 The Gilded Age		10.05 Royal Kill List	
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16			8.10 The Traitors NZ	9.00 Body on the Beach: What Happened...		10.00 Crashed: $800m Festival Fail	
	116 BBC4	7.00 Secrets of Skin	7.30 War Walks	8.00 Burma, My Father and the Forgotten...		9.00 The Nazis: A Warning from...		9.50 Rise of the Nazis: Dictators at War	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 G'wed	10.35 Family Guy
	136 MORE4	‹ 6.55 Car S.O.S.		8.00 PopMaster TV		9.00 Top Guns: Inside the RAF		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.55 Westworld		8.00 Game of Thrones		9.00 The Gilded Age		10.05 Mary & George	
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army		8.40 Porridge		9.20 The Vicar of Dibley	10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	7.00 Formula E Highlights		8.00 Beat the Chasers		9.00 Film: Wrath of the Titans			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard: Right Here Right Now		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1			8.05 Rob Beckett's Smart TV	9.00 Poker Face		10.00 Warrior	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Roses from the South				10.00 Isle of Wight Festival	
	132 U&W	7.00 Ski A&E		8.00 Pete Wicks: For Dogs' Sake		9.00 Deadly Waters with Captain Lee		10.00 Psychopath with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Fish or Die				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Bloody Tales of the Tower					
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 Killer Kings		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Canal Boat Diaries		9.00 Australia with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 Chimp Crazy		7.55 The Mortician		9.00 Lancaster			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Piece By Piece		8.00 Joker: Folie à Deux				10.25 Anora	
	302 5 STAR MOVIES	‹ 5.50 The Apartment		8.00 It's a Wonderful Life				10.15 Singin' in the Rain	
	303 ORIGINALS	‹ 6.00 Lee		8.00 The Dry				10.00 Force of Nature: The Dry 2	
	304 GREATS	‹ 5.30 Funny Girl		8.00 Grease				10.00 Let's Dance	
	305 ANIMATION	‹ 5.40 Trolls...	7.20 Barnyard			8.55 Sneaks			10.35 Under the...
	306 FAMILY	‹ 5.50 Johnny English Reborn	7.45 The Witches				9.30 Patch Adams		
	307 ACTION	‹ 5.50 Snow White and the Huntsman		8.00 American Sniper				10.20 The Fast and the...	
	308 COMEDY	‹ 6.00 We're the Millers		8.00 You've Got Mail				10.05 Thelma	
	309 THRILLER	‹ 6.25 Retribution		8.00 Ocean's Thirteen				10.10 Collateral	
	310 DRAMA	‹ 6.15 The Great Escaper		8.00 The Three Musketeers: Milady				10.05 High Noon	
	311 SCI-FI	‹ 5.55 The Nun II		8.00 Star Trek Beyond				10.15 Constantine	
	313 FILM4	‹ 5.30 The Great Escape				9.00 A Quiet Place Part II			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Arteta MNF Special		10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 Women's...	7.30 Bundesliga		8.30 Bundesliga...	9.00 Celtic: Another...	9.30 Best Scottish...	10.00 EFL Cup Highlights	
	404 CRICKET	7.00 Ashes Greats	7.30 Best of...	8.00 Test Cricket		9.00 One-Day International Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	‹ 6.30 FIM...	7.30 British Speedway – Live: Ipswich Witches v Leicester Lions					10.00 British Superbikes Highlights	
	411 TNT SPORTS 2	‹ 6.00 Ultimate Pool – Live: Coverage from Group 4 of the Pairs Cup					9.30 Fight Week		10.15 Tom Aspinall's Fight Lab

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition The leader of a organised crime gang is identified. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** Alistair Appleton helps a couple relocate to Somerset or Devon. (S)(R)
3.45 **Garden Rescue** In Stockport, a 'tidy mess' is transformed into a serene and stylish garden. (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Gold

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Kat realises Phil is in over his head, while Yolande asks the Vic staff if they can host Patrick's 85th birthday. (S)(AD)

8.00 **Panorama** New edition In-depth current affairs report. (S)
8.30 **Scam Interceptors** The team foil scammers in India persuading victims to send cash to UK addresses. (S)(R)

9.00 **The Gold** Series finale 6/6. Boyce retires, but the work continues. In Britain and America, the Brink's-Mat criminals face their day in court. In Spain, a manhunt is launched. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** Hannah Fry hosts the satirical quiz, with Zoe Lyons and Ed Patrick joining team captains Ian Hislop and Paul Merton. (S)(R)
11.10 **Ragdoll** 3/6. Rose's behaviour raises questions for Edmund, but Baxter won't listen. (S)(R)(AD)
11.55 4/6. Rose and Baxter try to outwit the murderer with an unorthodox plan. (S1) (S)(R)(AD)
■ Entire series on BBC iPlayer
12.45 AM **Blankety Blank** 9/9. With Sue Perkins, Dermot O'Leary, Naga Munchetty, Ellie Simmonds, Iain Stirling and Layton Williams (S)(R)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Saturday Kitchen Best Bites**
8.00 **Sign Zone: Springwatch** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 NEW SERIES **Weatherman Walking** 1/3. Derek Brockway visits Aberdyfi and Merthyr Tydfil. (S)
4.15 **Hidden Treasures of the National Trust** Hardwick Hall. (S)(R)(AD)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** With Mark Chapman, Rachel Parris Amanda Lamb and Will Kirk. (S)(R)
6.30 **Robson Green's Weekend Escapes** Robson and Tessa Peake-Jones explore the landscape of the North York Moors. (S)(R)(AD)

9.00 Murder 24/7

7.00 **Today at the Test** England v India: Action from day four of the first Test in the five-match series, held at Headingley Cricket Stadium. (S)

8.00 **Your Garden Made Perfect** The owners of a new-build house in Liverpool seek help regarding a massive retaining wall which overwhelms their outdoor space. Hosted by Angela Scanlon. (S)(R)

9.00 **Murder 24/7** New edition 4/6. Police responding to a 999 call find a woman and her daughter with serious stab wounds, with the woman's partner at the scene claiming self defence. (S)(AD)
■ Continues tomorrow

10.00 NEW **Glastonbury: 70s Hits** A selection of performances at the festival from over the years by stars of the 1970s, including Barry Gibb, Dolly Parton, Al Green and Jeff Lynne's ELO. (S)
10.30 **Newsnight** (S)
11.00 **Couples Therapy** New editions 11/18. Kyle reveals the origins of his desire for sexual freedom. (S)
11.25 12/18. Dr Orna Guralnik explores Katherine and Nick's inability to connect. (S)
■ Entire series on BBC iPlayer
11.50 **Small Town, Big Riot** (S)(R)(AD)
12.50 AM **Sign Zone: Countryfile** (S)(R)
1.45 **Sign Zone: Race Across the World** 9/9. The teams reunite. (S)(R)(AD)
2.45 **Sign Zone: Antiques Roadshow**
3.45 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Alan answers viewers' gardening questions, Camilla Bassett-Smith explores a spectacular coastal garden, and Claire Lowrie shares advice on summer-proofing houseplants. (S)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Cain is furious when he finds out he has been kept in the dark, Belle tries to persuade Tracy to change her mind, and Robert feels guilty. (S)(AD)

8.00 **Coronation Street** Aadi throws a midsummer party at Number Seven, but Amy's hurtful words and Brody's illicit drugs lead to an experiment that has alarming consequences for more than one partygoer. (S)(AD)

9.00 **Shardlake** New episode 3/4. Something does not add up when Goodhap goes missing, while Shardlake refuses to compromise the truth when Barak is agitated by the slow pace of the investigation. (S1) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **TikTok: Murder Gone Viral** 1/3. Documentary exploring true-crime cases linked to the social-media platform, beginning with influencer Mahek Bukhari and her mother Ansreen, who killed two people in February 2022. (S)(R)(AD)
11.40 **Heathrow: Britain's Busiest Airport** Staff at the airport attempt to deal with one of the UK's worst winter storms. (S)(R)
12.05 AM **Teleshopping**
3.00 **Suspicion** 1/8. Psychological thriller. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Dermot O'Leary's Taste of Ireland** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 21-24/27. (S9) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 12-15/24. (S2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Connecticut. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Sam introduces his floating bike shop. (S)(R)(AD)
5.00 **Chateau DIY** Ben and Billie plan to create the tallest Christmas tree in France. (S)(R)(AD)
6.00 NEW SERIES **Sun, Sea and Selling Houses** In Alicante, estate agents Charlotte and Damon line up three properties for Sonia and Chris, who are searching for a family holiday home. (S)

8.00 Dover 24/7

7.00 **News** (S)

8.00 **Dover 24/7: Britain's Busiest Port** New edition It's the busiest day of the year for Dover's cruise terminal, with three ships docking at once. Plus, the maintenance team go to work at the famous white cliffs. (S)(AD)

9.00 NEW **Death in the Desert: The Nurse Helen Mystery** Film-maker Keely Winstone re-investigates the infamous 1979 death of British nurse Helen Smith in Saudi Arabia, to discover how much the British government really knew. (S)(AD)

10.00 **Night Coppers** On the beat with the police officers who patrol Brighton after dark. Dan and Dakota are assigned to an over-zealous football fan who's been knocked out in the street. (S)(R)(AD)
11.05 **Murder in the Alps** 1/3. Exploring a murder that has gone unsolved for 10 years. (S)(R)(AD)
12.05 AM 2/3. Detectives hunt for a motorcyclist. (S)(R)(AD)
1.00 3/3. A look at why so much attention was focused on prime suspect Zaid Al-Hilli. (S)(R)(AD)
1.55 **Ramsay's Hotel Hell** (S)(SL)(R)
2.45 **Musk v Trump: The Showdown** (R)
3.40 **George Clarke's Amazing Spaces**
4.25 **Find It, Fix It, Flog It** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM You'll Never Leave Me** Thriller with Christie Leverette. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Sue and Rod mark a milestone in their crusade to save horses across the Costa Blanca. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Trainer Graeme Hall tries to mend a broken bond between two best friends. (S)(R)
6.55 **News** (S)

8.00 Motorway Cops

7.00 **NEW SERIES Celebrity Puzzling** 1/8. Quiz hosted by Jeremy Vine, with Sally Lindsay and Carol Vorderman. (S)
■ Continues tomorrow
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition A police helicopter spots a gang of youths riding motorbikes off-road in Newcastle, so PC Chris Kemp gets on their tail on the ground. (S)(AD)

9.00 **Fare Dodgers: At War with the Law** New edition Transport for London investigators Rich and Greg are on the trail of a man they believe has run up more than £1500 in unpaid fares on the Elizabeth Line. (S)

10.00 **Police: Night Shift 999** Staff at a store contact the police to report that they have seen three men stealing garden furniture, and a woman who has driven into some parked cars is brought into the custody suite. (S)(R)

11.05 **Traffic Cops** Police tackle a variety of crimes on patrol across Derbyshire. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6) (S)(R)(AD)
3.45 **Warship: Life at Sea** (S)(R)
4.40 **Nick Knowles' Big House Clearout** Nick visits a cluttered cottage in Hastings. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 2/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *The Real Housewives of Fat Tony:* Fat Tony and Selma marry after a whirlwind romance. (S)(R)
5.30 *The Great Simpsina:* Marge becomes obsessed with peach-based desserts. (S)(R)
6.00 **The Office (US)** 24/26. Michael enlists Dwight's help when he thinks Donna is cheating. (S)(R)
6.30 25/26. Jim and Pam's new baby leaves them exhausted. (S6) (S)(R)

9.00 The Gilded Age

7.00 **The Simpsons** *Homer Scissorhands:* Homer discovers a talent for styling hair and opens a salon that becomes very popular. (S)(R)
7.30 *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R)

8.00 **Predators** 2/5. Tom Hardy narrates a look at Canada's Hudson Bay, where a community of polar bears are battling to survive in a rapidly changing landscape. (S)(R)(AD)

9.00 **NEW SERIES The Gilded Age** *Who Is in Charge Here?* 1/8. Return of the period drama. Bertha prepares for the duke's arrival, and George faces opposition to his plans. *See feature, page 8.* (S3)

10.05 **Royal Kill List** *The Death Warrant:* 1/3. Docu-drama following Charles II's hunt for his father's killers, known as regicides. Stars Joseph Fiennes, Sheila Atim and Jared Harris. (S1) (S)(R)

11.05 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.50 **Curb Your Enthusiasm** 3/10. Larry offends two Halloween trick-or-treaters. (S)(R)
12.30 AM 4/10. Larry accuses a TV boss of theft. (S2) (S)(R)
1.05 **The Force: Manchester** (S)(R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 2/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.45am Scotcast (S)(R)
1.15 Blankety Blank (S)(R)
1.50 Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm True North: Darts City (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Boom Town: How Merthyr Made the World (S)(R) **11.40** Have I Got News for You (S)(R)
12.10am Ragdoll New episodes (S)(AD) **1.40-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.00pm **NEW SERIES** New Voices from Wales – Alter Ego (S) **11.10** New Voices from Wales – Ghosts of Ebbw Vale New edition (S) **11.20** Couples Therapy New editions (S) **12.10am** QI (S)(R) **12.40-12.50am** Meet the Bears (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Arfordir Cymru: Sir Benfro (AD) **12.30** Heno Aur **1.00** Hewlfa Drysor (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Dylan ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ci Perffaith **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.28** Y Tywydd **9.30** Cefn Gwlad (AD) **10.30-11.35pm** Yr Ynys

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** A $300,000 party for a girl with a wealthy father. **7.20** A sassy New Yorker plans her birthday party. **7.40** A girl requests an Arabian-themed event.
8.05 **The Catch Up**
8.10 **The Traitors NZ** New edition 5/12. An unsuspecting player must defend themselves as accusations begin to fly.
9.00 **Body on the Beach: What Happened to Annie?** 3/4. The theory that Annie Börjesson took her own life. **9.30** 4/4. Hazel accesses a fresh source of information.
10.00 **Crashed: $800m Festival Fail** The spectacular rise and fall of British music and festival company Pollen.
11.00 **Such Brave Girls** (S1)
11.50 **Cuckoo** 5&6/6. (S4)
12.45 AM **Crashed: $800m Festival Fail** As 10.00pm.
1.45 **The Big Proud Party Agency** Documentary.
2.15 **Such Brave Girls** (S1)
3.05 **to 4.00** AM **Cuckoo**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin** A look into the evolution of skin.
7.30 **War Walks** The site of the Battle of Bosworth Field.
8.00 **Burma, My Father and the Forgotten Army** Africans and Asians who fought for the Allies during World War Two.
9.00 **The Nazis: A Warning from History** 6/6. Why the Germans fought on despite disastrous military defeats.
9.50 **Rise of the Nazis: Dictators at War** 3/3. Hitler retreats from public life.
10.50 **Storyville: Revenge: Our Dad the Nazi Killer** Three brothers investigate if their father and uncle killed Nazi war criminals.
12.20 AM **Colosseum** 1/8. Docu-drama telling the story of the Roman Empire. **1.10** 2/8. Haterius constructs a labyrinth underneath the Colosseum floor. (S1)
1.55 **Secrets of Skin**
2.25 **War Walks**
2.55 **to 3.55** AM **Rise of the Nazis: Dictators at War**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions from the north east of England.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a Bond Bug three-wheeler from the early 1970s. **6.50** Fuzz and Tim restore a 1964 Porsche 356 in terrible condition.
8.00 **NEW SERIES PopMaster TV** Ken Bruce hosts the music quiz, with five players battling it out for place in the Grand Final.
9.00 **Top Guns: Inside the RAF** At NATO's largest European airbase, a pilot vies for promotion before his impending wedding, and the RAF struggle to keep their new jet under wraps from aviation fans across the UK.
10.00 **24 Hours in A&E** A 79-year-old woman is brought in with signs of a stroke, and a 77-year-old man may need to have his foot amputated.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *At Long Last Leave:* The family are forced to leave town.
7.00 **Hollyoaks** Jez is determined to cover his tracks when Dodger hunts for answers.
7.30 **The Simpsons** *Girls Just Want to Have Sums:* A scandal sees Principal Skinner replaced by a woman.
8.00 **Below Deck: Mediterranean** New edition Captain Sandy welcomes back a charter guest with high expectations.
9.00 **Gogglebox** Opinions on *Bridgerton* and *Dynasties II.* **10.00** *Made in Chelsea and Peaky Blinders* are appraised.
11.05 **First Dates**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck: Mediterranean**
4.10 **Kitchen Nightmares USA**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Monday primetime

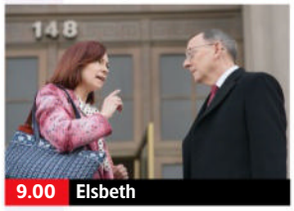
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI** 19/19. The body of a student is discovered. (S2)
2.00 **FBI: Most Wanted** 10/14. The team race to find a former counterintelligence officer. (S1)
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**



9.00 Elsbeth

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.50 **The Sopranos** 4&5/13. (S4)
9.55 **Westworld** 1&2/10. (S1)
12.15 PM **Game of Thrones** (S6)
1.15 **ZeroZeroZero** 1&2/8. (S1)
3.35 **The Sopranos** 4/13. Johnny pursues a personal vendetta.
4.40 5/13. Tony pays a visit to the track to check out Ralph's new horse. (S4)
5.40 **Westworld** 1/10. The scientists begin to notice aberrant behaviour from the park's android inhabitants. (S1)

9.00 The Gilded Age

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 12/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 20/22. (S4)
12.00 NOON **The Flash** 13/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 2/18. The team act as a domestic surveillance unit for the CIA. (S4)
5.00 **Supergirl** 19/22. Kara works to clear Supergirl's name. (S4)
6.00 **Stargate SG-1** 19/20. Vala contacts Stargate Command with startling news. (S9)

5.00 Supergirl

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Meets Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

8.00 Million Dollar Listing: LA

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 7/9. Rosamund arrives at Downton after Edith's departure. (S5)
6.00 **Heartbeat** *Playing with Fire:* Nick and Kate investigate two possible arson attacks on barns.

10.00 Grantchester

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

6.55 Westworld *Chestnut:* 2/10. A popular host faces being decommissioned after showing abnormalities. (S1)

7.00 Stargate SG-1 *Camelot:* 20/20. With the threat of an Ori invasion imminent, the team travel to the village of Camelot. (S9)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Nowt but a Prank:* A feud between warring neighbours turns into a siege when Nick is held at gunpoint.

8 PM

8.00 The Equalizer 1/10. First episode of the reboot of the 1980s crime drama, starring Queen Latifah. (S1)

8.00 Game of Thrones *Homeward Bound:* 2/10. Bran trains with the Three-Eyed Raven. (S6)

8.05 Rob Beckett's Smart TV With Joel Dommett, Jason Fox, Nathaniel Curtis and Hermione Norris.

8.00 Million Dollar Listing: LA Altman and Flagg decide to team up to hit the road in the hope of landing a major listing.

8.00 Midsomer Murders *Faithful Unto Death:* Barnaby investigates when the wife of the businessman behind a failed craft centre project goes missing, only for her husband to subsequently be murdered. Guest stars Roger Allam.

9 PM

9.00 Elsbeth New episode *One Angry Woman:* 7/20. The lawyer is summoned for jury duty. (S2)

9.00 NEW SERIES The Gilded Age *Who Is in Charge Here?* 1/8. Bertha prepares for the duke's arrival. *See feature, page 8.* (S3)

9.00 Poker Face *A New Lease on Death:* 9/12. Charlie uncovers the secrets of an apartment building's occupants. (S2)

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM

10.00 Blue Bloods *Life During Wartime:* 4/21. Danny and Baez investigate a series of robberies. (S13)
11.00 **Law & Order: Organized Crime** 12/13. (S4)
12.00 M'T **FBI** 4/22. (S4)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Rookie** New episode (S7)
3.00 **The Good Doctor** 18/18. (S5)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

10.05 Mary & George *War:* 7/7. Mary attempts one last throw of the dice to ensure absolute power. (S1)
11.10 **Homicide: Life on the Street** 15/23. An elderly man is killed by pit bulls. (S6)
12.05 AM **The White Lotus** (S1)
1.05 **Big Little Lies** 7/7. (S1)
2.05 **The Leftovers** 1/10. (S2)
3.15 **Game of Thrones** As 8pm.
4.15 **to 6.00** AM **The Guest Wing**

10.00 Warrior *John Chinaman:* 3/10. Buckley urges Mai Ling to start a war with the Hop Wei, and Ah Sahm's fate lies in the hands of an unexpected ally. (S1)
11.00 **Brit Cops: Law & Disorder** Focusing on the work of the City of London Police.
12.00 M'T **The Force: Manchester**
2.00 AM **Road Wars**
3.00 **NCIS: New Orleans** 5/16. (S7)
4.00 **S.W.A.T.** 2/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

10.05 G'wed 5/6. It's Aimee's big night at the play. (S1)
10.35 Family Guy 11/22. Quagmire gets married to a prostitute. (S11)
11.05 **Family Guy** 4/22. (S11)
11.35 **American Dad!** (S9&8)
12.35 AM **Bob's Burgers** 14/22. (S13)
1.05 **Plebs** 5/6. (S1)
1.35 **G'wed** As 10.05pm.
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

10.00 Grantchester 1/8. The owner of a holiday camp is found dead in suspicious circumstances. (S6)
11.00 **Grantchester** 2/8. A baptism is disrupted by a man claiming he's the rightful father of the child. (S6)
11.55 **Cracker** 9/9. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers** The South Esk.
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Grand Tours of Scotland's Rivers**
8.00 **Pilgrimage: The Road to the Scottish Isles**
9.00 **Clydesdale: Saving the Greatest Horse**
10.00 **River City** New episode Madonna comes across an opportunity to solve her debt problem.
10.30 **Situationships with Sophie and Christine** 1/8. Sophie Gravia and Christine McGuinness offer relationship advice.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Only Child** 3/6. (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S5)
11.25 **Barry** 4&5/8. (S4)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S5)
3.05 **Bored to Death** (S2)
4.25 **Barry** 4&5/8. (S4)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S3)
7.45 **Divorce** 7/8. Frances jumps at the opportunity to make a new contact in the art world.
8.20 8/8. Frances enlists Robert's help with a repair project. (S2)
9.00 **Last Week Tonight with John Oliver** New edition A satirical look at news and pop culture.
9.45 **Real Time with Bill Maher** New edition
10.55 **Last Week Tonight with John Oliver**
11.40 **Curb Your Enthusiasm**
1.00 AM **Los Espookys** (S1)
3.00 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Venice: A Concert for Our Climate**
7.00 **Sing When You Are Winning**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Camille Pissarro: The Father of Impressionism**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist...**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Roses from the South**
10.00 **NEW Isle of Wight Festival** Highlights show.
12.00 M'T **The Story of Syd Barrett and Pink Floyd**
1.45 AM **The Cimarons Story**
3.45 **The South Bank Show**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** *Friendship One:* 21/26. The crew explore a devastated planet. (S7)
8.00 **Star Trek: Deep Space Nine** *Cardassians:* 5/26. A group of Cardassians arrive at the station to reclaim an orphan raised by the Bajorans. (S2)
9.00 **FBI** 5&6/19. (S2)
11.00 **Grimm** 21/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Word-based quiz show hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Wheel of Fortune** Graham Norton hosts the game show.
3.00 **Tenable** Double bill of the game show hosted by Warwick Davies.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Graham Norton hosts.
12.50 **to 2.00** AM **Unwind**

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 9/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 12/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 14/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S4&5)
9.00 **Randall and Hopkirk (Deceased)** *All Work and No Pay:* 3/26. (S1)
10.00 **The Avengers** *A Funny Thing Happened on the Way to the Station:* 13/24. A plot is afoot to kill the prime minister. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S4&5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 319 | +1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Adventures of Sherlock Holmes** Drama.
1.35 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals**

8.00 Beat the Chasers

7.00 **Formula E Highlights** Highlights of the Jakarta ePrix staged at Jakarta International e-Prix Circuit in Indonesia.

8.00 **Beat the Chasers** Bradley Walsh hosts the quiz show as contestants from across the UK take on a team of five Chasers.

9.00 FILM **Wrath of the Titans** Fantasy adventure starring Sam Worthington and Rosamund Pike. In Ancient Greece, young hero Perseus strives to rescue his imprisoned father, the god Zeus, from the Underworld. (2012, 12, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 FILM **Taken 3** Thriller sequel starring Liam Neeson. Ex-CIA agent Bryan Mills tries to clear his name after being framed. (2015, 12, 104min) ★★
1.00 AM **Motorsport UK**
1.55 **Champions: Full Gallop**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 19/26. (S6)
2.00 **Blood & Treasure** 12/13. (S2)
3.00 **Stargate Atlantis** 10/20. (S1)
4.00 **Star Trek: Voyager** 2/26. (S6)
5.00 **Star Trek: The Next Generation** 19/26. (S6)
6.00 **Star Trek: Enterprise** 4/24. Captain Archer picks up an enigmatic passenger with strange powers. (S3)

9.00 Grimm

7.00 **Blood & Treasure** *The Year of the Rat:* 12/13. The pieces of the Kahn's end-game begin to fall into place. (S2)

8.00 **Stargate Atlantis** *The Storm:* 10/20. Part one of two. A fierce storm forces the team out of Atlantis. (S1)

9.00 **Grimm** *Blind Love:* 7/13. Monroe's birthday getaway is ruined by a hotel employee with a deadly vendetta. (S6)

10.00 **The Walking Dead** *The Bridge:* 2/16. The communities join forces to restore a bridge. (S9)

11.00 **Wynonna Earp** 2/12. The team deal with a seemingly endless stream of new arrivals.
12.00 M'T 3/12. Curse originator Bulshar has come out from the shadows. (S3)
1.00 AM **True Blood** 11 & 12/12. Double bill of the drama. (S4)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 6/10. (S2)
11.00 **Hudson & Rex** 2/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 5/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S6)
4.00 **The Coroner** 6/10. (S2)
5.00 **Hudson & Rex** 2/16. (S3)
6.00 **Father Brown** *The Passing Bell:* A new musical director at St Mary's leads to discord, disharmony – and murder.

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 5/10. A missing person's case takes a dramatic turn. (S3)

8.00 **Death in Paradise** *Murder on the High Seas:* 3/8. Love is in the air for Neville following an unexpected meeting. (S12)

9.00 **Shakespeare & Hathaway: Private Investigators** 7/10. The duo investigate a missing person case at a casino.

10.00 **Shakespeare & Hathaway: Private Investigators** 8/10. The duo unravel the mystery of an amnesiac. (S2)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 6/21. Captain Gregson is blindsided by a stunning confession. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.35 **Ever Decreasing Circles**
10.10 **Are You Being Served?**
10.50 **Porridge**
11.30 **Last of the Summer Wine**
12.50 PM **The Green Green Grass**
1.30 **Ever Decreasing Circles**
2.10 **Dad's Army**
2.50 **Porridge**
3.25 **Are You Being Served?**
4.05 **Last of the Summer Wine**
5.25 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

8.40 Porridge

7.20 **Dad's Army** Captain Mainwaring organises a dance in an attempt to boost platoon morale.

8.00 **Dad's Army** The platoon become marooned on a derelict pier.
8.40 **Porridge** Harris accidentally drops stolen pills into Fletcher's cuppa.
9.20 **The Vicar of Dibley** First episode. The villagers of Dibley discover that their new vicar is a woman.

10.00 **The Royle Family** First episode of the comedy.
10.40 **The Fast Show** First episode of the comedy sketch show.
11.20 **Not Going Out**
12.00 M'T **The Vicar of Dibley**
12.40 AM **The Royle Family**
1.20 **Not Going Out**
2.00 **The Fast Show**
2.30 **Avoidance**
3.00 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man's Guide to Christmas**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Spain**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The history of pub food.
6.00 **Rick Stein's Spain** Rick travels to the land of El Cid and into the La Mancha region.

5.00 Hairy Bikers' Best of...

7.00 **Would I Lie to You?** With Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards. **7 PM**
7.40 **Richard Osman's House of Games** With Jamie Laing and Sunetra Sarker. **8.20** With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray. **8 PM**

9.00 **Have I Got a Bit More News for You** Anna Maxwell Martin hosts, with Steph McGovern and Chris McCausland. **9 PM**

10.00 **QI XL** Sandi Toksvig looks at a range of Unrelated U topics with Tom Allen, Chris McCausland, Lou Sanders and Alan Davies. **10 PM**
11.00 **8 Out of 10 Cats Best Bits** With Paisley Billings, Josh Jones and Tom Read Wilson.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From France.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **A Place in the Sun** From France.
1.00 PM **Kirstie and Phil's Love It or List It**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** In Manchester.
7.00 **Dover 24/7: Britain's Busiest Port**
8.00 **Bake Off: The Professionals**
9.00 **24 Hours in A&E**
10.00 **In the Footsteps of Killers** Bulic Forsythe.
11.05 **Celebrity Gogglebox**
1.05 AM **Taskmaster**
2.05 **Open House: The Great Sex Experiment**
3.10 **Dover 24/7: Britain's...**
4.10 **to 5.00** AM **George Clarke's Amazing Spaces**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Dead Man Talking:* 19/23. An agent is found murdered.
7.00 *Missing:* 20/23. A Marine is kidnapped.
8.00 *Split Decision:* 21/23. The remains of a Marine are found.
9.00 **NCIS: Hawaii** New episode *Misplaced Targets:* 13/22. The team learn one of their own is being targeted. (S2)
10.00 **Law & Order: Special Victims Unit** *Blood Brothers:* 3/23. Benson investigates a suspected rape.
11.00 *Double Strands:* 4/23. A man is thought to be a serial rapist. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Blue Bloods** (S7)
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** A patient with a urinary tract infection.
8.00 **Casualty 24/7: Every Second Counts** A woman is rushed to A&E after having an allergic reaction to nuts.
9.00 **Ambulance: Code Red** A man in a remote rural location has cut his leg with an angle grinder.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Cause of Death**
1.00 AM **Absentia** New episodes (S2)
2.50 **Quantico** 7/22. (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Highway Patrol**
9.40 **Traffic Cops**
10.40 **Police Interceptors**
11.40 FILM **The Shepherd of the Hills** Western drama starring John Wayne. (1941, PG, 98min) ★★
1.45 PM FILM **Rooster Cogburn** Western sequel starring John Wayne. (1975, U, 108min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 LIVE **Football: FIFA Club World Cup** Atletico Madrid v Botafogo: Coverage of the Group B match at the Rose Bowl in Pasadena, California. Kick-off is at 8.00.
10.30 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.30 **Quantum Leap** (S1)
12.30 AM **Outback Truckers**
2.30 **Trucking Hell**
3.30 **to 4.00** AM **Highway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Nick Knowles' Better Homes** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS**
7.00 **Ski A&E**
8.00 **Pete Wicks: For Dogs' Sake** Pete travels to Northern Ireland to pick up three stray dogs.
9.00 **Deadly Waters with Captain Lee** New edition A harbourmaster finds a badly decomposed body aboard a sailboat.
10.00 **Psychopath with Piers Morgan** Paris Bennett.
11.00 **Ambulance Australia**
1.00 AM **Louis Theroux: Surviving America's Most Hated Family**
1.50 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.30 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.20 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *If Wishes Were Horses:* Helen gets involved in a case.
10.00 **New Tricks** *The Truth Is Out There:* A conspiracy theory implicates the American government in a journalist's death.
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.30 **The South Westerlies**
2.35 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team find and sell hidden gems at auction. **10.00** Irita visits the home of a former popstar and uncovers a photo of David Bowie.
11.00 **The Yorkshire Auction House** Angus Ashworth sorts through a model aircraft collection.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.45 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** With Michelle Collins and Christopher Biggins.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Total War**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Quick Gun** Western drama. (1964, PG, 87min) ★★
3.00 **FILM Rage at Dawn** Western adventure. (1955, U, 87min) ★★
5.10 **FILM Ambush at Tomahawk Gap** Western. (1953, PG, 73min) ★★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Shadow Wolves** Crime action drama. (2019, 15, 95min) ★★
11.05 **FILM First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
1.15 AM **FILM Johnson County War** Western. (2002, 12, 115min) ★★
3.10 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.10 **FILM Eyewitness** Thriller. (2017, PG, 90min) ★★
12.05 PM **Paddington Station 24/7** Documentary
1.05 **FILM Did I Kill My Mother?** Mystery thriller. (2018, 12, 90min) ★★
3.00 **FILM The Landlord** Crime thriller. (2017, PG, 94min) ★★
5.10 **FILM An Aurora Teagarden Mystery: A Bone to Pick** Drama. (2015, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Seraphim Falls** Western starring Pierce Brosnan. (2006, 15, 111 min) ★★★★
11.25 **FILM The Duel** Western with Liam Hemsworth. (2016, 15, 110min) ★★
1.40 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Secrets that Kill** Thriller. (2020, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM The Last Christmas Home** Drama. (2018, PG, 76min) ★★
10.00 **FILM Road to Christmas** Drama. (2018, U) ★★
12.00 NOON **FILM A Gingerbread Romance** Drama. (2018, PG) ★★
2.00 PM **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
3.55 **FILM Christmas by Chance** Comedy. (2020, PG, 87min) ★★
5.55 **FILM A Merry Christmas Match** (2019, U) ★
8.00 **FILM Christmas Connection** Drama. (2017, U, 90min) ★★
9.55 **FILM Christmas in Evergreen** Drama. (2017, U, 84min) ★★
11.50 **FILM Switched for Christmas** Drama. (2017, PG, 90min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas in Homestead**

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Bewitched** (S1)
10.30 **Watching** 11/11. (S5)
11.30 **The Monkees** (S1)
12.00 NOON **Married... with Children** 12/13. (S1)
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 4/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 9/13. (S2)
2.30 **Haggard** 7/7. (S2)
3.00 **Bramwell** (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 1&2/7. (S6)
7.00 **Brass** 9/13. (S2)
7.30 **Haggard** 7/7. (S2)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 4/21. (S4)
9.30 **Soap** 19/25. (S1)
10.00 **Thick as Thieves**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S2)
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig welcomes the crew's newest greenhorn. **8.00** The crews return to the Bering Sea.
9.00 **My Feet Are Killing Me** A patient has a rare crust on his feet. **10.00** A woman whose toes are spread far apart.
11.00 **Gold Divers**
12.00 M'T **Speedway Grand Prix** Recent action.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid XL**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Hollywood...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Fruits of the Sea**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Paul Hollywood: City Bakes** Los Angeles.
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Fruits of the Sea**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Tom Kerridge Secrets of the Pub Kitchen** New editions Double bill.
10.00 **Secrets of the Curry Kitchen** Cheese toasties.
10.30 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/22. (S6)
9.00 **The Fall Guy** 10/23. (S1)
10.00 **Knight Rider** (S2)
11.00 **FILM Mega Shark vs Kolossus** Fantasy thriller. (2015, 12, 90min) ★
12.50 PM **FILM King Kong** Monster movie. (1976, PG, 130min) ★★★
3.25 **FILM The Phantom from 10,000 Leagues** Sci-fi horror. (1955, b/w, PG, 80min) ★★
5.00 **Star Trek** 5/26. (S2)
6.00 **Knight Rider** (S2)
7.00 **The Fall Guy** 11/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Haywire** Thriller with Gina Carano. (2012, 15, 88min) ★★★★
10.55 **FILM Maximum Conviction** Thriller. (2012, 15, 93min) ★★
12.50 AM **FILM First Kill** Thriller. (2017, 15, 97min) ★★
2.50 **to 4.50** AM **FILM The Young Cannibals** Horror. (2020, 15, 100min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Meteor Apocalypse** As 5.00pm.
8.00 **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
10.00 **The Lost World** (S2)
11.00 **Delete** Sci-fi thriller.
1.00 PM **FILM Battle Star Wars** Sci-fi drama. (2020, 12, 86min) ★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 5/25. (S3)
5.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 6/25. (S3)
9.00 **FILM The Driver** Thriller with Ryan O'Neal and Isabelle Adjani. (1978, 15, 91 min) ★★★★
10.50 **FILM The Loft** Thriller starring Karl Urban and James Marsden. (2013, 15, 98min) ★★★★
1.00 **to 3.00** AM **FILM The Driver** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Double bill.
10.00 **Cities of the Underworld**
11.00 **Sex: A Bonkers History**
12.00 M'T **Strangest Things**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Spring arrives.
11.00 **Ben Fogle: New Lives in the Wild** Pembrokeshire.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Lost in Alaska** Sue takes part in Alaska's 'state sport' of dog mushing.
8.00 **Ben Fogle: New Lives in the Wild** From Iceland.
9.00 **Cruising with Susan Calman** The comedian takes a cruise through the Douro valley.
10.00 **The Canary Islands with Jane McDonald**
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting**
3.00 **Secret Life of the Forest**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Barcelona.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** From St Annes.
9.00 **Castle Impossible** New edition Daphne and Ian create a luxurious wedding suite.
10.00 **NEW SERIES Celebrity IOU** Mandy Moore calls on Jonathan and Drew Scott to create the ultimate outdoor oasis.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
7.30 **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **1000-lb Sisters**
9.00 **Brian and Arthur's Very Modern Family**
10.00 **Sister Wives** Meri prepares to move away.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Sister Wives**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Joel & Nish vs the World** New Zealand.
12.00 NOON **The Ren & Stimpy Show** (S2)
1.00 PM **Friends** (S4&5)
9.00 **Russell Howard: Right Here Right Now** Stand-up performance.
10.00 **Bradley & Barney Walsh: Breaking Dad** Thu duo embark on another road trip across America together. **10.30** The actor and his son head to the Great Smoky Mountains.
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S7)
1.30 AM **Beavis and Butt-Head** 34/50. (S5)
1.40 **Comedy Central Live**
2.40 **Jason Byrne: Audience Precipitation**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 6&7/13. (S3)
11.00 **Friends** (S2)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 1&8/13. (S3)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Friends** 24/24. Rachel goes to London. (S4) **9.30** 1/24. Ross must face the music. **10.00** 2/24. Rachel returns from Greece. **10.30** 3/24. Phoebe goes into labour. (S5)
11.00 **Friends**
2.00 AM **The Ren & Stimpy Show** (S5)
2.55 **The Ricky Gervais Show**
3.45 **Teachers** 5&6/10. (S1)
4.30 **Harry Hill Live: Sausage Time**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
10.00 **Stella** 1/10. First episode of the comedy drama. **11.00** 2/10. Stella suffers car trouble. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Alex Jones.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
6.00 PM **Catfish: Meltdowns**
7.00 **Teen Mom UK** Chloe and Jordan say goodbye to their first home.
8.00 **Teen Mom UK: Mums Move In** A family who are bringing their daughter up in the circus.
9.00 **Ex on the Beach: Body SOS** Ronan and Camilla hit the gym.
10.00 **Skin A&E**
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition The team respond to some very 'Unique Threats'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** An avid outdoorsman takes on the challenge of building a cabin.
6.00 **Border Control: Spain** Officers are keen to get hold of a work of art to check for suspect packages within. **6.30** A driver returns from Tangiers in a banned car.

11.00 Border Control: Spain

7.00 **Wheeler Dealers** Mike and Elvis wrestle a Mitsubishi Lancer Evo7, an iconic Japanese rally car in need of a new look.
8.00 **Scrap Kings** The M4 is closed so diggers can demolish a bridge.
9.00 **Alaska: Homestead Rescue** The Raneys race against time to build the first ever 'homestead fortress', and protect a family from brown bears that have taken over a remote homestead.
11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** The team use new methods to find Bigfoot in NorCal's backcountry.
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Tanked** Double bill.
4.00 **My Cat from Hell** Jackson Galaxy deals with his most vicious feline attack in years.
5.00 **Lone Star Law** Warden Boone is on a mission to arrest a trio of armed robbers on the run.
6.00 **Tanked** Wayde and Brett try to build a piano-shaped tank.

8.00 Fish or Die

7.00 **Pit Bulls & Parolees** Tia finds a dog for a farming couple, but worries the puppies may not get along with the livestock.
8.00 **Fish or Die** The intrepid anglers are in Borneo as they go in search of the mahseer – a fish close to extinction.
9.00 **Fish or Die** In Mexico, the crew navigate a maze of crocodile and mosquito-infested waterways and lagoons.
10.00 **Edge of Alaska** Neil starts the first Motherlode tour, but complications could bring his work to an end.
11.00 **How Do Animals Do That?** How a fish weaponises water. **11.30** The means of communication used by cats.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Lost Cities Revealed with Albert Lin** New edition Albert travels to Peru in order to reveal ancient lost cities.
1.00 PM **Shipwreck Graveyard**
2.00 **World War II: The Apocalypse**
3.00 **Liberation: D-Day to Berlin**
4.00 **America's Last Slave Ship: Drain the Oceans**
5.00 **Car S.O.S** A bubble car.
6.00 **Nazi Megastructures: America's War** Defence plans against the D-Day landings.

3.00 Liberation: D-Day to...

7.00 **Air Crash Investigation** The crash of SilkAir flight 185 in 1997, which plunged 35,000ft while over Indonesia.
8.00 **Bloody Tales of the Tower** A look into why it took five blows to decapitate the Duke of Monmouth in July 1685.
9.00 **Bloody Tales of the Tower** Investigating the contrasting fates of three people imprisoned in the Tower of London.
10.00 **Bloody Tales of the Tower** A look into the deaths of Anne Boleyn, Catherine Howard and Lady Arabella Stuart.
11.00 **Air Crash Investigation** An airline suffers two accidents within six months.
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** Exploring six unfathomable mysteries.
6.00 **American Pickers** Robbie and Jersey comb through a cache of architectural salvage.

9.00 Killer Kings

7.00 **Forged in Fire** The smiths forge a fantasy blade from a meteorite, then they recreate Attila the Hun's Sword of Mars.
8.00 **Ancient Impossible** Examining the great engineering feats of the ancient world, including the world's first robot.
9.00 **Killer Kings** New edition Exploring the brutal reign from AD 37 to 41 of the Roman Emperor Caligula, also known as Gaius.
10.00 **Discovered by Disaster** New edition Evidence tying a meteor strike to a Biblical tale, and exploring a treasure-filled tunnel.
11.00 **What on Earth?** A gigantic tsunami that never hits land, and a sinister blood-red lake in war-torn Baghdad.
12.00 M'T **Strange Evidence** A Texan police officer records a monstrous beast on dashcam.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Killer Kings** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Auschwitz: The Nazis and the Final Solution**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Auschwitz: The Nazis and the Final Solution**
5.00 **Adolf Hitler's War** The first concentration camps are built.
6.00 **Antiques Roadshow** The team head to Somerleyton Hall near Lowestoft, Suffolk.

8.00 Canal Boat Diaries

7.00 **Great American Railroad Journeys** Michael Portillo travels from Chicago to Champaign, Illinois.
8.00 **Canal Boat Diaries** Robbie explores the Trent and Mersey Canal. **8.30** A low canal tunnel proves to be problematic.
9.00 **Australia with Simon Reeve** The adventurer continues his journey in Kakadu, the country's largest national park.
10.00 **Bangers & Cash** Dave heads to West Yorkshire to collect a rare 1926 Dodge bus.
11.00 **Bangers & Cash** Derek collects a beautifully restored and carefully modified 1936 Wolseley 14/56.
12.00 M'T **Abandoned Engineering** A monstrous defensive line on the peaks of the Italian Alps.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **Wheeler Dealers World Tour** Mike and Elvis engage in the ultimate Aussie showdown – Ford versus Holden.
10.00 **MotoGP Highlights** The Grand Prix of Italy.
11.00 **British Superbikes** Highlights of round three from Knockhill.
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Atlanta**
10.00 **Say Yes... UK**
11.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Investigating a gang of puppy traders.
8.00 **Murder on CCTV**
9.00 **Murder Chose Me** New edition A popular teenager is shot.
10.00 **American Detective with Lt Joe Kenda**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** Investigators embark on a three-decade quest for justice.
8.00 **Murder She Solved** A surfer's remains are found in a Huntington Beach apartment fire.
9.00 **World's Most Evil Killers** The story of Beverley Allit, who killed four children and attempted to murder nine more when working as a nurse.
10.00 **The Killer You Know** When a neighbourhood quarrel boils over, Billy Woodward decides to strike first.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions of the series, including at: **3.30** A mountain biker suffers a freak accident.
4.00 **Medical Detectives** Investigating the murder of Kathleen Lipscomb. **4.30** A retired police officer is found murdered in his bed. **5.00** A blood sample helps an investigation. **5.30** Evidence provided by a sweet wrapper. **6.00** How a renowned forensic anthropologist discovered the truth about a death. **6.30** A pipe bomb detonates in a home.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
6.30 **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Sabina Nessa.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Killer in My Village**
11.00 **Britain's Most Evil Killers** Robert Black.
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.50 **The Great Wall of...**
9.50 **Treasures Decoded**
10.55 **The Bush Years...**
11.50 **Ambassadors in...**
1.00 PM **Grand Tours of...**
1.40 **America the Bountiful**
2.10 **The Great Wall of...**
3.10 **Treasures Decoded**
4.10 **The Bush Years: Family, Duty, Power**
5.10 **Grand Tours of the Scottish Islands**
5.50 **The Great Wall of China: The Hidden Story – Secret History**
6.50 **Ambassadors in...**
7.55 **Treasures Decoded**
8.55 **The Bush Years: Family, Duty, Power** Series finale
9.50 **Ambassadors in Berlin: The Whistleblowers of WWII** Documentary.
11.00 **Treasures Decoded**
12.00 M'T **The Bush Years...**
12.55 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Rod Steiger**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Chimp Crazy**
11.00 **Richard E Grant's Hotel Secrets** Richard visits Venice.
12.00 NOON **Wework: How to Lose $30b in Two Weeks**
2.00 PM **Schmeichel**
4.00 **The Directors**
5.00 **Discovering: Rod Steiger**
5.55 **100 Foot Wave**
6.55 **Chimp Crazy**
7.55 **The Mortician** 1/3. The story of Los Angeles' most infamous family-run mortuary.
9.00 **Lancaster** Documentary about the legendary bomber.
11.10 **I Am Paul Walker**
1.00 AM **FILM When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
2.45 **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
4.45 **My Icon: Ryan Atkin**
5.00 **to 6.00** AM **Discovering: Rod Steiger**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot...**
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Interview with a Killer** New edition Devon Arthurs.
11.00 **Cops Gone Bad with Will Mellor** The case of James Riley.
12.00 M'T **Murder By Medic**
1.00 AM **Killer Britain with...**
2.00 **Interview with a Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Later... with Jools Holland**
12.40 PM **Later... with Jools Holland**
6.55 **Later... with Jools Holland** Featuring performances by Traffic, Nick Cave & The Bad Seeds, Galliano, Morphine and Cassandra Wilson.
8.05 The host introduces performances by Pretenders, Evan Dando, Jonathan Richman, David McComb & The Red Ponies, Erasure and Angélique Kidjo.
9.25 Featuring performances Paul Weller, The Jesus and Mary Chain, Clannad, AJ Croce and Lena Fiagbe.
10.35 The host introduces performances by Al Green, Squeeze, Richard Thompson, Rainer Ptacek and Efua.
11.45 Featuring performances Otis Rush, Elvis Costello & the Attractions, Counting Crows, Honky and Sheila Chandra.
1.00 AM **Later... with Jools Holland**
5.20 **to 6.00** AM **The Bill** DS Roach is accused of attempted murder.

+1hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nomads of the Serengeti** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Animals Decoded**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Predators**
9.00 **The Predator's Playbook** The features that allow predators to survive in often hostile environments.
10.00 **Nomads of the Serengeti**
11.00 **Animals Decoded**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ocean Parks**
2.00 **Predators**
3.00 **The Predator's Playbook**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Taiwan: Jungle Island**
3.00 **Heartland Docs**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Siouxsie encounters a green mamba.
7.00 **Critter Fixers: Country Vets** Parasite-plagued alpacas arrive in critical condition.
8.00 **Predator Bloodlines** Five lionesses and their offspring must overcome challenges through teamwork.
9.00 The matriarch of a clan nears the end of her life.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
11.00 **The Big Swindle**
1.00 PM **Evil Online**
3.00 **Grave Mysteries**
5.00 **Betrayed** Double bill.
7.00 **Caught in the Net** Detectives turn to digital forensics when two young men are shot dead.
8.00 When family man Ricky Saxton is found murdered, investigators turn to a forensic data specialist to help locate a missing piece of the puzzle.
9.00 **Faking It: Tears of a Crime** The case of Alice Ruggles, who was murdered in her Gateshead flat by her soldier ex-boyfriend Trimaan Dhillon.
10.00 **American Monster** Laurie Bursey believes she has finally found happiness with Kurt Bird.
11.00 **Before They Kill Again**
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Caught in the Net**

+1hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Secret Societies: In the Shadows**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies** A mass sighting of a flying saucer in Chicago.
8.00 **Auction Hunters** Double bill.
9.00 **Historic Hauntings** Cursed spirits that haunt the castles of England.
10.00 **Secrets of the Lost Ark**
11.00 **MonsterQuest**
12.00 M'T **Ancient Aliens**
2.00 AM **Hitler: Uncovering His Fatal Obsession**
3.00 **Truthseekers**
4.00 **Britain's Most Historic Towns**
5.00 **to 6.00** AM **Secrets of the Lost Liners**

Discovery History

174 147 181 320 325

7.00 AM **Attack and Capture: The Story of U-Boat 505**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Scientists seek to solve the mystery surrounding the Milky Way's slow demise.
8.00 **Attack and Capture: The Story of U-Boat 505** The story of the only German submarine captured by the US Navy during World War Two.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars** Drew buys a Fiat 130 coupe.
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** Double bill of editions.
10.00 **World's Greatest Motorcycle Rides** Henry reflects on his experience of working as a war cameraman in Sarajevo.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

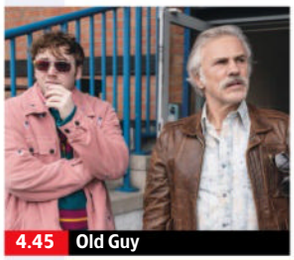
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)
8.35 **Piece By Piece** As 6.20pm.
10.20 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
12.20 PM **Joker: Folie à Deux**
2.45 **Salem's Lot** As 12.55am.
4.45 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
6.20 **Piece By Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)



4.45 Old Guy

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia attempt to get the marriage annulled. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★
3.00 **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
4.40 **to 6.25** AM **The Front Room** Horror. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

6.45 AM **The Portable Door** Fantasy. (2023, PG) ★★★
8.45 **To Olivia** Biographical drama. (2021, PG, 90min) ★★★★
10.25 **Simulant** As 11.55pm.
12.05 PM **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
1.50 **Serenity** Mystery thriller. (2019, 15, 106min) ★★★
3.40 **The Cinema List: Pride**
4.00 **May December** Drama. (2023, 15, 117min) ★★★★
6.00 **Lee** Biopic. (2023, 15) ★★★

6.00 Lee

8.00 The Dry Mystery thriller based on Jane Harper's novel, starring Eric Bana. A federal agent returns to his home town to attend a friend's funeral, but his arrival opens up a decades-old wound. With Genevieve O'Reilly. (2020, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Force of Nature: The Dry 2 Thriller sequel starring Eric Bana and Anna Torv. Two federal agents investigate the disappearance of a hiker. (2024, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Simulant** Sci-fi thriller starring Robbie Amell, Jordana Brewster and Simu Liu. (2023, 15, 95min) ★★★
1.35 AM **Poker Face** Crime thriller starring Russell Crowe. (2022, 15, 120min) ★★★
3.15 **Genie** Festive comedy. (2023, PG, 93min) ★★★
5.00 **to 6.55** AM **Serenity** (2019)

Sky Cinema Drama

310 310 410 510 524

7.30 AM **Molly's Game** Drama. (2017, 15, 137min) ★★★★
9.55 **The Man Who Knew Too Much**
12.00 NOON **It Ends with Us** Drama. (2024, 15, 125min) ★★★
2.20 PM **The Man with the Answers** Drama. (2021, 12, 80min) ★★★★
3.50 **Far and Away** Romantic epic. (1992, 15, 140min) ★★
6.15 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★

8.00 **The Three Musketeers: Milady** Swashbuckling sequel starring François Civil and Eva Green. (2023, 12, 115min) ★★★★
10.05 **High Noon** Oscar-winning Western starring Gary Cooper as a small-town marshal determined to stand up to the killer arriving on the midday train. With Grace Kelly. (1952, b/w, U, 85min) ★★★★★
11.40 **The Man Who Knew Too Much** Classic Hitchcock thriller. (1956, PG, 120min) ★★★★

1.50 AM **Mo' Better Blues** Director Spike Lee's drama starring Denzel Washington and Wesley Snipes. (1990, 15, 127min) ★★★
4.10 **You Can Live Forever** Drama. (2022, 15, 96min) ★★★
5.55 **to 7.40** AM **Drift** Drama. (2023, 15, 93min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.00 AM **Omni Loop** As 12.30am.
8.05 **Something in the Dirt** (2022)
10.10 **47 Metres Down** As 4.40am.
11.55 **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
1.30 PM **Constantine** As 10.15pm.
3.45 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
5.55 **The Nun II** Horror thriller sequel. (2023, 15, 110min) ★★

8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. The USS *Enterprise* is lured into a deadly trap, which leaves the crew stranded on an unexplored alien world. With Simon Pegg, Karl Urban and Zoë Saldana. (2016, 12, 122min) ★★★★
10.15 **Constantine** Supernatural horror thriller based on the *Hellblazer* comic books, starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★

12.30 AM **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★
2.35 **Something in the Dirt** Comedy drama starring Aaron Moorhead. (2022, 15, 116min) ★★★★
4.40 **to 6.20** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **Batteries Not Included**
8.40 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
10.20 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
12.05 PM **IF** Fantasy adventure. (2024, U, 104min) ★★★
1.55 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
4.00 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
5.50 **Johnny English Reborn** Comedy. (2011, PG) ★★★

9.30 Patch Adams

7.45 **The Witches** Scary fantasy adventure based on Roald Dahl's story, starring Anjelica Huston, Mai Zetterling and Rowan Atkinson. (1989, PG, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

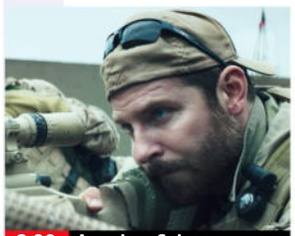
9.30 **Patch Adams** Fact-based comedy drama starring Robin Williams as an unorthodox medical student whose views put him at odds with the establishment. With Monica Potter and Philip Seymour Hoffman. (1998, 12, 115min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Beethoven** Family comedy. (1992, U, 87min) ★★★
1.05 AM **Batteries Not Included** Fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
3.00 **Pups United** Adventure. (2015, U, 89min) ★★★
4.35 **to 6.55** AM **The Wiz** Musical updating of *The Wizard of Oz*. (1978, U, 133min) ★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **Fury** War drama. (2014, 15, 134min) ★★★
9.35 **Aquaman** Adventure. (2018, 12, 143min) ★★★
12.00 NOON **Bad Boys for Life** Action comedy sequel. (2020, 15, 124min) ★★★
2.10 PM **The Fast and the Furious** **4.05** **Kick-Ass 2** Action thriller sequel. (2013, 15, 99min) ★★★
5.50 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★



8.00 American Sniper

8.00 **American Sniper** Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, directed by Clint Eastwood and starring Bradley Cooper, Sienna Miller and Kyle Gallner. (2014, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Fast and the Furious** Action thriller starring Vin Diesel and Paul Walker. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Hudson Hawk** Action comedy starring Bruce Willis. (1991, 15, 97min) ★★★
1.55 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
4.00 **Police Story 3: Supercop** Hong Kong thriller sequel. Subtitled. (1992, 15, 91min) ★★
5.40 **to 7.40** AM **Shaolin Soccer** Hong Kong martial arts sports comedy. Subtitled. (2001, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
9.35 **The Producers** Screen version of Mel Brooks' musical. (2005, 12, 134min) ★★★
11.55 **About Last Night** Comedy remake. (2014, 15, 98min) ★★
1.45 PM **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★
3.40 **The Boat That Rocked** Period comedy. (2009, 15) ★★★★
6.00 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★

10.05 Thelma

8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are email lovers in cyberspace. With Parker Posey and Greg Kinnear. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

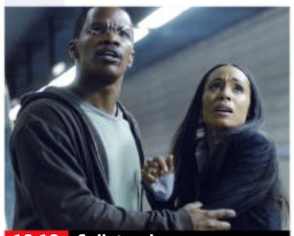
10.05 **Thelma** Comedy starring June Squibb. After a 93-year-old woman is conned by a phone scammer, she embarks on a risky journey across LA with only one thing on her mind – revenge. (2024, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Persian Version** Comedy. (2023, 15, 107min) ★★★
1.45 AM **Chalet Girl** Romantic comedy. (2011, 12, 97min) ★★★
3.30 **Adult Life Skills** Comedy. (2016, 15, 114min) ★★★
5.15 **to 7.05** AM **Babes** Comedy. (2024, 15, 104min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **Maggie Moore(s)** Comedy thriller. (2023, 15, 99min) ★★★
8.15 **Every Breath You Take** Thriller. (2021, 15, 105min) ★★★
10.05 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
12.20 PM **Ocean's Twelve** Thriller sequel. (2004, 12) ★★★★
2.30 **Rumble Through the Dark** Thriller. (2023, 15) ★★★
4.30 **Marlowe** (2022, 15) ★★
6.25 **Retribution** Action thriller. (2023, 12, 91min) ★★



10.10 Collateral

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. A contract killer chooses an LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Detroit** Fact-based drama starring John Boyega. (2017, 15, 143min) ★★★★
2.45 **Mob Cops** Crime drama. (2024, 15, 87min) ★
4.20 **to 6.10** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Picnic** Melodrama. (1955, U, 113min) ★★★
1.15 PM **The Last Hurrah** Political drama starring Spencer Tracy. (1958, b/w, U, 121min) ★★★
3.40 **Against the Wind** World War Two thriller with Jack Warner. (1947, b/w, PG, 92min) ★★★★
5.30 **The Great Escape** Classic PoW escape adventure starring Steve McQueen. (1963, PG, 166min) ★★★★★

9.00 A Quiet Place Part II

The Great Escape (film started at 5.30pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **A Quiet Place Part II** Horror sequel starring Emily Blunt. The Abbotts face the outside world, and realise the creatures that hunt by sound are not the only threats lurking. (2020, 15, 97min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Trainspotting** Danny Boyle's black comedy drama based on the cult novel by Irvine Welsh, starring Ewan McGregor and Robert Carlyle. (1996, 18, 93min) ★★★★★ **10 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Chopper** Australian crime drama. (2000, 18, 94min) ★
2.30 **to 4.00** AM **Thief** Crime thriller. (1971, PG, 74min) ★★ **11 PM**

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.40 AM **Sky Cinema Preview**
7.40 **The Man Who Shot Liberty Valance** As shown at 1.55am.
9.50 **Sunset Boulevard** As 12.00m't.
11.50 **It's a Wonderful Life** As 8pm.
2.05 PM **Singin' in the Rain** (1952)
4.05 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
5.50 **The Apartment** Billy Wilder's Oscar-winning comedy. (1960, b/w, PG, 120min) ★★★★★

8.00 **It's a Wonderful Life** Frank Capra's classic fantasy drama starring James Stewart. A suicidal small-town businessman meets his guardian angel. With Donna Reed and Lionel Barrymore. (1946, b/w, U, 125min) ★★★★★
10.15 **Singin' in the Rain** Classic musical about the transition from silents to talkies in 1920s Hollywood. Stars Gene Kelly, Donald O'Connor, Debbie Reynolds and Jean Hagen. (1952, U, 102min) ★★★★★

12.00 M'T **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
1.55 AM **The Man Who Shot Liberty Valance** John Ford Western starring James Stewart. (1962, b/w, U, 122min) ★★★★★
4.00 **to 6.10** AM **The Apartment**

Sky Cinema Greats

304 304 404 504 518

7.45 AM **Babylon** As 11.55pm.
9.25 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
11.05 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
12.35 PM **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
2.05 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★

3.30 **Young at Heart** Musical. (1954, U, 117min) ★★★
5.30 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★
10.00 **Let's Dance** Musical starring Betty Hutton and Fred Astaire. (1950, U, 112min) ★★

11.55 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
1.40 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
3.50 **Five Easy Pieces** As 9.25am.
5.40 **to 6.05** AM **The Cinema List: Westerns**

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
7.30 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
9.10 **Madagascar 3: Europe's Most Wanted** Animated sequel. (2012, PG, 93min) ★★★★
10.50 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
12.45 PM **Sneaks** As 8.55pm.

2.25 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
4.00 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
5.40 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
7.20 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
8.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
10.35 **Under the Boardwalk** Animation. (2023, PG) ★★★

12.05 AM **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
1.30 **The Road to El Dorado** Animation. (2000, U) ★★★
3.05 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★
4.30 **to 6.30** AM **Deep Sea** Animation. (2023, PG) ★★★

Movies 24

312 313 419

7.00 AM **Romance with a Twist** Drama. (2024, PG, 84min) ★★
9.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
11.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
3.00 **Sweet as Pie** Romantic comedy starring Rhiannon Fish and Kurt Szarka. (2022, PG, 93min) ★★

5.00 **Mr Pawsitively Perfect** Drama. (2023, PG, 90min) ★★
7.00 **The Attraction Test** Romantic comedy starring Tara Wilson. (2022, PG, 85min) ★★
9.00 **Love Hacks** Romantic drama starring Annie Clark and Romaine Waite. A relationship coach believes she can fix any romance and creates a podcast to prove it. With Shawn Ahmed. (2022, PG, 90min) ★★
11.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★

1.00 AM **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Sweeter than Chocolate** Romantic comedy. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Open All Night** Drama. (1934, b/w, PG, 62min) ★★★
7.15 **Night of the Prowler** Mystery. (1962, b/w, U, 65min) ★★
8.30 **Clash by Night** Crime thriller starring Terence Longdon. (1963, PG, 76min) ★★★
10.00 **Colonel March Investigates**
11.20 **Paratrooper** World War Two action adventure starring Alan Ladd. (1953, PG, 88min) ★★

1.05 PM **The Happiness of Three Women** (1954, b/w, U) ★★
2.40 **The Big Trees** Action drama. (1952, U, 89min) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 19/39. (S1)
5.30 **Bonanza** 20/32. (S1)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 13/13. (S6)
9.05 **The Key** World War Two drama. (1958, b/w, 12, 134min) ★★★
11.40 **The Magic Sword** Fantasy. (1962, PG, 80min) ★★

1.15 AM **The Ebb-Tide** Adventure starring Robbie Coltrane. (1998, PG, 97min) ★★★
3.10 **Second Best Bed** Comedy. (1938, b/w, PG, 74min) ★★★
4.40 **Prisoners of the Tower**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News** Round-up of the morning's sports news.
10.15 **LIVE Test Cricket England v India.** Coverage of the fourth day's play of the first Test in the five-match series, staged at Headingley. The teams last met in this format in early 2024, when India claimed a convincing 4-1 series victory on home soil. However, it was a closer affair when Tests between the nations were last held in England, with the sides winning two games apiece after the first contest was drawn.
7.00 PM **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with the headline-makers and updates on the evening's sporting events.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Another chance to see Liverpool v Chelsea at Anfield in the 2013/14 season.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Action from Wolverhampton Wanderers v Manchester City.
5.30 Arsenal v Liverpool.
6.00 Arsenal v Manchester City.
6.30 Action from Aston Villa v West Ham United at Villa Park.
7.00 Action from Brighton & Hove Albion v Tottenham Hotspur.
7.30 Chelsea v Arsenal.
8.00 **Gary Neville's Soccerbox**
9.00 **Arteta MNF Special** Jamie Carragher interviews Arsenal manager Mikel Arteta.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 2010/11**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2012/13 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro** West Ham United v Blackpool from 2011/12.
12.00 NOON **EFL** The 19/20 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **EFL Rivalries** Derby matches.
5.00 **EFL Cup Highlights** Liverpool v Newcastle United in the final.
6.00 **EFL Trophy** Action from Birmingham City v Peterborough United in the final at Wembley.
6.30 **WSL: End of Season Special**
7.00 **Women's Championship Show**
7.30 **Bundesliga** Season review.
8.30 **Bundesliga Special: Analysis II**
9.00 **Celtic: Another Season in Paradise** The 2024/25 season.
9.30 **Best Scottish Premiership Goals 2024/25**
10.00 **EFL Cup Highlights** Action from Liverpool v Newcastle United.
11.00 **Best Scottish Premiership Goals 2024/25**
11.30 **Best Scottish Premiership Goals 2023/24**
12.00 M'T **EFL Cup** The 2013 final.
2.00 AM **EFL Trophy**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Best of England v India**
7.50 **Ashes Greats** Adam Gilchrist.
8.00 **Test Cricket** England v India.
9.00 **Best of England v India**
9.30 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** Coverage of day four of the first Test in the five-match series, staged at Headingley.
7.00 PM **Ashes Greats** Player profiles.
7.30 **Best of England v India**
8.00 **Test Cricket** England v India.
9.00 **One-Day International Cricket** England v West Indies in the final ODI in the three-match series.
10.00 **Women's One-Day International Cricket** Highlights from England v West Indies in the third and final ODI in the series.
11.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **Test Cricket** England v India.
1.00 AM **One-Day International Cricket** England v West Indies.
2.00 **Women's One-Day International Cricket**
3.00 **Test Cricket** England v India.
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Golf**
7.00 **PGA Tour Golf** The final day of the Travelers Championship.
12.00 NOON **Women's PGA Championship** The fourth day.
5.00 PM **Golf Academy**
6.00 **Rose Ladies Series**
6.30 **Tour Golf Highlights**
7.00 **PGA Tour Golf** A review of the Travelers Championship.
8.00 **Legends Tour Golf** The Costa Navarino Legends Tour Trophy.
9.00 **Women's PGA Championship** Action from day four of the Major at Fields Ranch in Frisco, Texas.
10.00 **PGA Tour Golf** Recent action.
11.00 **Legends Tour Golf**
12.00 M'T **Women's PGA Championship** The fourth day.
1.00 AM **Playing Lessons**
2.00 **US PGA Tour Golf**
3.00 **PGA Tour Golf** Archive action.
5.00 **to 6.00** AM **Women's PGA Championship**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Indian Wells.
6.30 **WTA & ATP Tennis** Highlights.
10.30 **LIVE WTA Tennis** Coverage of day two of the Bad Homburg Open, a grass-court event at the TC Bad Homburg in Germany.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of events on the WTA and ATP Tours.
5.00 PM **LIVE ATP Tennis** Day two of the Mallorca Championship staged at Santa Ponsa Tennis Academy in Santa Ponsa, Spain.
7.00 **ATP Tour This Week**
7.30 **WTA Tennis** Berlin Open final.
8.30 **ATP Tennis** Halle Open final.
9.30 **ATP Tour This Week**
10.00 **WTA & ATP Tennis** Highlights.
2.00 AM **Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** San Diego Open.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **MLB: Off the Bat**
6.30 **The WRC Magazine**
7.00 **ABB FIA Formula E World Championship Highlights**
8.00 **Women's Cycling**
9.00 **Men's Cycling** Recent action.
11.00 **Men's Cycling Pro Series**
12.00 NOON **WNBA** Sky v Mercury.
1.00 PM **MLB Highlights**
2.00 **NBA** Game seven of the finals.
3.30 **NBA on Fire** The latest news.
4.00 **Tom Aspinall's Fight Lab**
4.30 **Test Cricket Highlights** A review of the first Test between Sri Lanka and Bangladesh.
6.30 **FIM Speedway Grand Prix Highlights** From Gorzow, Poland.
7.30 **LIVE British Speedway Ipswich Witches v Leicester Lions.** Coverage of the meeting staged at Foxhall Stadium.
10.00 **British Superbikes Highlights**
11.00 **MLB: Off the Bat**
11.30 **MLB Highlights**
12.30 AM **LIVE MLB Minnesota Twins v Seattle Mariners.** The American League match at Target Field. Start-time 12.40am.
3.45 **TNT Sports Cricket Reload**
4.00 **NBA** Game seven of the finals.
5.30 **to 6.00** AM **Cricket Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Grand Prix of Italy.
9.30 **MotoGP Chequered Flag**
10.30 **British Superbikes**
12.00 NOON **Motocross World Championship** Action from Matterley Basin in Hampshire.
3.00 PM **UCI Mountain Bike World Series** Women's XCO Olympic Elite event in Val di Sole in Italy.
3.30 **UCI Mountain Bike World Series** The men's XCO Olympic Elite event in Val di Sole in Italy.
4.00 **MotoGP** Action from the Grand Prix of Italy MotoGP race at Autodromo Internazionale del Mugello in Florence.
5.00 **MotoGP Chequered Flag**
6.00 **LIVE Ultimate Pool** Coverage from Group Four of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **Fight Week** UFC 317 preview.
10.15 **Tom Aspinall's Fight Lab**
10.45 **Kenny Allstar's Number 1's**
11.00 **MotoGP** Grand Prix of Italy.
12.00 M'T **MotoGP Chequered Flag**
1.00 AM **British Superbikes**
2.00 **FIM Speedway Grand Prix**
3.00 **to 6.00** AM **Motocross World Championship**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** A chance to see Callum Simpson v Ivan Zucco.
7.00 **Lions Legends** Player profiles.
7.30 **Super League** A replay of Castleford Tigers v Hull Kingston Rovers at Mend-a-Hose Jungle.
10.15 **Super League** Another chance to see St Helens v Leeds Rhinos from Totally Wicked Stadium.
1.00 PM **Good Morning Football** Up-to-the-minute NFL news.
3.00 **British and Irish Lions Tour** British & Irish Lions v Argentina.
4.00 **NFL Highlights** New Orleans Saints v Philadelphia Eagles.
5.00 Action from Green Bay Packers v Minnesota Vikings.
6.00 **British and Irish Lions Tour** British & Irish Lions v Argentina.
9.45 **Lions Legends** Player profiles.
10.00 **British and Irish Lions Tour** British & Irish Lions v Argentina.
11.00 **Lions Legends** Profiles.
11.30 **Rugby Union** New Zealand v British & Irish Lions in 2005.
11.45 **Rugby Retro: Jamie Heaslip '09**
12.00 M'T **The Insiders** NFL news.
1.00 AM **British and Irish Lions Tour** British & Irish Lions v Argentina.
2.00 **Lions Legends** Ian McGeechan.
2.15 **Fight Night International**
3.15 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights** Action from Liverpool v Newcastle United in the final at Wembley Stadium.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News** Round-up of the morning's sports news.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **Sky Sports News** Round-up of the sports news, with live analysis, comment and interviews.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News** Round-up of the day's main headlines, plus breaking stories across the globe.
12.00 M'T **Super League** A replay of Castleford Tigers v Hull Kingston Rovers at Mend-a-Hose Jungle.
2.45 AM **Super League** Another chance to see St Helens v Leeds Rhinos at Totally Wicked Stadium.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Test Cricket** England v India.
9.00 **Formula 1** Austrian Grand Prix.
11.00 **WTA Tennis** Berlin Open final.
1.00 PM **ATP Tennis** Halle Open final.
3.00 **Test Cricket** England v India.
4.00 **PL Greatest Games**
5.00 **WTA Tennis** Berlin Open final.
7.00 **ATP Tennis** Halle Open final.
9.00 **Fight Night** Two bout replays.
11.00 **PL Greatest Games**
12.00 M'T **Women's PGA Championship** The fourth day.
1.00 AM **Fight Night** Two bout replays.
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf** Recent action.
5.00 **to 6.00** AM **Women's PGA Championship**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
12.00 NOON **UEFA Champions League** Recent highlights.
6.00 PM **Tom Aspinall's Fight Lab**
6.30 **TNT Sports Cricket Reload** The second T20 between West Indies Women and South Africa Women.
6.45 **LIVE Women's International T20 Cricket West Indies v South Africa.** Coverage of the third T20 in the three-match series from 3Ws Oval in Barbados.
10.45 **Test Cricket Highlights** Action from Sri Lanka v Bangladesh.
12.45 AM **Men's Cycling**
1.45 **Men's Cycling Pro Series**
2.45 **Kenny Allstar's Number 1's**
3.00 **Fight Week** A look ahead to Ilia Topuria v Charles Oliveira.
3.45 **UFC Main Event** Islam Makhachev v Dustin Poirier.
4.45 **The Muddy Roots of Football**
5.15 **The WRC Magazine**
5.45 **to 6.00** AM **UEFA Champions League Goals Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A replay of Fremantle Dockers v Essendon Bombers.
7.30 Another chance to see Geelong Cats v Brisbane Lions.
9.00 Carlton v North Melbourne.
10.30 **AFL** Port Adelaide v Sydney Swans.
12.00 NOON Another chance to see Collingwood v St Kilda.
1.30 PM Another chance to see GWS Giants v Gold Coast Suns.
3.00 Another chance to see Western Bulldogs v Richmond.
4.30 **The WRC Magazine**
5.00 **ABB FIA Formula E World Championship Highlights**
6.00 **NWSL** Recent action.
8.00 **Longines Global Champions Tour** Grand Prix of Paris.
9.00 **Fishing: On the Bank**
10.00 **French Premiere Ligue Women** Fleury v Lyon.
11.00 Highlights from Paris Saint-Germain v Le Havre.
12.00 M'T **to 6.00** AM **French Premiere Ligue Women**

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing** The fourth round.
7.30 **Desafio China by La Vuelta**
8.30 **LaLiga Highlights**
9.30 **FIA World Endurance Championship** From Le Mans.
10.30 **Ultimate Karting Championship** Recent action.
1.30 PM **Sporting Countdowns**
2.00 **Major League Cricket**.
6.00 **Viva LaLiga** The latest news.
7.30 **Desafio China by La Vuelta** Action from the cyclotourist event.
8.30 **Scottish Rally Championship** Action from the Jim Clark Rally.
9.00 **FIA World Endurance Championship** Highlights from the 24 Hours of Le Mans.
10.00 **Motorsport** Drew Gibson.
11.00 **Transworld Sport** Magazine.
12.00 M'T **British Minibikes**
2.00 AM **World Surf League**
3.00 **PSA Squash Highlights**
4.00 **LaLiga Highlights**
5.00 **to 6.00** AM **Transworld Sport**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Bike World** Magazine.
9.30 **FastZone** Motorsports highlights.
10.00 **Major League Cricket** Another chance to see Seattle Orcas v Los Angeles Knight Riders.
2.00 PM **GP Confidential** All the latest Formula One news.
2.30 **CONCACAF Gold Cup** Another chance to see USA v Haiti.
4.30 **CONCACAF Gold Cup** A chance to see Mexico v Costa Rica.
6.30 **FastZone** Motorsports highlights.
7.00 **CONCACAF Gold Cup** Dominican Republic v Suriname.
9.00 **Temples of Sport** Iconic sporting venues from around the globe.
10.30 **NHL Ice Hockey** Edmonton Oilers v Florida Panthers in game seven of the Stanley Cup finals.
12.30 AM **NHL: This is Hockey**
1.00 **NHL Ice Hockey** Edmonton Oilers v Florida Panthers.
4.00 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Classic Races**
7.00 **Formula 1** Highlights of past Austrian Grand Prix races.
11.00 **Indycar** Action from the Grand Prix at Road America.
1.30 PM **Indy NXT** Action from the Grand Prix of Road America.
2.30 **Jenson & the FW22: Extended**
2.45 **British GT Championship**
6.20 **F1 Explained: Pit Loss**
6.25 **Ollie Bearman Motorhome Tour**
6.30 **Indycar** Highlights from the Grand Prix at Road America.
9.00 **Indy NXT** Highlights from the Grand Prix of Road America.
10.00 **F1 Academy: Weekend Wrapped** A race review.
10.30 **Formula 1** Canadian Grand Prix.
12.45 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

24 June

Evening Planner

Documentary

Why Cities Flood: Spain's Deadly Disaster

BBC1, 9pm

One-off documentary looking at last year's devastating flash floods in Valencia.

Documentary

The Wolves Always Come at Night: Storyville

BBC4, 10pm

Following a family of nomadic herders who are forced to relocate to the city.

Football

Club World Cup

5 & DAZN, kick-off 2am

Chelsea play their final group game against Tunisian club ES Tunis at Lincoln Financial Field in Philadelphia.

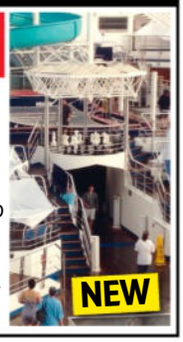
OnDemand

NETFLIX

Trainwreck: Poop Cruise

Available today

Looking back at the infamous 'poop cruise' of 2013, when a fire left a ship without power or working toilets.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 Why Cities Flood: Spain's Deadly...		10.00 News; Local News	10.40 What...
	102 BBC2	7.00 Today at the Test		8.00 Digging for Britain		9.00 Murder 24/7		10.00 Glastonbury...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Midsomer Murders				10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 In the Footsteps of Killers	
	105 5	7.00 Celebrity Puzzling		8.00 Reuben Owen: Life in The Dales		9.00 The Yorkshire Vet: At Home with the...		10.00 Ben Fogle: New Lives in the Wild	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Film: King Kong					
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16			8.10 The Traitors NZ	9.00 What It Feels Like for a Girl			10.40 Him &...
	116 BBC4	7.00 Secrets of Skin	7.30 War Walks	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville: The Wolves Always Come...	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Transaction	10.35 Family Guy
	136 MORE4	‹ 6.55 Car S.O.S.		8.00 PopMaster TV		9.00 Matt Baker's British Isles		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 The Rookie		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.50 Westworld		7.55 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army	8.00 Porridge	8.40 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Agatha Christie's Poirot				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 The 1% Club		9.00 Film: Creed			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Other Guys			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Joe Lycett's United States of...		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 My Life Is Murder		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Jodie Foster		9.00 Guy Garvey: From the Vaults		10.00 Isle of Wight Festival	
	132 U&W	7.00 Ski A&E		8.00 DIY SOS: The Big Build		9.00 First Responders		10.00 Louis Theroux: Behind Bars	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Zoo				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Death Army: Das Reich				10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 Secrets Declassified with David...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash: Restoring Classics				10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Chimp Crazy		8.00 Dublin Narcos		9.00 Tina			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Venom: The Last Dance		8.00 Joker: Folie à Deux					10.30 Salem's Lot
	302 5 STAR MOVIES	‹ 5.45 Shazam!		8.00 Do the Right Thing				10.00 Anora	
	303 ORIGINALS	‹ 6.10 The Beekeeper		8.00 Cleaner			9.40 Extremely Wicked, Shockingly Evil and Vile		
	304 GREATS	‹ 6.15 Funny Face		8.00 Grease 2				10.00 Saturday Night Fever	
	305 ANIMATION	‹ 5.40 Home	7.20 The Prince of Egypt			9.05 Deep Sea			
	306 FAMILY	‹ 5.50 Mr Bean's...	7.25 Stuart Little			9.00 Stuart Little 2			10.25 Jackie Chan's...
	307 ACTION	‹ 5.35 Man of Steel		8.00 Superman Returns					10.35 Shaolin...
	308 COMEDY	‹ 6.15 Wayne's World 2		8.00 Horrible Bosses			9.45 Adult Life Skills		
	309 THRILLER	‹ 5.55 Nightcrawler		8.00 Miami Vice				10.15 Layer Cake	
	310 DRAMA	‹ 5.50 Dallas Buyers Club		8.00 The King's Speech				10.10 Sundown	
	311 SCI-FI	‹ 6.10 The Woman in Black		8.00 Gravity			9.45 A Quiet Place		
	313 FILM4	‹ 6.40 Jumanji: The Next Level				9.00 Boston Strangler			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 The Fall and Rise of Leeds United		10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL Play-off Final League 1 15/16		8.00 EFL Play-off Final League 2 15/16		9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	7.00 Ashes Greats	7.30 Best of...	8.00 Test Cricket		9.00 Women's International One-Day Cricket		10.00 Test Cricket Bitesize	
	410 TNT SPORTS 1	7.00 TCR World...	7.30 Fight Lab	8.00 The Grudge			9.30 Powerlifting World Classic...		10.30 MLB: Off the...
	411 TNT SPORTS 2	7.00 British Superbikes Highlights		8.00 MotoGP					

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition A jewellery burglar caught out by a distinctive piece of clothing. (S)(AD)
11.15 **Homes Under the Hammer** New edition From Liverpool, South Shields and Essex. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Sarah Moore turns some wooden boards into festive baubles. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Kat suggests Phil needs support to care for Nigel, and Nicola's Christmas in June idea proves controversial. (S)(AD)

8 PM

8.00 **Sort Your Life Out with Stacey Solomon** The team help the Wellen family declutter their home to create space for a foster child, finding 306 soft toys, 124 towels, 189 out-of-date food items and 106 spanners. (S)(R)(AD)

9 PM

9.00 **NEW Why Cities Flood: Spain's Deadly Disaster** Mobile phone video footage and eyewitness accounts tell the story of the 2024 floods that swept through towns in Valencia, to discover the role climate change may have played. (S)

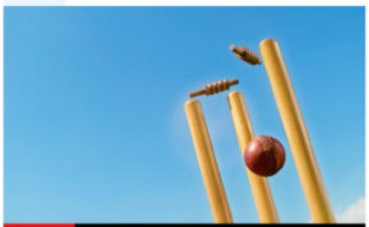
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **What It Feels Like for a Girl** 7/8. Byron begins their sentence in a young offenders' institute – and despite trying to keep their head down, they quickly become the target of bullies. (S)(R)(AD)
11.30 **What It Feels Like for a Girl** 8/8. Now living authentically as a woman, Byron's dreams of escaping Hucknall are dealt a devastating blow. (S1) (S)(R)(AD)
12.20 AM **Pointless Celebrities** Harriet Kemsley, Bobby Mair, Penny Smith, Bonnie Langford, Adam Gemili, Alice Tai, Ricky Groves and Balvinder Sopal take part. (S)(R)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Extraordinary Portraits with Bill Bailey** (S)(R)(AD)
8.30 **Sign Zone: Alison Hammond's Big Weekend** Tony Bellew. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 **Weatherman Walking** New edition 2/3. Carreg Cennen Castle. (S)
4.15 **Hidden Treasures of the National Trust** Sissinghurst Castle. (S)(R)(AD)
5.15 **Flog It!** Interesting finds. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Robson Green's Weekend Escapes** A visit to St Abbs. (S)(R)(AD)



7.00 Today at the Test

7.00 **Today at the Test** England v India: Action from the fifth and final day of the first Test in the five-match series, held at Headingley Cricket Stadium in Leeds. (S)

8.00 **Digging for Britain** Alice Roberts joins a team of archaeologists to explore Central England's past, through an RAF airbase with a Roman past, a medieval nunnery and a pub with a long history of hospitality. (S)(R)(AD)

9.00 **Murder 24/7** New edition 5/6. After a double stabbing that left Wendy Francis dead and her daughter, Stacey Hill, in a critical condition, her partner, Damian Homer, is taken into custody. (S)(AD)
■ Concludes tomorrow

10.00 **NEW Glastonbury: 80s Hits** A compilation of the biggest 80s hits performed at Glastonbury Festival. (S)
10.30 **Newsnight** (S)
11.00 **7/7: The London Bombings** 1/4. Documentary looking at the 2005 attack and the ensuing police investigation. (S)(R)(AD)
12.00 M'T 2/4. At the explosion sites, investigators pick through the wreckage. (S)(R)(AD)
1.00 AM **Sign Zone: The Gold** (S)(R)(AD)
2.00 **Sign Zone: Surviving Syria's Prisons** Documentary. (S)(R)(AD)
3.20 **Sign Zone: Great British Railway Journeys** From Surrey. (S)(R)(AD)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James makes satay sauce using peanut butter from Cornwall and also serves up a plate of salt-and-pepper squid and prawns for Joe Pasquale. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Joe makes a discovery, Robert finds himself in a dangerous position, and Belle persuades Vanessa to help. (S)(AD)

8.00 **Midsomer Murders** *The Wolf Hunter of Little Worthy:* A local photographer wins an urban myth competition with his creation of the legend of the Wolf Hunter, and the tall tale unexpectedly gains a cult following. However, when a man is killed, Barnaby and Winter must investigate whether this myth has become murderous reality. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **DNA Journey** Comedians Julian Clary and Jo Brand embark on a road trip to find out their respective family histories. (S)(R)(AD)
11.40 **Sorry, I Didn't Know** 3/5. Adjoa Andoh, Fatiha El-Ghorri, Richard Blackwood and Ignacio Lopez join team leaders Chizzy Akudolu and Eddie Kadi to answer questions about Black history. Hosted by Jimmy Akingbola. (S)(R)
12.05 AM **Teleshopping**
3.00 **The Reunion** (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** (S9&10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 16-19/24. (S2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Gordon visits Catfish Cabin in Memphis, Tennessee. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** A drama threatens Kevin and Tina's boat build deadline. (S)(R)(AD)
5.00 **Chateau DIY** Ben and Billie have bathroom trouble in their Loire Valley accommodation. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition Sharon and Shaun Garner help a family search for a holiday home in Almería. (S)

10.00 In the Footsteps of Killers

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 5/10. The teams are challenged to produce 24 identical classic framboisier and then reinvent American campfire favourite s'mores into a high-end patisserie. (S)(AD)

9.00 **24 Hours in A&E** At Nottingham's Queen's Medical Centre, patients include an 87-year-old woman who fell from the back of a moving tram, and a 13-year-old boy who broke his leg in three places while playing football. (S)(R)(AD)

10.00 **In the Footsteps of Killers** New edition Emilia Fox, David Wilson and Dr Graham Hill look at the case of 30-year-old Georgina Gharsallah, who disappeared from Worthing in March 2018 and was never seen again. (S)(AD)
11.05 **Celebrity Gogglebox** (S)(SL)(AD)
12.05 AM **Taskmaster** (S)(SL)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(SL)(R)
1.55 **FILM Second Act** Romantic comedy starring Jennifer Lopez. (S)(SL) (2018, 12, 100min) ★★★
3.35 **NEW Iris Prize Best British Shorts** *G Flat.* (S)(AD)
3.55 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **Last Scene Alive: The Teagarden Mysteries** Crime drama with Candace Cameron Bure and Robin Dunne. (S)(R)
4.00 **Bargain-Loving Brits in the Sun** New edition Michelle hosts a Day of the Dead festival to launch her events business. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Dog trainer Graeme Hall helps a Hungarian Vizsla with no respect for the rules. (S)(R)
6.55 **News** (S)

9.00 The Yorkshire Vet: At Home...

7.00 **Celebrity Puzzling** New edition 2/8. Scarlett Moffatt and Stephen Bailey join Carol Vorderman, Sally Lindsay and Jeremy Vine. (S) ■ Continues tomorrow
7.55 **News** (S)

8.00 **Reuben Owen: Life in the Dales** New edition Reuben and Jess salvage stone from a quarry using huge machinery in an attempt to turn rubble into cash but a loading shovel causes problems. (S)

9.00 **The Yorkshire Vet: At Home with the Greens** New edition Steve and Peter keep Stoneybrough Farm running while Jean is in the hospital, but are soon put to the test as health issues weigh heavily. (S)(AD)

10.00 **Ben Fogle: New Lives in the Wild** Ben journeys into the heart of Zambia to live with a British family who have built a safari lodge on the edge of a national park. (S)(R)

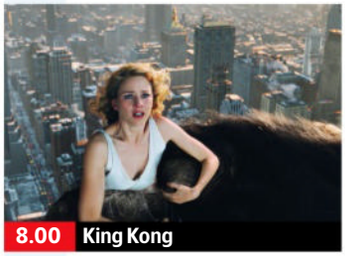
11.05 **Traffic Cops** (S)(R)
12.00 M'T **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.00 AM LIVE **Football: FIFA Club World Cup** Espérance de Tunis v Chelsea: The Group D match. Kick-off is at 2.00. (S)
4.25 **Friends** (S6) (S)(R)
4.50 **The Wonderful World of Chocolate** (S)(SL)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 3/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *The Ned-liest Catch:* Ned Flanders and Mrs Krabappel embark on a whirlwind romance. (S)(R)
5.30 *The Real Housewives of Fat Tony:* Fat Tony and Selma get married. (S)(R)
6.00 **The Office (US)** 26/26. Sabre CEO Jo Bennett hunts for a guilty employee. (S6) (S)(R)
6.30 1/26. Michael infuriates the staff members by hiring his apathetic nephew. (S7) (S)(R)



8.00 King Kong

7.00 **The Simpsons** *Every Man's Dream:* Homer and Marge visit a marriage counsellor and decide on a trial separation. (S)(R)
7.30 *'Cue Detective:* Homer is challenged to a barbecue cook-off by a TV chef. (S)(R)

8.00 FILM **King Kong** Peter Jackson's spectacular remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. A 1930s film crew travel to a mysterious, unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Brassic** 5/8. Erin organises a charity fête to raise cash for the community centre, but then a young woman called Amy turns up and announces that she is Erin's half-sister. (S4) (S)(R)(AD)
12.30 AM **The Force: Manchester** (R)
1.30 **Brit Cops: Law & Disorder** (R)
2.30 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 3/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.20am** Scotcast (S)(R) **12.50** Pointless Celebrities (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Kinahan: The True Story of Ireland's Mafia (S)(R) **11.40** What It Feels Like for a Girl (S)(R)(AD) **1.20-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions (S) **2.40** Lightning (S)(R) **3.10** Unbeatable (S)(R) **3.55** Weatherman Walking (S)(R) **4.25** Hidden Treasures of the National Trust (S)(R)(AD) **5.25-6.00pm** Flog It! (S)(R)

ITV1

As main ITV1 except:

WALES
10.45-11.40pm Sharp End Political discussion. (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwyliau Gartref (AD) **12.30** Heno **1.00** Richard Holt: Yr Academi Felys (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Busnes Bwyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cefn Gwlad (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Gronyn Gobaith: Cymry Cern New edition **10.00** Y Byd ar Bedwar **10.30-11.35pm** Hewlfa Drysor (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** Sophie from Florida has a *Moulin Rouge*-themed party. **7.20** Kentucky rich kid Ariel plans a fairy-tale party. **7.40** Rapper Eazy-E's daughter Erin plans an all-white themed party.
8.00 **The Catch Up**
8.05 **Laugh Lessons**
8.10 **The Traitors NZ** New edition 6/12. Tensions rise during a mission, when a player's lack of teamwork puts a target on their back.
9.00 **What It Feels Like for a Girl** New episode 7/8. Byron struggles to navigate their new reality. **9.50** Series finale 8/8. Byron's dreams of escaping are dealt a major blow. (S1) ■ Entire series on BBC iPlayer
10.40 **Him & Her** (S2&3)
11.40 **Such Brave Girls** (S1)
12.30 AM **Glow Up: Britain's Next Make-Up Star**
1.30 **Him & Her** 7/7. (S2)
2.00 **What It Feels Like for a Girl** 7&8/8. (S1)
3.40 **to 4.05** AM **Lazy Susan**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Durham.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly fix-up an Austin Healey. **6.50** Fuzz and Tim head to Essex to secretly fix a 1970s supercar that hasn't been started in 20 years.
8.00 **PopMaster TV** New edition Ken Bruce hosts as five more players go head-to-head in the second heat of the music quiz.
9.00 **Matt Baker's British Isles** Series finale 4/4. Matt joins a band of people travelling to Scotland's wild places to preserve the buildings, and meets the family that founded the nation's oldest carpet company.
10.00 **24 Hours in A&E** After falling over at home, an 85-year-old woman faces potentially life-changing injuries, while a doctor arrives after a collision with a van as he cycled to work.
11.05 **999: On the Front Line**
12.10 AM **Matt Baker's British Isles** As shown at 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin** How skin has evolved to enable animals to move.
7.30 **War Walks** The site of the Battle of Naseby.
8.00 **The Good Life** Tom takes the law into his own hands.
8.30 **Yes, Minister** Hacker spots an opportunity to further his political career.
9.00 **Simon Schama's Power of Art** The historian investigates the creation of Pablo Picasso's *Guernica*.
10.00 NEW **Storyville: The Wolves Always Come at Night** Documentary following a rural Mongolian couple adapting to a new, urban way of life when they are forced from their land by a devastating sand storm that kills their flock of sheep.
11.30 **Storyville: The Mole: Infiltrating North Korea**
12.35 AM **Secrets of Skin**
1.05 **War Walks** As 7.30pm.
1.35 **The Nazis: A Warning from History** Documentary.
2.25 **to 3.25** AM **Simon Schama's Power of Art**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Exit Through the Kwik-E-Mart:* Bart's graffiti impresses a group of artists.
7.00 **Hollyoaks** Bobby prepares to do the right thing.
7.30 **The Simpsons** *Podcast News:* Abe finds himself accused of a serious crime.
8.00 **Below Deck: Mediterranean** New edition The chef is in hot water when guests complain to Captain Sandy.
9.00 **Gogglebox** *Freeze the Fear with Wim Hof, The1% Club* and *Bridgerton* are appraised. **10.00** Opinions on *Britain's Got Talent* and *The Thief, His Wife and the Canoe.*
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
3.00 **Modern Family**
3.25 **Below Deck: Mediterranean**
4.15 **Kitchen Nightmares USA**
5.05 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Tuesday primetime

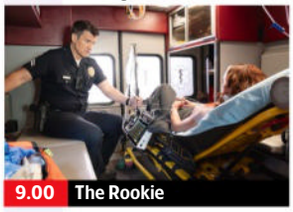
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI: Most Wanted** 11/14. A small town police officer claims he is the victim of a deep-rooted conspiracy. (S1)
2.00 **Caught on Dashcam**
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**



9.00 The Rookie

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Sopranos** 6&7/13. (S4)
10.05 **Westworld** 3&4/10. (S1)
12.15 PM **Game of Thrones** (S6)
1.20 **ZeroZeroZero** 3&4/8. (S1)
3.35 **The Sopranos** 6/13. Carmela arranges a date for Furio.
4.40 7/13. Paulie receives a warm welcome as he is released from jail. (S4)
5.45 **Westworld** 3/10. Ford throws the park into disarray.
6.50 4/10. Dolores finds help from a reluctant William. (S1)

5.45 Westworld

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 13/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **Supergirl** 21/22. (S4)
12.00 NOON **The Flash** 14/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** 6/16. (S7)
4.00 **S.W.A.T.** 3/18. (S4)
5.00 **Supergirl** 20/22. Kara heads to Kaznia with Lena to hunt down Lex. (S4)
6.00 **Stargate SG-1** 1/20. Vala's rapidly aged daughter Adria is proclaimed the new leader of the villainous Ori. (S10)

10.00 Never Mind the Buzzcocks

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Meets Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 Transaction

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** As 2.05am.
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 8/9. Tensions threaten to derail preparations for Rose's wedding. (S5)
6.00 **Heartbeat** *Old, New, Borrowed, Blue:* Nick investigates a church organist.

8.00 Agatha Christie's Poirot

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.00 Stargate SG-1 *Morpheus:* 2/20. Adria's promotion to leader of the Ori sends shockwaves through the Gate Room. (S10)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Face Value:* A CND rally at the Early Warning Installation causes chaos in Aidensfield.

8 PM

8.00 The Equalizer *Glory:* 2/10. McCall's online ad leads her to a mother whose son has been kidnapped. (S1)

7.55 Game of Thrones *Oathbreaker:* 3/10. While Daenerys meets her future, Bran meets the past. Elsewhere, Tommen confronts the High Sparrow. (S6)

8.00 A League of Their Own Romesh Ranganathan, Jamie Redknapp and Jill Scott are joined by guests Jorginho and Danny Dyer.

8.00 Million Dollar Listing: LA James and David struggle with an unrealistic seller, while Tracy decides to list her own home.

8.00 Agatha Christie's Poirot *Cat Among the Pigeons:* Schoolgirl Jennifer Sutcliffe becomes embroiled in a mystery when priceless jewels are hidden among her belongings. Guest stars Harriet Walter.

9 PM

9.00 The Rookie New episode *Darkness Falling:* 4/18. Wesley returns to the district attorney's office. (S7)

9.00 Gomorrah *Green Jasmine:* 9/12. Genny plans to lead the gang towards a bright and prosperous future. (S1)

9.00 Joe Lycett's United States of Birmingham 1/4. Joe visits cities in America with the same name as his home town.

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10 PM

10.00 The Cleaning Lady *Arman:* 1/12. Arman goes missing, leading Thony and Nadia to join forces in searching for him. (S3)
11.00 **Bull** 10/16. (S5)
12.00 M'T **FBI** 5/22. A suburban wife is kidnapped. (S4)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Good Doctor** (S6)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.00 Gomorrah *Now We Get Conte:* 10/12. Imma receives a visit from Daniele's desperate mother. Subtitled. (S1)
11.00 **Homicide: Life on the Street** 16/23. A man's death is not as natural as it seems. (S6)
12.00 M'T **The Wire** 5/10. (S5)
1.10 AM **Mare of Easttown** (S1)
2.25 **Mildred Pierce** 2/5. (S1)
3.45 **Game of Thrones** As 7.55pm.
4.55 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

10.00 Never Mind the Buzzcocks With Johnny Borrell, Krept & Konan and Michelle de Swarte.
10.45 Freddie Fries Again 2/6. Andrew Flintoff and Rob Penn visit Newmarket.
11.45 **Brassic** 5/8. (S4)
12.45 AM **The Force: Manchester**
1.40 **Brit Cops: Law & Disorder**
2.35 **Road Wars**
3.05 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 3/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

10.05 NEW SERIES Transaction 1/6. Sitcom about a transgender supermarket worker who is hired to avert a PR crisis. (S1)
10.35 **Family Guy** (S11)
11.35 **American Dad!** (S9&8)
12.35 AM **Bob's Burgers** (S13)
1.05 **Plebs** 6/6. (S1)
1.35 **Transaction** As 10.05pm.
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 3/8. Will and Geordie are drawn into the world of local politics following an apparent suicide. (S6)
11.00 **Grantchester** 4/8. (S6)
11.55 **Cracker** 1/7. (S3)
1.10 AM **Where the Heart Is**
2.05 **The Royal** *Dr Who?* A mix-up over the job offer results in two new doctors arriving at the hospital.
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Roaming in the Wild** Exploring Loch Morar.
8.00 **Island Crossings** Two senior CalMac managers meet the Arran Ferry Committee.
9.00 **The Firm** New edition 2/3. Aamer Anwar campaigns to change an archaic legal loophole.
9.45 **Sacked in the Morning** With Dean Saunders.
10.00 **Black Black Oil** A look at Scotland's economic, historical and emotional entanglement with North Sea oil.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Norwegian Fling** 3/6. Martin and Phil get a crash course in offshore oil-rig safety training.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S6)
11.25 **Barry** 6&7/8. (S4)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S2)
4.25 **Barry** 6&7/8. (S4)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S3)
7.45 **Divorce** 1/6. Robert begins a new future with new partner Jackie.
8.20 2/6. Robert prepares for a new marriage. (S3)
9.00 **And Just Like That...** 4/12. Comedy drama spin-off starring Sarah Jessica Parker. (S3)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **Veep** 5&6/8. (S1)
12.20 AM **Barry** 7&8/8. (S4)
1.40 **Intelligence** (S1)
2.40 **Somebody Somewhere**
3.50 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
7.55 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Anyone Can Sing**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of the Year** From Bristol.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Guy Garvey: From the Vaults**
10.00 **NEW Isle of Wight Festival** Highlights.
12.00 M'T **Electric Lady Studios – A Jimi Hendrix Vision**
1.45 AM **Cold War Steve Meets the Outside World** Documentary.
3.45 **The South Bank Show**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** *Natural Law:* 22/26. Chakotay and Seven become stranded. (S7)
8.00 **Star Trek: Deep Space Nine** *Melora:* 6/26. Bashir falls in love with a woman whose species is unable to walk in normal gravity. (S2)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 22/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Warwick Davis hosts as a team of family and friends take part.
4.00 Members of a wheelchair basketball team take part.
5.00 **Deal or No Deal** One contestant takes on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Graham Norton hosts the game show.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 10/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 13/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 15/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 2–5/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *Never Trust a Ghost:* 4/26. Marty witnesses a murder. (S1)
10.00 **The Avengers** *Something Nasty in the Nursery:* 14/24. Important secrets are leaked. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

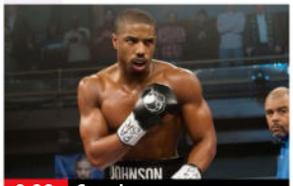
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.15 **The Professionals**
7.15 **Dempsey and Makepeace**
8.20 **Magnum, PI**
9.20 **Kojak**
10.25 **Giant Lobster Hunters**
11.25 **The Adventures of Sherlock Holmes** Murder mystery.
12.35 PM **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals**



9.00 Creed

7.00 Junk and Disorderly Henry Cole and Allen Millyard head out for the historic Prescott Hill Climb to set up their stall.

8.00 The 1% Club Quiz show hosted by comedian Lee Mack in which the questions are all about logic and common sense.

9.00 FILM **Creed** Boxing drama starring Michael B Jordan and Sylvester Stallone. The son of a boxer turns to former champion Rocky Balboa for help following in his father's footsteps. (2015, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

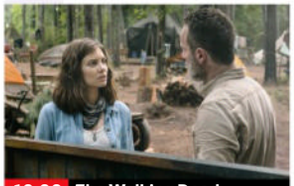
11.35 Wrestling: AEW Collision Featuring FTR, Thunder Rosa, Jon Moxley and Jay White.
1.30 AM **Champions: Full Gallop**
2.20 **The Protectors**
2.50 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 20/26. (S6)
2.00 **Blood & Treasure** 13/13. (S2)
3.00 **Stargate Atlantis** 11/20. (S1)
4.00 **Star Trek: Voyager** 3/26. (S6)
5.00 **Star Trek: The Next Generation** 20/26. (S6)
6.00 **Star Trek: Enterprise** 5/24. Archer and his boarding team are attacked by zombie-like Vulcans. (S3)



10.00 The Walking Dead

7.00 Blood & Treasure *Showdown in Hong Kong:* 13/13. Danny and Lexi face Khan in one final battle above Hong Kong. (S2)

8.00 Stargate Atlantis *The Eye:* 11/20. Part two of two. Major Sheppard attempts to secure the crew's return home. (S1)

9.00 Grimm *The Son Also Rises:* 8/13. A team of scientists are attacked, prompting Nick, Hank and Wu to intervene. (S6)

10.00 The Walking Dead *Warning Signs:* 3/16. A mysterious disappearance divides the work camp. (S9)

11.00 Wynonna Earp 4/12. The gang stumble upon a clue that sheds light on Nicole's past.
12.00 M'T 5/12. Purgatory is thrown into chaos by the arrival of a fresh foe. (S3)
1.00 AM **Lovecraft Country** 5&6/10. Double bill. (S1)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S6)
9.00 **Father Brown**
10.00 **The Coroner** 7/10. (S2)
11.00 **Hudson & Rex** 3/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 6/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S6&7)
4.00 **The Coroner** 7/10. (S2)
5.00 **Hudson & Rex** 3/16. (S3)
6.00 **Father Brown** *The Whistle in the Dark:* The priest intervenes when it appears that a dark spirit has murderous intent.

9.00 My Life Is Murder

7.00 Shakespeare & Hathaway: Private Investigators 6/10. Frank and Lu investigate a fire at a salon. (S3)

8.00 Death in Paradise *An Unpleasant Homecoming:* 4/8. The father of Naomi's best friend is murdered. (S12)

9.00 My Life Is Murder New episode *Tough Love:* 2/8. Alexa investigates the death of a tough tennis coach. (S4)

10.00 Father Brown *The Fall of the House of St Gardner:* A columnist is killed after threatening to expose a fashion house's secrets.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 7/21. Holmes becomes obsessed with catching a serial killer. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

8.40 The Vicar of Dibley

7.20 Dad's Army Private Godfrey is at the centre of controversy when he is accused of cowardice.

8.00 Porridge Fletcher objects to having a third cellmate foisted on him.
8.40 The Vicar of Dibley First episode. The villagers of Dibley discover that their new vicar is a woman.
9.20 The *Songs of Praise* crew arrive in Dibley to record a programme.

10.00 The Royle Family Jim is surprised by the wedding costs.
10.40 The Fast Show Unlucky Alf buys a parrot.
11.20 **Not Going Out** The gang visit a spooky country house.
12.20 AM **The Vicar of Dibley**
1.00 **The Royle Family**
1.40 **Not Going Out**
2.45 **The Fast Show**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Spain**
12.00 NOON **Celebrity Storage Hunters** With Nick Helm.
1.00 PM **Storage Hunters UK**
2.00 **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Ways of preserving food.
6.00 **Rick Stein's Spain** The chef travels through Extremadura to the city of Seville.

10.00 Have I Got a Bit More...

7.00 Would I Lie to You? With Alan Davies, Richard Osman, Germaine Greer and Jermaine Jenas.
7.40 Richard Osman's House of Games With Tim Key and Laura Whitmore.
8.20 With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray.

9.00 QI XL Justin Moorhouse, Emmanuel Sonubi and Holly Walsh join regular panellist Alan Davies and host Sandi Toksvig.

10.00 Have I Got a Bit More News for You Miles Jupp hosts the satirical current affairs quiz, with James May and Jess Phillips.
11.00 **8 Out of 10 Cats Christmas Special** With Liam Charles.
12.00 M'T **Mock the Week: The History of...** Highlights show.
12.40 AM **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** From Mar Menor.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Dover 24/7: Britain's Busiest Port** It's the busiest day of the year.
9.00 **Night Coppers**
10.00 **Sky Coppers** The team search for a woman who has left a suicide note.
11.05 **Celebrity Gogglebox**
12.05 AM **Murder in the Alps**
3.05 **In the Footsteps of Killers** True-crime.
4.05 **to 5.00** AM **Johnny Vegas: Carry on Glamping**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *A Weak Link:* 22/23. A Navy SEAL dies during a training exercise.
7.00 *Reveille:* 23/23. A terrorist plots to kill the US president. (S1)
8.00 *See No Evil:* 1/23. A US Navy captain is held hostage. (S2)
9.00 **Law & Order: Special Victims Unit** *Combat Fatigue:* 10/13. Carisi waits for a verdict in Maddie's kidnapping case. (S25)
10.00 *Missing Pieces:* 5/23. A baby goes missing, allegedly taken unwittingly by thieves.
11.00 *True Believers:* 6/23. A music student is raped in her flat. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A woman suffers a bleed on her brain that leaves her unable to move.
10.00 **A&E After Dark** A man is rushed into A&E with potentially life-threatening brain injuries.
11.00 **Skin A&E**
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Quantico** 8&9/22. (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON FILM **Only the Valiant** Western starring Gregory Peck. (1951, b/w, PG, 100min) ★★
2.10 PM FILM **When the Daltons Rode** Western starring Randolph Scott. (1940, b/w, PG) ★★
4.00 **Highway Patrol**
4.25 **Trucking Hell**
5.40 **Traffic Cops**
6.40 **Police Interceptors**
7.45 LIVE **Football: FIFA Club World Cup** Auckland City v Boca Juniors: The Group C match at GEODIS Park in Nashville, Tennessee. Kick-off is at 8.00.
10.05 **The Motorway** The entire motorway must be shut down following a high-speed crash.
11.00 **Quantum Leap** (S1)
11.55 **Outback Truckers**
1.55 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **DIY SOS: The Big Build** Nick Knowles and the team transform a family home in Bury.
9.00 **First Responders** New edition A farmer becomes trapped under his rolled quad.
10.00 **Louis Theroux: Behind Bars** The journalist spends time in San Quentin State Prison.
11.00 **Ambulance Australia**
1.00 AM **Freddie Flintoff: Living with Bulimia**
1.55 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Pie in the Sky**
8.30 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.20 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet and the Duke** 3/6. Eliza is forced into hiding.
9.00 4/6. Eliza looks into a case of blackmail. (S2)
10.00 **New Tricks** *Fresh Starts:* A man believes his apparently dead wife is still alive. Guest stars Hugh Dennis.
11.20 **Bergerac**
12.30 AM **Darby and Joan**
1.30 **The South Westerlies**
2.30 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: What Happened Next** The stories of two women whose searches took them to opposite sides of the globe.
10.00 **The Hotel Inspector** Alex Polizzi heads to Gracellie Hotel on the Isle of Wight.
11.00 **Long Lost Family** Featuring a woman whose teenage discovery changed her life.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Gemma Atkinson and Antony Cotton compete.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **The Battle of Britain**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Ox-Bow Incident** Western. (1943, b/w, PG) ★★★★★
2.45 **FILM Red Headed Stranger** Western. (1986, 15, 105min) ★★
5.05 **FILM Shadow on the Mesa** Western drama. (2013, PG, 115min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Danger Close: The Battle of Long Tan** Historical war drama. (2019, 15, 118min) ★★
11.30 **FILM American Siege** Thriller. (2021, 15) ★★
1.30 AM **FILM Johnson County War** Western. (2002, 12, 89min) ★★
3.20 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Instakiller** Thriller. (2018, 12, 90min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Deviant Love** Thriller with Emma Bell. (2019, 12, 87min) ★
2.55 **FILM Hidden Truth** Thriller with Sarah Lind. (2016, 12, 92min) ★★
5.05 **FILM An Aurora Teagarden Mystery: Real Murders** Drama. (2015, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Brothers in Arms** Thriller with Jai Courtney. (2018, 15, 99min) ★★★
11.10 **FILM The Trust** Comedy starring Nicolas Cage. (2016, 15, 90min) ★★★
1.10 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Fatal Defense** Thriller. (2017, 12, 122min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas on the River** Comedy. (2019, PG, 88min) ★★
10.00 **FILM A Christmas to Savour** (2021, U) ★★
12.00 NOON **FILM My Sweet Holiday** (2020, PG) ★★
2.00 PM **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
4.00 **FILM The Christmas Chalet** (2019, PG) ★★
6.05 **FILM Christmas in Evergreen: Letters to Santa** Drama sequel. (2018, PG, 84min) ★★
8.00 **FILM Homemade Christmas** Drama. (2020, PG, 85min) ★★
10.00 **FILM Christmas à la Carte** Romantic drama. (2021, PG, 86min) ★★
12.00 M'T **FILM Christmas on Ice** (2020, 15) ★★
2.05 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Maggie's Christmas Miracle** (2017, U) ★★
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
11.30 **The Monkees** (S1)
12.00 NOON **Married... with Children** 13/13. (S1)
12.30 PM **A Sharp Intake of...**
1.00 **Please Sir!** (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 10/13. (S2)
2.30 **Secrets of the Coast**
3.00 **Bramwell** (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie** (S1)
5.30 **The Monkees** (S1)
6.00 **Watching** 4/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Brass** 10/13. (S2)
7.30 **A Sharp Intake of Breath** 1/7. (S1)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S4)
9.30 **Soap** 20/25. (S1)
10.00 **Don't Drink the Water**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S2)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Gold Divers** Vernon's diver attempts to mine without a light.
10.00 Shawn is driven to desperate measures to solve his water overflow problems.
11.00 To fund the mega-dredge, Shawn races to the Bluff.
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** A medical emergency stops Jeff in his tracks.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Tom Kerridge Secrets of the Pub...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Fruits of...**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Tom Kerridge Secrets of the Pub Kitchen** Double bill.
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Fruits of the Sea** Double bill.
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Jamie's One Pan Wonders** Double bill.
10.00 **Money Saving Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/22. (S6)
9.00 **The Fall Guy** 11/23. (S1)
10.00 **Knight Rider** (S2)
11.00 **FILM Treasure Guards** Action adventure. (2011, PG, 90min) ★★
1.00 PM **FILM Airport 77** Disaster movie. (1977, PG, 113min) ★★
3.10 **FILM The Jigsaw Man** Cold War spy drama. (1983, 15, 91min) ★★
5.00 **Star Trek** 6/26. (S2)
6.00 **Knight Rider** 1/22. (S3)
7.00 **The Fall Guy** 12/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Acts of Violence** Drama with Bruce Willis. (2018, 15, 86min) ★★
10.55 **FILM Death Wish** Vigilante action drama. (1974, 18, 89min) ★★★
12.50 AM **FILM Striking Distance** Action thriller. (1993, 18, 102min) ★
2.50 **to 4.50** AM **FILM Deepstar Six** Horror. (1988, 15, 100min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Eye of the Beast** As 5.00pm.
8.00 **FILM Battle Star Wars** Sci-fi action drama. (2020, 12, 86min) ★
10.00 **The Lost World** (S2)
11.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
1.00 PM **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 6/25. (S3)
5.00 **FILM Eye of the Beast** Horror thriller starring James Van Der Beek. (2007, 15, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 7/25. (S3)
9.00 **FILM Ambushed** Thriller starring Dolph Lundgren. (2013, 15, 92min) ★★
10.55 **FILM Executive Command** Thriller. (1997, 15, 95min) ★★
1.00 **to 3.00** AM **FILM Ambushed** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Swamp People: Serpent Invasion**
10.00 **When Big Things Go Wrong** A bridge collapse.
11.00 **My Strange Arrest**
12.00 M'T **Alien Disclosure Files** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Summer arrives.
11.00 **Ben Fogle: New Lives in the Wild** From Iceland.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Lost in Alaska** The presenter visits the Kennicott Glacier and McCarthy.
8.00 **Ben Fogle: New Lives in the Wild** Ben heads to the tiny, remote and rugged island of Rathlin.
9.00 **World War II: Secrets from Above**
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting**
3.00 **Secret Life of the Forest** Kielder Forest.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** From St Annes.
3.00 **Fantasy Homes by the Sea** From Dorset.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** From Liverpool.
9.00 **Married to Real Estate** New edition A newlywed couple would like a Craftsman-style home.
10.00 **Bargain Block** Keith and Evan refine their skills with a modern twist on a 1950s-inspired home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Addicted to Marriage**
8.00 **Jay & Pamela** New edition Jay is rushed to the hospital.
9.00 **Unbelievable Me**
10.00 **Awake Surgery**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Awake Surgery**
3.00 **Sex Sent Me to the ER**
4.00 **Jay & Pamela**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **The Ren & Stimpy Show** (S3)
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas.
8.30 23/24. The pals head to Las Vegas. (S5)
9.00 **FILM The Other Guys** Crime comedy starring Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops uncover a financial conspiracy. (2010, 12, 103min) ★★★★
11.10 **Whose Line Is It Anyway? USA**
12.10 AM **South Park**
1.40 **Beavis and Butt-Head**
2.35 **Comedy Central Live**
3.30 **Ardal O'Hanlon: Comedy Central Live**
3.55 **Reno 911!** 9/11. (S8)
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 1&8/13. (S3)
11.00 **Friends** (S2)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 3/10. (S3)
3.00 **Daria** 9&10/13. (S3)
4.00 **Guessable? Christmas Special** With Kemah Bob.
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 18/18. Kristin is surprised to bump into a former colleague. (S2)
8.30 2/22. Tim urges Vanessa to teach Eve how to drive. (S3)
9.00 **Friends** (S5&4)
2.00 AM **The Ren & Stimpy Show** 6&8/21. (S5)
2.55 **The Ricky Gervais Show**
3.45 **Teachers** 7&8/10. (S1)
4.30 **Jonathan Pie: Back to the Studio** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E** A girl from Essex is admitted with acute pancreatitis.
10.00 **Stella** 3&4/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Southeast Asia**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The Dramatic** Reality series.
2.00 **Catfish: The TV Show**
5.00 **Catfish: Worst Offenders** Reality series.
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **MTV Cribs UK**
9.00 **Judge Geordie**
10.00 **Plastic Surgery Knifemares** Reality show.
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition The team encounter struggling coaches who are 'Hanging Up the Whistle'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** Renovating Casco Bay's Halfway Rock Lighthouse.
6.00 **Border Control: Spain** A tragedy lands at Barcelona airport that shocks officers. **6.30** At Madrid airport, a Chinese couple's huge amount of luggage raises suspicion.

9.00 Gold Rush: White Water

7.00 **Wheeler Dealers** Elvis convinces Mike to buy a bargain VW Golf convertible, but its bright colour proves divisive.

8.00 **Scrap Kings** Four towers from coal station are blown up, while a mother and daughter watch their house get demolished.

9.00 **Gold Rush: White Water** New edition Darkness falls on Nugget Creek, pushing Dustin to search for Plan B.

10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition A miner is going broke on the banks of the Fraser River.

11.00 **Border Control: Spain** Double bill of the documentary.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Gold Rush: White Water**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Dr Jeff: Rocky Mountain Vet**
4.00 **My Cat from Hell**
5.00 **Lone Star Law** A search for a man who faked his own death.
6.00 **Tanked** The Mob Museum request a tank with a replica sunken rumrunner for their prohibition exhibit.

8.00 The Zoo

7.00 **Pit Bulls & Parolees** Tia rescues a dog that was hit by a car, but it is touch and go whether she is able to save him.

8.00 **The Zoo** Howie the rescued wallaby is ready to be relocated, and Jaffa the penguin undergoes eye surgery.

9.00 **The Zoo** Sea lions trade places to meet a new set of girlfriends, and a beloved red river hog needs eye surgery.

10.00 **Edge of Alaska** Jeremy battles against rising river levels, and Neil takes a gamble on excavating a new entrance.

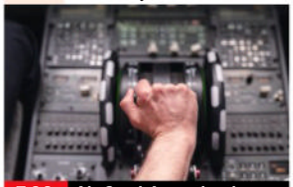
11.00 **Fish or Die** The anglers look for a fish close to extinction. **12.00** M'T In Mexico, the crew navigate crocodile and mosquito-infested waterways.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Air Crash Investigation**
12.00 NOON **Rise and Fall of the Mayas** Double bill of editions.
2.00 PM **World War II: The Apocalypse** Documentary.
3.00 **Liberation: D-Day to Berlin**
4.00 **Viking Seas: Drain the Oceans** Experts search for the battleship *The Mars*.
5.00 **Car S.O.S** Tim and Fuzz restore a 1997 Lotus Elise belonging to a cancer patient.
6.00 **Colosseum: Rise and Fall** The history of Rome's arena.



7.00 Air Crash Investigation

7.00 **Air Crash Investigation** The investigation into the crash of TANS Peru Flight 204 on the approach to Pucallpa airport in 2005.

8.00 **Hitler's Death Army: Das Reich** 1/2. Documentary about elite German soldiers.

9.00 **Hitler's Death Army: Das Reich** 2/2. The soldiers who perpetrated huge massacres on the Eastern Front.

10.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS and his part in the organisation of the Holocaust.

11.00 **Air Crash Investigation** A plane that crashed just moments after take-off.
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** A Kodak camera.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** Strange rings in the Namib Desert.
6.00 **American Pickers** Mike and Jersey peruse a stockpile of industrial relics.

9.00 Secrets Declassified

7.00 **Forged in Fire** The bladesmiths must create a san mai billet in their most complex challenge yet.

8.00 **Ancient Impossible** Examining the factories of yesteryear, capable of forging enough iron to equip a Roman army.

9.00 **Secrets Declassified with David Duchovny** New edition The actor investigates daring government operations.

10.00 **History's Greatest Mysteries** New edition Laurence Fishburne explores the final flight of pilot Amelia Earhart.

11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** An underwater drone films a mystifying monster.
1.00 AM **UFOs: The Lost Evidence** Researchers explore mysterious submerged objects.
2.00 **Secrets Declassified with David Duchovny** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Triple bill.
7.35 **Great British Railway Journeys Goes to Ireland**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Adolf Hitler's War** Hitler's Spring Offensive is stopped.
6.00 **Antiques Roadshow** Fiona Bruce and the team head to Brighton College.

7.00 Great American Railroad...

7.00 **Great American Railroad Journeys** Michael Portillo gets a taste of the early life of President Lincoln.

8.00 **Bangers & Cash: Restoring Classics** A 1969 Morris Mini Cooper MkII is totally restored by specialists.

9.00 **Bangers & Cash: Restoring Classics** The team go on a pre-war challenge with a 1939 three wheeled Morgan F4.

10.00 **Bangers & Cash** Dave heads to Bolton to pick up a Lancia Fulvia 1.3 Sport styled by Milan coachbuilder Zagato.

11.00 **Bangers & Cash** Paul picks up a rare 1960 Vauxhall Cresta PA Friary estate.
12.00 M'T **Abandoned Engineering** An abandoned prison beneath the water and a tunnel in the heart of a mountain.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Wheeler Dealers World Tour**
9.00 **Shed and Buried** New editions Unearthing vintage vehicles lying abandoned in sheds.
10.00 NEW SERIES **Secret Life of the Auction House** Cameras go behind the scenes at an auction house.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Say Yes to the Dress: UK** Double bill.
11.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **The Butcher Baker: Mind of a Monster**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A loving couple are found shot dead in their home.
8.00 **Murder She Solved** Detective Tracy Gerrish discusses a chilling investigation.
9.00 **World's Most Evil Killers** The crimes of John Wayne Gacy, who murdered 33 boys and young men during a six year period in the 1970s.
10.00 **The Killer You Know** New edition When three neighbourhood feuds turn deadly, investigators uncover years-long arguments.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions of the series, including at: **3.30** Reports on a father trapped beneath a bus.
4.00 **Medical Detectives** How detectives caught a suspect within 12 hours. **4.30** Computer forensics help catch a killer. **5.00** A forensic geologist tries to solve the murder of a man who was killed in a drive-by shooting. **5.30** Two men confess to the same murder. **6.00** Forensic science is used to discover the fate of a missing teacher. **6.30** A girl who was killed by her parents.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Joy Morgan.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **Most Evil Killers**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 NEW SERIES **Murder on the Doorstep: The Killer Clown** 1/3.
3.00 **Snapped** April Quick.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Great Forts of the...**
9.50 **Treasures Decoded**
10.50 **Britain on Film with Tony Robinson**
11.55 **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Great Forts of the Mediterranean**
2.50 **Treasures Decoded**
3.50 **Britain on Film with Tony Robinson**
4.55 **Grand Tours of the Scottish Islands**
5.35 **Hitler's Gold**
6.35 **Great Forts of the Mediterranean**
7.45 **Treasures Decoded**
8.50 **Britain on Film with Tony Robinson**
9.55 **Hitler's Gold**
11.00 **Treasures Decoded**
12.00 M'T **Britain on Film with Tony Robinson**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Gina Lollobrigida**
8.00 **The Directors**
9.00 **Murder in Boston: Roots, Rampage and Reckoning**
10.00 **Chimp Crazy**
11.00 **Dublin Narcos**
12.00 NOON **Stevie Van Zandt: Disciple** Documentary.
2.50 PM **Good Job: Stories of the FDNY** Documentary.
4.00 **The Directors**
5.00 **Discovering: Gina Lollobrigida**
6.00 **Murder in Boston: Roots, Rampage and Reckoning**
7.00 **Chimp Crazy**
8.00 **Dublin Narcos** 1/3. Charting the rise in drug addiction and organised crime in Dublin.
9.00 **Tina** A celebration of Tina Turner's life and career.
11.15 **Mr Dynamite: The Rise of James Brown** Documentary.
1.30 AM **Chernobyl: My Promised Land** Documentary.
2.00 NEW **Enigma** Documentary.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Gina Lollobrigida**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nomads of the Serengeti** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Animals Decoded**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **The Wild Wild East**
9.00 **Bugs That Ruled The World** A look at how bees, butterflies, moths and other pollinators keep the fields fruitful.
10.00 **Nomads of the Serengeti**
11.00 **Animals Decoded**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ocean Parks**
2.00 **The Wild Wild East**
3.00 **Bugs That Ruled The World**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Secret Societies: In the Shadows**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Alien Files Reopened** The stories behind unusual and unexplained UFO sightings.
9.00 **Footprints of Civilisation** The legacy of earlier civilisations on modern life.
10.00 **Evidence of the Unexplained**
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **Footprints of Civilisation**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Mark Jewitt.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **A Perfect Scam** New edition A date that turned deadly.
10.00 **Mastermind of Murder** Police find a suspect murdered.
11.00 **Accused: Did I Do It?**
12.00 M'T **Murder By Medic**
1.00 AM **A Perfect Scam**
2.00 **Mastermind of Murder**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Savage Kingdom: Uprising**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Taiwan: Jungle Island**
3.00 **Wild Tasmania**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** A huge black mamba is hiding under a kitchen sink.
7.00 **Critter Fixers: Country Vets** Dr Hodges rescues an owl.
8.00 **Fish Tank Kings** The team are challenged to build a tank that mirrors a turtle's habitat.
9.00 **Nicobar Islands: A Monkey's Long Tale** Exploring the Nicobar Islands in the Indian Ocean.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Concorde: The Final Flight**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The technology used to prevent asteroids hitting Earth.
8.00 **Concorde: The Final Flight** The story of the supersonic plane's last flight from New York to London in October 2003. Narrated by Bill Nighy.
9.00 **Ancient Unexplained Files** Uncovering the mystery behind human skulls from Chile.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Later... with Jools Holland**
12.55 PM **Later... with Jools Holland**
7.35 **Later... with Jools Holland** The host introduces performances by David Byrne, Seal, Cocteau Twins, Cracker and Ali Farka Toure. **8.55** G. Love & Special Sauce, Jah Wobble with Dolores O'Riordan, Jimmie Vaughan, and Bonnie Raitt perform on the long-running music show. **10.10** The host introduces songs by Crowded House, Aswad, The Cranberries, The Auteurs, Electra Strings and Maori drummers Fia Fia Samoa. **11.30** Johnny Cash, Mazzy Star, Pops Staples, and Carleen Anderson perform on the long-running music show.
12.50 AM **Later... with Jools Holland** Four editions of the show.
5.25 **to 6.00** AM **The Bill** Edwards and WPC Brind visit the parents of a missing girl before starting door-to-door enquiries in the neighbourhood.

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed**
9.00 **Evil Online**
11.00 **Grave Mysteries**
1.00 PM **Extreme Measures**
3.00 **The Killer Beside Me**
5.00 **Who the (Bleep) Did I Marry?**
7.00 **Still a Mystery** The violent deaths of two ambitious female TV anchors, who were both murdered in their own homes. **8.00** A case in which a 19-year-old went missing after going to a party. Her remains were found in a field 15 months later, leaving officers perplexed as to determining a motive.
9.00 **Evil Lives Here** Maya Burgess always knew her brother, Stevie, was trouble. As his obsession with guns and violence grows, Maya begins to suspect he is dangerous.
10.00 **Signs of a Psychopath**
11.00 **A Crime to Remember**
12.00 M'T **Deadly Sins** Double bill.
2.00 AM **Who the (Bleep) Did I Marry?** Four editions.
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos** Willie and Stephen attempt to transform a 1967 Toronado.
9.00 **Car Fix** Double bill of editions.
10.00 **World's Greatest Motorcycle Rides** Henry completes his journey in Bulgaria.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

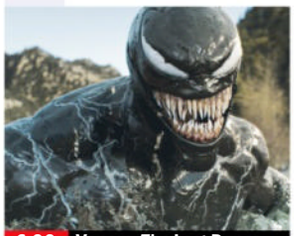
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **The Cinema List**
6.50 **Piece By Piece** As 2.45pm.
8.30 **Home Delivery** Comedy. (2023, 15, 86min)
10.15 **Salem's Lot** As 10.30pm.
12.15 PM **Joker: Folie à Deux**
2.45 **Piece By Piece** Animation. (2024, PG, 94min)
4.25 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
6.00 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★



6.00 Venom: The Last Dance

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Salem's Lot Horror based on Stephen King's novel, starring Lewis Pullman. A writer tries to destroy vampires in a small American town. (2024, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Front Room** Horror thriller. (2024, 15, 94min)
2.15 **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
3.55 **to 6.00** AM **Exhibiting Forgiveness** Drama with André Holland. (2024, 15, 117min)

Sky Cinema Originals

303 303 403 503 517

6.55 AM **The Secret Garden**
8.40 **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
10.25 **Hotel Mumbai** As 1.20am.
12.30 PM **One More Shot** Thriller. (2023, 15, 102min) ★★
2.15 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
4.15 **Force of Nature: The Dry 2** Thriller sequel starring Eric Bana. (2024, 15, 120min) ★★★
6.10 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★

9.40 Extremely Wicked...

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala in Canary Wharf and take 300 hostages. With Clive Owen. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Extremely Wicked, Shockingly Evil and Vile Biopic starring Zac Efron and Lily Collins. The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend, Elizabeth Kloepfer. (2019, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
1.20 AM **Hotel Mumbai** Thriller. (2018, 15, 123min) ★★★★
3.30 **One More Shot** Thriller. (2023, 15, 102min) ★★
5.25 **The Cinema List: Sky Originals**
5.45 **to 7.30** AM **The Secret Garden** Drama. (2020, PG) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.40 AM **Far and Away** Romantic epic. (1992, 15, 140min) ★★
10.10 **Mo' Better Blues** Spike Lee's drama. (1990, 15, 127min) ★★★
12.30 PM **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
2.15 **You Can Live Forever** (2022)
4.05 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
5.50 **Dallas Buyers Club** Fact-based drama. (2013, 15, 114min) ★★★★

8.00 **The King's Speech** Oscar-winning royal drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★★★★
10.10 **Sundown** Drama starring Tim Roth. Neil and Alice Bennett are the core of a wealthy family on holiday in Mexico, until a distant emergency cuts their trip short. (2021, 15, 82min) ★★★★

11.45 **You Can Live Forever** Drama. (2022, 15, 96min) ★★★
1.30 AM **Drift** As 4.05pm.
3.15 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
5.20 **The Cinema List: Pride**
5.35 **to 7.10** AM **Field of Dreams** Fantasy. (1989, PG) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
7.55 **Upgrade** As 11.20pm.
9.50 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
12.00 NOON **The Nun II** Horror sequel. (2023, 15, 110min) ★★
2.05 PM **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★

4.20 **Annabelle** Horror thriller spin-off. (2014, 15, 97min) ★★
6.10 **The Woman in Black** Chiller starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.45 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★

11.20 **Upgrade** Futuristic thriller. (2018, 15, 100min) ★★★★
1.05 AM **AfrAId** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★
2.40 **Cuckoo** Horror starring Hunter Schafer. (2024, 15, 102min) ★★★
4.30 **to 6.10** AM **If You Were the Last** Comedy. (2023, 15) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **The Witches** Fantasy. (1989, PG, 90min) ★★★★
8.35 **Robin and the Hoods** Comedy. (2024, PG, 101min) ★★
10.25 **Jackie Chan's The Tuxedo**
12.20 PM **Johnny English Reborn** Comedy. (2011, PG) ★★★
2.10 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
4.00 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
5.50 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

7.25 Stuart Little

7.25 **Stuart Little** Fantasy adventure with the voice of Michael J Fox. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Stuart Little 2** Fantasy adventure sequel with the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. A chauffeur tries on a secret agent's tuxedo and discovers that it gives the wearer amazing powers. (2002, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Wiz** Motown musical. (1978, U, 133min) ★★
2.30 **The Muppets Take Manhattan** Comedy. (1984, U) ★★★★
4.10 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
5.55 **to 7.25** AM **Problem Child** Comedy. (1990, PG, 81min) ★

Sky Cinema Action

307 307 407 507 521

7.40 AM **Dragon Lord** As 12.30am.
9.30 **Kick-Ass 2** Action thriller sequel. (2013, 15, 99min) ★★★
11.15 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
1.25 PM **American Sniper** Biopic. (2014, 15, 127min) ★★★★
3.40 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.35 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★

10.35 Shaolin Soccer

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Shaolin Soccer** Hong Kong martial arts comedy starring Stephen Chow and Vicki Zhao. Subtitled. (2001, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Dragon Lord** Hong Kong martial arts comedy. Subtitled. (1982, 15, 102min) ★★★★
2.20 **Money Train** Action comedy. (1995, 18, 110min) ★★
4.15 **to 6.25** AM **The Canton Godfather** Hong Kong period action comedy. Subtitled. (1989, PG, 122min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **The Boat That Rocked** Comedy. (2009, 15) ★★★★
9.25 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
11.20 **Drive-Away Dolls** As 1.20am.
12.50 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
2.55 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
4.35 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
6.15 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★

8.00 Horrible Bosses

8.00 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Adult Life Skills** Comedy starring Jodie Whittaker. A woman living in her mother's shed develops a more independent outlook through her friendship with a troubled boy. (2016, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Babes** Comedy co-written by and starring Ilana Glazer. (2024, 15, 104min) ★★★★
1.20 AM **Drive-Away Dolls** Comedy. (2023, 15, 84min) ★★★
2.50 **The Adventures of Baron Munchausen** Epic fantasy. (1988, PG, 126min) ★★★★
5.00 **to 6.30** AM **The Little Rascals** Family comedy. (1994, U, 83min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Marlowe** Crime thriller. (2022, 15, 110min) ★★
8.05 **Ruthless** As 1.55am.
9.45 **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
12.10 PM **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
2.15 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
4.20 **Mob Cops** Crime drama. (2024, 15, 87min) ★
5.55 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★

10.15 Layer Cake

8.00 **Miami Vice** Crime thriller based on the 1980s TV cop series, starring Colin Farrell and Jamie Foxx. A pair of undercover cops infiltrate a ruthless drug smuggling cartel in order to catch the killers of two federal agents. With Gong Li and Naomie Harris. (2006, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Layer Cake** Gangster thriller starring Daniel Craig. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Cult Killer** Crime thriller. (2024, 15, 105min) ★★★
1.55 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
3.30 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★
5.25 **to 7.05** AM **Kill** Thriller. (2023, 15, 94min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Frogmen** Adventure. (1951, b/w, U, 96min) ★★★
12.55 PM **Hangman's Knot** Western. (1953, PG, 81min) ★★
2.35 **Destroyer** War drama. (1943, b/w, U, 99min) ★★
4.35 **The Bedford Incident** Adventure thriller. (1965, b/w, PG, 105min) ★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

9.00 Boston Strangler

Jumanji: The Next Level (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Boston Strangler** Fact-based drama starring Keira Knightley and Carrie Coon. Crime reporters Loretta McLaughlin and Jean Cole encounter sexism while investigating the Boston Strangler murders of the 1960s. (2023, 15, 112min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **T2 Trainspotting** Danny Boyle's black comedy thriller sequel starring Ewan McGregor. (2016, 18, 117min) ★★★★
1.35 **to 3.30** AM **Shallow Grave** Danny Boyle's comedy thriller starring Kerry Fox, Christopher Eccleston and Ewan McGregor. (1994, 18, 92min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.10 AM **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
8.25 **Bookworm** Comedy adventure. (2024, 12, 103min) ★★★★
10.10 **Shazam!** As shown at 5.45pm.
12.25 PM **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★
2.10 **Thelma** Action comedy. (2024, 12, 98min) ★★★★
3.50 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★

5.45 **Shazam!** Superhero comedy adventure starring Zachary Levi. (2019, 12, 132min) ★★★★
8.00 **Do the Right Thing** Spike Lee's comedy drama starring Danny Aiello, Rosie Perez, John Turturro and Ossie Davis. (1989, 15, 120min) ★★★★★
10.00 **Anora** Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. (2024, 18, 139min) ★★★★★

12.30 AM **Lost in Translation** Romantic comedy drama. (2003, 15, 102min) ★★★★★
2.15 **GoodFellas** Martin Scorsese's drama starring Robert De Niro. (1990, 18, 143min) ★★★★★
4.45 **to 6.25** AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.05 AM **When Tomorrow Comes**
7.55 **All That Jazz** As 12.05am.
10.00 **Let's Dance** Musical starring Betty Hutton and Fred Astaire. (1950, U, 112min) ★★
12.00 NOON **Grease** Musical. (1978, PG, 110min) ★★★★
2.00 PM **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
4.30 **Holiday Inn** Musical comedy. (1942, b/w, U, 101min) ★★★★

6.15 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
8.00 **Grease 2** Musical sequel starring Maxwell Caulfield and Michelle Pfeiffer. A new student joins a high school and falls in love with the most beautiful member of The Pink Ladies gang. (1982, PG, 109min) ★★
10.00 **Saturday Night Fever** Dance drama starring John Travolta as a working-class Brooklyn youth who is the dance king of his local disco. (1977, 18, 119min) ★★★★

12.05 AM **All That Jazz** Musical fantasy. (1979, 15, 123min) ★★★
2.15 **Holiday Inn** As 4.30pm.
4.05 **When Tomorrow Comes** Drama starring Charles Boyer. (1939, U, 105min) ★★★★
5.50 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** As 12.30am.
7.55 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
9.35 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
11.10 **Barnyard** Animated family comedy. (2006, PG, 90min) ★

12.45 PM **Trolls Band Together** Animation. (2023, U) ★★★
2.25 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
4.00 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
5.40 **Home** Animated adventure. (2014, U, 94min) ★★★
7.20 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
9.05 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
11.05 **Batman: Return of the Caped Crusaders** (2016, PG) ★★★★

12.30 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
1.55 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
3.25 **The Inseparables** (2023) ★★★
5.00 **to 6.35** AM **The Swan Princess** Animation. (1994, U) ★★★

Movies 24

312 313 419

7.00 AM **Love in Whitbrooke** Drama. (2021, PG, 88min) ★★
9.00 **Finding Love in Saint Lucia** Drama. (2023, PG, 90min) ★★
11.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
1.00 PM **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★
3.00 **Falling Together** Romantic drama. (2024, U, 90min) ★★

5.00 **Mountain Rescue Romance** Romantic comedy drama. (2023, PG, 84min) ★★
7.00 **Heartstrings Attached** Romantic drama starring Morgan Bradley and Chris Connell. (2024, PG, 90min) ★★
9.00 **Making Waves** Romantic comedy with Holland Roden and Corey Cott. A music executive goes to a festival to sign a new band and finds that the singer is her childhood sweetheart. (2023, PG, 84min) ★★

11.00 **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
1.00 AM **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
3.00 **to 5.00** AM **Planning for Joy** Comedy. (2022, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Undercover Agent** Thriller. (1953, b/w, U, 52min) ★★★
7.20 **Meet Mr Callaghan** Drama. (1954, b/w, U, 90min) ★★★
9.05 **What's On TPTV with Noel**
9.15 **The Way Out** Crime drama. (1955, b/w, U, 88min) ★★★
10.50 **The Battleaxe** Comedy. (1962, b/w, U, 66min) ★★★
12.10 PM **Love is a Ball** Romantic comedy. (1963, PG, 113min) ★★

2.25 **Devil's Bait** Suspense thriller. (1959, b/w, U, 58min) ★★
3.35 **Broken Journey** Survival drama. (1948, b/w, PG, 89min) ★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 28/39. (S1)
7.05 **Batman** 14/60. (S2)
7.35 **Dial 999** 25/39. (S1)
8.10 **Train of Events** Ealing comedy drama starring Jack Warner. (1949, b/w, PG, 85min) ★★★
10.00 **Amityville: It's About Time** Horror sequel starring Stephen Macht. (1992, 18, 95min) ★★★

12.00 M'T **Presence of Mind** Ghost story. (1999, 15, 94min) ★★★
2.10 AM **Hammer House of Mystery and Suspense** 4/13. (S1)
3.40 **Games That Lovers Play** Comedy. (1971, 18, 91min) ★
5.20 **Look at Life**
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 24 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages and a tip on today's racing.
10.00 **Sky Sports News** A round-up of the latest sports news.
10.15 **LIVE Test Cricket England v India.** Coverage of the fifth and final day of the first Test in the five-match series, staged at Headingley. England have won the last five Tests to be played at this venue, including a victory by an innings and 76 runs over India in 2021, when Ollie Robinson claimed the player of the match award after taking seven wickets. Headingley was also the scene for Ben Stokes' famous match-winning century against Australia in the 2019 Ashes.
7.00 PM **Sky Sports News** A round-up of the day's sports news, featuring highlights, interviews and analysis.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Chelsea v Wigan Athletic from 2009/2010.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox** Gary sits down with his brother Phil.
8.30 Gary chats to Liverpool legend John Barnes.
9.00 **The Fall and Rise of Leeds United** A look at the relegations, points deductions and heartbreak suffered by Leeds United.
10.00 **Class of '92: Full Time** Fan unrest prompts Gary Neville to make some big changes.
11.00 **Premier League Icons** A profile of Paolo Di Canio.
11.30 A profile of ex-Manchester United star Cristiano Ronaldo.
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 11/12**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Play-Off Final C'Ship 13/14** Action from Derby County v Queens Park Rangers.
7.00 **EFL Play-Off Final League 1 13/14** Action from Rotherham United v Leyton Orient.
8.00 **EFL Play-Off Final League 2 13/14** A look back at action from Burton Albion v Fleetwood Town.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
12.00 NOON **SPFL Highlights**
6.00 PM **EFL Play-Off Final C'Ship 15/16** A look back at action from Hull City v Sheffield Wednesday.
7.00 **EFL Play-Off Final League 1 15/16** Barnsley v Millwall.
8.00 **EFL Play-Off Final League 2 15/16** Action from AFC Wimbledon v Plymouth Argyle.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Manchester Utd v Southampton in the 2017 final.
12.00 M'T Manchester City v Sunderland in the 2014 final.
2.00 AM **EFL Trophy Football**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **to 6.00** AM **EFL Trophy Football**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **Best of England v India**
7.15 **Test Cricket Bitesize**
8.00 **Test Cricket** England v India.
9.00 **Best of England v India**
9.15 **Test Cricket Bitesize**
10.15 **LIVE Test Cricket England v India.** The fifth and final day of the first Test in the five-match series, held at Headingley.
7.00 PM **Ashes Greats**
7.30 **Best of England v India**
8.00 **Test Cricket** England v India: Action from the fifth and final day of the first Test in the five-match series, held at Headingley.
9.00 **Women's International One-Day Cricket** England v West Indies: Action from the third and final ODI of the series.
10.00 **Test Cricket Bitesize**
11.15 **Best of ICC WT20**
12.00 M'T **Test Cricket** As 8.00pm.
1.00 AM **One-Day International Cricket** England v West Indies.
2.00 **Test Cricket Bitesize**
2.15 **Best of ICC WT20**
3.00 **Test Cricket** As 8.00pm.
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Women's International One-Day Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Best of the Open Zone 2024**
9.00 **Women's PGA Championship**
10.00 **PGA Tour Golf**
11.00 **Legends Tour Golf**
12.00 NOON **Golf Academy**
1.00 PM **Playing Lessons**
2.00 **Best of the Open Zone 2024**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **Legends Tour Golf**
5.00 **PGA Tour Golf**
6.00 **Ladies European Tour Golf**
7.00 **Women's PGA Championship**
8.00 **How the 2006 Ryder Cup Was Won** From the K Club, Co Kildare.
11.00 **Ladies European Tour Golf**
12.00 M'T **PGA Tour Golf**
1.00 AM **Women's PGA Championship** The final day.
2.00 **Legends Tour Golf**
3.00 **Golf Academy**
4.00 **Playing Lessons**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 1

410 413 521 408 430

6.00 AM **Motocross World Championship**
9.00 **British Speedway**
10.00 **FIM Speedway Grand Prix**
11.00 **British Superbikes Highlights**
12.00 NOON **ABB FIA Formula E World Championship**
1.00 PM **The WRC Magazine**
1.30 **British Speedway**
2.30 **MotoGP** The Grand Prix of Italy Moto3, Moto2 and MotoGP races.
5.30 **MotoGP Chequered Flag**
6.30 **Premier League Stories**
7.00 **TCR World Tour Review**
7.30 **Tom Aspinall's Fight Lab**
8.00 **The Grudge**
9.30 **Powerlifting World Classic Championship** Action from the event in Chemnitz, Germany.
10.30 **MLB: Off the Bat**
11.00 **MotoGP Rewind**
11.15 **British Superbikes Rewind**
11.30 **MLB Lead Off**
12.00 M'T **LIVE MLB New York Mets v Atlanta Braves.** Coverage of the National League match from Citi Field. Start-time 12.10am.
3.15 AM **MLB Closer**
3.45 **MLB Highlights**
4.45 **to 5.15** AM **TNT Sports Cricket Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Classic Premier League**
12.00 NOON **Gallagher Premiership Rugby Union** Bath Rugby v Leicester Tigers in the final.
1.30 PM **MLB Highlights** Recent Major League Baseball action.
2.30 **WNBA** Action from Chicago Sky v Phoenix Mercury.
3.30 **NBA** Action from Oklahoma City Thunder v Indiana Pacers in game seven of the NBA Finals.
5.00 **Longines Global Champions Tour** The Grand Prix of Paris.
6.00 **British Speedway** Ipswich Witches v Leicester Lions.
7.00 **British Superbikes Highlights** Action from the third round of the season at Snetterton in Norfolk.
8.00 **MotoGP** Action from the Grand Prix of Italy Moto3 race
9.00 Action from the Grand Prix of Italy Moto2 race.
10.00 Action from the Grand Prix of Italy MotoGP race, the ninth round of the season at Autodromo Internazionale del Mugello in Florence.
11.00 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Italy.
12.00 M'T **to 6.00** AM **AFL**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Australia v South Africa.
8.00 **The Rugby Championship** New Zealand v Argentina.
10.00 **The Rugby Championship** Australia v South Africa.
12.00 NOON **British and Irish Lions Tour** British & Irish Lions v Argentina: Action from the warm-up match held at Aviva Stadium in Dublin.
1.00 PM **Good Morning Football** Up-to-the-minute NFL news and headline-making interviews.
3.00 **Fight Night** Mikaela Mayer v Alycia Baumgardner.
4.00 **The Rugby Championship** South Africa v New Zealand.
6.00 **Lions Best Games** Action from Australia v British & Irish Lions in the first Test from 2001.
8.00 **The Rugby Championship** South Africa v New Zealand.
10.00 **Lions Best Games** Action from Australia v British & Irish Lions in the First Test from 2001.
12.00 M'T **The Insiders**
1.00 AM **The Rugby Championship** Australia v New Zealand.
3.00 **The Rugby Championship** New Zealand v Australia.
5.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Chesterfield v Walsall at SMH Group Stadium.
6.30 Action from Notts County v AFC Wimbledon at Meadow Lane.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **Sky Sports News** A round-up of the latest sports news, with analysis and comment, plus extended interviews with the headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** A round-up of the latest sports news.
12.00 M'T **Super League** Castleford Tigers v Hull Kingston Rovers: A re-run of the top-flight match at Mend-a-Hose Jungle.
2.45 AM **Super League** St Helens v Leeds Rhinos: Another chance to see the top-flight match at Totally Wicked Stadium.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **Tennis** Women's Miami Open.
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA Tennis** Coverage of day three of the Bad Homburg Open, a grass-court tournament at the TC Bad Homburg, Germany.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **ATP Tennis** Halle Open final.
8.00 **WTA Tennis** Berlin Open final.
9.00 **WTA & ATP Tennis**
1.00 AM **Classic US Open Tennis**
2.00 **Bitesize Tennis** From 2024.
2.45 **Frances Tiafoe Podcast**
3.00 **Classic US Open Tennis**
4.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Golf**
8.00 **Legends Tour Golf**
9.00 **WTA Tennis** Berlin Open final.
10.00 **ATP Tennis** Halle Open final.
11.00 **Women's PGA Championship**
12.00 NOON **Formula 1**
2.00 PM **PL Greatest Games**
3.00 **PGA Tour Golf**
4.00 **Legends Tour Golf**
5.00 **WTA Tennis** Berlin Open final.
6.00 **ATP Tennis** Halle Open final.
7.00 **Women's PGA Championship**
8.00 **PGA Tour Golf** A review of the Travelers Championship.
9.00 **Legends Tour Golf** The Costa Navarino Legends Tour Trophy.
10.00 **Fight Night**
12.00 M'T **PL Greatest Games**
1.00 AM **Indycar**
3.00 **EFL Greatest Games**
4.00 **Playing Lessons**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
1.00 PM **UEFA Champions League** Borussia Dortmund v Barcelona.
2.00 Highlights of Paris Saint-Germain v Aston Villa.
3.00 Real Madrid v Arsenal.
4.00 Barcelona v Inter Milan.
5.00 Highlights of Paris Saint-Germain v Arsenal.
6.00 Paris Saint-Germain v Inter Milan in the final.
7.30 **Test Cricket Highlights** Sri Lanka v Bangladesh.
9.30 **Tom Aspinall's Fight Lab** A preview of UFC 317.
10.00 **Fight Week** A look ahead to Ilia Topuria v Charles Oliveira.
10.45 **UFC** Another chance to see Jamahal Hill v Khalil Rountree Jr.
1.45 AM **UFC Main Event**
2.45 **Fight Week**
3.30 **Tom Aspinall's Fight Lab**
4.00 **The Muddy Roots of Football**
4.30 **MotoGP Rewind**
4.45 **British Superbikes Rewind**
5.00 **to 6.00** AM **British Speedway**

TNT Sports 4

414 416 524 411 434

6.00 AM **Test Cricket Highlights**
8.00 **AFL** Fremantle Dockers v Essendon Bombers.
9.30 **AFL** Action from Geelong Cats v Brisbane Lions.
11.00 **AFL** Carlton v North Melbourne.
12.30 PM **AFL** Action from Port Adelaide v Sydney Swans.
2.00 **Test Cricket Highlights** Sri Lanka v Bangladesh.
4.00 **UCI Mountain Bike World Series** From Val di Sole, Italy.
7.00 **Motocross World Championship** Action from the Great Britain MX2 races.
8.30 **Motocross World Championship** Action from the Great Britain MXGP races.
10.00 **Women's Bundesliga** Highlights of Bayern Munich Women v RB Leipzig Women.
11.00 **Women's Bundesliga** Action from Bayer Leverkusen Women v Bayern Munich Women.
12.00 M'T **to 6.00** AM **Women's Bundesliga**

Premier Sports 1

419 551

6.00 AM **Highlights**
7.30 **UK Independent Kart Racing**
9.00 **Desafio China by La Vuelta**
10.00 **Ultimate Karting C'ship**
11.00 **FIM Sidecarcross**
12.00 NOON **FIA World Endurance...**
1.00 PM **Scottish Rally C'ship**
1.30 **MotorSport**
2.30 **Sporting Greats**
3.00 **Transworld Sport** Magazine.
4.00 **World Surf League**
5.00 **LaLiga Highlights**
6.00 **NASCAR Highlights**
7.00 **FIA World Endurance C'ship**
8.00 **Scottish Rally Championship**
8.30 **Ultimate Karting C'ship**
9.30 **FIM Sidecarcross**
10.30 **Desafio China by La Vuelta**
11.30 **Sporting Greats**
12.00 M'T **LIVE CONCACAF Gold Cup Panama v Jamaica.**
2.00 AM **Sporting Countdowns**
3.00 **LIVE CONCACAF Gold Cup Honduras v Curacao.**
5.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **GP Confidential**
9.30 **Bike World**
10.00 **Major League Cricket**
2.00 PM **FastZone**
2.30 **Temples of Sport**
3.00 **NHL Ice Hockey**
5.00 **United Rugby Championship**
7.00 **Temples of Sport**
7.30 **CONCACAF Gold Cup** Another chance to see USA v Haiti.
9.30 Mexico v Costa Rica.
11.30 **Temples of Sport**
12.00 M'T **LIVE CONCACAF Gold Cup Guadeloupe v Guatemala.** Coverage of the Group C match from Shell Energy Stadium, Houston. Kick-off 12m't.
2.00 AM **Football's Greatest**
2.30 **Temples of Sport**
3.00 **LIVE CONCACAF Gold Cup Canada v El Salvador.** The Group B match from Shell Energy Stadium, Houston. Kick-off 3am.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1**
12.00 NOON **Formula 1** Action from the 2022 Austrian Grand Prix.
1.00 PM Highlights of the 2023 Austrian Grand Prix.
2.00 Action from the 2024 Austrian Grand Prix.
3.00 **Indycar** The XPEL Grand Prix.
8.00 **Indy NXT** Action from the Grand Prix of Road America.
9.00 **Indycar** The XPEL Grand Prix.
10.00 **Formula 1** Highlights of the Canadian Grand Prix.
11.00 **Formula 1** Action from the 2024 Austrian Grand Prix.
12.00 M'T **Indycar** From Wisconsin.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 25 June

Evening Planner

Football

European Under-21 Championship: Semi-finals

C4, 4.40pm & 4seven, 7.50pm

Will James McAtee and England still be in with a shot at defending their 2023 title?

Documentary

Amol Rajan Goes to the Ganges

BBC1, 9pm

The broadcaster travels to the Maha Kumbh Mela festival in northern India.

OnDemand

Disney+

Ironheart

Available today

After the events of *Black Panther: Wakanda Forever*, inventor Riri Williams works on another suit to rival that of Iron Man.

OnDemand

prime

Countdown

Available today

Jensen Ackles plays a cop who is recruited to a secret task force after the murder of a Homeland Security officer.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop on the Road		9.00 Amol Rajan Goes to the Ganges		10.00 News; Local News	10.40 Kim...
	102 BBC2	7.00 The Great House Revival		8.00 Saving Lives at Sea		9.00 Murder 24/7		10.00 Glastonbury...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Long Lost Family: Born Without Trace		10.00 News; Local News	
	104 CHANNEL 4	‹ 4.40 Football...	7.30 News	8.00 Location, Location, Location		9.00 Britain's Most Expensive Houses		10.00 Celebrity Gogglebox	
	105 5	7.00 Celebrity Puzzling		8.00 Electric Cars: How Safe Are They?		9.00 Casualty 24/7: Every Second Counts		10.00 Fare Dodgers: At War with the Law	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Dragons and...		9.00 Never Mind the Buzzcocks		10.00 McEnroe	
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16			8.10 The Traitors NZ	9.00 The Kim Kardashian...		9.45 The Instagram Effect	
	116 BBC4	7.00 Secrets of Skin	7.30 War Walks	8.00 A Very British Romance with Lucy...		9.00 The Real Jane Austen			10.15 Northanger Abbey
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Extraordinary	10.40 Family...
	136 MORE4	‹ 6.55 Car S.O.S.		8.00 PopMaster TV		9.00 Suranne Jones: Investigating Witch Trials		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Fire Country			
	108 SKY ATLANTIC	‹ 6.50 Westworld		7.55 Game of Thrones		9.00 The White Lotus		10.05 True Detective	
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army	8.00 Porridge	8.35 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 Film: Die Another Day					10.35 Wrestling...
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Resident Alien	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Wonderland: From JM Barrie to JRR...		9.00 Classic Albums		10.00 Isle of Wight Festival	
	132 U&W	7.00 Ski A&E		8.00 Side Hustlers		9.00 Million Dollar Wedding Planner		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Street Outlaws: Locals Only		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Tiger Shark Beach		9.00 Isle of Jaws: Blood Brothers		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Secret Nazi Science		9.00 Hitler's Death Squad		10.00 Nazi Megastructures: Battle Ready	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Ancient Impossible		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Secret Nazi Bases		9.00 Sacred Rivers with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Chimp Crazy		8.00 Dublin Narcos		9.00 Enigma			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Piece By Piece		8.00 Joker: Folie à Deux					10.20 Salem's Lot
	302 5 STAR MOVIES	‹ 6.00 Boyz N the Hood		8.00 Stand by Me			9.30 The Lord of the Rings: The Fellowship of the Ring		
	303 ORIGINALS	‹ 6.05 Extremely Wicked, Shockingly Evil...		8.00 The Radleys				9.55 Get Away	
	304 GREATS	‹ 6.10 Weird Science		8.00 Death Becomes Her				10.00 Drop Dead Fred	
	305 ANIMATION	‹ 5.35 Adventures...	7.30 The Pirates! In an Adventure with Scientists			9.05 Two by Two			
	306 FAMILY	7.00 Jumanji				8.55 Jack the Giant Slayer			
	307 ACTION	‹ 6.10 Snakes on a Plane		8.00 The Amazing Spider-Man					10.20 The Amazing...
	308 COMEDY	‹ 6.25 Nacho Libre		8.00 School of Rock				10.00 The Adventures of Baron Munchausen	
	309 THRILLER	‹ 6.30 Assassin		8.00 Zero Dark Thirty					
	310 DRAMA	‹ 6.10 Jackie		8.00 The Shawshank Redemption					10.30 Whiplash
	311 SCI-FI	‹ 6.10 A Quiet Place: Day One		8.00 The Nun				9.45 Cuckoo	
	313 FILM4	‹ 6.25 Legends of the Fall				9.00 Bullet Train			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL Highlights	8.00 Gary Neville's...	8.30 PL Stories	9.00 Newcastle...	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	‹ 2.45 Test Cricket – Live: West Indies v Australia							
	411 TNT SPORTS 2	7.00 MLB – Live: Milwaukee Brewers v Pittsburgh Pirates (Start-time 7.10)							10.15 Tom Aspinall's Fight Lab

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition The case of a man suspected of murdering his girlfriend and burying her in the garden. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** Buyers seek a move from America to the East Midlands. (S)(R)
3.45 **Garden Rescue** Transforming a garden in Staffordshire. (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.00 The One Show

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Elaine pulls out all the stops for Patrick's party, and there's a shock when Zack arrives at Nicola's Christmas do. (S)(AD)

8.00 **The Repair Shop on the Road** The stories behind a bus once used as a mobile homeless shelter, a celestial projector and a banjolele brought to England by a member of the Windrush generation. (S)(R)(AD)

9.00 **NEW Amol Rajan Goes to the Ganges** Amol visits the Maha Kumbh Mela religious festival in India, where up to 500 million pilgrims gain salvation by purifying themselves in the sacred waters. *See feature, page 21.* (S)(AD)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW TO BBC1 The Kim Kardashian Diamond Heist** The inside story of the 2016 incident, when the US reality TV star was robbed of millions of dollars' worth of jewellery in Paris at gunpoint. *Previously shown on BBC3.* (S)(AD)
11.25 **Apples Never Fall** 1/7. Drama based on Liana Moriarty's novel, with Annette Bening. The mother of a respected Palm Beach family goes missing. (S)(R)(AD) **12.10** AM 2/7. As the search for Joy intensifies, her son Logan tries to direct the police away from his own family. (S1) (S)(R)(AD)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With Amanda Barrie and Stephanie Beacham. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **The Edge** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 **Weatherman Walking** Series finale 3/3. Great Orme. (S)
4.15 **Hidden Treasures of the National Trust** (S)(R)(AD)
5.15 **Flog It!** From Ragley Hall. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Robson Green's Weekend Escapes** A visit to Kielder Forest in Northumberland. (S)(R)(AD)

7.00 The Great House Revival

7.00 **The Great House Revival** New edition 7/8. A couple transform a ruinous 1800s farm house into their first home. (S)
7.50 **The Pembrokeshire Coast: A Wild Year** 1/3. Twelve months of life in south-west Wales. (S)(R)(AD)

8.00 **Saving Lives at Sea** On the north-eastern tip of the Scottish mainland, the crew at Wick begin a frantic search to find a paddleboarder who has drifted a mile out to sea, while her family wait anxiously on the shore. (S)(R)(AD)

9.00 **Murder 24/7** Series finale 6/6. After a 31-year-old man kills his mother with a hammer and leaves his father hospitalised, West Mercia Police investigate the behaviour that led to the attack. (S)(AD)

10.00 **NEW Glastonbury: 90s Hits** A compilation of the biggest 90s hits performed at Glastonbury Festival. (S)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **7/7: The London Bombings** 3/4. Police use CCTV to trace the movements of the bombers. (S)(R) **12.30** AM 4/4. A tip-off leads police to the bomb factory. (S)(R)
1.30 **Sign Zone: Hidden Treasures of the National Trust** 6/6. Coughton Court gets a new roof. (S)(R)(AD)
2.30 **Sign Zone: Murder 24/7** (S)(R)(AD)
4.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition The chef makes prawns in a gin-and-tonic batter for Levi Roots and Paul Foster, and a dish of sea bass and pasta for guest Linda Robson. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7.30 **Emmerdale** Robert feels terrified, Joe is suspicious, and Jacob makes a serious offer. (S)(AD)

8.00 **Coronation Street** Summer and Nina retrace their steps, Kit tells Sarah that he is definitely Brody's dad, birthday boy Steve hands Tracy divorce papers, Debbie turns up at the police station, while Gary's absence troubles Maria. (S)(AD)

9.00 **Long Lost Family: Born Without Trace** New edition Davina McCall and Nicky Campbell try to help more foundlings track down the people who gave them up as babies. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **The Jonathan Ross Show: Special Guests** A look back at memorable moments, including interviews with Peter Kay, Stormzy, Harry Styles, Elizabeth Hurley and Paul McCartney. (S)(R)
12.05 AM **Teleshopping**
3.00 **The Reunion** 4/6. Thomas asks Pianelli for help. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 2-5/26. (S10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 20-23/24. (S2) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** In Connecticut. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
3.40 **Narrow Escapes** (S)(R)(AD)
4.40 **LIVE Football: UEFA European Under-21s Championship** Coverage of the first semi-final, which takes place at Tehelné pole in Bratislava, Slovakia, between the winners of the first and second quarter-finals. (S)(AD)

• *Alternative schedule* If C4 show this evening's football, the schedule will be: **7.15pm LIVE Football: UEFA European Under-21s Championship** Coverage of the second semi-final, held at Košická futbalová aréna in Košice, Slovakia, between the winners of the third and fourth quarter-finals. (S) **10.15 Celebrity Gogglebox** (S)(R)(AD) **11.15 Gogglebox** (S)(R)(AD) **12.20am Johnny Vegas: Carry on Glamping** (S)(R)(AD) **1.20 The Body Detectives** (S)(SL)(R) **2.15-3.55am FILM Sick of Myself** Norwegian drama. (S) (2002, 15, 100min) ★★★★

7.30 **News** (S)

8.00 **Location, Location, Location** New edition A catch-up with two couples – Jay and Charlene, who in 2016 wanted to upsize to Chelmsford, and Miriam and David, who could not decide which of two houses they preferred in Glasgow. (S)

9.00 **Britain's Most Expensive Houses** New edition Constance Cunningham hopes to sell £60million London property The Penthouse at Park Modern, while Emma Brooks takes on a £3.75million Cotswolds manor house. (S)(AD)

10.00 **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, critiquing the week's TV. (S)(R)(AD)
11.00 **Gogglebox** (S)(R)(AD)
12.05 AM **Johnny Vegas: Carry on Glamping** 6/6. Johnny hosts a *Star Wars*-themed wedding to drum up publicity. (S)(R)(AD)
1.05 **The Body Detectives** (S)(SL)(R)
2.00 **FILM Sick of Myself** Norwegian drama. Subtitled. (S) (2022, 15, 95min) ★★★★
3.35 **NEW Iris Prize Best British Shorts** *Until Today*. (S)
3.55 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.15 FILM PREMIERE **A Death in Paradise** Thriller starring Cass Huckabay and Maeve Quinlan. (S) (2024, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Ant juggles work as a property salesman while training an apprentice. (S)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Documentary following Brits who moved to Spain for sun and a low-cost life. (S)
6.55 **News** (S)

8.00 Electric Cars: How Safe...?

7.00 **Celebrity Puzzling** New edition 3/8. Melvin Odoom and Miles Jupp join Carol Vorderman, Sally Lindsay and Jeremy Vine. (S) ■ Continues tomorrow
7.55 **News** (S)

8.00 NEW **Electric Cars: How Safe Are They?** Exploring public concerns about electric vehicles, featuring new and exclusive research and interviews with leading industry experts. (S)

9.00 **Casualty 24/7: Every Second Counts** New edition A 73-year-old man is brought in, having been found unresponsive and doctors try to reduce the swelling of a 54-year-old woman's tongue. (S)(AD)

10.00 **Fare Dodgers: At War with the Law** Transport for London investigators Rich and Greg are on the trail of a man they believe has run up more than £1,500 in unpaid fares on the Elizabeth Line. (S)(R)

11.05 **Cause of Death** The death of a man at home on his sofa. (S)(R)
12.05 AM **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6) (S)(R)(AD)
3.50 **Warship: Life at Sea** (S)(R)
4.40 **The QE2: Queen of the Seas** The history of the liner. (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Africa's Wild Roommates: How Animals Share Bed and Board** Documentary. (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 4/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Puffless:* Patti moves in with the family. (S)(R) **5.30** *Homer Scissorhands:* Homer discovers a hidden talent for styling hair. (S)(R)
6.00 **The Office (US)** 2/26. Michael is forced to take counselling sessions with Toby. (S)(R) **6.30** 3/26. Andy plans to impress Erin by starring in a theatre production. (S7) (S)(R)

8.00 Dragons and Damsels

7.00 **The Simpsons** *Friend with Benefit:* Lisa makes friends with a new girl at school whose father is a billionaire. (S)(R) **7.30** *Lisa with an S:* Lisa stays with a Broadway legend for a month. (S)(R)

8.00 **David Attenborough's Dragons and Damsels** The naturalist takes a look at the manoeuvres, mating strategies, territorial behaviour and flight dynamics of dragonflies and damselflies. (S)(R)(AD)

9.00 **Never Mind the Buzzcocks** Greg Davies host the music quiz, with Joel Dommett, Abi Harding and Glen Matlock joining Noel Fielding, Jamali Maddix and stand-in captain Courtney Love. (S)(R)(AD)

10.00 **McEnroe** Former tennis star John McEnroe gives an account of his triumphs, struggles, friendships and rivalries. With contributions by Patty Smyth, Billie Jean King and Björn Borg. (S)(R)

12.00 M'T **A League of Their Own** With guests Andy Murray and Keely Hodgkinson. (S)(R)(AD)
1.00 AM **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
2.00 **Road Wars** Police officers combat vehicle crime. (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 4/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00pm Lost and Found in the Lakes (S)(R) **2.30** Politics Scotland (S) **3.00-3.45** Money for Nothing (S)(R) **11.25** Scotcast (S)(R) **11.55** Weather for the Week Ahead (S) **12.00m't-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm NEW Live from Merthyr Tydfil (S) **11.10** The Kim Kardashian Diamond Heist (S)(R)(AD) **11.55** Apples Never Fall (S)(R)(AD) **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Hafiach New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Busnes Bwyd Series finale **10.00** Trysorau'r Teulu **11.00-11.35pm** Mwy Na Daffs a Taffs

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More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** Bjorn plans to celebrate his birthday in style – with no expense spared. **7.20** Thirty dancers make up a birthday girl's quinceanera. **7.40** Two friends plan a party at the Hard Rock Cafe.
8.00 **The Catch Up**
8.05 **Laugh Lessons**
8.10 **The Traitors NZ** New edition 7/12. The Faithful become more determined than ever to banish the remaining Traitors.
9.00 NEW **The Kim Kardashian Diamond Heist** Exploring the inside story of the 2016 robbery.
9.45 **The Instagram Effect** The story of the social media giant and how it became the dominant force it is today.
10.45 **Suits** 11 & 12/16. (S6)
12.10 AM **Such Brave Girls** (S1)
1.05 **What It Feels Like for a Girl** 7&8/8. Drama. (S1)
2.45 **The Big Proud Party Agency** Documentary.
3.15 **to 4.00** AM **The Kim Kardashian Diamond...**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Bristol.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw take on a 1973 Hillman Imp that has spent decades in a barn. **6.50** Fuzz and Tim secretly restore a 1969 Lancia Fulvia 1.3 Rallye.
8.00 **PopMaster TV** New edition Ken Bruce hosts the third heat, as music enthusiasts from across the country are put to the test.
9.00 **Suranne Jones: Investigating Witch Trials** 1/2. The actor investigates the most infamous witch trials in history and explores their legacy today, beginning in the Lancashire town of Pendle, where she grew up.
10.00 **24 Hours in A&E** Eighty-one-year-old cyclist Bill is brought to St George's from Surrey after being hit by a car.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **Suranne Jones: Investigating Witch Trials**
1.10 **999: On the Front Line**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin** Exploring how animals' skin acts as a barrier between them and the outside world.
7.30 **War Walks** A visit to the site of the Battle of the Boyne.
8.00 **A Very British Romance with Lucy Worsley** How romance became racier following World War One.
9.00 **The Real Jane Austen** Docu-drama about the life of the *Pride and Prejudice* author. Stars Gillian Kearney.
10.00 NEW **Katharine Schlesinger Remembers... Northanger Abbey** The actor reflects on the 1987 Jane Austen adaptation.
10.15 **Northanger Abbey** Adaptation of Jane Austen's classic starring Katharine Schlesinger, Peter Firth and Googie Withers.
11.45 **Omnibus: Presumption – The Life of Jane Austen**
12.35 AM **Secrets of Skin**
1.05 **War Walks** As 7.30pm.
1.35 **The Real Jane Austen**
2.30 **to 3.30** AM **A Very British Romance with Lucy...**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *How I Wet Your Mother:* Homer suffers a bout of incontinence.
7.00 **Hollyoaks** Donny is determined to find Bobby.
7.30 **The Simpsons** *I'm Spelling as Fast as I Can:* Lisa is offered a college scholarship.
8.00 **Below Deck: Mediterranean** New edition Aesha is rushed to hospital with an injury.
9.00 **Gogglebox** *Piers Morgan Uncensored* and *Romeo and Duet* are appraised.
10.00 **First Dates** Butler Kit wants to meet a man who shares his love for the Royal Family.
11.05 **Naked Attraction's Best Naughty Bits**
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.25 **Below Deck: Mediterranean**
4.15 **Kitchen Nightmares USA**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Bondi Rescue**
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI: Most Wanted** 12/14. A student commits murder in a fit of jealousy. (S1)
2.00 **Caught on Dashcam** Spectacular real-life crashes.
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

8.00 The Equalizer

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **The Sopranos** 8&9/13. (S4)
10.10 **Westworld** 5&6/10. (S1)
12.20 PM **Game of Thrones** (S6)
1.25 **ZeroZeroZero** 5&6/8. (S1)
3.35 **The Sopranos** 8/13. Furio visits his father in Italy.
4.40 9/13. Junior falls down a flight of stairs. (S4)
5.45 **Westworld** 5/10. The Man in Black takes on an unlikely ally.
6.50 6/10. Maeve charms Lutz, and Elsie discovers evidence that could be sabotage. (S1)

9.00 The White Lotus

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 14/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **Supergirl** 22/22. (S4)
12.00 NOON **The Flash** 15/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 4/18. An extremist plans to attack the memorial service of a musician. (S4)
5.00 **Supergirl** 21/22. Kara clashes with Red Daughter. (S4)
6.00 **Stargate SG-1** 3/20. Daniel and Vala visit Atlantis hoping to find the Sangraal. (S10)

10.00 Resident Alien

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Meets Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 Extraordinary

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal**
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Downton Abbey** 9/9. Feature-length Christmas special. A scandal mars the Sinderbys' shooting party. (S5)
6.00 **Heartbeat** *Outsiders:* Life is disrupted by a circus family. Guest stars Eleanor Bron.

7.00 Heartbeat

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *Book of the Stranger:* 4/10. Tyrion strikes a deal, Jorah and Daario undertake a difficult task, and Jaime and Cersei try to improve their situation. (S6)

7.00 Stargate SG-1 *Insiders:* 4/20. Stargate Command's old enemy Ba'al strikes a deal with the team. (S10)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Primal Instinct:* Nick risks his career to ensure justice is done in the case of a shooting of a policeman.

8 PM

8.00 The Equalizer *Judgement Day:* 3/10. McCall tries to help an escaped prisoner who has been wrongly accused of murder. (S1)

8.00 Agatha Raisin *The Curious Curate – Part One:* 5/6. Agatha's friend Sarah finds herself accused of murder.

8.00 Million Dollar Listing: LA Altman hosts an open house for a party pad that used to belong to engineer Howard Hughes.

8.00 Vera *The Dark Wives:* A student is killed and dumped at the foot of three mythical monoliths, and a missing girl sets Vera on an investigation that triggers memories from her own childhood.

9 PM

9.00 Fire Country *My Kinda Leader:* 16/22. The station help when a huge wildfire breaks out in a neighbouring county.

9.00 The White Lotus *Recentering:* 4/6. Armond's renewed commitment to sobriety is put to the test. (S1)

9.00 Agatha Raisin *The Curious Curate – Part Two:* 6/6. Agatha fights to clear Sarah's name. (S2)

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM

10.00 Fire Country *A Cry for Help:* 17/22. Jake is accused of being the serial arsonist. (S1)
11.00 **Bull** 11/16. (S5)
12.00 M'T **FBI** 6/22. (S4)
1.00 AM **The Equalizer** 1/10. (S1)
2.00 **Law & Order: Special Victims Unit** New episode 13/20. (S26)
3.00 **The Good Doctor** 3/22. (S6)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.05 True Detective *Haunted Houses:* 6/8. Cohle visits preacher Joel Theriot for information about the Tuttle schools. (S1)
11.10 **Homicide: Life on the Street** 17/23. A boy disappears. (S6)
12.10 AM **Succession** 9/10. (S1)
1.15 **The Night Of** 1/8. (S1)
2.45 **Game of Thrones** As 7.55pm.
3.50 **The Guest Wing**
4.55 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

10.00 Resident Alien *141 Seconds:* 3/8. Harry tags along on Ben, Kate and Max's family trip to Yellowstone. (S3)
11.00 **Resident Alien** 4/8. Harry is distracted from his mission as he gets closer to Heather. (S3)
12.00 M'T **A League of Their Own** With Keely Hodgkinson.
1.00 AM **The Force: Manchester**
2.00 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 4/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

10.05 Extraordinary New episode 3/8. Jizz tries to avoid his adult responsibilities. (S2)
10.40 Family Guy 14/22. (S11)
11.10 **Family Guy** 6/22. (S11)
11.40 **American Dad!** (S10&8)
12.40 AM **Bob's Burgers** 17/22. (S13)
1.10 **Olivia Attwood: The Price of Perfection** Documentary.
2.10 **Totally Bonkers Guinness World Records**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 5/8. Will and Geordie investigate an audacious robbery from a bank security van in Cambridge. (S6)
11.00 **Grantchester** 6/8. Will and Geordie investigate the death of a CND group leader. (S6)
11.55 **Cracker** 2/7. Fitz accuses David Harvey's brother. (S3)
1.00 AM **Where the Heart Is**
1.55 **The Royal**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year 2024** Contenders from the Highlands and Islands.
8.00 **This Farming Life** The MacDonalds move their pregnant cattle to the tidal island of Vallay.
9.00 **The Ice Cream Wars** 2/2. Following the 1984 trial of the men accused of starting the fire.
10.00 **River City** New episode Eddie is stunned when a face from the past arrives in Shieldinch.
10.30 **Martin Compston's Norwegian Fling** 4/6. A re-creation of a Viking village.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Cold Cases**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S6)
11.25 **Barry** 8/8. (S4)
12.05 PM **Crashing** 1/8. (S1)
12.45 **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S3)
4.25 **Barry** 8/8. (S4)
5.05 **Crashing** 1/8. (S1)
5.45 **The Office (US)** (S7)
6.45 **The Conners** (S3)
7.45 **Divorce** 3&4/6. (S3)
9.00 **Intelligence** 3/6. Jerry directly goes against Christine's orders.
9.30 4/6. Mary gears up to seeing her ex. (S1)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.00 **Sex and the City** (S6)
12.10 AM **Paul Chowdhry: Family Friendly Comedian** Stand-up.
1.30 **Girls** 11 & 12/12. (S3)
2.40 **Hello Ladies** (S1)
3.50 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Gilbert and Sullivan**
6.30 **Peter and the Wolf**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Art Traffickers**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of Year** From St Pancras.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Wonderland: From JM Barrie to JRR Tolkien**
9.00 **Classic Albums**
10.00 **NEW Isle of Wight Festival** Highlights.
12.00 M'T **Nina Simone: The Lost Album**
1.30 AM **Beauty in Truth**
2.45 **Life & Rhymes**
3.45 **The South Bank Show**
4.45 **to 6.00** AM **National Trust: National Treasures**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** 7/26. (S2)
9.00 **The Rookie** *Fight or Flight:* 13/22. A teenage thief gets hold of a police helicopter.
10.00 *Long Shot:* 14/22. Nolan and Harper help a bounty hunter on his first case. (S4)
11.00 **Grimm** 1/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Word-based quiz show hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the game show hosted by Warwick Davis.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 11/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 14/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 16/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 6–9/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *That's How Murder Snowballs:* 5/26. Jeff and Marty look into a murderous stage act. (S1)
10.00 **The Avengers** *The Joker:* 15/24. Emma is enticed to a mansion. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.15 **The Professionals**
7.15 **Dempsey and Makepeace**
9.20 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Adventures of Sherlock Holmes** Drama.
1.35 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.50 **Minder**
5.55 **The Professionals** Bodie and Doyle become bodyguards.

8.00 **Die Another Day**

7.00 Junk and Disorderly The team try to bring a vintage Morris 8 back to life, and get to grips with a Triumph chopper.

8.00 FILM Die Another Day James Bond adventure starring Pierce Brosnan and Halle Berry. British secret service agent 007's globetrotting pursuit of a North Korean terrorist leads him into encounters with a shady billionaire businessman and an enigmatic American spy. With Toby Stephens. (2002, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 Wrestling: AEW Collision Hard-hitting wrestling action.

12.35 AM **Dark Side of the Ring** Exploring the cautionary tale of David Schultz.
1.30 **Minder**
2.25 **Auto Mundial**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 21/26. (S6)
2.00 **Atlantis** 1/13. (S1)
3.00 **Stargate Atlantis** 12/20. (S1)
4.00 **Star Trek: Voyager** 4/26. (S6)
5.00 **Star Trek: The Next Generation** 21/26. Riker makes his acting debut. (S6)
6.00 **Star Trek: Enterprise** 6/24. A telepath offers to help find the Xindi – at a price. (S3)

11.00 **Planetquake**

7.00 Atlantis *The Earth Bull:* 1/13. First episode of the fantasy drama. Fledgling hero Jason goes in search of his father. (S1)

8.00 Stargate Atlantis *The Defiant One:* 12/20. The crew investigate a downed enemy ship. (S1)

9.00 Grimm *Tree People:* 9/13. Nick, Hank and Wu investigate claims that a man was consumed by a tree-like Wesen. (S6)

10.00 The Walking Dead *The Obliged:* 4/16. Rick's vision of a civilised future comes under threat. (S9)

11.00 **FILM Planetquake** Sci-fi adventure with Erica Duke and Michael Paré. An escalating series of earthquakes threaten to break the earth apart causing billions of casualties. (2024, PG, 85min) ★★
1.00 AM **Monstrous** 5&6/6. (S1)
3.00 **Room 104** 1&2/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **The Coroner** 8/10. (S2)
11.00 **Hudson & Rex** 4/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 7/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Coroner** 8/10. (S2)
5.00 **Hudson & Rex** 4/16. (S3)
6.00 **Father Brown** *The Demise of the Debutante:* The priest looks into a murder at a finishing school for young ladies.

10.00 **Catch Me a Killer**

7.00 Shakespeare & Hathaway: Private Investigators 7/10. Frank and Lu are hired by an energy tycoon. (S3)

8.00 Death in Paradise *On the Sanctity of Children:* 5/8. A former children's home resident is found dead. (S12)

9.00 Death in Paradise *Death in the Salon:* 7/8. The owner of a hair salon is killed in puzzling circumstances. (S9)

10.00 Catch Me a Killer *The Phoenix Strangler – Part Two:* 9/11. Micki makes a breakthrough, and her team face a perilous situation. (S1)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 8/21. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

10.00 **The Royle Family**

7.20 **Dad's Army** Mainwaring enlists an unusual recruit to the platoon – a tracker dog provided by Walker.

8.00 Porridge The inmates are shocked to discover there is a thief in their midst.

8.35 The Vicar of Dibley The *Songs of Praise* crew visit Dibley to record a programme in the church. **9.20** Geraldine is keen to find a celebrity to open the autumn fair in style.

10.00 The Royle Family Nana calls round on a Sunday afternoon.

10.40 The Fast Show The Off-Roaders get stuck.

11.20 **Not Going Out**
12.00 M'T **The Vicar of Dibley**
12.40 AM **The Royle Family**
1.20 **Not Going Out**
2.00 **The Fast Show**
2.30 **Porridge**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Spanish Christmas** As 6.00pm.
12.00 NOON **Storage Hunters UK**
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers celebrate quality produce.
6.00 **Rick Stein's Spanish Christmas** Rick creates festive dishes inspired by Spain.

9.00 **QI XL**

7.00 Would I Lie to You? With Clare Balding, Rhod Gilbert, Nick Grimshaw and Rob Delaney.
7.40 Richard Osman's House of Games With Jamie Laing and Sunetra Sarker. **8.20** With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray.

9.00 QI XL Host Sandi Toksvig takes a look at some underthings, with Maisie Adam, Daliso Chaponda, Jack Dee and Alan Davies.

10.00 Have I Got a Bit More News for You Hosted by Jon Richardson, with Phil Wang and Joan Bakewell.
11.00 **8 Out of 10 Cats**
12.00 M'T **Mock the Week: The History of...** Highlights.
12.40 AM **Would I Lie to You? At Christmas** With Lily Allen.
1.20 **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

Wednesday

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Andalucia.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** From Torrevieja.
1.00 PM **Kirstie and Phil's Love It or List It**
1.30 **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Alicante.
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Hertfordshire.
7.00 **George Clarke's Amazing Spaces**
7.50 **LIVE Football: UEFA European Under-21s Championship** Coverage of the second semi-final. ■ *Subject to change*
10.00 **Rhod Gilbert: The Book of John** Stand-up.
11.35 **Taskmaster**
12.40 AM **Gogglebox**
2.40 **Dispatches**
3.45 **to 5.00** AM **Taskmaster**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Good Wives Club:* 2/23. The agents pursue a serial killer.
7.00 *Vanished:* 3/23. A helicopter is found in a crop circle.
8.00 *Lt Jane Doe:* 4/23. A case stirs up bad memories for Ducky. (S2)
9.00 **Criminal Minds** *Spencer:* 13/22. Reid is incarcerated in Mexico.
10.00 *Collision Course:* 14/22. The agents look into a series of suspicious fatal car crashes. (S12)
11.00 **Law & Order: Special Victims Unit** *Russian Brides:* 7/23. The team investigate a thriving mail-order bride business. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
2.45 AM **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Eight junior doctors start their first shifts.
9.00 **Secrets of the Shoplifting Gangs**
10.00 **Trauma Room One** A man undergoes a hi-tech operation to remove a cancerous tumour on his spinal cord.
11.00 **Skin A&E**
12.00 M'T **999: Killer on the Line** Robert Wilson.
1.00 AM **My Lover, My Killer**
2.00 **Quantico** 10&11/22. (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Highway Patrol**
9.40 **Traffic Cops**
10.40 **Police Interceptors**
11.45 **FILM Posse from Hell** Western starring Audie Murphy and John Saxon. (1961, PG, 85min) ★★
1.35 PM **FILM Beyond the Law** Spaghetti Western starring Lee Van Cleef and Antonio Sabato. (1968, 12, 90min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **LIVE Football: FIFA Club World Cup** Borussia Dortmund v Ulsan HD: Coverage of the Group F match staged at TQL Stadium in Cincinnati, Ohio. Kick-off is at 8.00.
10.30 **Police: Suspect No 1**
11.30 **Quantum Leap** (S1)
12.30 AM **Outback Truckers**
2.30 **Trucking Hell**
3.30 **to 4.00** AM **Highway Patrol**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **NEW SERIES Side Hustlers** 1/5. Six women are given a life-changing opportunity to transform their side hustles into full-time businesses.
9.00 **Million Dollar Wedding Planner**
10.00 **Killer Women with Piers Morgan**
11.00 **Ambulance Australia**
1.00 AM **Louis Theroux: Dark States – Murder in Milwaukee** A look at gun crime in the US city.
1.50 **to 3.00** AM **Hungry for It**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.15 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Wrath of Baron Samdi:* The sleuth encounters a voodoo priest.
9.00 **Sister Boniface Mysteries** *Song for the Dead:* 6/10. A member of a band is found dead from a bee sting. (S1)
10.00 **New Tricks**
11.20 **Spooks**
12.40 AM **Hope Street**
1.40 **The South Westerlies**
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** A flurry of bids makes for an exciting last auction. **8.00** Raj Bisram and Margie Cooper compete.
9.00 **1000-lb Sisters** New edition Amy and Tammy Slaton continue their weight-loss journey.
10.00 **Quarter Ton Teen** New edition At almost 500lbs, 16-year-old Cece feels like she doesn't fit in anywhere because of her size.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Former boxer Barry McGuigan takes on TV presenter Coleen Nolan.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.00 AM **The Stuka**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Canadians** Adventure. (1961, U, 85min) ★★
2.55 **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
5.15 **FILM Fort Ti** Western. (1953, U, 73min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM A Dangerous Man** Action thriller starring Steven Seagal. (2009, 18, 94min) ★★★
11.05 **FILM Hours** Thriller starring Paul Walker. (2013, 12, 93min) ★★
1.15 AM **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
3.10 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Cradle Swapping** Drama. (2017, 12) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Evil Nanny** Thriller. (2016, 12) ★★
2.55 **FILM Amber Alert** Thriller. (2016, PG) ★★
5.05 **FILM The Teagarden Mysteries: Three Bedrooms, One Corpse** Crime drama. (2016, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Escobar** Biographical drama starring Javier Bardem. (2017, 15, 123min) ★★
11.35 **FILM A Call to Spy** World War Two drama. (2019, 12, 123min) ★★★
2.20 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Til Ex Do Us Part** Thriller. (2018, 12, 89min) ★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Hope at Christmas** (2018) ★★
10.00 **FILM A Christmas Village** (2018, U) ★★
12.00 NOON **FILM Baking All the Way** Drama. (2022, PG, 85min) ★★
2.00 PM **FILM Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
3.55 **FILM A Very British Christmas** Drama. (2019, PG, 90min) ★★
6.05 **FILM Double Christmas** Comedy with Carly Pope. (2019, U, 84min) ★★
8.00 **FILM A Family for the Holidays** Mystery. (2018, U, 85min) ★★
9.55 **FILM The Christmas Cottage** Comedy. (2017, U, 90min) ★★
11.55 **FILM A Christmas Reunion** Festive drama. (2015, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Falling in Love at Christmas**
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **A Sharp Intake of Breath** 2/7. (S1)
1.00 **Please Sir!** 6/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 11/13. (S2)
2.30 **Secrets of the Coast**
3.00 **Bramwell** (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 6/7. (S6)
6.30 **Don't Drink the Water**
7.00 **Brass** 11/13. (S2)
7.30 **A Sharp Intake of...**
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 6/21. (S4)
9.30 **Soap** 21/25. (S1)
10.00 **Don't Drink the Water**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S2)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Mandy learns what it is like to be a rookie. **8.00** Captains Josh Harris and Casey McManus have to fight.
9.00 **Barnwood Builders** New editions The team transform an Alabama ranch house. **10.00** The team convert their largest timber-frame barn ever.
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **One Pan Wonders**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Seafood Lovers' Guide**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **One Pan Wonders**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Seafood Lovers' Guide**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/22. (S6)
9.00 **The Fall Guy** 12/23. (S1)
10.00 **Knight Rider** 1/22. (S3)
11.00 **FILM They Made Me a Fugitive** Thriller. (1947, b/w, PG, 104min) ★★
1.00 PM **FILM The Invisible Man Returns** Sci-fi spine chiller. (1940, b/w, PG, 78min) ★★
2.35 **FILM Moby Dick** Epic adventure. (1956, PG, 116min) ★★★★
5.00 **Star Trek** 7/26. (S2)
6.00 **Knight Rider** 2/22. (S3)
7.00 **The Fall Guy** 13/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Centurion** Thriller. (2009, 15, 91min) ★★★
11.00 **FILM Inside Out** Drama. (2011, 12, 93min) ★★
12.50 AM **FILM Hot Seat** Action adventure. (2022, 15, 99min) ★★
2.50 **to 4.50** AM **FILM Company of Heroes** World War Two drama. (2013, 15, 96min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Malibu Shark Attack** As 5.00pm.
8.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
10.00 **The Lost World** (S2)
11.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
1.00 PM **FILM Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 7/25. (S3)
5.00 **FILM Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
7.00 **The Lost World** (S2)
8.00 **The A-Team** 8/25. (S3)
9.00 **FILM Aces – Iron Eagle III** Adventure sequel starring Louis Gossett Jr. (1993, 15, 98min) ★
11.00 **FILM War Pigs** World War Two adventure. (2015, 15, 88min) ★★
1.00 **to 3.00** AM **FILM Aces – Iron Eagle III** (1993)
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Autumn arrives.
11.00 **Ben Fogle: New Lives in the Wild** From Rathlin.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Discovering Thailand**
8.00 **Ben Fogle: New Lives in the Wild** The Cairngorms.
9.00 **Michael Palin in Nigeria** Michael visits the city of Benin.
10.00 **Arabia with Levison Wood** Levison explores the largest sand desert in the world.
11.05 **Prisoner: Cell Block H**
1.05 AM **22 Kids & Counting at Christmas**
2.10 **22 Kids & Counting**
3.10 **to 4.00** AM **Secret Life of the Forest**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** In Liverpool.
3.00 **Fantasy Homes by the Sea** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** From Enfield.
9.00 **Rich House, Poor House** Two families swap lifestyles to explore Britain's wealth divide.
10.00 **Home Town** New edition Ben and Erin Napier help a couple and their dogs find a new home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
4.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Me or the Menu** New edition Kathleen is behind schedule.
9.00 **You, Me & My Ex**
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Blockbusters: BGT Special**
11.30 **Blockbusters**
12.00 NOON **The Ren & Stimpy Show** (S3)
1.00 PM **Friends** (S5&6)
9.00 **Bradley & Barney Walsh: Breaking Dad** The duo visit the Red River Gorge in Kentucky. **9.30** The actor and his son arrive in Ohio.
10.00 **8 Out of 10 Cats**
11.00 **Reno 911!** New episode 10/11. Dangle's Mike Pence coin is stolen. (S8)
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park** (S8)
2.00 **Beavis and Butt-Head**
3.00 **Comedy Central Live**
3.45 **Jeff Dunham: Comedy Central Live** Stand-up.
4.10 **Modern Horror Stories**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 9&10/13. (S3)
11.00 **Friends** (S2)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 11&12/13. (S3)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 3/22. Vanessa encourages Mandy to join a sorority. **8.30** 4/22. Mike and Eve try to catch each other off guard. (S3)
9.00 **South Park** (S15&3)
12.00 M'T **Friends** (S5,6&7)
2.00 AM **The Ren & Stimpy Show** Double bill. (S5)
2.55 **The Ricky Gervais Show** 2&3/13. (S1)
3.45 **Teachers** 9&10/10. (S1)
4.30 **Henning Wehn: It'll All Come Out in the Wash**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E** A man is admitted with his face out of shape.
10.00 **Stella** 5&6/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip** From Mexico City.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom UK: Next Generation**
9.00 **Catfish: The TV Show** Nev and Kamie perform the first ever DNA test in Catfish history.
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Spray Tan Mums: Single and Proud**
12.00 M'T **Ridiculousness** New edition Rob, Steelo, and Nina take a flight on 'Homemade Helis'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

25 June **Wednesday**

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A couple plan to start a life in the last frontier of Alaska.
6.00 **Border Control: Spain** Customs agents get a tip-off about suspect merchandise arriving from the Middle East. **6.30** A bag with an alarmingly strange smell is searched.

9.00 Street Outlaws: Locals...

7.00 **Wheeler Dealers** Mike's electrician is selling a classic Ford Escort XR3i, but there are issues with the roof.
8.00 **Scrap Kings** In Sussex, a theatre is torn down, and in Kent, a man turns unwanted parts into bespoke lighting.
9.00 NEW SERIES **Street Outlaws: Locals Only** Locals in Ohio compete for $5,000 and a chance to take on Street Outlaw Doc.
10.00 **Wheeler Dealers World Tour** Mike and Elvis hit the beach for the ultimate surf wagon – the Holden Sandman.
11.00 **Border Control: Spain** Double bill of the documentary.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Street Outlaws: Locals Only** As shown at 9.00pm.
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **How Do Animals Do That?**
3.00 **Crikey! It's the Irwins**
4.00 **My Cat from Hell** A feline that turns nasty at night.
5.00 **Lone Star Law** A routine check for a fishing license takes an unexpected turn.
6.00 **Tanked** A company wants an exotic fish tank built.

8.00 Tiger Shark Beach

7.00 **Pit Bulls & Parolees** A disabled veteran comes to Villalobos to find a pair of dogs to help with his depression.
8.00 **Tiger Shark Beach** Facts about the tiger shark's life cycle, including where they mate, gestate and give birth.
9.00 **Isle of Jaws: Blood Brothers** Solving the mystery of where great white sharks mate, and where their pups are born.
10.00 **Edge of Alaska** Neil prepares to reopen the Motherlode mine, but a new arrival could bring an end to his mining empire.
11.00 **The Zoo** Howie the wallaby is ready to be relocated. **12.00** M'T Clyde and Tacoma the sea lions trade places to meet a new set of girlfriends.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales from History** Double bill of editions.
2.00 PM **World War II: The Apocalypse** Slave labour.
3.00 **Liberation: D-Day to Berlin**
4.00 **Atomic Ghost Fleet: Drain the Oceans**
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a rare French classic car.
6.00 **Nazi Megastructures** The creation of one of history's greatest air defence systems.

9.00 Hitler's Death Squad

7.00 **Air Crash Investigation** Experts investigate the 1956 collision of two planes over the Grand Canyon in Arizona.
8.00 NEW SERIES **Secret Nazi Science** The discovery of Nazi research after World War Two. The first edition focuses on genetics.
9.00 **Hitler's Death Squad** The story of the Nazi soldiers that were charged with carrying out Hitler's plans for genocide.
10.00 **Nazi Megastructures: Battle Ready** Unusual war machines, including a fighter jet that inspired a revolution in aerial warfare.
11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy** Valuables from an old boarding house.
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars: A Very Vegas Christmas** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** As 11.00pm.
6.00 **American Pickers** Mike tries to breathe life into a bundle of ultra-rare Harleys and Indians.

10.00 Hunting History

7.00 **Forged in Fire** Four bladesmiths must forge a Damascus blade from three different steels.
8.00 **Ancient Impossible** A look at how the ancient world created incredible power tools and machinery.
9.00 **The Curse of Oak Island** New edition After a collapse, the Fellowship is finally at the precipice of the Solution Channel.
10.00 **Hunting History with Steven Rinella** New edition The host investigates humans' arrival in the Americas.
11.00 **What on Earth?** Photographs of a 25-mile structure known as the Eye of the Sahara.
12.00 M'T **Strange Evidence** How a 60ft wide object smashed through the upper atmosphere at 40,000mph.
1.00 AM **UFOs: The Lost Evidence**
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys Goes to Ireland**
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Adolf Hitler's War** In Kursk, the tide turns, and the Soviets push back.
6.00 **Antiques Roadshow** Fiona Bruce and the experts pay a second visit to Hopetoun House in South Queensferry.

8.00 Secret Nazi Bases

7.00 **Great American Railroad Journeys** Michael Portillo travels from Reno, Nevada to California's Napa County.
8.00 NEW SERIES **Secret Nazi Bases** With Nazi Germany's rise to power, an abandoned project in East Prussia is resurrected.
9.00 **Sacred Rivers with Simon Reeve** Simon travels along the Ganges from the foothills of the Himalayas to the Bay of Bengal.
10.00 **Bangers & Cash** Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car.
11.00 **Bangers & Cash** A Dutch DAF 66 lands at the showroom.
12.00 M'T **Abandoned Engineering** Concrete channels hidden in a forest, a collapsing bridge, a marooned military base and the rusting carcass of ship.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team restore a teddy bear, a piano stool and a pair of art deco statuettes.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **Celebrity Yorkshire Auction House** Angus Ashworth unearths some family fortunes at Les Dennis' home.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Atlanta**
10.00 **Say Yes... UK**
11.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Adele Bellis.
8.00 **Murder on CCTV**
9.00 **American Monster: Abuse of Power** New edition True-crime.
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Shamima Begum: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** Police unravel two couples's conflicting stories of depravity to bring a killers to justice.
8.00 **Murder She Solved** How a clever undercover operation helped to snare a violent murderer.
9.00 **World's Most Evil Killers** A profile of Jeffrey Dahmer.
10.00 **The Killer You Know** New edition Police assume Linda Culbertson is a victim of the crime she reports.
11.00 **Murder by the Sea** The case of Donald Hume. **12.00** M'T Tha case of teenager James McElroy.
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A computer bug cripples a thriving company. **4.30** Two agents are killed when their cars collide during a routine motorcade for the Queen's visit to America. **5.00** A train crash in Alabama in 1993. **5.30** An inferno at King's Cross station in London. **6.00** A discarded sleeping bag contains traces of a murder. **6.30** A woman's apparent accidental death begins to look suspicious.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highlights**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** Michael Ryan.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 NEW SERIES **Murder on the Doorstep: The Killer Clown** 1/3. ■ Full series on Box Sets
10.00 **Polk: The Trial of Philip Polkinghorne**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Moors Murders**
3.00 **Snapped** Documentary.
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Rise and Fall of the Rust Belt**
9.50 **Treasures Decoded**
10.50 **Britain on Film with Tony Robinson**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **The Rise and Fall of the Rust Belt**
2.50 **Treasures Decoded**
3.50 **Britain on Film with Tony Robinson**
4.55 **Grand Tours of the Scottish Islands**
5.35 **Hitler's Gold**
6.35 **The Rise and Fall of the Rust Belt**
7.45 **Treasures Decoded**
8.50 **Britain on Film with Tony Robinson**
10.00 **Hitler's Gold**
11.00 **Treasures Decoded**
12.00 M'T **Britain on Film with Tony Robinson**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Al Pacino**
8.00 **The Directors**
9.00 **Murder in Boston: Roots, Rampage and Reckoning**
10.00 **Chimp Crazy**
11.00 **Dublin Narcos**
12.00 NOON **FILM The Beatles: Eight Days a Week – The Touring Years** Documentary. (2016, 12, 113min) ★★★★
2.10 PM **The United Way**
4.00 **The Directors**
5.00 **Discovering: Al Pacino**
6.00 **Murder in Boston: Roots, Rampage and Reckoning**
7.00 **Chimp Crazy**
8.00 **Dublin Narcos**
9.00 **NEW Enigma** An exploration of transgender identity and legacy through the life stories of April Ashley and Amanda Lear.
11.00 **Wig** The history and influence of the Wigstock drag festival.
12.50 AM **Great Photo, Lovely Life: Facing a Family's Secret**
3.00 **Lennox: The Untold Story**
5.00 **to 6.00** AM **Discovering: Al Pacino**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Africa's Wild Roommates...**
12.00 NOON **Nomads of the...**
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Animals Decoded**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Dragons and Damsels**
9.00 **A Wild Year on Earth**
10.00 **Nomads of the Serengeti**
11.00 **Animals Decoded**
12.00 M'T **Africa's Wild Roommates: How Animals Share Bed and Board** Documentary.
1.00 AM **Ocean Parks**
2.00 **David Attenborough's Dragons and Damsels**
3.00 **A Wild Year on Earth**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Secret Societies: In the Shadows**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Great Escapes with Morgan Freeman** Devil's Island.
9.00 **World's Greatest Treasure Mysteries** Documentary.
10.00 **Royal Autopsy**
11.00 **Alien Files: Unsealed**
12.00 M'T **Ancient Aliens**
2.00 AM **Evidence of the Unexplained** Sightings of unexplained phenomena.
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Janbaz Tarin.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Accused: Did I Do It?** New edition Documentary.
10.00 **NEW SERIES Secrets of the Bunny Ranch** Documentary.
11.00 **Secrets of Polygamy**
12.00 M'T **Murder By Medic**
1.00 AM **Accused: Did I Do It?**
2.00 **Secrets of the Bunny Ranch**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **Monster Fish**
10.00 **Savage Kingdom: Uprising**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **A Leopard's Legacy**
3.00 **America's Wild Heartlands**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets**
8.00 **Ocean's Weirdest**
9.00 **Underdogs** New edition Ryan Reynolds reveals a guide to romance and reproduction.
9.45 **Alaska: The Next Generation** Johnny Rolfe finds hope in sustaining his way of life while hunting caribou.
10.45 **Ice Road Rescue**
11.45 **Africa's Deadliest**
12.45 AM **Monster Fish**
1.45 **The Incredible Dr Pol**
2.30 **Secrets of the Zoo: Keeper Tales** Documentary.
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **America's Most Secret: Structures** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **America's Most Secret: Structures** Behind the scenes of America's most classified sites and their activities.
9.00 **Ancient Unexplained Files** Archaeologists use new digital technology to try and solve the mystery behind an ancient burial ground in Germany..
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Celebrity Mastermind**
1.00 PM **Celebrity Mastermind**
7.00 **Celebrity Mastermind** With Guy Henry, Mark Thompson, Cheryl Baker and Timothy Bentinck.
7.40 With Shaun Keaveny, Mark Watson, Bunny Campione and Frank Cottrell Boyce.
8.20 Gail Porter, Danny John-Jules, Prue Leith and Mike Bushell take part.
9.00 James Allen, David Bradley, Chris Ramsey and Shobu Kapoor compete.
9.40 With Josh Widdicombe, Katharine Merry, Sian Reese-Williams and Nick Baker.
10.20 Chris van Tulleken, Denise Robertson, Milton Jones and Adele Silva take part.
11.00 Pete Firman, Paul Martin, Jaye Griffiths and Pete Reed take part in the famous quiz.
11.40 Charles Campion, Kurtis Stacey, Naga Munchetty and Darren Kenny compete.
12.20 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who the (Bleep) Did I Marry?** Double bill of editions.
9.00 **Extreme Measures**
11.00 **The Killer Beside Me**
1.00 PM **American Monster**
3.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
5.00 **Cold Hearted**
7.00 **On the Case with Paula Zahn** A young woman is murdered in a bar parking lot. As police retrace her last known steps, several suspects with possible motives come on their radar.
8.00 Police officers consider whether a young woman's personalised license plate made her the target for murder.
9.00 **Hostage 911** Negotiators try to reason with an ex-felon who has taken his former lawyer hostage.
10.00 **Real Time Crime**
11.00 **American Monster**
12.00 M'T **Pandora's Box: Unleashing Evil**
2.00 AM **Cold Hearted**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Supertruckers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos** The brothers take on a cross-country family hauler.
9.00 **Car Fix** Double bill of editions.
10.00 **World's Greatest Motorcycle Rides** Henry takes his trusty steed Mavis to the Welsh valleys.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.45 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
8.30 **Piece By Piece** As 6.20pm.
10.10 **The Luckiest Man in America** Drama. (2024, 15) ★★★★
11.55 **Joker: Folie à Deux** As 8pm.
2.20 PM **Salem's Lot** As 10.20pm.
4.20 **Venom: The Last Dance** Fantasy. (2024, 15) ★★★
6.20 **Piece By Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)

8.00 Joker: Folie à Deux

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Salem's Lot Horror based on Stephen King's novel, starring Lewis Pullman. A writer tries to destroy vampires in a small American town. (2024, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★
2.15 **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
4.35 **to 6.25** AM **Old Guy** Comedy. (2024, 15, 94min) ★★★

Sky Cinema Originals

303 303 403 503 517

7.30 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
9.15 **Twist** As shown at 5.30am.
10.55 **Blacklight** As 3.40am.
12.45 PM **Bonus Track** Comedy. (2023, 12, 98min) ★★★
2.35 **Cleaner** Action thriller. (2025, 15, 97min) ★★★
4.15 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
6.05 **Extremely Wicked, Shockingly Evil and Vile** Biopic. (2019, 15) ★★★★

8.00 The Radleys

8.00 The Radleys Horror comedy starring Kelly Macdonald and Damian Lewis. A seemingly ordinary family hide a dark secret. With Sophia Di Martino, Bo Bragason and Harry Baxendale. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Get Away Horror comedy written by and starring Nick Frost. A family's holiday takes a lethal turn when they discover the island they're on is inhabited by a serial killer. With Aisling Bea and Sebastian Croft. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Ferrari** Biopic starring Adam Driver. (2023, 15, 130min) ★★★
1.40 AM **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
3.40 **Blacklight** Action thriller. (2022, 15, 104min) ★
5.30 **to 7.05** AM **Twist** Crime comedy. (2021, 12) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Oppenheimer** As 2.25am.
10.10 **Dallas Buyers Club** Fact-based drama. (2013, 15, 114min) ★★★★
12.15 PM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
2.25 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
4.35 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★
6.10 **Jackie** Biographical drama. (2016, 15, 100min) ★★★★

8.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A mild-mannered banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.30 **Whiplash** Drama starring Miles Teller and JK Simmons. A jazz drummer's dream of enrolling at a prestigious music academy turns into a nightmare thanks to his uncompromising tutor. (2014, 15, 106min) ★★★★★

12.30 AM **Field of Dreams** Fantasy drama starring Kevin Costner. (1989, PG, 106min) ★★★★★
2.25 **Oppenheimer** Epic biopic. (2023, 15, 180min) ★★★★★
5.25 **to 7.15** AM **What Dreams May Come** Romantic fantasy drama. (1998, 15, 106min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **The Harbinger** Horror. (2022, 15, 87min) ★★★★
7.50 **Lisa Frankenstein** As 1.15am.
9.35 **Annabelle** Horror thriller spin-off. (2014, 15, 97min) ★★
11.25 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
1.05 PM **AfrAId** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★
2.45 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★

4.30 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
6.10 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
8.00 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. A priest and a nun discover a religious order's terrible secret and battle a malevolent force. (2018, 15, 96min) ★★★
9.45 **Cuckoo** Horror starring Hunter Schafer and Jan Bluthardt. (2024, 15, 102min) ★★★

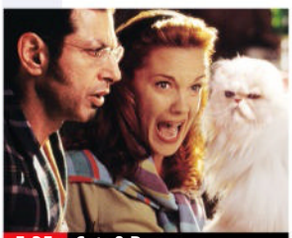
11.35 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
1.15 AM **Lisa Frankenstein** Comedy horror. (2024, 15, 101min) ★★★
3.05 **The Ritual** Horror thriller. (2017, 15, 94min) ★★★
4.50 **to 6.55** AM **Paycheck** Thriller. (2003, 12, 119min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.25 AM **Zathura: A Space Adventure** (2005, PG) ★★★★
9.15 **The Muppets Take Manhattan** Comedy. (1984, U) ★★★★
11.00 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
12.45 PM **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
2.25 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
4.00 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
5.25 **Cats & Dogs** (2001, PG) ★★★


5.25 Cats & Dogs

7.00 Jumanji Comic fantasy with Robin Williams. (1995, PG, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.55 Jack the Giant Slayer Fantasy starring Nicholas Hoult and Eleanor Tomlinson. A plucky young farmboy scales a giant beanstalk to rescue a stranded princess – and encounters a race of sky-dwelling giants. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

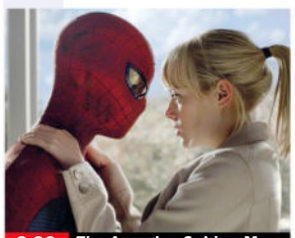
10.55 Problem Child Family comedy starring John Ritter and Michael Oliver. (1990, PG, 81min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
2.40 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
4.20 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
5.55 **to 7.10** AM **Friend or Foe** Drama. (1981, U, 70min) ★★★

Sky Cinema Action

307 307 407 507 521

6.25 AM **Royal Warriors** (1986)
8.05 **The Young Master** (1980)
9.55 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
11.45 **Superman Returns** Fantasy. (2006, 12, 154min) ★★★
2.20 PM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
4.35 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.10 **Snakes on a Plane** Action thriller with Samuel L Jackson. (2006, 15, 105min) ★★★


8.00 The Amazing Spider-Man

8.00 The Amazing Spider-Man Fantasy adventure starring Andrew Garfield and Emma Stone. A nerdy New York teenager becomes a vigilante crime-fighter after a bite from a genetically modified spider gives him special powers. With Rhys Ifans. (2012, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Amazing Spider-Man 2 Fantasy adventure sequel starring Andrew Garfield. The superhero battles a foe with electrical powers, while an old friend presents an even greater threat. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Royal Warriors** Thriller. (1986, 18, 96min) ★★★
2.30 **The Young Master** Comedy. (1980, 15, 86min) ★★★
4.20 **to 6.10** AM **Game of Death** Thriller. (1978, 18, 82min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Sometimes I Think...**
8.10 **Seriously Red** As 3.25am.
9.55 **Blades of Glory** (2007) ★★★
11.35 **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
1.15 PM **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
3.00 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
4.45 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
6.25 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★

6.25 Nacho Libre

8.00 School of Rock Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and tries to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

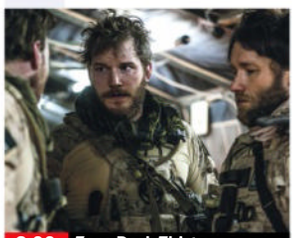
10.00 The Adventures of Baron Munchausen Terry Gilliam's epic fantasy with John Neville and Eric Idle. (1988, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Little Rascals** Family comedy. (1994, U, 83min) ★★
1.45 **Sometimes I Think About Dying** Comedy drama. (2023, 12, 93min) ★★★
3.25 **Seriously Red** Romantic comedy starring Krew Boylan. (2022, 15, 104min) ★★★
5.15 **to 7.10** AM **Sweethearts** Comedy with Kiernan Shipka. (2024, 15, 94min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.05 AM **The Cinema List: Thrillers**
7.20 **A Sacrifice** As 4.50pm.
9.00 **The Lesson** As 2.30am.
10.45 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
12.45 PM **Miami Vice** Crime thriller. (2006, 15, 133min) ★★★★
3.00 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
4.50 **A Sacrifice** Psychological thriller. (2024, 15, 94min) ★★★
6.30 **Assassin** Action thriller. (2023, 15, 88min) ★★★


8.00 Zero Dark Thirty

8.00 Zero Dark Thirty Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain. Following the 9/11 terrorist attacks, a CIA agent becomes the driving force behind the hunt for the al-Qaeda leader. With Chris Pratt and Joel Edgerton. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Taxi Driver Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Kill** Thriller starring Daniel Portman and Brian Vernel. (2023, 15, 94min) ★★★
2.30 **The Lesson** Romantic thriller. (2023, 15, 103min) ★★★
4.20 **Assassin** As 6.30pm.
5.55 **to 8.00** AM **We Own the Night** Crime drama. (2007, 15, 117min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Father Brown** Comedy drama. (1954, U, 91min) ★★★
12.45 PM **Nothing But the Best** Comedy. (1963, b/w, 15) ★★
2.45 **The Bravados** Western. (1958, PG, 98min) ★★★
4.45 **The Lavender Hill Mob** Classic Ealing comedy. (1951, b/w, U, 81min) ★★★★★
6.25 **Legends of the Fall** Epic drama starring Brad Pitt. (1994, 15, 133min) ★★★★

9.00 Bullet Train

Legends of the Fall (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Bullet Train Action comedy thriller starring Brad Pitt, Joey King, Aaron Taylor-Johnson, Brian Tyree Henry and Andrew Koji. Five assassins aboard a train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 The Card Counter Crime thriller starring Oscar Isaac. A gambler and former serviceman sets out to reform a young man seeking revenge on a mutual enemy from their past. (2021, 15, 111min) ★★★★
1.50 to 3.45 AM **The Mustang** Drama starring Matthias Schoenaerts and Bruce Dern. (2019, 15, 96min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.25 AM **Bookworm** Comedy. (2024, 12, 103min) ★★★★
8.15 **Thelma** Action comedy. (2024, 12, 98min) ★★★★
10.00 **BlackBerry** As 3.05am.
12.00 NOON **Knocked Up** Comedy. (2007, 15, 129min) ★★★★
2.15 PM **Lost in Translation** Bittersweet romantic comedy drama starring Bill Murray. (2003, 15, 102min) ★★★★★
4.00 **Do the Right Thing** Spike Lee's controversial comedy drama. (1989, 15, 120min) ★★★★★
6.00 **Boyz N the Hood** Urban drama. (1991, 15, 111min) ★★★★★
8.00 **Stand by Me** Nostalgic drama starring Wil Wheaton, River Phoenix, Corey Feldman, Kiefer Sutherland and Richard Dreyfuss. (1986, 15, 89min) ★★★★★
9.30 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy starring Elijah Wood. (2001, PG, 178min) ★★★★★
12.30 AM **GoodFellas** Director Martin Scorsese's gangster drama starring Robert De Niro. (1990, 18, 143min) ★★★★★
3.05 **BlackBerry** Comedy drama. (2023, 15, 120min) ★★★★
5.05 **The Cinema List: Pride**
5.20 **to 7.30** AM **Knocked Up**

Sky Cinema Greats

304 304 404 504 518

6.30 AM **Breakfast at Tiffany's**
8.40 **Fast Times at Ridgemont High**
10.25 **Weird Science** As 6.10pm.
12.15 PM **Grease 2** Musical sequel. (1982, PG, 109min) ★★
2.20 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
4.20 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★
6.10 **Weird Science** Teen fantasy comedy. (1985, 12, 94min) ★★★
8.00 **Death Becomes Her** Black comedy fantasy starring Meryl Streep, Goldie Hawn and Bruce Willis. Two women's bitter rivalry takes a deadly turn after they discover a magic rejuvenating potion. (1992, PG, 103min) ★★★
10.00 **Drop Dead Fred** Comedy starring Rik Mayall and Phoebe Cates. A woman's imaginary childhood friend suddenly reappears and plunges her life into chaos. (1991, 12, 99min) ★★
11.45 **Sixteen Candles** As 4.20pm.
1.30 AM **Fast Times at Ridgemont High** Cult teen comedy. (1982, 18, 90min) ★★★★★
3.10 **Breakfast at Tiffany's** Vintage romantic comedy. (1961, PG, 106min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Tom and Jerry Cowboy Up!**
7.55 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
9.35 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
11.10 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
12.55 PM **Home** Animated adventure. (2014, U, 94min) ★★★
2.35 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
4.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
5.35 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
7.30 **The Pirates! In an Adventure with Scientists** Comedy. (2012, U, 87min) ★★★★
9.05 **Two by Two** Animated adventure. (2015, U, 85min) ★★
10.40 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
12.10 AM **The Inseparables** Animation. (2023, U) ★★★
1.45 **The Swan Princess** Animated musical. (1994, U, 89min) ★★★
3.20 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
4.45 **to 6.10** AM **Batman Unlimited: Mechs vs Mutants** (2016) ★★★

Movies 24

312 313 419

7.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
9.00 **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **The Attraction Test** Romantic comedy drama. (2022, PG, 85min) ★★
3.00 **Love in the Limelight** Romantic comedy. (2022, PG, 84min) ★★
5.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Campfire Romance** Comedy with Tori Anderson and Corbin Bleu. (2022, PG, 90min) ★★
9.00 **The Professional Bridesmaid** Romantic drama starring Hunter King, Chandler Massey and Francesca Bianchi. (2023, PG, 90min) ★★
11.00 **You, Me, and that Mountain Retreat** Romantic comedy starring Gladys Bautista. (2023, PG, 86min) ★★
1.00 AM **Luckless in Love** Romantic comedy starring Paniz Zade. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **Perfect Harmony** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Ambush in Leopard Street** Drama starring James Kenney. (1962, b/w, PG, 60min) ★★★
8.15 **Dangerous Cargo** Thriller. (1954, b/w, PG, 61min) ★
9.35 **The Ghost of Rashmon Hall** Horror. (1947, b/w, PG, 55min) ★
10.40 **The Cariboo Trail** Western starring Randolph Scott. (1950, U, 80min) ★★
12.20 PM **The Dark Eyes of London** Horror starring Bela Lugosi. (1939, b/w, PG, 76min) ★★★
1.55 **The Brothers** 2/13. (S5)
3.00 **East of Sudan** Period adventure. (1964, U, 85min) ★
4.45 **The Small Voice** Thriller starring Valerie Hobson. (1948, b/w, PG, 81min) ★★★
6.25 **Strange But True**
7.00 **Z Cars** 11/13. (S13)
8.00 **Danger UXB** 1/13. (S1)
9.05 **Maigret** 1/4. (S12)
10.55 **Sex (Re)education** 3/10. (S1)
11.25 **Playtime** Comedy with Jacques Tati. (1967, U, 114min) ★★★★
1.45 AM **The Fourth War** Thriller. (1990, 15, 87min) ★★★
3.30 **The Angry Silence** Drama. (1959, b/w, PG, 95min) ★★★
5.30 **to 6.00** AM **A Lifetime Ago with The Baim Collection**

WEDNESDAY Sport 25 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Including the latest news and views on today's early stories.
10.00 **Sky Sports News**
10.30 **LIVE WTA Tennis** Coverage of day four of the Bad Homburg Open, a grass-court tournament at the TC Bad Homburg in Germany. Unseeded players Donna Vekic and Katerina Siniaková recorded a pair of shock victories in the second round of last year's tournament, as they eliminated sixth seed Ekaterina Alexandrova and number two seed Liudmila Samsonova in three sets, respectively.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **Sky Sports News** Round-up of the day's sports news, with live analysis and comment.
10.30 **Back Pages Tonight** Featuring a look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** Sheffield United v Wigan Athletic from 2007.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
7.00 **Premier League Stories**
7.30 **Premier League Highlights** West Ham United v Liverpool.
8.00 **Gary Neville's Soccerbox** The presenter talks to Thierry Henry.
8.30 **Premier League Stories** With former referee Howard Webb.
9.00 **Newcastle – The Entertainers** Kevin Keegan's Newcastle United side in the 1990s.
9.30 **Transfer 360** Jurgen Klinsmann's move to Spurs.
10.00 **Class of '92: Full Time**
11.00 **Premier League Stories**
11.30 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 06/07**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Action from 2014/15.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
12.00 NOON **EFL** From 2020/21.
3.00 PM **EFL Greatest Games**
4.00 **Retro League One**
6.00 **EFL** Action from Huddersfield Town v Reading in the 2016/17 Championship play-off final.
7.00 Action from Bradford City v Millwall in the 2016/17 League One play-off final at Wembley.
8.00 Highlights of Blackpool v Exeter City in the 2016/17 League Two play-off final.
9.00 **EFL Greatest Games** Aston Villa v Wolverhampton Wanderers.
9.15 Action from Fulham v QPR.
9.30 Highlights of Middlesbrough v Wolverhampton Wanderers.
9.45 Action from Cardiff City v Wolverhampton Wanderers.
10.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
12.00 M'T Chelsea v Spurs.
2.00 AM **EFL Trophy Football**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** Second City Derby.
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Test Cricket** England v India.
7.00 **One-Day International Cricket**
8.00 **Test Cricket** England v India.
9.00 **Women's International One-Day Cricket**
10.00 **Test Cricket** England v India.
11.00 **One-Day International Cricket** The final ODI in the series between England and West Indies.
12.00 NOON **Test Cricket** Action from the first Test in the five-match series between England and India.
5.00 PM **One-Day International Cricket** Action from the final ODI in the series between England and West Indies, held at The Oval.
6.00 **Women's International One-Day Cricket** Action from the final ODI in the series between England and West Indies from the County Ground, Taunton.
7.00 **Test Cricket** Action from the first Test in the five-match series between England and India, held at Headingley Cricket Stadium.
12.00 M'T **One-Day International Cricket** Action from all three ODIs in the recent series between England and West Indies.
3.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **LPGA Tour Golf**
8.00 **Golf** Women's highlights.
9.00 **Ladies European Tour Golf**
11.00 **Women's PGA Championship**
12.00 NOON **Rose Ladies Series**
12.30 PM **Golf** Women's highlights.
1.30 **Ladies European Tour Golf**
3.30 **Women's PGA Championship**
4.30 **Rose Ladies Series**
5.00 **Playing Lessons** Golf tips.
5.30 **PGA Tour Champions**
6.30 **Rose Ladies Series**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Hlts**
8.00 **Golf** R&A Men's Amateur Finals.
9.00 **PGA Tour Golf** A review of the Travelers Championship.
10.00 **Women's PGA Championship**
11.00 **Legends Tour Golf**
12.00 M'T **Rose Ladies Series**
12.30 AM **HotelPlanner Tour Golf Hlts**
1.00 **PGA Tour: The Cut**
1.30 **Playing Lessons** Golf tips.
2.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Madrid Open.
6.30 **WTA & ATP Tennis**
10.30 **LIVE WTA Tennis** Coverage of day four of the Bad Homburg Open, held in Germany.
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **Tennis** Indian Wells Open.
7.30 **ATP Tennis** The Halle Open final.
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **Mirra Andreeva Podcast 2024**
2.15 **Bitesize Tennis** From 2024.
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **Tennis** WTA and ATP action.
5.30 **to 6.00** AM **ATP Tour This Week**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Coverage of day one of the second Test in the two-match series from Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM **MLB Highlights**
2.30 **TNT Sports Cricket Reload** The best batting from the first Test between Sri Lanka and Bangladesh.
2.45 **LIVE Test Cricket West Indies v Australia.** Coverage of day one of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados. The hosts have only won one Test against the Baggy Greens since May 2003, with the visitors winning 16 of the last 21 Tests since then.
11.00 **Test Cricket Highlights**
12.00 M'T **The WRC Magazine**
12.30 AM **ABB FIA Formula E World Championship Highlights**
1.30 **NWSL** Action from Kansas City Current v Angel City FC.
2.30 NJ/NY Gotham FC v Bay FC.
3.30 **UEFA Women's Champions League** Action from the final.
4.00 **TNT Sports Reload**
4.15 **to 5.15** AM **Test Cricket Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Classic Premier League** Reviews of the seasons 2010-17.
1.00 PM **Premier League Stories** With former ref Howard Webb.
1.30 **MotoGP** Action from the Grand Prix of Italy at Autodromo Internazionale del Mugello.
4.30 **MotoGP Chequered Flag** Post-race show following the Grand Prix of Italy at Mugello.
5.30 **MLB Highlights** Baseball action.
6.30 **MLB Plays of the Week** A look at the most exciting plays from the past week's matches.
7.00 **LIVE MLB Milwaukee Brewers v Pittsburgh Pirates.** Coverage of the National League Central match staged at American Family Field. Start-time **7.10pm**.
10.15 **Tom Aspinall's Fight Lab** A preview of UFC 317 at T-Mobile Arena in Las Vegas.
10.45 **Fight Week** Ilia Topuria v Charles Oliveira at UFC 317.
11.30 **UFC Countdown** Featuring a look ahead to UFC 317.
12.30 AM **UFC Main Event** UFC 302.
1.30 **UFC Reloaded** From 2015.
5.00 **Tom Aspinall's Fight Lab**
5.30 **to 6.00** AM **Formula E Flashback**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** From 2023.
8.00 **NFL Bitesize Highlights**
10.00 **Fight Night** Frazer Clarke v Mariusz Wach from June 2023.
11.00 Lawrence Okolie v Chris Billam-Smith from May 2023.
12.00 NOON Franck Petitjean v Adam Azim from 2023.
1.00 PM **Good Morning Football**
3.00 **British and Irish Lions Tour** British & Irish Lions v Argentina at Aviva Stadium in Dublin.
4.00 **Fight Night** Franck Petitjean v Adam Azim from 2023.
5.00 Highlights of Amir Khan v Kell Brook from February 2022, at AO Arena in Manchester.
6.00 **Australia v British & Irish Lions: Second Test 2001** Action from the second of three Test matches on the 2001 tour.
8.00 **British and Irish Lions Tour** The warm-up match between British & Irish Lions and Argentina at Aviva Stadium in Dublin.
9.00 **Fight Night** Chris Eubank Jr v Liam Smith from January 2023.
10.00 **Australia v British & Irish Lions: Second Test 2001**
12.00 M'T **The Insiders** The latest news.
1.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **Sky Sports News** Round-up of the latest sports news, with live analysis and comment.
10.30 **Back Pages Tonight** Featuring a look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night six of the tournament staged at Motorpoint Arena Nottingham.
4.00 AM **EFL Cup Highlights** Action from the final between Liverpool and Newcastle United.
5.00 **EFL Highlights** The League Two play-off semi-final first-leg match at SMH Group Stadium between Chesterfield and Walsall.
5.00 **to 6.00** AM **EFL Highlights** Highlights of the League Two play-off semi-final first-leg match at Meadow Lane between Notts County and AFC Wimbledon.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Indycar** Road America highlights.
8.00 **Formula 1** Canadian Grand Prix.
9.00 **Women's PGA Championship**
10.00 **PGA Tour Golf** A review of the Travelers Championship.
11.00 **Formula 1** From 2021-22.
1.00 PM **PL Greatest Games**
2.00 **Test Cricket** England v India.
5.00 **US Women's Open Golf**
6.00 **Women's PGA Championship**
7.00 **Indycar** Road America highlights.
8.00 **Formula 1** Highlights of the Canadian Grand Prix in Montreal.
9.00 **PGA Tour Golf** A review of the Travelers Championship.
10.00 **Fight Night** From 2024.
12.00 M'T **PL Greatest Games**
1.00 AM **One-Day International Cricket** England v West Indies.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **DP World Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Women's Champions League**
4.00 PM **NWSL** Recent action.
6.00 **UEFA Women's Champions League** Arsenal Women v Barcelona Women in the final.
6.30 **TNT Sports Reload**
7.00 **Discovery Golf** The latest news.
7.30 **Ultimate Pool** Action from Group 4 of the Pairs Cup.
9.00 **MotoGP Highlights** Action from the Grand Prix of Italy at Mugello.
10.00 **FIM Speedway Grand Prix Highlights** Action from the sixth round of the season in Poland.
11.00 **SHEENE** The life of two-time world champion Barry Sheene.
12.15 AM **British Superbikes Highlights** From Snetterton.
1.15 **Motocross World Championship** In Hampshire.
4.15 **TNT Sports Reload**
4.30 **The WRC Magazine**
5.00 **to 6.00** AM **UEFA Women's Champions League**

TNT Sports 4

414 416 524 411 434

6.00 AM **ABB FIA Formula E World Championship Highlights**
7.00 **FIM Speedway Grand Prix Highlights** In Gorzow, Poland.
8.00 **British Speedway** Ipswich Witches v Leicester Lions.
9.00 **British Superbikes Highlights**
10.00 **AFL** Collingwood v St Kilda.
11.30 Action from GWS Giants v Gold Coast Suns.
1.00 PM The match between Western Bulldogs v Richmond.
2.30 **NBA** Oklahoma City Thunder v Indiana Pacers in the NBA Finals.
5.30 Indiana Pacers v Oklahhoma City Thunder.
8.30 **NBA** Action from Oklahoma City Thunder v Indiana Pacers in game five of the NBA Finals.
10.00 Indiana Pacers v Oklahoma City Thunder.
11.30 Oklahoma City Thunder v Indiana Pacers in the NBA Finals.
1.00 AM **Premier League Stories**
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Highlights**
8.00 **MotorSport** Drew Gibson.
9.00 **Ultimate Karting Championship**
10.00 **FIA World Endurance C'ship**
11.00 **UK Independent Kart Racing**
12.30 PM **FIM Sidecarcross**
1.30 **Desafio China by La Vuelta**
2.30 **Sporting Countdowns**
3.00 **LaLiga Highlights**
4.00 **NASCAR Highlights**
5.00 **FIA World Endurance C'ship**
6.00 **Scottish Rally Championship**
6.30 **Ultimate Karting Championship**
7.30 **MotorSport** From Le Tour Auto.
8.00 **Women's Football Weekly**
8.30 **Desafio China by La Vuelta**
9.30 **Sporting Greats**
10.00 **World Surf League**
11.00 **PSA Squash Highlights**
12.00 M'T **LaLiga Highlights**
1.00 AM **FIA World Endurance C'ship**
2.00 **Ultimate Karting C'ship**
3.00 **FIM Sidecarcross**
4.00 **Desafio China by La Vuelta**
5.00 **to 6.00** AM **Countdowns**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series** Action from the latest round of the season at Pocono Raceway.
9.00 **Bike World** Magazine.
9.30 **FastZone** Motorsports highlights.
10.00 **Major League Cricket** Action from Texas Super Kings v Los Angeles Knight Riders.
2.00 PM **Temples of Sport** Venues.
2.30 **CONCACAF Gold Cup** Guadeloupe v Guatemala.
4.30 **Temples of Sport** Iconic sporting venues from around the globe.
5.00 **CONCACAF Gold Cup** Action from Honduras v Curacao.
7.00 Canada v El Salvador.
9.00 **Football's Greatest** The finest players discuss their careers.
10.00 **Top 14 Rugby Union** Action from the first semi-final.
12.00 M'T **Copa Del Rey** Barcelona v Real Madrid from the 2025 final.
3.00 AM **Coppa Italia** Bologna v AC Milan in the tournament final.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** The Austrian Grand Prix from 2018-2022.
11.00 **Formula 1** Recent highlights.
3.00 PM **Formula 1** Highlights of the Saudi Arabian Grand Prix.
4.00 The Miami Grand Prix.
5.00 Emilia Romagna Grand Prix.
6.00 **Formula 1** Monaco Grand Prix.
7.00 **Formula 1** Spanish Grand Prix.
8.00 **Formula 1** Canadian Grand Prix.
9.00 **Indy NXT** The Grand Prix of Road America from Wisconsin.
10.00 **Indycar** The XPEL Grand Prix at Road America in Wisconsin.
11.00 **Formula 1** Canadian Grand Prix.
12.00 M'T **Formula 1** From 2024.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

26 June

Evening Planner

Documentary

Will Nigel Farage Be Prime Minister? Dispatches

C4, 8pm

A *Dispatches* special examines the impact of the politician and his Reform UK party.

Drama

Outrageous

U&Drama, 9pm (box set, U)

As the drama inspired by the real-life Mitford sisters continues, the family are plunged even deeper into scandal.

Music

Glastonbury

BBC2, 10pm

Lauren Laverne and Clara Amfo look ahead to what's in store, with headliners including Olivia Rodrigo and The 1975.

OnDemand

The Bear

Available today

As service at the Chicago eatery resumes for season four, Sydney (Ayo Edebiri) is questioning her future at The Bear.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Dragons' Den		9.00 Who Do You Think You Are?		10.00 News; Local News	
	102 BBC2	7.00 The Great House Revival		8.00 Gardeners' World		9.00 Marie Antoinette		10.00 Glastonbury...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Bradley &... †	9.00 DNA Journey		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dispatches: Will Nigel Farage Be...		9.00 Taskmaster		10.00 Pushers	
	105 5	7.00 Celebrity Puzzling		8.00 Murder Most Puzzling				10.00 A&E After Dark	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Restaurants...		9.00 Poker Face		10.00 The Walking Dead: Dead City	
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16			8.10 The Traitors NZ	9.00 Hunting the Catfish Crime Gang		10.00 Drugs Map of Britain	
	116 BBC4	7.00 Secrets of Skin	7.30 War Walks	8.00 Prost		9.00 The Day the Dinosaurs Died		10.15 Film: Persuasion	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
	136 MORE4	‹ 6.55 Car S.O.S.		8.00 PopMaster TV		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Equalizer		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.50 Westworld	7.55 Game of Thrones			9.00 The Gilded Age		10.05 Big Little Lies	
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army	8.00 Porridge	8.40 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 Junk and Disorderly		8.00 Film: Police Academy 4: Citizens on Patrol				9.50 Film: Jaws	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Happy Gilmore			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Restaurants...		9.00 Poker Face		10.00 The Walking Dead: Dead City	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Clint Eastwood		9.00 The Directors		10.00 Sean Connery vs James Bond	
	132 U&W	7.00 Ski A&E		8.00 One Born: Twins and Triplets		9.00 One Born: What Happened Next?		10.00 Killer Women with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Pet Nation Renovation		9.00 Growing Up		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Lawless Island	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Alien Corridors	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Chimp Crazy		8.00 Dublin Narcos		9.00 The Mortician			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Venom: The Last Dance		8.00 Joker: Folie à Deux				10.25 Anora	
	302 5 STAR MOVIES	‹ 6.20 The Great Escaper		8.00 Dunkirk				9.50 The Lord of the Rings: The Two Towers	
	303 ORIGINALS	‹ 6.10 Marlowe		8.00 Ferrari				10.15 Maggie Moore(s)	
	304 GREATS	‹ 5.55 The Sons of Katie Elder		8.00 Two Mules for Sister Sara				10.00 High Noon	
	305 ANIMATION	‹ 5.35 The Lego...	7.30 The Wild Thornberrys Movie			9.00 The Nut Job			10.30 Boonie Bears...
	306 FAMILY		7.15 Hook				9.40 The SpongeBob SquarePants Movie		
	307 ACTION	‹ 5.50 The Mummy		8.00 Godzilla				10.05 Bad Boys: Ride or Die	
	308 COMEDY	‹ 6.15 Sixteen Candles		8.00 Baywatch				10.05 Bye Bye Birdie	
	309 THRILLER	‹ 6.10 Trap		8.00 The Firm					10.40 Jack...
	310 DRAMA	‹ 6.10 Eternal Sunshine of the Spotless Mind		8.00 P.S. I Love You				10.20 Phantom Thread	
	311 SCI-FI	‹ 6.05 I Am Legend		8.00 Terminator Salvation				10.05 Paycheck	
	313 FILM4	‹ 6.00 Le Mans '66				9.00 The Green Mile			
SPORT	401 MAIN EVENT	7.00 PGA Tour Golf – Live: The Rocket Classic		8.00 PGA Tour Golf – Live: The Rocket Classic					
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 We're Not...	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 EFL Cup Retro	
	404 CRICKET	7.00 Best of England v India			8.30 Best of...	9.00 Test Cricket			
	410 TNT SPORTS 1	‹ 2.45 Test Cricket – Live: West Indies v Australia							
	411 TNT SPORTS 2	7.00 MLB – Live: Houston Astros v Philadelphia Phillies (Start-time 7.10)							10.15 MLB Plays of the Week

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition A case in which two men were kidnapped. (S)(AD)
11.15 **Homes Under the Hammer** New edition Properties in south London, Norfolk and Essex. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Bag-maker Neil Wragg pitches an idea for an old tent. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 Bridge of Lies

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Vicki broaches the subject of suspicious invoices with Bernie again, and Linda is at loggerheads with Elaine. (S)(AD)

8.00 **Dragons' Den** The Den welcomes a guest Dragon, as Emma Grede, CEO behind fashion brand Good American, helps consider pitches including an innovative frozen food business. (S)(R)(AD)

9.00 **Who Do You Think You Are?** Adventurer Bear Grylls traces his ancestry, beginning by exploring his paternal army-serving grandfather Ted Grylls' old trunk, intriguingly full of documents marked 'Top Secret'. (S)(R)(AD)

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of guests in St Andrews, Fife, to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Celebrity Bridge of Lies** With Faye Tozer, Jay McGuiness, Cheryl Baker and Snoochie Shy. (S)(R)
12.55 **Weather for the Week Ahead** (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Edge** Game show. (S)(R)
1.45 **Lightning** Quiz show. (S)(R)
2.15 **Unbeatable** Game show. (S)(R)
3.00 **Murder, Mystery and My Family**
3.45 **Weatherman Walking** New edition 3/4. Derek Brockway treks along the Abergavenny hills. (S)
4.15 **Hidden Treasures of the National Trust** Cragside. (S)(R)(AD)
5.15 **Flog It!** From Cumbria. (S)(R)
6.00 **Richard Osman's House of Games** With Mark Chapman, Rachel Parris, Will Kirk and Amanda Lamb. (S)(R)
6.30 **Robson Green's Weekend Escapes** The actor is joined by ex-footballer Shola Ameobi. (S)(R)(AD)

8.00 Gardeners' World

7.00 **The Great House Revival** Series finale 8/8. Twenty-six-year-old Kieran renovates his grandmother's traditional stone farm cottage in Knocknagoshel, Co Kerry. (S)
7.50 **The North York Moors: A Wild Year** (S)(R)(AD)

8.00 **Gardeners' World** New edition Monty Don adds perennials to Longmeadow, Toby Buckland visits Stockton Bury Gardens in Herefordshire, and cameras follow a self-confessed fern fanatic. (S)

9.00 **Marie Antoinette** Series finale *The End of the Beginning:* 8/8. Louis's queen's low standing is a stumbling block as he struggles to salvage economic control. (S2) (S)(AD)
■ Entire series on BBC iPlayer

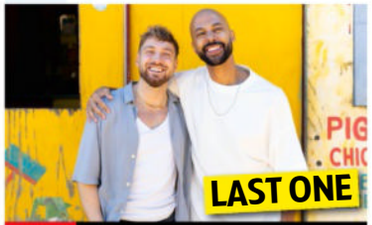
10.00 **NEW Glastonbury** Clara Amfo and Lauren Laverne launch coverage of this year's festival. *See feature, page11* .(S)
■ Coverage continues tomorrow on BBC1, BBC2 & BBC4
10.30 **Newsnight** (S)

11.00 **Murder 24/7** 4-6/6. Triple bill of the crime documentary. (S)(R)(AD)
2.00 AM **Sign Zone: Springwatch** Iolo Williams continues his road trip by heading to Rathlin Island. (S)(R)
3.00 **Sign Zone: Walking with Dinosaurs** 4/6. An albertosaurus must find her place within a pack or risk starvation. (S)(R)(AD)
3.50 **Sign Zone: The Power of Parker** 4/6. Kath has a run in with the police. (S2) (S)(R)(AD)
4.20 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James cooks teriyaki steak for Kimberley Walsh, with help from chefs Galton Blackiston and Lenny Carr-Roberts. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 DNA Journey

7.30 **Emmerdale** Sarah is grateful for Charity's support, Joe makes an order, and Paddy shares his worries over Bear's behaviour. (S)(AD)

8.30 **Bradley & Barney Walsh: Breaking Dad** 3/6. The pair continue their European adventure in Poland, going sightseeing in Krakow before attending a performance by the Polish National Radio Symphony Orchestra. (S)(R)(AD)

9.00 **DNA Journey** Series finale Sam Thompson and Marvin Humes explore their respective family histories. Sam is terrified of what he might uncover, while Marvin is keen to learn more about his Jamaican roots. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Quantum of Solace** James Bond action thriller starring Daniel Craig. Agent 007 embarks on a mission of revenge against the shadowy crime organisation that caused his lover's death. With Olga Kurylenko. (S)(AD) (2008, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Teleshopping**
3.00 **Long Lost Family: Born Without Trace** Two adults abandoned as babies attempt to find out who left them, and why. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 6-9/26. (S10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S2&3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Kansas City. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Steve and Chris cruise to Chester to help plan their daughter's wedding. (S)(R)(AD)
5.00 **Chateau DIY** Julia converts her former artist's studio into living accommodation. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition In Almeria, Sharon Garner and her husband Steve help a couple from Essex find their perfect retirement property. (S)

10.00 Pushers

7.00 **News** (S)

8.00 **Dispatches: Will Nigel Farage Be Prime Minister?** New edition Fraser Nelson goes beyond the headlines to explore the rise of Reform, assessing the impact of Nigel Farage and his party on the political infrastructure. (S)(AD)

9.00 **Taskmaster** New edition 9/10. Fatiha El-Ghorri knocks down an egg-shaped Alex Horne, Rosie Ramsey bravely faces her fear of heights, while Stevie Martin constructs something special with a fishing line. (S)(AD)

10.00 **Pushers** New episodes 3/6. Emily and Ewen's colleague Sean loses a consignment of spice. (S)(AD)
10.30 4/6. Ewen decides that it's time to get out of the drugs game. (S1) (S)(AD)
■ Entire series on C4 Streaming

11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Sky Coppers** (S)(R)(AD)
1.00 **Ramsay's Hotel Hell** (S)(R)(AD)
1.50 **Dover 24/7: Britain's Busiest Port**
2.45 **Dispatches: Britain's Car Theft Gangs Exposed** (S)(R)(AD)
3.40 **NEW Iris Prize Best British Shorts** *Fairview Park*. (S)
3.55 **Sarah Beeny's New Life in the Country** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM Did I Kill My Son?** Thriller starring Sarah Smyth. (S) (2024, 12, 105min) ★★★
4.00 **Bargain-Loving Brits in the Sun** New edition Shane launches a bingo event to keep his bar afloat, and Kirstie from Warrington embarks on a solo road trip in Spain. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme helps identical twins whose dogs are at odds. (S)(R)
6.55 **News** (S)

8.00 Murder Most Puzzling

7.00 **Celebrity Puzzling** New edition Sam Quek and Dom Joly join Carol Vorderman, Sally Lindsay and host Jeremy Vine. (S) ■ Continues tomorrow
7.55 **News** (S)

8.00 **Murder Most Puzzling** New episode 2/3. At Bakerbury Prison, Cora interviews the unlikeable Darren who, five years ago, was found guilty of murdering his ex-girlfriend Anita. He insists he didn't do it, and points the finger at an eccentric local man, Roy Gleeson. Cora suspects Darren is telling the truth, and her suspicions grow when prison boss, Governor Peacock, warns her off the investigation. Stars Phyllis Logan. (S1) (S)(AD)

10.00 **A&E After Dark** An ambulance crew bring in a patient who is acting aggressively and is a regular at the hospital, and a 45-year-old suffers life-threatening anaphylaxis from an allergic reaction. (S)(R)

11.05 **Trauma Room One** A race to save a patient's eyesight. (S)(R)
12.05 AM **Ambulance: Code Red** (R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6&7) (S)(R)(AD)
3.50 **Carol Drinkwater's Secret Provence** Carol takes a boat trip on the Côte d'Azur. (S)(R)
4.40 **The QE2: Queen of the Seas**
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
2.00 **Hawaii Five-0** 1/25. (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 5/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Paths of Glory:* Marge and Homer suspect Bart might be a sociopath. (S)(R)
5.30 *500 Keys:* Lisa finds a classroom hidden beneath Springfield Elementary. (S)(R)
6.00 **The Office (US)** 4/26. Michael is forced to get in touch with his former lovers. (S)(R)
6.30 5/26. Michael, Dwight and Jim spy on a rival salesman. With Timothy Olyphant. (S7) (S)(R)

8.00 Rob & Romesh vs...

7.00 **The Simpsons** *Barthood:* A coming-of-age story chronicling Bart's life from the age of six. (S)(R)
7.30 *The Girl Code:* A female coder makes Lisa her protégée. With the voice of Stephen Merchant. (S)(R)

8.00 **Rob & Romesh vs Restaurants: Second Course** Rob Beckett and Romesh Ranganathan prepare for the opening of Robandroms – London's first hip-hop curry house. (S)(R)(AD)

9.00 **Poker Face** *The Big Pump:* 10/12. Charlie makes a new friend while investigating a suspicious death at the local gym. Guest stars Jason Ritter. (S2)

10.00 **The Walking Dead: Dead City** *People Are a Resource:* 3/6. Dark instincts reveal themselves as Maggie and Negan form a strategy, and Ginny embarks on a daring journey. (S1) (S)(R)(AD)

11.00 **The Walking Dead: Dead City** 4/6. Maggie and Negan carry out an attack, but not everything goes to plan. (S1) (S)(R)(AD)
11.55 **Curb Your Enthusiasm** 5&6/10. Double bill. (S2) (S)(R)
1.10 AM **The Force: Manchester** (R)
2.05 **Road Wars** (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 5/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **7.00-7.30pm** River City (S)(R)(AD) **12.10am** Scotcast S)(R) **12.40** Celebrity Bridge of Lies (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50** Celebrity Bridge of Lies (S)(R) **1.35-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
8.00pm Rewind: 60 Years of Welsh Pop – Wales at Glastonbury (S)(R) **8.30-9.00pm** The Great Ticket Rip-Off New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Ffasiwn Drefn (AD) **1.30** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gronyn Gobaith: Cymry Cern **4.00** Awr Fawr **5.00** Stwnsh **6.00** Radio Fa'ma (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Y Gêm **10.15** Stori'r Iaith **11.15pm-12.20am** Siwrna Scandi Chris

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** Featuring a girl whose father owns five nightclubs. **7.20** Triplets celebrate their 18th birthdays. **7.45** With R'n'B singer Gerald Levert's daughter.
8.05 **The Catch Up**
8.10 **The Traitors NZ** New edition 8/12. A letter threatens to derail the course of the game.
9.00 **Hunting the Catfish Crime Gang** An entrepreneur whose identity was stolen and used for criminal activities.
10.00 **Drugs Map of Britain** 3/4. The drug culture in Fife. **10.30** 4/4. Investigating the impact of cocaine on London's 16-24-year-olds.
11.00 **Ladhood** 3&4/6. (S1)
11.45 **The Kim Kardashian Diamond Heist**
12.30 AM **The Big Proud Party Agency** Double bill.
1.30 **Hunting the Catfish...**
2.30 **Ladhood** 3&4/6. (S1)
3.15 **Squad Goals: Dorking 'Til I Die** Documentary.
3.45 **to 4.00** AM **Cable Tied**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Skin**
7.30 **War Walks**
8.00 **Prost** New editions 3/6. The story of Alain Prost's second World Championship title victory. **8.25** 4/6. The emergence of a rivalry with Ayrton Senna. ■ Entire series on BBC iPlayer
8.50 **The Dragon Lizards**
9.00 **The Day the Dinosaurs Died** An expedition to determine if an asteroid strike killed off the dinosaurs.
10.00 **NEW Amanda Root and Sophie Thompson Remember... Persuasion** Reflecting on the 1995 Jane Austen adaptation.
10.15 **FILM Persuasion** Period drama based Jane Austen's novel, starring Amanda Root. (1995, U, 102min) ★★★★★
12.00 M'T **FILM Nine to Five** Comedy with Jane Fonda, Dolly Parton and Lily Tomlin. (1980, 15, 110min) ★★★
1.45 AM **Secrets of Skin**
2.15 **War Walks** As 7.30pm.
2.45 **to 3.40** AM **The Day the Dinosaurs Died**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Swansea.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend take on possibly their most obscure car to date, a little-known 1964 trials competition car. **6.55** Restoring a 1990s Japanese super saloon.
8.00 **PopMaster TV** New edition Ken Bruce hosts the fourth heat of the music quiz.
9.00 **24 Hours in A&E** A train driver is rushed in with fractured ankles after falling 12ft from a tree, and a woman is admitted as her heart has been beating at over 150bpm for eight hours. **10.00** A five-year-old is rushed to A&E after being hit by a car and trapped underneath it, and a 26-year-old man is treated after slicing through his leg with a circular saw.
11.05 **Top Guns: Inside the RAF** The RAF struggle to keep their new jet under wraps.
12.05 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition Aesha's patience is tested when her stewards' work starts slipping, and she must step in to restore order and ensure the deckhands get their rest.
9.00 **Gogglebox** *Great British History Hunters* and *Britain's Got Talent* are appraised. **10.00** Opinions on *Made in Chelsea* and *Heartstopper*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.40 **Mike Tyson Mysteries** New episodes (S3)
2.10 **The Simpsons**
2.35 **Brooklyn Nine-Nine**
3.25 **Below Deck: Mediterranean**
4.15 **Kitchen Nightmares USA**
5.05 **Modern Family**
5.35 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

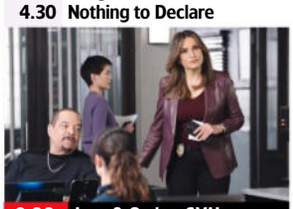
THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Bondi Rescue**
12.00 NOON **The Good Doctor**
1.00 PM **FBI: Most Wanted** 13/14. The team hunt for a vengeful cyber-stalker. (S1)
2.00 **Caught on Dashcam** Spectacular real-life crashes.
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**



9.00 Law & Order: SVU

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 The Equalizer *It Takes a Village:* 4/10. McCall investigates the staged suicide of a community activist. (S1)

9 PM
9.00 Law & Order: Special Victims Unit New episode *Extinguished:* 13/20. Velasco teams up with a security guard. (S26)

10 PM
10.00 FBI: International *June:* 1/13. The Fly Team face the aftermath of the bombing of their headquarters. (S3)
11.00 **FBI: International** 2/13. (S3)
12.00 M'T **FBI** 7/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 11 & 12/13. (S4)
10.05 **Westworld** 7&8/10. (S1)
12.15 PM **Game of Thrones** (S6)
1.20 **ZeroZeroZero** 7&8/8. (S1)
3.35 **The Sopranos** 10/13. Anthony Jr visits Furio's house.
4.40 11/13. Tony's housing development funds scam hangs in the balance. (S4)
5.45 **Westworld** 7/10. Delores and William continue to tread into dangerous territory.
6.50 8/10. Maeve looks to change her script. (S1)

10.05 Big Little Lies

7.55 Game of Thrones *The Door:* 5/10. Tyrion seeks a new, strange ally, and Brienne goes on a mission while Arya is given a chance to prove herself. (S6)

9.00 The Gilded Age *Who Is in Charge Here?:* 1/8. Bertha prepares for the duke's imminent arrival. (S3)

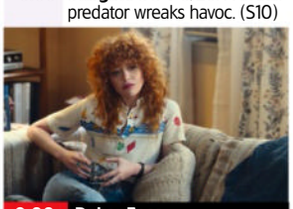
10.05 Big Little Lies *What Have They Done?* 1/7. Celeste's deceased husband's grieving mother arrives in town. (S2)
11.05 **Homicide: Life on the Street** 18/23. Crime drama. (S6)
12.05 AM **The Staircase** 6/8. (S1)
1.15 **The Night Of** 2/8. (S1)
2.25 **Mildred Pierce** 3/5. (S1)
3.45 **Game of Thrones** As 7.55pm.
4.50 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 15/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **Poker Face** New episode 10/12. Charlie makes a friend while investigating a suspicious death at the local gym. Guest stars Jason Ritter. (S2)
12.00 NOON **The Flash** 16/20. (S8)
1.00 PM **Hawaii Five-0** (S7&8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 5/18. (S4)
5.00 **Supergirl** 22/22. (S4)
6.00 **Stargate SG-1** 5/20. A brutal predator wreaks havoc. (S10)



9.00 Poker Face

7.00 Stargate SG-1 *200:* 6/20. Film-maker Martin Lloyd contacts the team looking for assistance in writing a movie script. (S10)

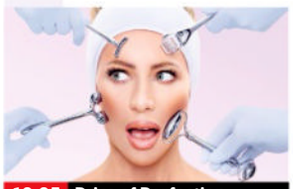
8.00 Rob & Romesh vs Restaurants: Second Course 2/2. The comedians open London's first hip-hop curry house.

9.00 Poker Face *The Big Pump:* 10/12. Charlie makes a friend while investigating a suspicious death at the local gym. (S2)
11.00 **The Walking Dead: Dead City** 4/6. Maggie and Negan carry out an attack, but not everything goes to plan. (S1)
11.55 **An Idiot Abroad 3**
1.00 AM **SEAL Team** 1/22. (S1)
2.00 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 5/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.10 PM **Dinner Date**
1.10 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**



10.05 Price of Perfection

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Altman hunts for his own office space to create some distance from Fredrik Eklund.

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

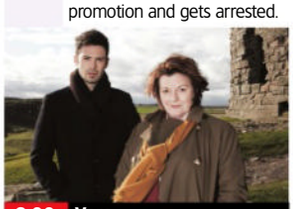
10.05 Olivia Attwood: The Price of Perfection New edition 3/6. Olivia investigates the global skincare market.
11.05 **Family Guy** 15&7/22. (S11)
12.05 AM **American Dad!** (S10&8)
1.05 **Bob's Burgers** 16/22. (S13)
1.35 **Totally Bonkers Guinness World Records** The longest ears on a rabbit.
2.05 **Count Abdulla** 6/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
10.20 **The Royal** As 2.00am.
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 1/9. Secrets and rifts threaten the unity of the family. (S6)
6.00 **Heartbeat** *Keep on Running:* Nick's relationship with Kate suffers when he is offered a promotion and gets arrested.



8.00 Vera

7.00 Heartbeat *Secrets:* Nick hears of a flasher on the moors, and Kate is confronted by a pregnant village girl.

8.00 Vera *Hidden Depths:* The detectives investigate two murders in which the victims have been placed in water and surrounded by flowers, and believe the culprit may be linked to a group of birdwatchers.

10.00 Grantchester 7/8. Leonard's cell-mate Joe Davies finds himself accused of murdering another inmate. (S6)
11.00 **Grantchester** 8/8. (S6)
11.55 **Cracker** 3/7. (S3)
1.00 AM **Agatha Christie's Poirot**
2.00 **The Royal** *Starting Over:* Mr Middleditch makes a surprise return to the hospital in the back of an ambulance.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Forest**
8.00 **Beechgrove Garden** New edition A visit to the June border.
8.30 **Landward** New edition The team head to Ingliston Showground.
9.00 **Mrs Brown's Boys** 3/4. Rumours spread that Agnes has won the Lotto jackpot. (S4)
9.30 **Two Doors Down** 1/6. Beth and Eric celebrate Ian and Gordon's anniversary. (S5)
10.00 **Situationships with Sophie and Christine** New edition 2/8. Sophie Gravia and Christine McGuinness offer relationship advice.
10.30 **Scotland Stands Up** A night of comedy.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 1/5. (S3)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.15 **The Conners** (S3)
10.15 **Entourage** (S6)
11.25 **Crashing** 2&3/8. (S1)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S3)
4.25 **Crashing** 2&3/8. (S1)
5.45 **The Office (US)**
6.45 **The Conners** (S3)
7.45 **Divorce** 5&6/6. (S3)
9.00 **Girls** 1/10. Hannah enrols in a writers' workshop at the University of Iowa.
9.40 2/10. Hannah attends her first workshop seminar. (S4)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **Barry** 7&8/8. (S4)
12.40 AM **Curb Your Enthusiasm** (S2)
2.00 **And Just Like That...** New episode 5/12. (S3)
3.00 **Somebody Somewhere**
4.20 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Highlights**
7.40 **The Joy of Painting**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Inside Art**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of Year** From Llanberis.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Directors**
10.00 **Sean Connery vs James Bond**
11.15 **Science Fiction in the Atomic Age**
12.15 AM **Oscar Micheaux: The Superhero of Black Film-making**
2.00 **John Malkovich: Just Call Me God**
3.25 **Boys** Short drama.
3.50 **The South Bank Show**
4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** *Renaissance Man:* 24/26. Captain Janeway is taken hostage. (S7)
8.00 **Star Trek: Deep Space Nine** *Necessary Evil:* 8/26. An attempt on Quark's life reopens an old murder case. (S2)
9.00 **Murder Uncut**
10.00 **How I Caught the Killer**
11.00 **Grimm** 2/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **In with a Shout**
3.00 **Tenable** Warwick Davis hosts as a team of friends from Dudley take part.
4.00 A team of choir singers tackle a series of Top 10 list questions.
5.00 **Deal or No Deal**
6.00 **Lingo** Featuring contestants from Bolton, Liverpool and London.
7.00 With contestants from Doncaster, Newbury and Hull.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 12/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 15/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 17/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 1014/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *Just for the Record:* 6/26. Jeff and Jeannie escort two beauty queens. (S1)
10.00 **The Avengers** *Who's Who??* 16/24. Emma and Steed fall into a trap. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Derby Through the Years**
6.15 **Minder**
7.15 **The Professionals**
8.20 **Dempsey and Makepeace**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Adventures of Sherlock Holmes**
1.35 **Dempsey and Makepeace**
2.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals**

8.00 Police Academy 4

7.00 Junk and Disorderly The team head to Tewkesbury auction, and they buy so much stuff that they have got their work cut out.

8.00 FILM Police Academy 4: Citizens on Patrol Zany comedy sequel starring Steve Guttenberg. A police chief decides to recruit civilian volunteers and mayhem ensues. (1987, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 FILM Jaws Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

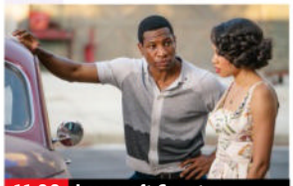
12.15 AM **The Professionals**
1.10 **Minder**
2.10 **The Protectors**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 22/26. (S6)
2.00 **Atlantis** 2/13. (S1)
3.00 **Stargate Atlantis** 13/20. (S1)
4.00 **Star Trek: Voyager** (S6)
5.00 **Star Trek: The Next Generation** 22/26. (S6)
6.00 **Star Trek: Enterprise** 7/24. Archer, Reed and Major Hayes infiltrate a Xindi-Sloth industrial colony. (S3)



11.00 Lovecraft Country

7.00 Atlantis *A Girl By Any Other Name:* 2/13. Jason and his friends promise to find an old man's missing daughter. (S1)

8.00 Stargate Atlantis *Hot Zone:* 13/20. The city is forced to shut down by the outbreak of a potentially fatal virus. (S1)

9.00 Grimm *Blood Magic:* 10/13. Nick is perplexed when a series of brutal attacks are linked to a local nursing home. (S6)

10.00 The Walking Dead *What Comes After:* 5/16. Rick faces the past as he tries to maintain the safety of the communities. (S9)

11.00 Lovecraft Country 7/10. Hippolyta's relentless search for answers takes her on a journey of self-discovery. **12.00** M'T 8/10. Diana finds herself in Captain Lancaster's crosshairs. (S1)
1.00 AM **True Blood** 11 & 12/12. (S4)
3.00 **Room 104** 3&4/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **The Coroner** 9/10. (S2)
11.00 **Hudson & Rex** 5/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 8/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Coroner** 9/10. (S2)
5.00 **Hudson & Rex** 5/16. (S3)
6.00 **Father Brown** *The Darkest Noon:* The gang must save Mallory and Father Brown from a man hell-bent on revenge.

9.00 Murdoch Mysteries

7.00 Shakespeare & Hathaway: Private Investigators 8/10. Frank and Lu investigate a car accident. (S3)

8.00 Death in Paradise *A Murder Forewarned:* 6/8. Part one of two. The team look into the murder of a taxi driver. (S12)

9.00 Murdoch Mysteries New episode *The Body Electric:* 21/22. A man's death is linked to financial impropriety. (S18)

10.00 Father Brown *The Tower of Lost Souls:* Father Brown attempts to uncover a dark secret at Helmsley House.

11.00 Father Brown As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 9/21. Holmes investigates the poisoning of a biology professor. (S6)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.20 **Ever Decreasing Circles**
10.00 **Are You Being Served?**
10.40 **Porridge**
11.20 **Last of the Summer Wine**
12.40 PM **The Green Green Grass**
1.20 **Ever Decreasing Circles**
2.00 **Dad's Army**
2.40 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

6.00 The Green Green Grass

7.20 Dad's Army Frazer is asked to look after the platoon's Lewis gun, but finds himself in hot water.

8.00 Porridge The inmates decide on a wager as the parole board gathers.
8.40 The Vicar of Dibley Geraldine is keen to find a celebrity to open the autumn fair in style. **9.20** Geraldine raises funds to replace a broken stained glass window.

10.00 The Royle Family The family gather to celebrate Jim's birthday.
10.40 The Fast Show Ted and Ralph discuss overalls.
11.20 **Not Going Out**
12.00 M'T **The Vicar of Dibley**
12.40 AM **The Royle Family**
1.20 **Not Going Out**
2.00 **The Fast Show**
2.40 **Porridge**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gadget Man**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **How Britain Worked**
11.00 **Rick Stein's Road to Mexico**
12.00 NOON **Storage Hunters UK**
2.00 PM **How Britain Worked**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave explore the nation's love of beer and cider.
6.00 **Rick Stein's Road to Mexico** The seafood chef retraces a road trip he took in 1968 from northern California to Mexico.

7.40 House of Games

7.00 Would I Lie to You? With guests Sean Lock Richard Hammond, Judy Murray and Trevor Noah.
7.40 Richard Osman's House of Games With Tim Key and Sunetra Sarker. **8.20** With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray.

9.00 QI XL Host Sandi Toksvig goes back to university with panellists Guz Khan, Morgana Robinson, Joe Lycett and Alan Davies.

10.00 Have I Got a Bit More News for You Diane Morgan hosts the satirical quiz, with guests Desiree Burch and Matt Chorley.
11.00 **8 Out of 10 Cats** With Sara Pascoe and Oti Mabuse.
12.00 M'T **Mock the Week Christmas Special**
12.40 AM **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From France.
12.00 NOON **A Place in the Sun** Double bill.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Almeria.
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **George Clarke's Remarkable Renovations**
9.00 **Bake Off: The Professionals**
10.00 **In the Footsteps of Killers** True-crime.
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **Bake Off: The...**
2.15 **Taskmaster**
3.20 **Death in the Desert: The Nurse Helen Mystery** Documentary.
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Bone Yard:* 5/23. The remains of an FBI agent are found. **7.00** *Terminal Leave:* 6/23. The team try to protect a naval officer. **8.00** *Call of Silence:* 7/23. A US Marine veteran confesses to murder. (S2)
9.00 **Blue Bloods** *Unbearable Loss:* 10/22. The son of Frank's most outspoken critic is killed. (S7)
10.00 **Law & Order: Special Victims Unit** *Lost Traveller:* 9/23. A Romany boy goes missing. **11.00** *Spiralling Down:* 10/23. The detectives learn a girl is working as a prostitute. (S13)
12.00 M'T **Law & Order: Special Victims Unit**
1.50 AM **Criminal Minds**
2.45 **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** New edition At Birmingham's Queen Elizabeth Hospital, a fire alarm causes chaos.
10.00 **Skin A&E** Dr Spierings struggles to see the acne a patient has hidden with make-up.
11.00 **Banged Up Abroad**
12.00 M'T **My Lover, My Killer**
1.00 AM **Ambulance: Code Red** Medical series.
2.00 **Quantico** (S1)
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM Stagecoach** Classic Western. (1939, b/w, U, 99min) ★★★★★
2.05 PM **FILM Day of Anger** Western with Lee Van Cleef and Walter Rilla. (1967, 15, 95min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers are on the hunt for an uninsured driver who might be drunk.
9.00 **Trucking Hell** New edition The Alpha team rescue a lorry stuck in deep mud.
10.00 **Extreme Tow Truckers**
11.00 **Quantum Leap** (S1)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **One Born: Twins and Triplets** Documentary following four couples through their multiple pregnancies and births.
9.00 **One Born: What Happened Next?**
10.00 **Killer Women with Piers Morgan** Amber Wright.
11.00 **Multiple Birth Wards**
1.00 AM **Louis Theroux: Dark States – Trafficking Sex**
2.00 **to 3.00** AM **Stacey Dooley Investigates: Second Chance Sex Offenders**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.15 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Shakespeare & Hathaway: Private Investigators** (S2)
9.00 **Outrageous** New episode *Girl on the Rebound:* 2/6. *See feature, page 12.* (S1) ■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks**
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.35 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Brighton.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Help! My House Is Haunted** New edition Tim and Christine want to reclaim their home after experiencing hatred from something sinister.
10.00 **The Osbournes Want to Believe** Jack pushes Ozzy and Sharon to question reality with a ghostly canine, a Canadian Bigfoot and a UFO sighting, and Sharon serenades her cat.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Duncan James and Will Greenwood compete for charity.
10.40 **Richard Osman's House of Games**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **War Machines**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Broken Lance** Western. (1954, U, 96min) ★★★★
3.10 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
5.00 **FILM Coroner Creek** Western adventure. (1948, PG, 89min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Big Kill** Western starring Jason Patric. (2019, 15, 126min) ★★
11.50 **FILM Breakout** Thriller starring Brendan Fraser. (2013, 15, 85min) ★
1.50 AM **FILM Bermuda Tentacles** Action thriller. (2014, 12, 86min) ★★
3.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Ties That Bind** Thriller. (2010, PG) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Crash Site: A Family in Danger** Thriller. (2011, 15, 90min) ★★
3.00 **FILM Nanny Surveillance** Thriller. (2018, 12, 90min) ★★
5.05 **FILM An Aurora Teagarden Mystery: The Julius House** Thriller. (2016, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Con Air** Thriller with Nicolas Cage. (1997, 18, 115min) ★★★★
11.25 **FILM Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
1.40 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Eve of Abduction** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Hats Off to Christmas!** Drama. (2013, PG, 85min) ★★
10.00 **FILM Christmas Joy** Drama. (2018, U) ★★
12.00 NOON **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
2.00 PM **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
4.05 **FILM My Sweet Holiday** Drama. (2020, PG) ★★
6.05 **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
8.00 **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
9.55 **FILM A Christmas Village** Festive drama. (2018, U, 84min) ★★
11.50 **FILM Christmas Makeover** (2018) ★★
1.50 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas at Plumhill Manor** As 2.00pm.

+1 hour 320 317

Rewind TV

182 81 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **A Sharp Intake of...**
1.00 **Please Sir!** 7/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 12/13. (S2)
2.30 **Secrets of the Coast**
3.00 **Bramwell** 5/8. (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 1/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Brass** 12/13. (S2)
7.30 **A Sharp Intake of Breath** 3/7. (S1)
8.00 **In Loving Memory** (S4)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 7/21. (S4)
9.30 **Soap** 22/25. (S1)
10.00 **Don't Drink the Water**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Haggard** 1/7. (S1)
12.00 M'T **Bramwell** 5/8. (S2)
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crews of the *Seabrooke*, *Time Bandit*, *Wizard*, *Kodiak*, *Northwestern*, and *Ramblin' Rose* return to the perilous waters of the Bering Sea.
9.00 **Expedition X** Jess and Phil venture deep into the Ozarks to investigate a predatory beast.
10.00 **Expedition Unknown**
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers' Northern Exposure**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Seafood Lovers' Guide**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **The Hairy Bikers' Northern Exposure**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Seafood Lovers' Guide**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/22. (S6)
9.00 **The Fall Guy** 13/23. (S1)
10.00 **Knight Rider** 2/22. (S3)
11.00 **FILM Avalon: Beyond the Abyss** Adventure. (1999, PG, 86min) ★★
1.00 PM **The Poseidon Adventure** Drama.
5.00 **Star Trek** 8/26. (S2)
6.00 **Knight Rider** 3/22. (S3)
7.00 **The Fall Guy** 14/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Posse** Western starring Kirk Douglas and Bruce Dern. (1975, 15, 94min) ★★
10.55 **FILM Red Sun** Western starring Charles Bronson and Toshiro Mifune. (1971, 15, 112min) ★
1.05 AM **FILM Nowhere to Run** Romantic action thriller starring Jean-Claude Van Damme (1993, 15, 95min) ★★
3.05 **to 5.00** AM **FILM Southern Fury** Thriller. (2017, 18, 97min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Killer Wave**
8.00 **FILM Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
10.00 **The Lost World** (S2)
11.00 **FILM Malibu Shark Attack** Disaster movie. (2009, 15, 90min) ★★
1.00 PM **FILM Wyvern** Monster movie. (2009, 15, 84min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 8/25. (S3)
5.00 **Killer Wave**
7.00 **The Lost World** (S2)
8.00 **The A-Team** 9/25. (S3)
9.00 **FILM Rogue Hostage** Thriller starring Tyrese Gibson, John Malkovich and Michael Jai White. (2021, 15, 93min) ★★
10.55 **FILM The Humanity Bureau** Thriller starring Nicolas Cage, Sarah Lind and Jakob Davies. (2017, 15, 95min) ★★
1.00 **to 3.00** AM **FILM Rogue Hostage** (2021)

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle: Into Cursed Waters**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Alien Abductions**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Winter arrives.
11.00 **Ben Fogle: New Lives in the Wild** The Cairngorms.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Discovering Thailand**
8.00 **Ben Fogle: New Lives in the Wild** From Ireland.
9.00 **Inside the Four Seasons Park Lane** Restaurant founder Yannick Alleno visits.
10.00 **Zara & Anne: Like Mother, Like Daughter?** The relationship between Princess Anne and Zara Tindall.
11.15 **Prisoner: Cell Block H**
1.15 AM **22 Kids & Counting**
3.10 **to 4.00** AM **Secret Life of the Forest**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** From Enfield.
3.00 **Fantasy Homes by the Sea** Property series.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** From Essex.
9.00 **NEW SERIES Flipping Impossible** Renovating a beach bungalow.
10.00 **Fixer to Fabulous** New edition A mother and son compromise on a renovation plan suitable for his first home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Breaking New Ground** New edition
9.00 **Trixie Motel: Drag Me Home** New edition
10.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Blockbusters**
12.00 NOON **The Ren & Stimpy Show** (S3)
1.00 PM **Friends** (S5&6)
8.00 **Friends** 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. Part one of two. The pals ponder what might have been if things were different. (S6)
9.00 **FILM Happy Gilmore** Comedy starring Adam Sandler and Christopher McDonald. (1996, 12, 92min) ★★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **8 Out of 10 Cats**
12.45 AM **South Park** (S8)
1.45 **Beavis and Butt-Head**
3.00 **Comedy Central Live**
3.45 **Kevin Hart: Comedy Central Live** Stand-up.
4.10 **Modern Horror Stories**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Daria** 11 &12/23. (S3)
11.00 **Friends** (S2&3)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** (S3&4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **Friends** 12/24. Monica is annoyed by the laugh Chandler uses at work. **9.30** 13/24. Phoebe meets her real father. **10.00** 14/24. Ross rents a new flat. (S5)
10.30 **Friends** (S5)
2.00 AM **The Ren & Stimpy Show** 1&2/6. (S1)
2.55 **Dara O Briain – Voice of Reason** Stand-up.
4.10 **Teachers** 1/20. (S2)
4.30 **Jonathan Pie: Back to the Studio** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER** The helicopter battles against bad weather.
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
10.00 **Stella** 7&8/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip** Day of the Dead.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant** Reality series.
6.45 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Wannabees** Reality show.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Help! I'm in a Secret Relationship!**
10.00 **Jersey Shore Family Vacation** The roomies try to heal old wounds.
11.00 **The Challenge: Untold History** Documentary.
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal dream about hitting the ground with 'Sleep Falls'.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** Herb builds an off-the-grid home on his ancestors' homestead.
6.00 **Border Control: Spain** At Barcelona Airport, the Civil Guard uncover cocaine. **6.30** At Barcelona Airport, the Civil Guard catch a trespasser in a control tower.

9.00 Naked and Afraid: Last...

7.00 **Wheeler Dealers** Mike Brewer takes a gamble on a TVR Griffith, but mechanic Marc 'Elvis' Presley picks it apart.
8.00 **Scrap Kings** In Suffolk, airplane parts are repurposed, and in Cambridgeshire, a discount store is deconstructed.
9.00 **Naked and Afraid: Last One Standing** New edition The competitors scramble in a dome shelter challenge, Laura suffers whiplash, Trish gets toxic sap in her eye, and a survivalist is evacuated by stretcher.
11.00 **Border Control: Spain**
12.00 M'T **Moonshiners** A fire marshal tracks the source of Josh's house fire.
1.00 AM **Naked and Afraid: Last One Standing** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An exotic tank.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Lone Star Law**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Project Grizzly** Double bill.
4.00 **My Cat from Hell** A couple who are afraid to have a child due to their hostile cat.
5.00 **Lone Star Law** An overloaded boat and unruly jet skiers.
6.00 **Tanked** The two brothers-in-law build an aquarium based on a couple's wedding location.

8.00 Pet Nation Renovation

7.00 **Pit Bulls & Parolees** Adopters want a puppy Tania rescued at birth, but Tia is unsure he will fit in with their other dog.
8.00 **Pet Nation Renovation** Bandit's Adoption and Rescue of K9s in Ashland, Virginia is given a top-to bottom makeover.
9.00 **Growing Up** Charting a year in the lives of baby marsupials being raised by humans in Tasmania.
10.00 **Edge of Alaska** Neil defies nature and the wishes of the locals with his mine tour and secret construction project.
11.00 **Tiger Shark Beach** Facts about the tiger shark's life.
12.00 M'T **Isle of Jaws: Blood Brothers** The mystery of where great white sharks mate.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Lone Star Law**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Air Crash Investigation**
12.00 NOON **Pirates: Behind the Legends** Double bill.
2.00 PM **World War II: The Apocalypse** Documentary.
3.00 **Liberation: D-Day to Berlin**
4.00 **Egypt's Sunken City: Drain the Oceans** The remains of an ancient city in the Nile delta.
5.00 **Car S.O.S** Tim and Fuzz restore a Triumph TR4.
6.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940.

10.00 Lawless Island

7.00 **Air Crash Investigation** An investigation into the 1979 crash of American Airlines Flight 191, which killed all 271 people.
8.00 **Car S.O.S** Fuzz and Tim take on a rundown Renault Alpine GTA belonging to a former computer technician.
9.00 **Car S.O.S** Tim and Fuzz take on their first Honda to help a man whose life has been blighted by a cruel genetic condition
10.00 **Lawless Island** New edition Troy and Sarah face a set of challenges as they grapple with a new water system.
11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster** The crash of an RAF Chinook.
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** A possible smokescreen over North Korea.
6.00 **American Pickers** Mike gets a tour of Detroit's abandoned Packard plant.

8.00 Swamp People

7.00 **Forged in Fire** The team try to turn a snowmobile's blades into a kukri knife, before the last two fight to forge an sacrificial sword.
8.00 **Swamp People** New edition A storm disrupts alligator-hunting season, while Leron and Porkchop attract gators.
9.00 **The UnBelievable with Dan Aykroyd** New edition A dog's unlikely voyage into space, and a chilling story of Arctic survival.
10.00 **Alien Corridors** A strange formation is seen in the sky over the sleepy suburbs of Tinley Park, Illinois.
11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** A mysterious UFO over Chile.
1.00 AM **UFOs: The Lost Evidence** A look at whether Earth could have been visited by extra-terrestrials in its ancient past.
2.00 **The UnBelievable with Dan Aykroyd** As 9.00pm.
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Adolf Hitler's War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War** The Allied offensive in the Pacific.
5.00 **Adolf Hitler's War** The war moves to its endgame as the Soviets cross Germany's border.
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Tatton Park in Cheshire.

8.00 Bangers & Cash

7.00 **Great American Railroad Journeys** Michael Portillo's journey through California takes him to San Francisco.
8.00 **Bangers & Cash** Derek picks up a couple of unusual vehicles – a red 1970 Opel GT and a 1956 Ford Hot Rod pickup.
9.00 **Bangers & Cash: Restoring Classics** The team invest in a piece of French art – a 1971 Citroën DS21 Pallas.
10.00 **Bangers & Cash** Derek takes delivery of a beautiful green Renault van, previously used for bread delivery in Paris.
11.00 **Bangers & Cash** Paul collects a Jaguar E-Type and a Morgan three-wheeler Supersport.
12.00 M'T **Abandoned Engineering** A towering structure with an explosive past, and a mysterious top-secret facility.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** New edition Crystal hunters travel to the Outback to unearth lucrative gems.
9.00 **Aussie Gold Hunters** New edition The Desert Diggers venture underground in search of gold-rich paydirt.
10.00 **Outback Car Hunters**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... Atlanta**
10.00 **Say Yes... UK**
11.00 **Say Yes to the Dress**
12.00 NOON **Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition True-crime.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
1.00 AM **Ted Bundy: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** Investigating the disappearance of a socialite in Charleston.
8.00 **Murder She Solved** Kids playing on the shore of the Wisconsin river make a grisly discovery – body parts in bags.
9.00 **World's Most Evil Killers** A profile of Ed Gein, the killer and body-snatcher who came to be known as the Butcher of Plainfield.
10.00 **The Killer You Know** Couty Alexander calls police saying that he found his wife shot, but there's a gap in his story.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** The discovery of evidence helps detectives piece together a case. **4.30** The body of a woman is found 20 years after disappearing. **5.00** Police dogs trace a killer's scent and reveal a twisted perpetrator. **5.30** An investigation into a blaze which killed a middle-aged woman. **6.00** A victim is unsuspectingly poisoned with arsenic. **6.30** Investigators use a reconstructive process to bring a killer to justice.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **What the Killer Did Next** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Rise and Fall of the Rust Belt**
9.50 **Treasures Decoded**
10.50 **Britain on Film with Tony Robinson**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **The Rise and Fall of the Rust Belt**
2.50 **Treasures Decoded**
3.50 **Britain on Film with Tony Robinson**
5.00 **Grand Tours of the Scottish Islands**
5.40 **Hitler's Gold**
6.35 **The Rise and Fall of the Rust Belt**
7.50 **Treasures Decoded**
8.50 **Britain on Film with Tony Robinson**
10.00 **Hitler's Gold**
11.00 **Treasures Decoded**
12.00 M'T **Britain on Film with Tony Robinson**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Bill Murray**
8.00 **The Directors**
9.00 **Murder in Boston: Roots, Rampage and Reckoning**
10.00 **Chimp Crazy**
11.00 **Dublin Narcos**
12.00 NOON **Yacht Rock: A Dockumentary**
2.00 PM **The Lawman**
3.30 **PL Legends: Teddy Sheringham**
4.00 **The Directors**
5.00 **Discovering: Bill Murray**
6.00 **Murder in Boston: Roots, Rampage and Reckoning**
7.00 **Chimp Crazy**
8.00 **Dublin Narcos**
9.00 **The Mortician** New edition 2/3. Allegations of abuse lead to David Sconce's arrest. **10.10** Series finale 3/3. Members of the Lamb family are convicted of various crimes.
11.15 **The Truth vs Alex Jones**
1.30 AM **Bobby Robson: More Than a Manager**
3.30 **The Lawman**
5.00 **to 6.00** AM **Discovering: Bill Murray**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Elliot Turner.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Secret Army**
1.40 PM **Secret Army**
8.40 **Secret Army** *Lisa – Code Name Yvette:* 1/16. World War Two drama starring Bernard Hepton and Jan Francis. Lifeline's activities start to attract attention as London sends an agent to coordinate their efforts – but the Gestapo are also interested in the operation. **9.50** *Sergeant on the Run:* 2/16. A group of fugitives are caught and shot, except for one timid sergeant, who is held by Kessler. **11.00** *Radishes with Butter:* 3/16. Curtis brings funds from England, and gets involved both with a Jewish family and Yvette. **12.10** AM *Child's Play:* 4/16. Brandt gets hold of an article that he hopes will reveal clues about Lifeline's escape route. **1.20** *Second Chance:* 5/16. An RAF deserter is given shelter by a barge-owner. (S1)
2.30 **Secret Army** 1–3/16. (S1)
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nomads of the Serengeti** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Secret Life of the Koala**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas**
9.00 **Arctic from Above** Liz Bonnin comes face to face with caribou.
10.00 **Nomads of the Serengeti** Wildlife expert Jean Du Plessis climbs Mount Kilimanjaro.
11.00 **Secret Life of the Koala**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ocean Parks**
2.00 **Arabian Seas**
3.00 **Arctic from Above**
4.00 **Wildlife ER**
5.00 **to 6.00** AM **Extreme Africa**

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo**
9.00 **Monster Fish**
10.00 **Savage Kingdom: Uprising**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Winter's Hidden Wonders**
3.00 **Return of the Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** A black mamba callout turns into a canine rescue mission.
7.00 **Critter Fixers: Country Vets** The vets come to the aid of a seizing dog and a dizzy bunny.
8.00 **Europe from Above: Summer** Highlights from the series, focusing on the summer.
9.00 **Asia's Wild Secrets** A look at the importance of water across Asia's varied wildlife.
10.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Cold Hearted**
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
1.00 PM **Broken Trust**
2.00 **Shattered**
3.00 **To Catch a Killer**
5.00 **Til Death Do Us Part**
7.00 **The Murder Tapes** A group of men discover a woman's body in a park in Red Valley, Arizona. **8.00** A case in which a man alerted police when he sensed something was gravely wrong at his uncle's house. Two officers entered the home and discovered a gruesome crime.
9.00 **Does Murder Sleep?** A teenager sleeps through the brutal murder of her father.
10.00 **Devil in the Web**
11.00 **Deadly Influence: The Social Media Murders** The case of an anime-obsessed teenager.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: The Ultimate Evidence**
7.00 **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Secret Societies: In the Shadows**
10.00 **River Hunters**
11.00 **Ancient Aliens: The Ultimate...**
12.00 NOON **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies**
8.00 **Mysteries of the Ancient Dead**
9.00 **Viking Dead**
10.00 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens: The Ultimate Evidence**
1.00 AM **Ancient Aliens**
2.00 **Royal Autopsy**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Discovery History

174 147 181 320 325

7.00 AM **Concorde: Anatomy of a Disaster** As shown at 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring the secret history of the solar system.
8.00 **Concorde: Anatomy of a Disaster** An investigation into the causes of the plane crash in France on 25 July 2000, which killed 113 people, featuring interviews with pilots and crew.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos** The brothers work on a 1988 Blazer.
9.00 **Car Fix** Double bill of editions.
10.00 **World's Greatest Motorcycle Rides** A brand new Norton Domiracer takes Henry along the A-roads of East Anglia.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

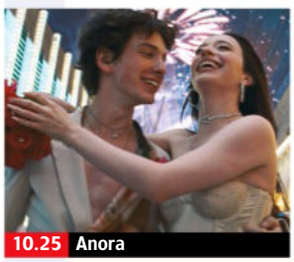
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)
8.15 **Piece By Piece** As 4.15pm.
10.00 **Salem's Lot** As 12.50am.
12.10 PM **Joker: Folie à Deux** Action comedy. (2024, 15, 94min) ★★★
2.35 **Old Guy** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
4.15 **Piece By Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)
6.00 **Venom: The Last Dance** (2024, 15, 110min) ★★★



10.25 Anora

8.00 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson and Catherine Keener. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Anora Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia attempt to get the marriage annulled. (2024, 18, 139min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Salem's Lot** Horror thriller starring Lewis Pullman. (2024, 15, 109min) ★★★
2.55 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
5.00 **to 6.40** AM **The Front Room** Horror. (2024, 15, 94min)

Sky Cinema Originals

303 303 403 503 517

7.05 AM **Robin and the Hoods** Comedy. (2024, PG) ★★
8.50 **The Night Before Christmas...**
10.20 **Bonus Track** Music comedy. (2023, 12, 98min) ★★★
12.05 PM **The Cinema List: Pride**
12.25 **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
2.20 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
4.25 **She Came to Me** As 1.50am.
6.10 **Marlowe** Crime thriller. (2022, 15, 110min) ★★

6.10 Marlowe

8.00 Ferrari Biographical drama starring Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. With Shailene Woodley, Penélope Cruz and Jack O'Connell. (2023, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Maggie Moore(s) Comedy thriller starring Jon Hamm. A police chief investigates the murders of two women with the same name. (2023, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Daddio** Drama with Sean Penn and Dakota Johnson. (2023, 15, 101min) ★★★★
1.50 AM **She Came to Me** Comedy drama. (2023, 15) ★★★★
3.50 **The Night Before Christmas in Wonderland** Animation. (2024, U, 80min) ★★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Phantom Thread** (2017)
9.35 **P.S. I Love You** As 8.00pm.
11.45 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
1.35 PM **The Shawshank Redemption** Prison drama. (1994, 15, 142min) ★★★★★
4.10 **Whiplash** Drama starring Miles Teller and JK Simmons. (2014, 15, 106min) ★★★★★

6.10 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. (2004, 15, 108min) ★★★★★
8.00 **P.S. I Love You** Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.20 **Phantom Thread** Drama starring Daniel Day-Lewis in his final role before retirement. (2017, 15, 130min) ★★★★★

12.45 AM **What Dreams May Come** Romantic fantasy drama. (1998, 15, 106min) ★★★
2.55 **The Cinema List: Pride**
3.15 **Eternal Sunshine of the Spotless Mind** As 6.10pm.
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Turn Me On** As 12.15am.
8.40 **Silent Running** As 2.00am.
10.20 **Ex Machina** As 3.45am.
12.20 PM **A Quiet Place: Day One** Horror starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
2.10 **The Nun** Horror starring Demián Bichir. (2018, 15, 96min) ★★★
4.00 **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★

6.05 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
10.05 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★

12.15 AM **Turn Me On** Fantasy. (2024, 15, 99min) ★★★
2.00 **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
3.45 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
5.45 **to 7.45** AM **The Frighteners** Horror comedy. (1996, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Jack the Giant Slayer** Fantasy. (2013, 12) ★★★
9.10 **Ride On** (2023, PG) ★★★
11.25 **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG) ★★
1.05 PM **Cats & Dogs** Comedy. (2001, PG, 87min) ★★★
2.40 **Friend or Foe** As 12.55am.
4.00 **Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel. (2010, U, 82min) ★★
5.30 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★

9.40 The SpongeBob...

7.15 **Hook** Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams, Dustin Hoffman, Julia Roberts and Bob Hoskins. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The SpongeBob SquarePants Movie** Animated adventure based on the TV series set in an undersea world. Stars David Hasselhoff. (2004, U, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
12.55 AM **Friend or Foe** Drama. (1981, U, 70min) ★★★
2.15 **Reuniting the Rubins** Comedy drama. (2010, PG, 98min) ★
4.00 **Muppets from Space** Children's sci-fi comedy. (1999, U, 85min) ★★★
5.35 **to 7.10** AM **Big Fat Liar** Teen comedy with Frankie Muniz. (2002, PG, 88min) ★★★

Sky Cinema Action

307 307 407 507 521

6.10 AM **Last Action Hero** Fantasy. (1993, 15, 130min) ★★★
8.25 **King of Killers** As 1.50am.
10.00 **The Three Musketeers: Milady**
12.00 NOON **The Mechanic** Action thriller. (2011, 15, 93min) ★★
1.40 PM **Snakes on a Plane** Thriller. (2006, 15, 105min) ★★★
3.30 **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★
5.50 **The Mummy** Adventure. (1999, 15, 124min) ★★★★

8.00 Godzilla

8.00 **Godzilla** Thriller remake starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. With Ken Watanabe. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

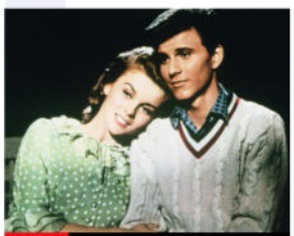
10.05 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Game of Death** Thriller. (1978, 18, 82min) ★★★
1.50 **King of Killers** Action thriller. (2023, 15, 92min) ★
3.25 **The Three Musketeers: Milady** Adventure sequel. (2023, 12, 115min) ★★★★
5.25 **to 7.05** AM **R.I.P.D** Fantasy. (2013, 12, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Bye Bye Birdie** (1963)
9.15 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
11.00 **David Brent: Life on the Road** Comedy. (2016, 15, 96min) ★★
12.45 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.45 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
4.30 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
6.15 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★



10.05 Bye Bye Birdie

8.00 **Baywatch** Action comedy based on the TV series, starring Dwayne Johnson and Zac Efron. A veteran lifeguard teams up with an Olympic swimmer to scupper a criminal scheme. With Alexandra Daddario. (2017, 15, 121min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Bye Bye Birdie** Musical starring Janet Leigh, Dick Van Dyke and Ann-Margret. A pop singing heart-throb is called up for military service. (1963, PG, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The 4:30 Movie** Comedy. (2024, 15, 88min) ★★★
1.35 AM **The Fortune Cookie** Billy Wilder's satire. (1966, b/w, U, 125min) ★★★★★
3.45 **48 Hrs** Comedy thriller. (1982, 15, 97min) ★★★★★
5.30 **to 7.10** AM **Dad's Army** Film spin-off from the TV sitcom. (1971, U, 95min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

8.00 AM **The Independent** (2022)
9.55 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
12.35 PM **Assassin** Action thriller. (2023, 15, 88min) ★★★
2.10 **We Own the Night** Crime drama. (2007, 15, 117min) ★★★
4.15 **The Independent** Drama. (2022, 12, 108min) ★★★
6.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★

6.10 Trap

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Jack Reacher** Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
3.10 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
5.35 **to 7.15** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mandy** Ealing drama. (1952, b/w, U, 93min) ★★★
12.50 PM **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★★★★
3.25 **The Caine Mutiny** Naval drama with Humphrey Bogart. (1954, U, 119min) ★★★★
6.00 **Le Mans '66** Fact-based drama starring Matt Damon, Christian Bale and Jon Bernthal. (2019, 12, 152min) ★★★★

9.00 The Green Mile

Le Mans '66 (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Green Mile** Supernatural prison drama based on the novella by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. With David Morse and Sam Rockwell. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.45** AM **Nightmare Alley** Guillermo del Toro's thriller starring Bradley Cooper and Cate Blanchett. A manipulative carnival worker joins forces with a female psychiatrist who is even more dangerous than he is. (2021, 15, 150min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

7.30 AM **The Cinema List: Pride**
8.00 **Black Dog** British drama. (2023, 15, 96min) ★★★
9.40 **Twilight of the Warriors: Walled In** Chinese crime thriller. (2024, 15, 126min) ★★★
11.50 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
2.50 PM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
4.50 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
6.20 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
8.00 **Dunkirk** Christopher Nolan's war drama starring Kenneth Branagh, Tom Hardy, Mark Rylance and Fionn Whitehead. (2017, 12, 106min) ★★★★★
9.50 **The Lord of the Rings: The Two Towers** Epic fantasy starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2002, 12, 179min) ★★★★★
12.50 AM **Star Trek: First Contact** Sci-fi adventure starring Patrick Stewart and Brent Spiner. (1996, 12, 110min) ★★★★
2.50 **Restore Point** Czech sci-fi thriller. (2023, 15, 115min) ★★★★
5.00 **to 7.15** AM **Twilight of the Warriors: Walled In** As 9.40am.

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
7.55 **Death Becomes Her** Fantasy. (1992, PG, 103min) ★★★
9.55 **Young Guns II: Blaze of Glory** Western sequel starring Emilio Estevez. (1990, 15, 104min) ★★★
11.55 **Zulu** As shown at 11.30pm.
2.15 PM **Ben-Hur** Spectacular multi-Oscar-winning epic. (1959, PG, 212min) ★★★★★
5.55 **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
8.00 **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
10.00 **High Noon** Oscar-winning Western starring Gary Cooper as a small-town marshal determined to stand up to the killer arriving on the midday train. With Grace Kelly. (1952, b/w, U, 85min) ★★★★★
11.30 **Zulu** Epic historical adventure starring Stanley Baker, Michael Caine and Jack Hawkins. (1963, PG, 138min) ★★★★★
1.55 AM **Ben-Hur** As 2.15pm.
5.45 **to 6.00** AM **The Cinema List: Westerns** Exploring modern and classic Western movies.

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Boonie Bears: Guardian...**
7.50 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
9.45 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
11.15 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
12.50 PM **The Pirates! In an Adventure with Scientists** Comedy. (2012, U) ★★★★
2.25 **Two by Two** Animated adventure. (2015, U, 85min) ★★
4.00 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
5.35 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.00 **The Nut Job** Animated family comedy. (2014, U, 85min) ★★★
10.30 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
12.10 AM **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
1.35 **Megamind vs The Doom Syndicate** (2024, U) ★★★
3.05 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
4.25 **to 6.10** AM **Noah's Ark** Animation. (2024, U) ★★★

Movies 24

312 313 419

7.00 AM **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★
9.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
11.00 **Falling Together** Romantic drama. (2024, U, 90min) ★★
1.00 PM **The Best Version of Love** Romantic comedy drama. (2023, PG, 86min) ★★
3.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
5.00 **Sparks Over Brooklyn** Drama starring AnnaMaria Demara. (2023, PG, 89min) ★★
7.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★
9.00 **A Scottish Love Scheme** Romantic drama starring Erica Durance and Jordan Young. Two childhood friends are reunited during a holiday in Scotland, and their mothers plot to bring them together. (2024, PG, 84min) ★★
11.00 **Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
1.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Sweet as Pie** Comedy. (2022, PG, 93min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Night Ride** Drama starring Julian Vedey and Jimmy Hanley. (1937, b/w, U, 72min) ★★★
8.05 **Web of Evidence** Crime thriller. (1959, b/w, PG, 90min) ★★★
9.50 **Part-Time Wife** Comedy. (1961, b/w, PG, 70min) ★★★
11.10 **As Long as They're Happy** Musical farce starring Jack Buchanan. (1955, U, 76min) ★★
1.00 PM **Blanche Fury** Melodrama. (1947, PG, 90min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **A Tale of Two Cities** Charles Dickens' famous tale set during the French Revolution. (1958, b/w, U, 117min) ★★★
6.50 **Cinebox Memories**
6.55 **Those British Faces**
7.30 **The Cheaters** 4/27. (S2)
8.00 **The Brothers** 2/16. (S7)
9.05 **In a Lonely Place** Thriller starring Humphrey Bogart. (1950, b/w, PG, 89min) ★★★★
11.00 **Up Pompeii** Bawdy comedy. (1971, 15, 90min) ★★
12.50 AM **Arizona Dream** Offbeat comedy. (1993, 15, 136min) ★★
3.35 **The Curse of the Wraydons** Drama. (1946, b/w, PG) ★★★
5.25 **to 6.00** AM **A Lifetime Ago with The Baim Collection**

THURSDAY Sport 26 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 LIVE **WTA & ATP Tennis** Coverage of the WTA and ATP Tours, including the ATP Mallorca Championships and the WTA Bad Homburg Open.
12.30 PM LIVE **DP World Tour Golf** Coverage of the first day of the Italian Open, which takes place at the Argentario Golf Club in Tuscany.
5.30 LIVE **LPGA Tour Golf** Coverage of day one of the Dow Championship staged at Midland Country Club in Midland, Michigan.
7.00 LIVE **PGA Tour Golf** Coverage from the opening day of the Rocket Classic at the Detroit Golf Club in Michigan. Four of the six winners of this competition have been American, which includes Rickie Fowler, Tony Finau, Bryson DeChambeau and Nate Lashley, who won the first event in 2019.
11.00 LIVE **US Seniors Tour Golf** Day one of the US Senior Open at the Broadmoor Golf Club in Colorado Springs, Colorado.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League**
7.30 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Liverpool v Manchester City from 2018.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox**
9.00 **We're Not Really Here: Man City** A look at Manchester city's season in the third tier.
9.30 **Transfer 360** The inside story of Juninho's move to Middlesbrough.
10.00 **Class of '92: Full Time** Class of '92-owned Salford City embark on their first season in the Football League – but the club are finding life in the new division tougher than expected.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Play-off Final C'Ship 15/16** Hull v Sheff Wednesday.
7.00 **EFL Play-off Final League 1 15/16** Barnsley v Millwall.
8.00 **EFL Play-off Final League 2 15/16** Wimbledon v Plymouth.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2015 final.
12.00 NOON **EFL Highlights**
1.00 PM **EFL** The League One Play-Off Final between Sunderland and Wycombe Wanderers.
2.00 **EFL Highlights** Action from Mansfield Town v Port Vale.
3.00 **EFL Greatest Games**
4.00 **Championship Retro** Leeds United v Derby County from 2019.
6.00 **EFL** Aston Villa v Fulham in the 2017/18 Championship play-off final at Wembley Stadium.
7.00 Rotherham United v Shrewsbury Town in the 2017/18 League One play-off final.
8.00 Coventry v Exeter City in the 2017/18 League Two play-off final.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 M'T **There's Only One Sauzee**
12.30 AM **SPFL** Archive action.
2.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **Best of England v India**
8.00 **Test Cricket** The First Test between England and India.
1.00 PM **Women's One-Day International Cricket** The three-match ODI series between England and West Indies.
4.00 **One-Day International Cricket** The three-match series between England and West Indies.
7.00 **Best of England v India** Action from the sixth ODI in the 2007 series between the sides.
7.30 Action from the sole T20 in the 2014 series at Edgbaston.
8.00 The 2013 ICC Champions Trophy final between the sides.
8.30 **Best of England v Windies** The West Indies chase 322 in the second Test of August 2017.
9.00 **Test Cricket** Action from all five days of the First Test in the five-match series between England and India, held at Headingley Cricket Stadium.
2.00 AM **Women's One-Day International Cricket**
4.00 **One-Day International Cricket**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf Highlights** Open De Bretagne.
7.00 **Legends Tour Golf**
8.00 **PGA Tour Champions**
9.00 **Ladies European Tour Golf**
10.00 **Golf** Amateur Championship.
11.00 **Rose Ladies Series**
11.30 **PGA Tour: The Cut**
12.00 NOON **HotelPlanner Tour Golf Highlights** Open De Bretagne.
12.30 PM LIVE **DP World Tour Golf** The first day of the Italian Open.
5.30 LIVE **PGA Tour Golf** Coverage from the opening day of the Rocket Classic.
11.00 LIVE **US Seniors Tour Golf** Day one of the US Senior Open.
2.00 AM **PGA Tour Champions Learning Centre**
2.30 **Rose Ladies Series**
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA Tennis** Highlights.
6.30 **WTA & ATP Tennis** Highlights.
10.30 LIVE **WTA & ATP Tennis** The WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
7.00 PM **ATP Tour This Week**
7.30 **Tennis** Tour highlights.
8.00 **WTA Tennis** The Berlin Open.
9.00 **WTA & ATP Tennis** Highlights.
1.00 AM **US Open Classic Matches**
2.00 **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** Interview.
2.30 **ATP Sizzle Reel 2024**
2.45 **WTA Sizzle Reel 2024**
3.00 **US Open Tennis Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Berlin Open final.
8.00 **ATP Tennis** Halle Open final.
9.00 **Formula 1** Austrian Grand Prix.
11.00 **PGA Tour Champions**
12.00 NOON **Women's PGA Championship** Day four.
1.00 PM **PGA Tour Golf**
2.00 LIVE **Ladies European Tour Golf** Coverage of the first day of the German Masters.
5.00 **Fight Night** Boxing highlights.
7.00 **PGA Tour Golf**
8.00 **PGA Tour Champions**
9.00 **One-Day International Cricket**
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night**
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

5.15 AM LIVE **Test Cricket Sri Lanka v Bangladesh.** Coverage of day two of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM **TNT Sports Reload**
1.45 **Test Cricket Highlights** West Indies v Australia.
2.45 LIVE **Test Cricket West Indies v Australia.** Coverage of day two of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados. The visitors have won eight of the last 10 Test matches between the two countries, including three of the last five meetings. The Baggy Greens also have a long unbeaten run against their hosts in terms of Test series, winning 11 of the last 13 series since the Windies last won in Australia in 1993.
11.00 **Test Cricket Highlights**
12.00 M'T LIVE **MLB New York Mets v Atlanta Braves.** Coverage of the National League match from Citi Field. Start-time **12.10am**.
3.15 AM **MLB Plays of the Week**
3.45 **NBA Action**
4.15 **to 5.15** AM **Test Cricket Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **Classic Premier League**
8.00 **Premier League Stories**
8.30 **Discovery Golf** The latest news.
9.00 **Test Cricket Highlights**
10.00 **Tom Aspinall's Fight Lab**
10.30 LIVE **AFL Port Adelaide v Collingwood.** Coverage of the match staged at Adelaide Oval. Bounce-up **10.30am**.
1.30 PM **MLB Highlights**
2.30 **ABB FIA Formula E World Championship Highlights**
3.30 **Ultimate Pool** The Pairs Cup.
5.00 **NBA Action** The latest highlights.
5.30 **MLB Plays of the Week**
6.00 **MLB Highlights** Recent action.
7.00 LIVE **MLB Houston Astros v Philadelphia Phillies.** Coverage of the inter-league match at Daikin Park. Start-time **7.10pm**.
10.15 **MLB Plays of the Week**
10.45 **NBA Action** The latest highlights.
11.15 **MotoGP Highlights**
12.15 AM **British Superbikes Highlights**
1.15 **British Speedway**
2.15 **FIM Speedway Grand Prix Highlights** Recent action.
3.15 **TNT Sports Reload**
3.30 **AFL** A replay of a recent match.
5.00 **to 6.00** AM **UEFA Champions League – Classics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **NFL Bitesize Highlights**
6.50 **Women's State of Origin**
9.50 **State of Origin Rugby League**
10.50 LIVE **NRL Penrith Panthers v Canterbury Bulldogs.** Coverage of the match from the 17th round of fixtures, which takes place at CommBank Stadium in Sydney. Kick-off **10.50am**.
12.50 PM **My Icon** Leon Pryce.
1.00 **Good Morning Football**
3.00 **Super League** St Helens v Leeds.
5.45 **NFL Bitesize Highlights**
6.00 **Lions Greatest Games**
7.30 **Rugby Union Retro**
7.45 **Lions Legends** Finlay Calder.
8.00 **Women's State of Origin** Queensland Maroons v New South Wales Sky Blues.
9.00 New South Wales Sky Blues v Queensland Maroons.
10.00 **Lions Greatest Games** Australia v British & Irish Lions from 2013.
11.30 **Rugby Union Retro**
11.45 **Lions Legends** Finlay Calder.
12.00 M'T **The Insiders**
1.00 AM **State of Origin Rugby League Highlights**
1.15 **Women's State of Origin**
4.15 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **PDC Classics**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights** Action from AFC Wimbledon v Walsall in the League Two play-off final.
7.00 **Good Morning Sports Fans** News and views on today's early stories and a look at the back pages.
10.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 LIVE **WTA & ATP Tennis** Coverage of the WTA and ATP Tours, including the ATP Mallorca Championships and the WTA Bad Homburg Open.
4.00 PM LIVE **LPGA Tour Golf** Coverage of day one of the Dow Championship at Midland Country Club in Midland, Michigan.
7.00 **Sky Sports News** A round-up of all the latest sports news.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** A round-up of all the latest sports news.
12.00 M'T **Premier League Darts** Another chance to see night seven from Utilita Arena in Cardiff.
4.00 **EFL Highlights** A look at action from Chesterfield v Walsall.
4.30 All the action from Notts County v AFC Wimbledon.
5.00 **to 6.00** AM **EFL Highlights**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** F1 highlights.
12.00 NOON **Formula 1** F1 highlights.
2.00 PM **F1 Drivers Press Conference** Austrian Grand Prix.
2.40 **F1 Feature**
2.45 **Formula 1** Austrian Grand Prix.
3.45 **F1 Drivers Press Conference**
4.25 **F1 Feature**
4.30 **Formula 1** Canadian Grand Prix.
5.30 **F1 Drivers Press Conference**
6.10 **F1 Feature**
6.15 **Formula 1** F1 highlights.
8.15 **F1 Drivers Press Conference**
8.55 **F1 Feature**
9.00 **Formula 1** F1 highlights.
11.00 **F1 Drivers Press Conference**
11.40 **F1 Feature**
11.45 **Formula 1** Austrian Grand Prix.
12.45 AM **F1 Feature**
1.00 **to 6.00** AM **The Home of F1**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Women's Champions League** A look back at the action.
1.00 PM **UEFA Women's Champions League** Arsenal Women v Barcelona Women in the final.
2.30 **Sign Up – Into Football**
3.15 LIVE **World Rally Championship** Coverage of the Acropolis Rally Greece.
6.00 **FIM Speedway Grand Prix Highlights** From Gorzow, Poland.
7.00 **AFL** Port Adelaide v Collingwood.
8.30 **NBA Action** The latest action.
9.00 **Fight Week** Topuria v Oliveira.
9.45 **UFC Countdown**
10.45 **Tom Aspinall's Fight Lab**
11.15 **UFC** Hill v Rountree Jr.
2.15 AM **UFC Countdown**
3.15 **Fight Week** Topuria v Oliveira.
4.00 **Tom Aspinall's Fight Lab**
4.30 **Discovery Golf** The latest news.
5.00 **TNT Sports Reload**
5.15 **to 7.30** AM LIVE **World Rally Championship** Coverage of the Acropolis Rally Greece.

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool**
7.30 **TCR World Tour Review**
8.00 **MotoGP Highlights**
9.00 **British Superbikes Highlights**
10.00 **British Speedway**
11.00 **FIM Speedway Grand Prix Highlights** From Gorzow, Poland.
12.00 NOON LIVE **National Road Championship: Women** The Elite Individual Time Trial in France.
2.00 PM LIVE **National Road Championship: Men** The Elite Individual Time Trial in France.
4.45 **TCR World Tour Review**
5.15 **TNT Sports Reload**
5.30 **IFSC Climbing World Cup Highlights** Action from Bern.
6.30 LIVE **IFSC Climbing World Cup** Coverage of the men's bouldering final in Innsbruck.
9.00 **Powerlifting World Classic Championship** Recent action.
10.00 **Spanish Women's Liga F**
12.00 M'T **to 6.00** AM **Spanish Women's Liga F**

Premier Sports 1

419 551

6.00 AM **Highlights**
10.00 **Sporting Countdowns**
10.30 **Desafio China by La Vuelta**
11.30 **NASCAR Highlights**
12.30 PM **UK Independent Kart Racing**
2.00 **MotorSport** Le Tour Auto.
2.30 **Scottish Rally Championship**
3.00 **FIA World Endurance Championship** From Le Mans.
4.00 **Ultimate Karting Championship**
5.00 **FIM Sidecarcross** From Gdansk.
6.00 **Desafio China by La Vuelta**
7.00 **Women's Football Weekly**
7.30 **MotorSport** Drew Gibson.
8.30 **Sporting Greats**
9.00 **PSA Squash Highlights**
10.00 **LaLiga Highlights**
11.00 **FIA World Endurance Championship** From Le Mans.
12.00 M'T **Ultimate Karting Championship** In Whilton Mill.
1.00 AM **FIM Sidecarcross**
2.00 **Desafio China by La Vuelta**
3.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **German Cup** Arminia Bielefeld v V Stuttgart in the final.
8.20 **LaLiga Match Highlights**
8.30 **Bike World** Magazine.
9.00 **FastZone** Motorsports action.
9.30 **GP Confidential** F1 news.
10.00 **Major League Cricket** Seattle Orcas v San Francisco Unicorns.
2.00 PM **Temples of Sport**
2.30 **United Rugby Championship** Action from the Grand Final.
4.30 **Temples of Sport** A look at some of the iconic sporting venues from around the globe.
5.00 **Scottish Cup Football** Aberdeen v Celtic in the final.
8.00 **Major League Cricket** Seattle Orcas v San Francisco Unicorns.
12.00 M'T **Temples of Sport**
12.30 AM **Bike World** Magazine.
1.00 **Top 14 Rugby Union** Action from the first semi-final.
3.00 **German Cup** The final.
5.20 **LaLiga Match Highlights**
5.30 **to 6.00** AM **Temples of Sport**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

27 June

Evening Planner

Action Drama

Gladiator II

Sky Premiere, 10am & 8pm

Sir Ridley Scott's sequel to the epic stars Paul Mescal as a vengeful gladiator. Also stars Pedro Pascal and Connie Nielsen.

OnDemand

tv+

Smoke

Available today

Taron Egerton stars as an arson investigator who is forced to team up with a detective to track down two serial arsonists.

OnDemand

NETFLIX

Squid Game

Available today

The third and final season of the cult Korean thriller. Gi-hun (Lee Jung-jae) has some difficult decisions to make.

OnDemand

4

The Shadow

Available today

Journalist Norah (Deleila Piasko, left) receives a chilling prophecy from a beggar on the street in this German thriller.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Glastonbury	8.00 Lost and... †	8.30 Would I Lie to...	9.00 Not Going Out	9.30 The Power of...	10.00 News	10.30 The 1975 at...
	102 BBC2	7.00 Grand Tours of...	7.30 Beechgrove...	8.00 Glastonbury					10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Noel Edmonds' Kiwi Adventure		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Celebrity Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Celebrity Puzzling		8.00 Susan Calman's Grand Day Out		9.00 Princess Anne: The Royal Rule Breaker			10.30 The Greatest...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 The F1 Show		9.00 And Just Like That...		10.00 Lucy Beaumont: Live from the Royal...	
ENTERTAINMENT	115 BBC3	7.00 My Super Sweet 16		8.05 The Traitors NZ		9.00 Dubai Hustle	9.30 Film: Saltburn		
	116 BBC4	7.00 Glastonbury							
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Family Guy	
	136 MORE4	‹ 6.55 Car S.O.S.		8.00 PopMaster TV		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck: Mediterranean		9.00 Film: The Inbetweeners 2			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.20 Westworld		7.55 Game of Thrones		9.00 Mare of Easttown		10.05 The Wire	
	110 U&GOLD	‹ 6.40 Are...	7.20 Dad's Army	8.00 Porridge	8.40 The Vicar of Dibley			10.00 The Royle Family	10.40 Fast...
	111 U&DAVE	7.00 Would I Lie to You?	7.35 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	‹ 6.30 British Touring Car Championship...		8.00 Beat the Chasers		9.00 Film: Magnum Force			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Karl Pilkington: The Moaning of Life		9.00 Rob Beckett's Smart TV		9.55 Strike Back: Silent War	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise					
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Opry Live		10.00 California Dreamin': The Songs of...	
	132 U&W	7.00 Ski A&E		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition Files		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Insane Pools: Off the Deep End				10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Airport Security: Rome		10.00 Area 51: I Was There	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Lost U-Boats of WWII		9.00 Rome's Bloodiest Dynasty: Boudica's...		10.00 8 Days That Made Rome	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	‹ 6.55 The Mortician		8.00 100 Foot Wave		9.00 I Am Paul Walker			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 The Luckiest Man in America		8.00 Gladiator II					10.30 Joker: Folie à...
	302 5 STAR MOVIES	‹ 6.00 Back to the Future		8.00 Gravity			9.40 The Lord of the Rings: The Return of the King		
	303 JURASSIC PARK	‹ 6.40 The Lost World: Jurassic Park			8.50 Jurassic Park III				10.25 Jurassic World
	304 GREATS	‹ 5.35 The Great Gatsby		8.00 Out of Africa					
	305 ANIMATION	7.00 Wallace & Gromit: The Curse of the Were-Rabbit			8.30 Hotel Transylvania			10.10 Megamind vs The Doom...	
	306 FAMILY		7.20 Charlie and the Chocolate Factory				9.25 The BFG		
	307 ACTION	‹ 5.30 Gladiator II		8.00 Wonder Woman					10.25 R.I.P.D
	308 COMEDY	‹ 6.30 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 We're No Angels		
	309 THRILLER	‹ 5.50 Jack Reacher: Never Go Back		8.00 Public Enemies					10.25 K-19: Widowmaker
	310 PRIDE	‹ 6.30 Rurangi		8.00 A Nice Indian Boy			9.45 Am I OK?		
	311 SCI-FI	‹ 5.30 Ready Player One		8.00 Five Nights at Freddy's				9.55 The Birds	
	313 FILM4	‹ 6.45 G.I. Joe: The Rise of Cobra				9.00 The 355			
SPORT	401 MAIN EVENT	‹ 6.15 PGA Tour Golf – Live: The Rocket Classic							
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 PL Special: The Centurions		10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 EFL				9.00 EFL Greatest Games		10.00 Championship Retro	
	404 CRICKET	7.00 Test Cricket						10.00 One-Day International Cricket	
	410 TNT SPORTS 1	‹ 2.45 Test Cricket – Live: West Indies v Australia							
	411 TNT SPORTS 2	‹ 6.30 IFSC Climbing World Cup – Live: The Women's Bouldering Final in Innsbruck, Austria				9.00 MotoGP	9.30 Gallagher Premiership Rugby Union		

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **The Moment of Proof** New edition A murder case in which the victim died after drinking a deadly cocktail. (S)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Shepton Mallet. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** Series finale 6/6. Oakley Wines welcomes a surprise visitor. (S1) (S)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 The Power of Parker

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **NEW Glastonbury** Clara Amfo and Lauren Laverne report live from the festival. *See feature, page11.* (S)
■ Continues on BBC2

8 PM

8.00 **Lost and Found in the Lakes** The detectorist team search for a treasured heirloom for a heartbroken family. (S)(R)(AD)
8.30 **Would I Lie to You?** With panellists Jo Brand, Simon Day, Kiri Pritchard-McLean and Henning Wehn. (S)(R)

9 PM

9.00 **Not Going Out** New episode 3/6. Lee borrows a campervan. (S14) (S)(AD)
■ Entire series on BBC iPlayer
9.30 **The Power of Parker** New episode 5/6. Alison's 18th proves eventful. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **NEW Glastonbury** Coverage of The 1975's headline set on the Pyramid Stage at Worthy Farm in Somerset. They are festival veterans, but this will be their first time at the top of Glastonbury's line-up. (S)
12.00 M'T **FILM Gringo** Action comedy starring David Oyelowo, Charlize Theron and Joel Edgerton. A mild-mannered American businessman has to fight for survival when he crosses the line from law-abiding citizen to wanted criminal after travelling to Mexico. (S)(AD) (2018, 15, 100min) ★★★
1.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **The Edge** Double bill. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Natural World: Flight of the Rhino**
3.45 **Weatherman Walking** Series finale 4/4. Snowdonia. (S)
4.15 **Hidden Treasures of the National Trust** From Kent. (S)(R)(AD)
5.15 **Flog It!** From Somerset. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Robson Green's Weekend Escapes** From Northumberland. (S)(R)(AD)

7.00 Grand Tours of Scotland's Rivers

7.00 **NEW SERIES Grand Tours of Scotland's Rivers** 1/6. Exploring the upper reaches of the River Dee. (S)
7.30 **Beechgrove Garden** New edition Kirsty Wilson and Brian Cunningham visit the June border. (S)

8.00 **NEW Glastonbury** Clara Amfo and Lauren Laverne introduce live performances from across various stages, including Alanis Morissette and En Vogue, who are both making their Glastonbury debuts. (S)

9.00 **NEW Glastonbury** Jack Saunders and Jo Whiley present performances by Busta Rhymes on the Other Stage, Self Esteem on the Park Stage and Biffy Clyro on the Pyramid Stage, as well as getting ready for the first headline act of the weekend, The 1975. (S)
■ Continues on BBC1
10.30 **Newsnight** (S)

11.00 **QI XL** With Tom Allen, Susan Calman and Zoe Lyons. (S)(R)
11.45 **Live at the Apollo Bites** Highlights from the stand-up show, featuring Rosie Jones, Paul McCaffrey and Sindhu Vee. (S)(R)
12.00 M'T **NEW Glastonbury** Highlights from the first full day of music. (S)
2.00 AM **Sign Zone: Panorama** (S)(R)
2.30 **Sign Zone: The Crime I Can't Forget** True-crime. (S)(R)(AD)
3.30 **Sign Zone: Death Valley** (S)(R)
4.15 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Gary Barlow's Food and Wine Tour: Australia** Series finale 6/6. Gary ends his tour of Australia in northern Queensland, and is joined by his daughter Emily and her boyfriend Marshall. (S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Noel Edmonds' Kiwi Adventure

7.30 **Emmerdale** Sarah feels overwhelmed, Joe starts to get suspicious, and Paddy is left horrified. (S)(AD)

8.00 **Coronation Street** Roy encourages Nina to tell the police all she can remember, Maria hears from Gary, Steve resolves to be open about his relationship with Cassie, and Todd finds a pregnant Millie drinking alcohol. (S)(AD)

9.00 **Noel Edmonds' Kiwi Adventure** New edition 2/3. Bad weather is putting pressure on the viability of Noel and Liz's River Haven business as numbers are down due to the rain. (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM On Her Majesty's Secret Service** James Bond spy adventure starring George Lazenby and Diana Rigg. British secret agent 007 once again takes on his arch-enemy Blofeld. With Telly Savalas. (S)(AD) (1969, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Teleshopping**
3.00 **The British Airways Killer** 2/2. Robert Brown confesses and leads police to where Joanna Simpson was buried. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour | 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 10-13/26. (S10) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 4-7/24. (S3) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Following Amy and Wes as they continue their journey into London. (S)(R)(AD)
5.00 **Chateau DIY** In the Dordogne region, Abbie, Clive, Karen and Ross convert a car park into a new terrace and dining area. (S)(R)(AD)
6.00 **Sun, Sea and Selling Houses** New edition Northamptonshire couple Steve and Amanda hope to find a property in Alicante. (S)

9.00 Celebrity Gogglebox

7.00 **News** (S)

8.00 **Millionaire Hoarders** Series finale 8/8. Ronnie and Katie help hoarder Shane reduce his many collections amassed over 50 years, while Ed helps Luigi search for value in his key collection. *Previously scheduled for 20 June.* (S)(AD)

9.00 **Celebrity Gogglebox** New edition Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, sharing their views on what they have been watching on TV during the week. (S)(AD)

10.00 **Open House: The Great Sex Experiment** Series finale 8/8. Swingers Ashley and Tanya hope to breach a new boundary – trying to seduce and have sex with other people on their own without the other one present. (S)(AD)

11.05 **FILM Cowboys & Aliens** Sci-fi Western starring Daniel Craig and Harrison Ford. An outlaw and a cattle baron join forces to repel an attack by invading space aliens. (S) (2011, 12, 130min) ★★★
1.15 AM **FILM Life** Sci-fi thriller starring Jake Gyllenhaal, Rebecca Ferguson and Ryan Reynolds. (S) (2017, 15, 100min) ★★★★
2.55 **Ramsay's Hotel Hell** (S)(R)(AD)
3.45 **to 6.00** AM **Come Dine with Me**

+1 hour | 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Stalked by My Stepsister** Drama starring Christa Rose and Eva Igo. (S) (2023, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Sonia ditches her new boyfriend in order to focus on opening a hair salon in Benalmádena. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** A Border collie will not let its owners leave the house without a barking marathon. (S)(R)
6.55 **News** (S)

7.00 Celebrity Puzzling

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts as Dr Ranj Singh and John Thomson join team captains Carol Vorderman and Sally Lindsay. (S)
7.55 **News** (S)

8.00 **Susan Calman's Grand Day Out** New edition The presenter travels to Cromer on the Norfolk coast to investigate the Annual Vintage 1960s Festival, and she also meets comedian Helen Lederer. (S)

9.00 **Princess Anne: The Royal Rule Breaker** A profile of the Princess Royal, hearing from those who have worked for her, and analysing how an independent childhood may have formed her no-nonsense attitude. (S)(R)

10.30 **The Greatest TV of the '60s** A look back at the best programmes of the decade, including clips of *Coronation Street*, *The Avengers* and *The Forsyte Saga*. (S)(R)

12.30 AM **Car Pound Cops** An operation is launched to target traffic offences using ANPR cameras. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 2&3/24. (S7) (S)(R)
3.50 **Carol Drinkwater's Secret Provence** Carol tries her hand at glassblowing. (S)(R)
4.40 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S10) (S)(R)
11.00 **Malawi Wildlife Rescue** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 6/18. (S4) (S)(R)(AD)
5.00 **The Simpsons** *Teenage Mutant Milk-Caused Hurdles:* Bart realises that he has a crush on his new teacher. (S)(R)
5.30 *The Ned-liest Catch:* Ned Flanders and Mrs Krabappel embark on a whirlwind romance. (S)(R)
6.00 **The Office (US)** 6/26. The staff hold a costume contest. (S)(R)
6.30 7/26. The day of Cecelia's christening arrives. (S7) (S)(R)

9.00 And Just Like That...

7.00 **The Simpsons** *Much Apu About Something:* Sanjay's son decides to turn the Kwik-E-Mart into a health-food store. (S)(R)
7.30 *Love Is in the N2-O2-Ar-CO2-Ne-He-CH4:* Professor Frink plays matchmaker. (S)(R)

8.00 **The F1 Show** A preview of the Austrian Grand Prix, the 11th round of the season, held at Red Bull Ring in Spielberg. (R)

9.00 **And Just Like That...** New episode 5/12. *Sex and the City* revival catching up with the lives of Carrie, Miranda and Charlotte. Stars Sarah Jessica Parker, Cynthia Nixon and Kristin Davis. (S3)

10.00 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up performance by the comedian, featuring offbeat stories, unusual anecdotes and bizarre journeys through modern-day womanhood. (S)(R)

11.00 **Sex and the City** 5/20. Samantha heads to Brooklyn to see Jerry's play. (S)(R)
11.40 6/20. Carrie dreads jury service. (S6) (S)(R)
12.15 AM **The Force: Manchester** (R)
1.10 **Brit Cops: Law & Disorder** (R)
2.05 **Road Wars** (S)(R)(AD)
3.00 **NCIS: New Orleans** (S7) (S)(R)
4.00 **S.W.A.T.** 6/18. (S4) (S)(R)(AD)
5.00 **Motorway Patrol** (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00-8.30pm Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
8.00-8.30pm Best of Weatherman Walking: Highlights from Mid-Wales New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.00pm New Voices from Wales New edition (S)
11.10 New Voices from Wales Series finale (S)
11.20 The Great Ticket Rip-Off (S)(R) **11.50pm-12.00m't** The Sheep Beside the Sea (S)(R)

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Y Ci Perffaith **1.30** Cymry ar Gynfas **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Rhondda **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** NEW SERIES Cyfres Triathlon Cymru **8.55** Newyddion a'r Tywydd **9.00** Ar Led New edition **9.25** Y Llinell Las (AD) **10.25-11.30pm** Gogglebocs Cymru

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **My Super Sweet 16** Cher plans a Mardi Gras-themed masquerade ball. **7.20** Perfectionist Stephanie throws a masquerade ball. **7.40** Cindy plans a *Cinderella*-themed party.
8.00 **The Catch Up**
8.05 **The Traitors NZ** New edition 9/12. It's every man for himself as alliances fracture.
9.00 **Dubai Hustle** Chris competes with a colleague for a property deal.
9.30 FILM **Saltburn** Offbeat comedy thriller starring Barry Keoghan and Jacob Elordi. A working class Liverpudlian student befriends a dashing aristocrat and worms his way into rarefied circles. (2023, 15, 131 min) ★★★★
11.30 **What It Feels Like for a Girl** 7&8/8. Drama. (S1)
1.10 AM **Body on the Beach: What Happened to Annie?**
3.10 **Zoners** One-off comedy.
3.25 **to 3.55** AM **Squad Goals: Dorking 'Til I Die**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Find It, Fix It, Flog It**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Newcastle.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend travel to South Yorkshire to pick up a *Car S.O.S* first – a Ferguson TE20 tractor. **6.55** Tim and Fuzz take on a 1924 Austin 7 Chummy.
8.00 **PopMaster TV** New edition Ken Bruce hosts the fifth heat as he tests more music lovers from across the UK, who are hoping to book their spot in the Grand Final.
9.00 **The Sommerdahl Murders** New episode 5&6/8. A chef's assistant working after hours dies when the finest restaurant in town bursts into flame, with the owner and his wife at loggerheads over the fire. Subtitled. (S2)
11.00 **24 Hours in A&E** A 10-year-old is rushed to St George's after twisting her leg while playing football.
12.00 M'T **999: On the Front Line** A man who wraps his pick-up truck around a tree.
1.05 AM **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM NEW **Glastonbury** Performances by Leeds post-punk group English Teacher and Isle of Wight indie band Wet Leg. **8.00** Performances by veteran indie band Supergrass and Stockport indie rockers Blossoms. **9.00** Performances by Glasgow indie band Franz Ferdinand and indie-rockers Wunderhorse. **10.30** Live coverage of south London hip-hop artist Loyle Carner's headline set on the Other Stage as the first day of the festival on Worthy Farm comes to a close. *See feature, page 11*.
11.45 **Madonna: Rebel Heart Tour** Footage from the pop star's 2015/2016 world tour.
1.45 AM **Labelle in Concert** A 1975 performance by the American funk rock band.
2.15 **The Pretenders: 6 Music Live** A 2016 performance by Chrissie Hynde and her band at Maida Vale.
2.40 **to 3.25** AM **Status Quo: TOTP2**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck: Mediterranean** New edition Captain Sandy must make a critical decision that could impact the charter season.
9.00 FILM **The Inbetweeners 2** Comedy sequel starring Simon Bird and James Buckley. The teenagers find university does not live up to their expectations, and decide to go to Australia in search of adventure. (2014, 15, 92min) ★★
11.00 **Naked Attraction: All Out & Proud** A Pride special.
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Below Deck: Mediterranean**
3.45 **Kitchen Nightmares USA**
4.35 **The Goldbergs**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

primetime

primetime

Friday

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Frontline Crime UK** Documentary.
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **UK Border Force**
11.00 **Bondi Rescue** Double bill.
12.00 NOON **The Good Doctor** (S6)
1.00 PM **FBI: Most Wanted** 14/14. A criminal father and son duo escape from prison. (S1)
2.00 **Caught on Dashcam**
3.00 **Caught Red Handed**
4.30 **Nothing to Declare**

8.00 Chicago Med

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.05 **In Treatment** (S1)
8.45 **The Sopranos** (S4)
11.10 **Westworld** 9&10/10. (S1)
1.50 PM **Game of Thrones** (S6)
2.55 **The Sopranos** 12/13. Carmela makes a date she can't keep.
3.55 13/13. Carmela throws Tony out on the street. (S4)
5.15 **Westworld** 9/10. Maeve makes a proposition.
6.20 10/10. The future of the holiday destination is in question as its inhabitants develop a code of ethics. (S1)

9.00 Mare of Easttown

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7&8)
8.00 **The Flash** 16/20. (S8)
9.00 **Stargate SG-1** (S10)
11.00 **SEAL Team** 2/22. (S1)
12.00 NOON **The Flash** 17/20. (S8)
1.00 PM **Hawaii Five-0** (S8)
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 6/18. (S4)
5.00 **SEAL Team** 1/22. First episode of the action drama. (S1)
6.00 **Stargate SG-1** 7/20. Battles erupt between the Ori and the Jaffa after thousands of villagers are wiped out by a powerful energy wave. (S10)

9.00 Rob Beckett's Smart TV

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.35 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **Real Housewives of Beverly...**
12.05 PM **Dinner Date**
1.05 **Olivia Meets Her Match**
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

7.00 Deal or No Deal

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
10.30 **The Royal** *Coming to the Boil.*
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot** *How Does Your Garden Grow?* A murder gives rise to rumours of a communist conspiracy.
4.55 **Downton Abbey** 2/9. Cora and Violet clash. (S6)
6.00 **Heartbeat** *End of the Line:* A remote farm is raided.

8.00 Midsomer Murders

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *Blood of My Blood:* 6/10. An old foe returns to the great game, and Arya faces a difficult choice. Meanwhile, Jaime faces off with the High Sparrow. (S6)

7.00 Stargate SG-1 *Memento Mori:* 8/20. Vala is kidnapped and hooked up to a memory machine. (S10)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Manhunt:* Nick interrupts an armed robbery at the Aidensfield Arms and ends up being held hostage in the cellar.

8 PM

8.00 Chicago Med New episode *No Love Lost:* 9/22. The medics try to save the life of one of their own. (S10)

8.00 Karl Pilkington: The Moaning of Life 1/5. Karl Pilkington travels the world to answer some of life's biggest questions.

8.00 Million Dollar Listing: LA James and David are up against the clock to find their pregnant client a dream home.

8.00 Midsomer Murders *Death in Disguise:* Barnaby visits a new age commune, where a man with a connection to the leader's shady past has fallen to his death just as a vast inheritance might be coming the group's way.

9 PM

9.00 Chicago Fire New episode *A Favour:* 9/22. Severide prepares to teach a class about arson at the academy. (S13)

9.00 Mare of Easttown *Poor Sisyphus:* 4/7. An anonymous call gives Dawn hope that Katie might still be alive. (S1)

9.00 Rob Beckett's Smart TV With guests David Tennant, Roisin Conaty, Lydia West and Sara Cox.
9.55 Strike Back: Silent War 10/10. Pavel plans to launch VX missiles and put Russia at war with the West, with Section 20 out to stop him even if it might mean making the ultimate sacrifice. (S7)

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10 PM

10.00 Chicago PD New episode *Friends and Family:* 9/22. Cook turns to her family for help. (S12)

10.05 The Wire *React Quotes:* 5/10. Bubbles finds out the result of his HIV test, while Chris and Snoop set up an ambush. (S5)

10.05 Family Guy 16/22. A murder is committed at Mayor West's mansion.
10.35 9/22. Chris is sent to space camp. (S11)

10.00 Grantchester 1/6. The dead body of Lord Edmund Fitzgerald is found in the grounds of Fitzgerald Estate. (S7)

11.00 **Bull** 12/16. (S5)
12.00 M'T **FBI** 8/22. (S4)
1.00 AM **The Equalizer** 2/10. (S1)
2.00 **The Good Doctor** 4/22. (S6)
3.00 **Sun, Sea and A&E** 2/8. (S1)
4.00 **The Real A&E**
5.00 **to 6.00** AM **Stop, Search, Seize**

11.10 **Homicide: Life on the Street** 19/23. Two women are found strangled. (S6)
12.05 AM **Mary & George** 7/7. (S1)
1.10 **Gomorrah** 9&10/12. (S1)
3.00 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

11.00 **The Force: Manchester**
1.00 AM **Brit Cops: Law & Disorder**
2.00 **NEW Jurassic World Rebirth: The Making of a New Era**
2.30 **Road Wars**
3.00 **NCIS: New Orleans** (S7)
4.00 **S.W.A.T.** 6/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

11.05 **Family Guy** 10/22. Brian writes a play that becomes a hit in Quahog. (S11)
11.35 **American Dad!** (S10&8)
12.35 AM **Bob's Burgers** 18/22. (S13)
1.05 **Transaction** 1/6. (S1)
1.35 **Plebs** 5&6/6. (S1)
2.35 **to 3.00** AM **Unwind with ITV**

11.55 **Cracker** 4/7. (S3)
1.00 AM **Agatha Christie's Poirot**
2.00 **The Royal** *Coming to the Boil.*
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond focus on street food, making falafel with beetroot houmous and Greek salad.
8.00 **Inside Central Station** Crowds heading to the TRNSMT music festival hit the concourse.
9.00 **Giving It Stick** Celebrating the game of shinty and the Highland communities that play it.
10.00 **Still Game** 3/9. Jack and Victor try a new wonder drug. (S2)
10.30 **Sacked in the Morning** New edition 9/10. With former Nottingham Forest and England defender Viv Anderson.
11.00 PM **to 12.00** M'T **Susie McCabe: Femme Fatality** From the King's Theatre in Glasgow.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death**
9.10 **The Conners** (S3)
10.10 **Entourage** (S6)
11.25 **Crashing** (S1)
12.45 PM **Eastbound & Down**
1.55 **Entourage** (S6)
3.05 **Bored to Death** (S3)
4.25 **Crashing** (S1)
5.45 **The Office (US)** (S7)
6.45 **The Conners** (S3)
7.45 **Silicon Valley** (S1)
9.00 **And Just Like That...** New episode 5/12. Comedy drama starring Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)
10.00 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Intelligence** (S1)
1.00 AM **Sex and the City**
2.15 **Veep** 5&6/8. (S1)
3.15 **Hello Ladies** (S1)
4.25 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **The South Bank Show Originals**
6.30 **Vivaldi's Four Seasons**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
2.00 **Lenny Henry's Got the Blues**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Landscape Artist of Year** From Bristol.
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **From the Vaults**
9.00 **Opry Live** New edition
10.00 **California Dreamin': The Songs of the Mamas and the Papas**
11.20 **Buddy Holly: Rave On**
12.40 AM **Chuck Berry: The King of Rock n' Roll**
2.25 **From the Artists Den**
3.45 **Greatest Albums Live**
4.45 **to 6.00** AM **Highlights**

Sky Mix

151 158 135 11 141 23

7.00 AM **911 Crisis Centre**
8.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Nothing to Declare** Double bill.
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager**
8.00 **Star Trek: Deep Space Nine** *Second Sight:* 9/26. Sisko falls for a seductive alien. (S2)
9.00 **Forensics: Catching the Killer** How DNA and the exhumation of a body solved a 30-year-old triple murder case.
10.00 **S.W.A.T.** 11/23. (S2)
11.00 **Grimm** 3/22. (S4)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Word-based quiz show hosted by Adil Ray.
10.00 **Tipping Point** Triple bill of the game show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **In with a Shout** Game show hosted by Joel Dommett.
3.00 **Tenable** Double bill of the game show hosted by Warwick Davies.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
11.55 **In with a Shout** Game show hosted by Joel Dommett.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S3)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 13/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 16/19. (S3)
1.00 PM **Hart to Hart** (S3)
2.00 **Father Dowling Mysteries** 18/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 14-17/25. (S5)
9.00 **Randall and Hopkirk (Deceased)** *Murder Ain't What It Used to Be:* 7/26. The ghost of a notorious gangster settles old scores. (S1)
10.00 **The Avengers** *Death's Door:* 18/24. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S5)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **The Protectors**
6.50 **The Professionals**
7.50 **Dempsey and Makepeace**
8.55 **Magnum, PI**
9.55 **Kojak**
11.00 **Giant Lobster Hunters**
12.00 NOON **The Adventures of Sherlock Holmes** Drama.
1.10 PM **Dempsey and Makepeace**
2.10 **Magnum, PI**
3.10 **Kojak**
4.15 **Minder**
5.25 **The Professionals**

9.00 Magnum Force

6.30 **British Touring Car Championship Highlights** Steve Rider presents action from the fifth round of the season at Oulton Park.

8.00 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on a team of six Chasers.

9.00 FILM **Magnum Force** Crime thriller sequel to *Dirty Harry*, starring Clint Eastwood and David Soul. Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. (1973, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

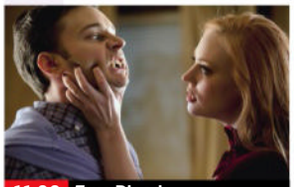
11.35 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.30 AM **Dark Side of the Ring** Exploring the cautionary tale of David Schultz.
2.25 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S3)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 23/26. (S6)
2.00 **Atlantis** 3/13. (S1)
3.00 **Stargate Atlantis** 14/20. (S1)
4.00 **Star Trek: Voyager** (S6)
5.00 **Star Trek: The Next Generation** 23/26. A legendary Klingon leader returns. (S6)
6.00 **Star Trek: Enterprise** 8/24. After a spatial distortion, Archer awakens in the future. (S3)


11.00 True Blood

7.00 **Atlantis** *A Boy of No Consequence:* 3/13. An argument with a nobleman sees the trio facing a deadly challenge. (S1)

8.00 **Stargate Atlantis** *Sanctuary:* 14/20. The team stumble upon an untouched pre-technological world. (S1)

9.00 **Grimm** *Where the Wild Things Are:* 11/13. Eve sets out to confront the force she saw in the mirror. (S6)

10.00 **The Walking Dead** *Who Are You Now?* 6/16. The survivors encounter unfamiliar faces. (S9)

11.00 **True Blood** 1/12. Sookie and Lafayette struggle to decide what to do about Tara.
12.00 M'T 2/12. Bill and Eric are interrogated for information about a rogue faction of vampires. (S5)
1.00 AM **Wynonna Earp** (S3)
3.00 **Room 104** 5&6/12. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S7)
9.00 **Father Brown**
10.00 **The Coroner** 10/10. (S2)
11.00 **Hudson & Rex** 6/16. (S3)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 9/10. (S3)
1.00 PM **Death in Paradise** (S12)
2.00 **Murdoch Mysteries** (S7)
4.00 **The Coroner** 10/10. (S2)
5.00 **Hudson & Rex** 6/16. (S3)
6.00 **Father Brown** *The Sacrifice of Tantalus:* A man suspected of killing a police officer is spotted near Kembleford.

10.20 Death in Paradise

7.00 **Shakespeare & Hathaway: Private Investigators** 9/10. Paranormal activity is reported in a pub. (S3)

8.00 **Death in Paradise** *Sins of the Detective:* 7/8. Part two of two. The team try to must Neville's innocence. (S12)

9.00 **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actor is a witness to her husband's murder, but it remains to be seen whether she can really be trusted. (S9)
10.20 *Lucky in Love:* 3/9. A lottery winner is found dead at her villa. (S10)

11.20 **Father Brown** As 6.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators**
1.20 **Elementary** 10/21. Sherlock and his father try to repair their strained relationship. (S6)
2.20 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Last of the Summer Wine**
8.35 **The Green Green Grass**
9.15 **Ever Decreasing Circles**
9.55 **Are You Being Served?**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.35 PM **The Green Green Grass**
1.15 **Dad's Army** Double bill.
2.35 **Porridge**
3.20 **Are You Being Served?**
4.00 **Last of the Summer Wine**
5.20 **Ever Decreasing Circles**
6.00 **The Green Green Grass**
6.40 **Are You Being Served?**

7.20 Dad's Army

7.20 **Dad's Army** Captain Mainwaring's men acquire a boat, but after setting sail they get lost in fog.

8.00 **Porridge** Fletcher thinks Godber would be better off cheating if he wants to pass another O-level.
8.40 **The Vicar of Dibley** Geraldine raises funds to replace a broken stained glass window.
9.20 Local election fever hits the village.

10.00 **The Royle Family** Dave is accused of flirting with Beverley Macca.
10.40 **The Fast Show** Featuring the Fat Sweaty Coppers.
11.20 **Not Going Out**
12.00 M'T **Mrs Brown's Boys**
12.40 AM **The Royle Family**
1.20 **Not Going Out**
2.00 **The Fast Show**
2.40 **Porridge**
3.15 **to 4.00** AM **Ever Decreasing Circles**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Gadget Man**
8.10 **Border Force: America's Gatekeepers** Double bill.
10.10 **How Britain Worked**
11.10 **Rick Stein's Road to Mexico**
12.10 PM **Storage Hunters UK**
1.40 **Guy Martin's WWI Tank**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore the history behind some of Britain's famous pies.
6.00 **Rick Stein's Road to Mexico** The chef travels through Los Angeles and into San Diego.

6.00 Rick Stein's Road to Mexico

7.00 **Would I Lie to You?** With Jack Dee, Romesh Ranganathan, Gaby Roslin and Tinchy Stryder.
7.35 **Richard Osman's House of Games** With Jamie Laing and Sunetra Sarker.
8.20 With Matt Forde, Fred MacAulay, Michelle Ackerley and Judy Murray.

9.00 **QI XL** Sandi Toksvig quizzes Sally Phillips, Josh Pugh, Aaron Simmonds and Alan Davies on the topic of upbringing.

10.00 **Have I Got a Bit More News for You** Mel Giedroyc hosts the satirical quiz, with Kirsty Wark and Chris McCausland.
11.00 **8 Out of 10 Cats** With Fred Sirieix and Natasia Demetriou.
12.00 M'T **Mock the Week End of Year Special** From 2021.
12.40 AM **Would I Lie to You?**
2.00 **The Weakest Link**
3.00 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Sun, Sea and Selling Houses**
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **A Place in the Sun** From Mojácar.
1.30 PM **Narrow Escapes**
2.30 **Sun, Sea and Selling Houses** From Almería.
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** From Sussex.
7.00 **George Clarke's Remarkable Renovations**
8.00 **Britain's Most Expensive Houses** Featuring a £3.75million Cotswolds manor house with a secret garden.
9.00 **24 Hours in A&E**
11.05 **Celebrity Gogglebox**
12.05 AM **Gogglebox**
1.10 **Taskmaster**
2.15 **Open House: The Great Sex Experiment**
3.15 **Millionaire Hoarders**
4.15 **to 4.45** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Heart Break:* 8/23. An ensign is arrested in connection with the death of a navy commander who had recently had surgery.
7.00 *Forced Entry:* 9/23. A Marine's wife kills an intruder, claiming he tried to rape her.
8.00 *Chained:* 10/23. Tony poses as a convict and takes part in a bogus jailbreak as part of an operation. (S2)
9.00 **Person of Interest** *Many Happy Returns:* 21/23. Finch tries to keep Reese away from a case.
10.00 *No Good Deed:* 22/23. An NSA analyst learns of the Machine's existence. (S1)
11.00 **Law & Order: Special Victims Unit** (S13,3&12)
2.45 AM **The Good Wife** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **The Commuter** Thriller starring Liam Neeson. An insurance salesman and former police officer is caught up in a conspiracy during his commute home. (2018, 15, 105min) ★★★
11.10 **HMP Belmarsh: Maximum Security** A look inside the infamous prison.
1.15 AM **Quantico** (S1)
3.00 **Police Interceptors**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM FILM **Wyatt Earp** Epic Western biopic of the famous frontier lawman. Stars Kevin Costner, Dennis Quaid and Gene Hackman. (1994, 12, 190min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **The Motorway** The entire motorway must be shut down after a high-speed crash.
9.00 **Police: Suspect No 1**
10.00 **Wandsworth Prison: Out of Control**
11.00 **Quantum Leap** (S1)
11.55 FILM **Basic** Military thriller starring John Travolta, Connie Nielsen and Samuel L Jackson. (2002, 15, 98min) ★★
2.00 AM **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.25 **Simply Nigella**
8.00 **Tipping Point**
10.00 **My Dream Home**
11.00 **Property Brothers: Family Flashback**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **Ski A&E**
8.00 **Inside the Ambulance: Coast and Country**
9.00 **999 Rescue Squad** A biker riding without a helmet crashes, and the team launch a desperate fight to save his life.
10.00 A Lamborghini bursts into flames, leaving two passengers injured.
11.00 **Coupling** Triple bill.
12.55 AM **Louis Theroux: Dark States – Heroin Town**
1.55 **to 3.00** AM **Stacey Dooley: Inside Spain's Narco Wars**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.30 **Pie in the Sky**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Kingdom**
4.00 **Lovejoy**
5.20 **'Allo 'Allo!**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Eye of Apollo:* Susie is drawn to the charismatic leader of the Church of Apollo.
9.00 *The Bride of Christ:* The priest investigates the deaths of two nuns at St Agnes convent.
10.00 **New Tricks**
11.20 **Spooks**
12.40 AM **Hope Street**
1.40 **The Bletchley Circle**
2.45 **Birds of a Feather**
3.15 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Ibiza.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Yorkshire Air 999** New edition The Yorkshire Air Ambulance races to save lives.
10.00 **Helicopter ER** The crew treat a veteran motorcyclist who is fighting for his life. **11.00** A man needs urgent treatment after being kicked in the head by a horse.
12.00 M'T **Celebrity Help! My House Is Haunted**
1.00 AM **Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 NOON **Who Wants to Be a Millionaire?**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
7.20 **Bob's Full House**
8.00 **The Chase** Double bill.
10.00 **All Star Family Fortunes** Gary Lucy takes on Matt and Emma Willis.
10.40 **Richard Osman's House of Games**
11.20 **Bob's Full House**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Double bill.
9.20 **FILM Fort Ti** Western. (1953, U, 73min) ★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM North to Alaska** Adventure. (1960, U, 122min) ★★★
3.35 **FILM The Proud Rebel** Western. (1958, b/w, U, 108min) ★★★
5.50 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **FILM Garden of Evil** Western. (1954, PG, 100min) ★★
10.15 **FILM Between Heaven and Hell** War drama starring Robert Wagner. (1956, PG, 94min) ★★
12.20 AM **FILM Escobar** Biographical crime drama starring Javier Bardem. (2017, 15, 123min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Dangerous Bestie** Thriller. (2018, PG) ★★
12.00 NOON **Inside Paddington Station**
1.00 PM **FILM The Nightmare Nanny** Mystery thriller. (2013, PG, 91min) ★
3.00 **FILM The Bad Twin** Psychological thriller. (2016, PG, 90min) ★★
5.05 **FILM An Aurora Teagarden Mystery: Dead Over Heels** Drama. (2016, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Jerry Maguire** Romantic drama. (1996, 15, 139min) ★★★★
11.55 **FILM The Longest Week** Comedy drama. (2014, 15, 86min) ★★
1.50 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Vows of Deceit** Thriller. (2018, 12, 90min) ★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Reunited at Christmas** Drama. (2018, PG, 84min) ★★
10.00 **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
12.00 NOON **FILM The Sweetest Christmas** Drama. (2017, PG) ★★
2.00 PM **FILM A Candlelit Christmas** Romance. (2022, PG, 90min) ★★
3.55 **FILM A Storybook Christmas** Comedy. (2019, PG, 83min) ★★
6.00 **FILM Forever Christmas** Comedy. (2018, PG) ★★
8.00 **FILM Spotlight on Christmas** Drama. (2020, PG, 84min) ★★
9.55 **FILM Christmas in the Air** Drama. (2017, U) ★★
11.50 **FILM A Very Country Christmas** Romance. (2017, PG, 90min) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Candlelit Christmas**
+1 hour 320 317

Rewind TV
182 81 141

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Diff'rent Strokes**
12.30 PM **A Sharp Intake of...**
1.00 **Please Sir!** 8/21. (S4)
1.30 **You're Only Young Twice**
2.00 **Brass** 13/13. (S2)
2.30 **Secrets of the Coast**
3.00 **Bramwell** (S2)
4.00 **Bubblegum & Cheese**
5.00 **I Dream of Jeannie**
5.30 **The Monkees** (S1)
6.00 **Watching** 3/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Brass** 13/13. (S2)
7.30 **A Sharp Intake of Breath** 4/7. (S1)
8.00 **In Loving Memory** (S5)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 8/21. (S4)
9.30 **Soap** 23/25. (S1)
10.00 **Don't Drink the Water**
10.30 **Stereo Underground**
11.00 **Doctor in the House**
11.30 **Haggard** 2/7. (S1)
12.00 M'T **Bramwell** (S2)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** King Crab season kicks off with a 12 million pound Bairdi quota increase that causes a frenzy.
9.00 **Junkyard Empire** Dave installs a new rear end on Andy's 1966 Nova. **10.00** Andy buys a stolen and stripped Porsche C4S at an auction, but Bobby has some serious doubts.
11.00 **Gold Divers**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya's Simple Spices**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Seafood Lovers' Guide**
10.00 **Hairy Bikers Go Local**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya's Simple Spices**
2.00 **James Martin: Delicious**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Seafood Lovers' Guide**
6.00 **Hairy Bikers Go Local**
7.00 **Great British Bake Off**
9.00 **Mary Berry Cooks**
10.00 **Paul Hollywood: City Bakes** From Dublin.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/22. (S6)
9.00 **The Fall Guy** 14/23. (S1)
10.00 **Knight Rider** 3/22. (S3)
11.00 **FILM Son of Frankenstein** Horror with Boris Karloff. (1939, b/w, PG, 95min) ★★
1.00 PM **FILM Gunfighters** Western. (1947, PG, 87min) ★★
3.00 **FILM The Shepherd of the Hills** Western drama. (1941, PG, 98min) ★★
5.00 **Star Trek** 9/26. (S2)
6.00 **Knight Rider** 4/22. (S3)
7.00 **The Fall Guy** 15/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Alien Nation** Sci-fi thriller with James Caan. (1988, 18, 94min) ★★★
11.00 **FILM The Game** Thriller. (1997, 15) ★★★★
1.30 AM **FILM Johnny Handsome** Thriller. (1989, 15, 94min) ★★★
3.20 **to 4.50** AM **FILM Desolation** Thriller. (2017, 15, 86min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **Killer Wave**
8.00 **FILM Wyvern** Fantasy starring Nick Chinlund. (2009, 15, 84min) ★★
10.00 **The Lost World** (S2)
11.00 **Killer Wave** 1&2/4.
1.00 PM **FILM Shark Lake** Thriller starring Dolph Lundgren, Sara Malakul Lane and James Chalke. (2015, 15, 89min) ★★
3.00 **The Lost World** (S2)
4.00 **The A-Team** 9/25. (S3)
5.00 **Killer Wave** 1&2/4.
7.00 **The Lost World** (S2)
8.00 **The A-Team** 10/25. (S3)
9.00 **FILM Officer Down** Drama starring Stephen Dorff, Dominic Purcell and David Boreanaz. (2013, 15, 93min) ★★
11.05 **FILM Aftermath** Drama starring Scoot McNairy, Arnold Schwarzenegger and Maggie Grace. (2016, 15, 94min) ★★
1.00 **to 3.00** AM **FILM Officer Down** (2013)
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.35 **Auction Hunters**
8.00 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare** Mysteries.
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Secret Life of the Forest** Dalby Forest.
11.00 **Ben Fogle: New Lives in the Wild** From Ireland.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Documentary.
7.00 **Sue Perkins: Discovering Thailand** Sue visits Bangkok.
8.00 **Ben Fogle: New Lives in the Wild** Ben revisits Amanda Owen and her family at their farm in the Yorkshire Dales.
9.00 **Dalgliesh** *A Certain Justice:* Adam and Miskin attend the murder scene of Rita O'Keefe.
11.00 **Prisoner: Cell Block H**
1.00 AM **22 Kids & Counting**
3.00 **Secret Life of the Forest**
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Your Garden Made Perfect** From Benfleet.
3.00 **Fantasy Homes by the Sea** From Cornwall.
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Your Garden Made Perfect** In Manchester.
9.00 **My Lottery Dream Home** New editions Finding a dream home in Richmond, Texas. **9.30** A couple look for a home in Florida.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life** Part one of two. A mother and daughter, both of whose lives are in jeopardy.
6.00 **Dr Pimple Popper** Robert has thousands of bumps on his arms that Dr Lee has never seen.
7.00 **The Bad Skin Clinic** A team of experts help solve skin conditions.
8.00 **My 600lb Life**
12.00 M'T **Body Bizarre**
1.00 AM **Extreme Cheapskates**
2.00 **to 6.00** AM **My 600lb Life**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing** (S3)
11.00 **Blockbusters**
12.00 NOON **The Ren & Stimpy Show** (S3&4)
1.00 PM **Friends** (S6)
8.00 **Friends** 22/25. Elizabeth sneaks away with Ross. **8.30** 23/25. Phoebe helps Chandler pick an engagement ring. (S6)
9.00 **Michael McIntyre's Big Show** With Rylan.
10.00 **Whose Line Is It Anyway? USA** New edition
10.30 **Whose Line Is It Anyway? USA**
11.00 **8 Out of 10 Cats**
12.00 M'T **FILM Van Wilder: Party Liaison** Comedy starring Ryan Reynolds. (2001, 15, 93min) ★
1.45 AM **South Park** (S8)
3.35 **Reno 911!** 10/11. (S8)
3.55 **Key & Peele**
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** 2&3/14. (S4)
10.00 **Daria** (S3&4)
11.00 **Friends** 10–13/25. (S3)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 2/14. (S4)
3.00 **Daria** 2&3/13. (S4)
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Home Improvement**
8.00 **Last Man Standing** 7/22. Eve's friends steal her thunder. **8.30** 8/22. Vanessa redresses a mistake. (S3)
9.00 **Friends** (S3,4,5,6&7)
2.00 AM **Dara O Briain – Voice of Reason**
3.25 **Harry Hill Live – Sausage Time**
4.10 **The Comedy Central Chart Show**
4.15 **The Roast of Pamela Anderson**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Highway Cops**
11.00 **Nothing to Declare**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **New Amsterdam** (S5)
7.00 **Air Ambulance ER** The crew are pushed to their limits as they try to save a cardiac arrest victim.
8.00 **Stop, Search, Seize**
9.00 **Cop Squad**
10.00 **Stella** 9&10/10. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own: Mexican Road Trip** In Guadalajara.
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **Teen Mom: Young & Pregnant** Reality series.
6.45 **Teen Mom OG**
9.00 **Dallas Cowboys Cheerleaders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: On the Run**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK** Chloe has got insomnia and Amber's world is turned upside down once more.
8.00 **Catfish UK** Alex has been chatting to Matt for a year and thinks he could be the one.
9.00 **Skin A&E** Dermatologists treat patients for cysts.
10.00 **MTV Unplugged: Biffy Clyro**
11.00 **MTV Unplugged: Paul McCartney**
12.00 M'T **Behind the Music**
1.00 AM **True Life Crime UK**
2.00 **Ink Master**
2.45 **True Love or True Lies?**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Documentary.
5.00 **Building Off the Grid** A family build a three-storey house full of clever features.
6.00 **Border Control: Spain** A woman is accused of being a drug mule. **6.30** The Civil Guard uncover seven kilograms of cannabis in the back of a car.

9.00 Expedition Files

7.00 **Wheeler Dealers** Mike Brewer finally gets his hands on an Astra GTE, but spare parts are hard to come by.
8.00 **Gold Rush: White Water** Dustin risks the lives of his crew at a waterfall, but a mutiny changes the course of his season.
9.00 **Expedition Files** New edition A serial killer's descendant tells the truth about his death.
10.00 **Blowing Up History** Experts investigate Palmyra in the Syrian desert, and how its inhabitants survived.
11.00 **Border Control: Spain** Double bill of the series following the Security and Customs Services.
12.00 M'T **Moonshiners**
1.00 AM **Expedition Files**
2.00 **Blowing Up History**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A shark tank.
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Life at Vet University**
2.00 **Wild Dubai**
3.00 **Deadliest Sharks**
4.00 **My Cat from Hell** Jackson helps a good cat stand up to its two feline attackers.
5.00 **Animal Cops Philadelphia** The team rescue a cat stuck in a drain deep underground.
6.00 **Tanked** Brett and Wayde build a wrestling-themed tank.

11.00 Wild Mexico

7.00 **Pit Bulls & Parolees** Earl returns from rehab, and Lizzy rescues a dog after a confrontation with the owner who abandoned it.
8.00 **Insane Pools: Off the Deep End** Lucas creates a Mediterranean backyard resort with a Caribbean twist.
9.00 **Insane Pools: Off the Deep End** Lucas builds the ultimate jungle backyard, which includes a beach volleyball court.
10.00 **Alaska: Surviving the Last Frontier** Greg sets out on a mountain goat hunt despite never having fired a gun before.
11.00 **Wild Mexico** A look at the wildlife of the country.
12.00 M'T **Sharks of the Shadowlands** Behavioural patterns of sevengill sharks.
1.00 AM **Edge of Alaska**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Extreme China**
10.00 **Air Crash Investigation**
12.00 NOON **Lost Treasures of Rome** New edition Experts unearth truths about Nero's palace and Hadrian's wall.
1.00 PM **Colosseum: Rise and Fall**
2.00 **World War II: The Apocalypse**
3.00 **Secret Nazi Science**
4.00 **WW2's Biggest Wrecks: Drain the Oceans**
5.00 **Car S.O.S** Restoring a classic Japanese sports coupé.
6.00 **Nazi Megastructures**

5.00 Car SOS

7.00 **Air Crash Investigation** Experts investigate the crash of United Airlines Flight 173 in Oregon, in which 10 people died.
8.00 **Air Crash Investigation** A plane that crashed into a neighbourhood in Brazil after a nearly impossible failure.
9.00 **Airport Security: Rome** A DJ is hiding drugs in shower gel, and a doctored passport leads to possible human trafficking.
10.00 **Area 51: I Was There** Insiders reveal the work carried out at a secret military base and alleged UFO storage facility.
11.00 **Air Crash Investigation** A plane that crashed in 1961.
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Lords of War** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
7.00 **Salvage Kings**
8.00 **American Pickers**
9.00 **Pawn Stars** Documentary.
10.00 **Storage Wars** Four editions.
12.00 NOON **The UnXplained with William Shatner**
1.00 PM **Rust Valley Restorers**
2.00 **Mountain Men**
3.00 **Secrets in the Ice**
5.00 **What on Earth?** A possible smokescreen over North Korea.
6.00 **American Pickers** The Wolfe Brothers explore a massive, fortress-like warehouse.

8.00 Lost U-Boats of WWII

7.00 **Forged in Fire** The contestants attempt to make knives from old toys and recreate an iconic American blade.
8.00 **Lost U-Boats of WWII** Following the efforts to locate U-Boats sunk in the Caribbean Sea take an unexpected turn.
9.00 **Rome's Bloodiest Dynasty: Boudica's Revenge** The invasion of Boudica's settlement by Roman troops.
10.00 **8 Days That Made Rome** Focusing on events leading up to and after June 68AD, when Emperor Nero took his life.
11.00 **What on Earth?** As 5.00pm.
12.00 M'T **Strange Evidence** A deadly shockwave hurtles towards a terrified driver, and an alien signal rises from a deep ocean abyss.
1.00 AM **Lost U-Boats of WWII**
2.00 **Rome's Bloodiest Dynasty: Boudica's Revenge**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **The World at War**
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **The World at War** The Enola Gay drops the first atomic bomb on Hiroshima.
5.00 **Nazi Hunters** The search for Nazi war criminals.
6.00 **Antiques Roadshow** Fiona Bruce presents from Hatfield House, Hertfordshire.

8.00 Warbird Workshop

7.00 **Great American Railroad Journeys** Michael Portillo visits Yosemite National Park in California.
8.00 **Warbird Workshop** John Sparks and his team begin the task of reassembling an L39 Jet at St Athan in Wales.
9.00 **Porridge** Harris accidentally drops some stolen pills into Fletcher's midday cuppa. **9.40** Fletcher objects to having a third cellmate foisted upon him. **10.20** The inmates are shocked to discover there is a thief in their midst.
11.00 **Bangers & Cash** Dave picks up a Subaru Impreza and a Ford Escort RS Cosworth.
12.00 M'T **Abandoned Engineering** A devastated cliff-top ruin, an extraordinarily tall tower, and a heavy metal monster in a field.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Ultimate Cycling Show** New edition A guide to bike racing on the track, road and in the mountains.
8.00 **Shed and Buried**
9.00 **The Repair Shop** Amanda and Julie restore a beloved toy cat. **10.00** Amanda and Julie restore and revive a beloved childhood bear.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: Atlanta** Reality series.
10.00 **Say Yes... UK**
11.00 **Say Yes to the Dress**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Beauty Queen Murders**
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **The Murder of Gabby Petito: A Faking It Special**
1.00 AM **Faking It: Tears of a Crime**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** A single mother is discovered murdered in her home.
8.00 **Murder She Solved** Dedicated detective Pam Perrenoud brings a killer to justice after a 52-year-old nurse vanishes from her home.
9.00 **World's Most Evil Killers** A profile of the German serial killer and cannibal Joachim Georg Kroll.
10.00 **The Killer You Know** The brutal slayings of wealthy families leave investigators wondering who will benefit.
11.00 **Murder by the Sea**
1.00 AM **World's Most Evil Killers** As 9.00pm.
2.00 **The Killer You Know**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A forensic psychiatrist helps to distinguish fact from fiction. **4.30** Vital clues are gleaned from the body of a 16-year-old girl. **5.00** Investigating the case of a woman who fell from a cliff to her death. **5.30** A woman looks into the disappearance of her mother. **6.00** The truth about an elderly couple's murder is uncovered. **6.30** A street fight that took the life of a wrestling champion.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer Siblings**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **The Real Manhunter**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **What the Killer Did Next**
10.00 **Murder on the Doorstep**
11.00 **Britain's Most Evil Killers**
12.00 M'T **The Real Manhunter**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Teresa Kohnle.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **The Last Days of Anne Boleyn** Documentary.
9.55 **Treasures Decoded**
10.55 **Britain on Film with Tony Robinson**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **The Last Days of Anne Boleyn** Documentary.
2.55 **Treasures Decoded**
3.55 **Britain on Film with Tony Robinson**
5.00 **Grand Tours of the Scottish Islands**
5.40 **Hitler's Gold**
6.35 **The Last Days of Anne Boleyn** Documentary.
7.55 **Treasures Decoded**
8.55 **Britain on Film with Tony Robinson**
10.00 **Hitler's Gold**
11.00 **Treasures Decoded**
12.00 M'T **Britain on Film with Tony Robinson**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Civil War**
7.00 **Discovering: Clint Eastwood**
8.00 **The Directors**
9.00 **The Man Who Stole The Scream** Documentary.
11.00 **What's My Name: Muhammad Ali**
2.15 PM **Quad Gods**
4.00 **The Directors**
4.55 **Discovering: Clint Eastwood**
5.50 **The Mortician** 2/3. Allegations of abuse lead to David Sconce's arrest.
6.55 3/3. Members of the Lamb family are convicted of various crimes and while he is in prison, a murder charge is brought against David Sconce.
8.00 **100 Foot Wave** 4/5. Garrett McNamara reflects on his life and surfing.
9.00 **I Am Paul Walker** A profile of the *Fast and Furious* star.
10.50 **Stevie Van Zandt: Disciple**
1.40 AM **Italia 90: Four Weeks That Changed the World**
4.40 **My Icon: Rachel Yankey**
5.00 **to 6.00** AM **Discovering: Clint Eastwood**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Arctic Secrets**
7.00 **Monkey Life**
8.00 **Wildlife ER**
9.00 **Extreme Africa**
10.00 **Animals Like Us**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Nomads of the Serengeti** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife ER**
3.00 **Extreme Africa**
4.00 **Animals Like Us**
5.00 **Secret Life of the Koala**
6.00 **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand**
9.00 **Bugs That Ruled The World** A look at how bees, butterflies, moths and other pollinators keep the fields fruitful.
10.00 **Nomads of the Serengeti**
11.00 **Secret Life of the Koala**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ocean Parks**
2.00 **Wildlife Rescue New Zealand**
3.00 **Bugs That Ruled The World**
4.00 **Wildlife ER**
5.00 **to 11.00** AM **Extreme Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Medieval Dead**
9.00 **Weird Britain**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **Medieval Dead**
2.00 **Weird Britain**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **Cracking the Code**
6.00 **Celts: The Untold Story**
7.00 **What on Earth?** Exploring unexplained phenomena.
8.00 **Ghost Ships** Salvage diver Tony Sampson and his team dive in search of SS *Clare Lilley*.
9.00 **Ross Kemp: Mafia and Britain** How the Spanish coast became a safe haven for the mafia and criminal masterminds.
10.00 **WWII Lost Films** A look at how the Allies prepared for the invasion of France in 1944.
11.00 **Secret Wars Uncovered**
12.00 M'T **Ancient Aliens**
2.00 AM **Alien Files: Unsealed**
3.00 **Truthseekers**
4.00 **Secrets of the Lost Liners**
5.00 **to 6.00** AM **Cracking the Code**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Ben Geen.
3.00 **Murdertown** Focusing on the 2011 murder of Adam Vincent.
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Fugitives Caught on Tape** New editions Double bill.
10.00 **Undercover: Caught on Tape**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Murder By Medic**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa Wild Sides**
9.00 **Monster Fish**
10.00 **Savage Kingdom: Uprising**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Lapland**
3.00 **Winter's Hidden Wonders**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon and Siouxsie try to catch a cat killer.
7.00 **Critter Fixers: Country Vets** A goose has bone surgery.
8.00 **Africa's Hunters** A pride of lions face a leadership challenge, putting the current dominant males under pressure to defend their position.
9.00 **The Wild Sides**
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Secret Science of the Secret Service** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Secret Science of the Secret Service** An investigation into America's mysterious law enforcement agency.
9.00 **Ancient Unexplained Files** Archaeologists use state-of-the-art digital technology to uncover the truth behind a cave wall in Nottinghamshire.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Secret Army**
1.40 PM **Secret Army**
8.40 **Secret Army** *Growing Up:* 6/16. The discovery of an injured airman by a Belgian boy puts more than Lifeline at risk.
9.50 *Lost Sheep:* 7/16. An Allied plane is shot down and the sole survivor of the crash, a British navigator, is sheltered by an expatriate Englishman – but soon discovers his host has divided loyalties.
11.00 *Guilt:* 8/16. Curtis looks into a case of betrayal, but Lifeline become suspicious.
12.10 AM *Too Near Home:* 9/16. Yvette is arrested in France, leaving Lifeline without a leader and verging on collapse.
1.20 *Identity in Doubt:* 10/16. Members of Lifeline refuse to trust an airman, so he takes desperate measures. (S1)
2.30 **Secret Army** 6-8/16. (S1)
5.25 **to 6.00** AM **The Bill** An agoraphobic old lady thinks her neighbours are being burgled.

+1 hour 266 376

ID

154 141 166

8.00 AM **Til Death Do Us Part**
9.00 **Broken Trust**
10.00 **Shattered**
11.00 **To Catch a Killer**
1.00 PM **Evil Lives Here: Shadows of Death** Double bill.
3.00 **Swamp Murders**
5.00 **Forbidden: Dying for Love**
6.00 **Love Kills** The case of Chance Podniestrzanski and Danielle Baker, who robbed banks throughout Indiana and Kentucky alongside home burglaries and other break-ins.
7.00 **Murder in the Heartland** The murder of Tray Phelps.
8.00 Focusing on the disappearance of Bo Kirk.
9.00 **Murder Under the Friday Night Lights** Cheer captain Tristyn Bailey goes missing.
10.00 **Seduced to Slay**
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Obsession: Dark Desires**
2.00 AM **Forbidden: Dying for Love**
3.00 **Love Kills**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle Rides** A brand new Norton Domiracer takes Henry along the A-roads of East Anglia.
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** Double bill.
10.00 **British Superbikes** Action from round three at Knockhill.
11.00 **Shed and Buried**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Wrench'd**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Home Delivery** (2023)
8.20 **Piece By Piece** As 4.35pm.
10.00 **Gladiator II** (2024)
12.40 PM **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
2.35 **Salem's Lot** As 12.55am.
4.35 **Piece By Piece** Animation featuring the voice of Pharrell Williams. (2024, PG, 94min)
6.15 **The Luckiest Man in America** Drama with Paul Walter Hauser. (2024, 15, 90min) ★★★★

8.00 Gladiator II

8.00 Gladiator II Ridley Scott's epic historical drama sequel starring Paul Mescal, Pedro Pascal and Denzel Washington. The son of Maximus Decimus Meridius enters the Colosseum in an attempt to bring glory back to Rome. (2024, 15, 148min) ★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Joker: Folie à Deux Musical thriller starring Joaquin Phoenix. Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★
3.05 **The Front Room** Horror thriller. (2024, 15, 94min)
4.55 **Sky Cinema Preview**
5.25 **to 7.10** AM **Home Delivery** Comedy. (2023, 15, 86min)

Sky Cinema Jurassic Park

303 303 403 503 517

6.00 AM **Jurassic Park** As 4.30pm.
8.10 **The Lost World: Jurassic Park**
10.20 **Jurassic Park III** As 8.50pm.
11.55 **Jurassic World** As 10.25pm.
2.05 PM **Jurassic World: Fallen Kingdom** As 12.35am.
4.15 **The Cinema List: Jurassic**
4.30 **Jurassic Park** Steven Spielberg's monster thriller. (1993, PG, 127min) ★★★★★
6.40 **The Lost World: Jurassic Park** Monster thriller sequel. (1997, PG, 129min) ★★★

4.30 Jurassic Park

8.50 Jurassic Park III Monster thriller sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Jurassic World Monster thriller sequel starring Chris Pratt. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Jurassic World: Fallen Kingdom** Thriller sequel. (2018, 12, 128min) ★★★
2.50 **Jurassic Park** As 4.30pm.
5.05 **to 7.15** AM **The Lost World: Jurassic Park** As 6.40pm.

Sky Cinema Pride

310 310 410 510 524

6.00 AM **Cicada** As shown at 1.10pm.
7.40 **Chuck Chuck Baby** As 4.40pm.
9.30 **Problemista** As 5.45am.
11.20 **Beach Rats** As 11.15pm.
1.10 PM **Cicada** Drama with Matthew Fifer. (2020, 15, 96min) ★★★★
2.50 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★
4.40 **Chuck Chuck Baby** Musical drama starring Louise Brealey. (2023, 15, 101min) ★★★★
6.30 **Rurangi** Drama with Elz Carrad. (2020, 15, 87min) ★★★★
8.00 **A Nice Indian Boy** Comedy with Karan Soni and Jonathan Groff. (2024, 12, 96min)
9.45 **Am I OK?** Comedy drama with Dakota Johnson and Sonoya Mizuno. Two lifelong pals face a test of friendship when one of them embarks on a personal journey. (2022, 15, 86min) ★★★
11.15 **Beach Rats** Powerful drama starring Harris Dickinson. (2017, 15, 98min) ★★★
12.55 AM **Mascarpone** Italian comedy drama. Subtitled. (2021, 15, 101min) ★★★
2.55 **Carmen & Lola** Drama. (2018, 18, 120min) ★★★
4.45 **Sky Cinema Preview**
5.45 **to 7.45** AM **Problemista** Comedy. (2024, 15) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

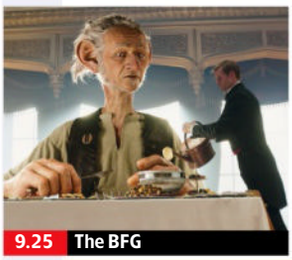
7.45 AM **Night Swim** As 2.00am.
9.30 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
11.35 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
1.25 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.35 **The Woman in Black: Angel of Death** Horror chiller sequel. (2014, 15, 95min) ★★★
5.30 **Ready Player One** Steven Spielberg's fantasy starring Tye Sheridan and Olivia Cooke. (2018, 12, 140min) ★★★★
8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. (2023, 15, 109min) ★★
9.55 **The Birds** Alfred Hitchcock's classic horror starring Tippi Hedren and Rod Taylor. Thousands of birds suddenly start attacking people in a California town for no apparent reason. (1963, 15, 118min) ★★★★★
12.00 M'T **The Frighteners** Horror comedy. (1996, 15, 110min) ★★★
2.00 AM **Night Swim** Horror. (2024, 15, 98min) ★
3.45 **I.S.S** Sci-fi drama starring Ariana DeBose. (2023, 15, 95min) ★★★
5.35 **to 7.25** AM **Aeon Flux** Sci-fi thriller. (2005, 15, 93min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★
8.40 **The SpongeBob SquarePants Movie** (2004, U) ★★★★
10.20 **Hook** Fantasy. (1991, U) ★★★
12.45 PM **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
2.25 **Muppets from Space** Comedy. (1999, U, 85min) ★★★
4.00 **Journey to the Center of the Earth** Fantasy. (2008, PG) ★★
5.40 **Journey 2: The Mysterious Island** (2012, PG) ★★★



9.25 The BFG

7.20 **Charlie and the Chocolate Factory** Tim Burton's fantasy based on Roald Dahl's story, starring Freddie Highmore and Johnny Depp. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **The BFG** Fantasy adventure starring Mark Rylance and Ruby Barnhill. An orphaned girl befriends a benevolent giant, who takes her off to a magical land. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Big Fat Liar** Teen comedy starring Frankie Muniz. (2002, PG, 88min) ★★★
1.05 AM **Daddy Day Camp** Family comedy sequel starring Cuba Gooding Jr and Paul Rae. (2007, PG, 88min) ★★
2.45 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
4.25 **to 6.10** AM **Look Who's Talking Now** Family comedy sequel. (1993, 12, 95min) ★

Sky Cinema Action

307 307 407 507 521

7.05 AM **Seeking Justice** (2011)
8.55 **Hellboy** As 12.20am.
11.10 **The Mummy** Adventure. (1999, 15, 124min) ★★★★
1.20 PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
3.30 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith. (2024, 15, 115min) ★★★
5.30 **PREMIERE Gladiator II** Ridley Scott's historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★

8.00 Wonder Woman

8.00 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With Connie Nielsen, Robin Wright, Danny Huston and David Thewlis. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **R.I.P.D** Action comedy fantasy starring Jeff Bridges, Ryan Reynolds and Kevin Bacon. (2013, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Hellboy** Comic-book horror starring Ron Perlman. (2004, 12, 122min) ★★★★
2.35 **Seeking Justice** Action thriller starring Nicolas Cage. (2011, 15, 104min) ★★
4.25 **to 6.10** AM **The Hand of Death** Hong Kong thriller starring Jackie Chan. Subtitled. (1976, 15, 95min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **We're No Angels** (1954)
9.05 **Bowfinger** Comedy. (1999, 12, 97min) ★★★★
10.50 **The 4:30 Movie** Comedy. (2024, 15, 88min) ★★★
12.25 PM **Sixteen Candles** Comedy. (1984, 12, 89min) ★★★
2.05 **Baywatch** Action comedy. (2017, 15, 121min) ★★
4.15 **The Terminal** As 5.10am.
6.30 **Ace Ventura Pet Detective** Comedy sequel with Jim Carrey. (1993, 12, 89min) ★★★★

6.30 Ace Ventura Pet Detective

8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey. Pet detective Ace Ventura searches for a sacred white bat in Africa. With Ian McNeice. (1995, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **We're No Angels** Comedy with Humphrey Bogart, Peter Ustinov and Aldo Ray as a trio of soft-hearted convicts on the run from Devil's Island. (1954, U, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **48 Hrs** Comedy thriller with Nick Nolte and Eddie Murphy. (1982, 15, 97min) ★★★★★
1.20 AM **The Big Lebowski** Comedy thriller starring Jeff Bridges and John Goodman. (1998, 18, 117min) ★★★★★
3.25 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
5.10 **to 7.25** AM **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks. (2004, 12, 129min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Along Came a Spider**
9.05 **Naked Singularity** Crime comedy starring John Boyega. (2021, 15, 93min) ★★★
10.55 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
1.35 PM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
3.30 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
5.50 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★

10.25 K-19: The Widowmaker

8.00 **Public Enemies** Gangster biopic starring Johnny Depp as 1930s bank robber John Dillinger, whose freewheeling crime spree across America's Midwest during the Depression turned him into a folk hero. With Christian Bale and Marion Cotillard. (2009, 15, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **K-19: The Widowmaker** Cold War thriller based on real events, with Harrison Ford and Liam Neeson. (2002, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Barber** Mystery starring Aidan Gillen and Gary Lydon. (2023, 15, 90min) ★★★
2.25 **Along Came a Spider** Thriller starring Morgan Freeman. (2001, 15, 103min) ★★★
4.15 **to 6.10** AM **Greedy People** Comedy thriller with Himesh Patel and Joseph Gordon-Levitt. (2024, 15, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Against the Wind** Thriller. (1947, b/w, PG, 92min) ★★★★
12.55 PM **The Bedford Incident** Thriller. (1965, b/w, PG) ★★★
3.00 **Outcast of the Islands** Tropical adventure. (1951, b/w, PG, 102min) ★★★
5.05 **They Rode West** Western. (1954, U, 97min) ★★
6.45 **G.I. Joe: The Rise of Cobra** Adventure with Dennis Quaid. (2009, 12, 113min) ★★★

6.45 GI Joe: The Rise of Cobra

G.I. Joe: The Rise of Cobra (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The 355** Thriller starring Jessica Chastain. When a top-secret weapon falls into mercenary hands, a CIA agent joins forces with three international agents to retrieve it. With Penélope Cruz, Lupita Nyong'o and Diane Kruger. (2022, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Red Sparrow** Thriller starring Jennifer Lawrence. A ballerina is recruited to a Russian intelligence service, where she is forced to use her body as a weapon. With Joel Edgerton. (2018, 15, 134min) ★★★
2.10 **to 4.00** AM **Event Horizon** Sci-fi horror starring Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

7.15 AM **Chuck Chuck Baby** (2023)
9.10 **The Great Escaper** Drama. (2023, 12, 96min) ★★★★
11.00 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
2.00 PM **Dunkirk** War drama. (2017, 12, 106min) ★★★★★
4.00 **Star Trek: First Contact** Sci-fi adventure with Patrick Stewart. (1996, 12, 110min) ★★★★

6.00 **Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. (1985, PG, 115min) ★★★★★
8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
9.40 **The Lord of the Rings: The Return of the King** Epic fantasy adventure starring Elijah Wood. (2003, 12, 201min) ★★★★★

1.00 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
3.30 **Promising Young Woman** Thriller starring Carey Mulligan. (2020, 15, 113min) ★★★★
5.30 **to 7.25** AM **Chuck Chuck Baby** Drama starring Louise Brealey. (2023, 15, 101min) ★★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Young Guns II: Blaze of Glory** Western sequel. (1990, 15, 104min) ★★★
7.50 **The Sons of Katie Elder** Western. (1965, U, 122min) ★★★
9.55 **Two Mules for Sister Sara** Comedy Western adventure. (1969, 15, 114min) ★★★
11.50 **High Noon** Vintage Western. (1952, b/w, U, 85min) ★★★★★
1.20 PM **Far and Away** As 10.45pm.

3.40 **Sabrina** As shown at 1.05am.
5.35 **The Great Gatsby** F Scott Fitzgerald's melancholy tale of a rich bootlegger and his romantic obsession with a woman from his past. Stars Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★
8.00 **Out of Africa** Romantic epic about the affair between a Danish aristocrat and an English adventurer in East Africa, starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★

10.45 **Far and Away** Romantic epic starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
1.05 AM **Sabrina** Billy Wilder's comedy starring Humphrey Bogart and Audrey Hepburn. (1954, b/w, U, 113min) ★★★★
3.05 **to 6.00** AM **Out of Africa**

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Fox and Hare Save the Forest** (2024, U) ★★★
7.30 **The Lego Movie 2: The Second Part** (2019, U) ★★★★
9.25 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
11.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
12.35 PM **The Nut Job** Animated comedy. (2014, U, 85min) ★★★

2.10 **Transformers One** Animation. (2024, PG, 104min) ★★★★
4.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
5.30 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.00 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
8.30 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
10.10 **Megamind vs The Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★

11.40 **DC Super Hero Girls: Legends of Atlantis** Animated adventure. (2018, PG, 75min) ★★★
1.00 AM **Noah's Ark** (2024, U) ★★★
2.45 **Mavka: The Forest Song** Animation. (2023, PG) ★★
4.30 **to 6.00** AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★

Movies 24

312 313 419

7.00 AM **The Attraction Test** Comedy. (2022, PG, 85min) ★★
9.00 **Love in the Limelight** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Campfire Romance** Romantic comedy drama. (2022, PG, 90min) ★★
3.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★

5.00 **The Professional Bridesmaid** Drama. (2023, PG, 90min) ★★
7.00 **Luckless in Love** Romantic comedy drama starring Paniz Zade. A blogger's career takes off after a piece about a bad date, forcing her to keep seeing the man for her career's sake. (2023, PG, 86min) ★★
9.00 **Signed, Sealed, Delivered: A Tale of Three Letters** Drama. (2024, PG, 90min) ★★
11.00 **Napa Ever After** Romantic drama. (2023, PG, 90min) ★★

1.00 AM **Blind Date Book Club** Romantic drama starring Erin Krakow. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Riverside Murder** Drama. (1935, b/w, PG) ★★★
7.15 **Scarlet Thread** Crime drama. (1951, b/w, PG, 85min) ★★
8.45 **River Patrol** Crime drama. (1948, b/w, PG, 48min) ★★★
9.45 **The End of the Line** Drama. (1957, b/w, PG, 80min) ★★
11.05 **Crooks in Cloisters** Crime caper. (1963, U, 97min) ★★★
1.05 PM **What's On TPTV with Noel**

1.20 **An Honourable Murder** Drama. (1960, b/w, U, 69min) ★★★
2.40 **Lydia** Romantic drama. (1941, b/w, PG, 90min) ★★
4.35 **Invasion** Sci-fi thriller. (1966, b/w, PG, 90min) ★★
6.15 **Hobson's Choice** Comedy. (1953, b/w, U, 107min) ★★★★
8.25 **Strange But True**
9.05 **Doomwatch** 1/13. (S1)
10.10 **The Monster** Horror with Joan Collins. (1975, 18, 95min) ★★
12.05 AM **The Black Hole** Adventure. (1979, PG, 97min) ★★★

1.55 **10 Little Indians** Agatha Christie murder mystery. (1965, b/w, 12, 95min) ★★
3.40 **The Cat Burglar** Drama. (1961, PG, 65min) ★★★
5.00 **A Lifetime Ago with The Baim Collection**
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 27 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **LIVE Formula 1** Coverage of the Austrian Grand Prix first practice session at Red Bull Ring in Spielberg.
1.55 PM **LIVE Formula 3** Coverage of the Austrian Grand Prix qualifying session staged at Red Bull Ring in Spielberg.
2.40 **Antonelli and Bottas in the Desert** With Kimi Antonelli.
2.50 **LIVE Formula 2** The Austrian Grand Prix qualifying session from Red Bull Ring in Spielberg.
3.35 **LIVE Formula 1** The Austrian Grand Prix second practice session at Red Bull Ring in Spielberg.
5.15 **The F1 Show** A preview of the Austrian Grand Prix in Spielberg.
6.15 **LIVE PGA Tour Golf** Coverage from the second day of the Rocket Classic at the Detroit Golf Club in Michigan.
11.00 **LIVE US Seniors Tour Golf** Day two of the US Senior Open staged at the Broadmoor Golf Club in Colorado Springs, Colorado.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Birmingham City v Aston Villa from 2002.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Action from Bournemouth v Wolverhampton Wanderers.
5.30 Brentford v Bournemouth.
6.00 Highlights of Brentford v Brighton & Hove Albion.
6.30 Brentford v Ipswich Town.
7.00 Brentford v Leicester City.
7.30 Brentford v Liverpool.
8.00 **Gary Neville's Soccerbox** With guest Dimitar Berbatov.
8.30 With Alan Shearer.
9.00 **PL Special: The Centurions**
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2017/18**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2017 final.
12.00 NOON **EFL** The 22/23 play-offs.
3.00 PM **EFL Greatest Games**
4.00 **Championship Retro**
6.00 **EFL** Action from Derby County v Aston Villa in the 2018/19 Championship play-off final.
7.00 Charlton Athletic v Sunderland in the 2018/19 League One play-off final.
8.00 Newport County v Tranmere Rovers in the 2018/19 League Two play-off final.
9.00 **EFL Greatest Games** Aston Villa v Nottingham Forest from the 2018/19 season.
9.15 Aston Villa v Leeds United from the 2018/19 season.
9.30 Aston Villa v Sheffield United in the 2018/19 season.
9.45 Leeds United v Derby County from the 2018/19 season.
10.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
12.00 M'T **EFL Cup Retro** Manchester City v Liverpool from 2016.
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **International T20 Cricket**
10.30 **Ashes Greats** Player profiles.
11.00 **Best of England v India**
12.30 PM **Best of England v Windies**
1.00 **One-Day International Cricket**
2.00 **Women's One-Day International Cricket**
5.00 **Test Cricket** Action from day one of the first Test in the five-match series between England and India.
6.00 Day two of the first Test between England and India staged at Headingley Cricket Stadium.
7.00 Day three of the first Test between England and India.
8.00 **Test Cricket** Day four of the first Test between England and India at Headingley Cricket Stadium.
9.00 The fifth and final day of the first Test in the five-match series between England and India from Headingley Cricket Stadium.
10.00 **One-Day International Cricket** England v West Indies in the first ODI at Edgbaston, Birmingham.
11.00 England v West Indies in the second ODI at Sophia Gardens.
12.00 M'T **International T20 Cricket** A replay of England v West Indies.
4.30 AM **Ashes Greats** Player profiles.
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Legends Tour Golf**
7.00 **PGA Tour Golf** Rocket Classic.
10.00 **HotelPlanner Tour Golf**
10.30 **Ladies European Tour Golf**
11.30 **Rose Ladies Series**
12.00 NOON **HotelPlanner Tour Golf**
12.30 PM **LIVE DP World Tour Golf** The second day of the Italian Open.
5.30 **LIVE PGA Tour Golf** The second day of the Rocket Classic.
11.00 **LIVE US Seniors Tour Golf** Day two of the US Senior Open.
2.00 AM **HotelPlanner Tour Golf**
2.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
3.00 **DP World Tour Golf**
4.00 **PGA Tour Golf** Rocket Classic.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **LIVE WTA Tennis** The Bad Homburg Open semi-finals.
2.30 PM **LIVE WTA & ATP Tennis** Coverage of the latest events.
4.00 **LIVE ATP Tennis** The semi-finals of the Mallorca Championships.
4.30 **ATP Tour This Week**
5.00 **LIVE ATP Tennis** Further coverage of the semi-finals of the Mallorca Championships in Spain.
7.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **ATP 2024 Best of Jack Draper**
2.15 **Bitesize Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

5.15 AM **LIVE Test Cricket Sri Lanka v Bangladesh.** Day three of the second Test in the two-match series at Sinhalese Sports Club Cricket Ground in Colombo.
1.30 PM **TNT Sports Cricket Reload**
1.45 **Test Cricket Highlights** Action from West Indies v Australia.
2.45 **LIVE Test Cricket West Indies v Australia.** Coverage of day three of the first Test in the three-match series at Kensington Oval in Bridgetown, Barbados.
11.00 **Test Cricket Highlights** The third day of the second Test in the two-match series between Sri Lanka and Bangladesh in Colombo.
12.00 M'T **MotoGP** Action, news and reactions from the first day of the Grand Prix of Netherlands.
12.30 AM **Gallagher Premiership Rugby Union** Season review.
2.30 **World Rally Championship**
3.00 **MotoGP** From the Netherlands.
3.30 **TNT Sports Reload**
4.00 **to 7.00** AM **LIVE AFL Gold Coast Suns v Melbourne.** Coverage of the match from People First Stadium on the Gold Coast in Queensland, Australia. Bounce-up **4.20am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **British Superbikes**
7.00 **MotoGP Highlights**
8.00 **LIVE MotoGP** The Grand Prix of Netherlands MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP Rewind**
12.15 PM **LIVE MotoGP** The Grand Prix of Netherlands MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **MotoGP Rewind**
4.00 **LIVE MotoE** The Grand Prix of Netherlands qualifying sessions.
4.45 **British Superbikes Rewind**
5.00 **NBA on Fire** The latest news.
5.30 **MLB: Off the Bat**
6.00 **Tom Aspinall's Fight Lab**
6.30 **LIVE IFSC Climbing World Cup** The women's bouldering final in Innsbruck, Austria.
9.00 **MotoGP** From the Netherlands.
9.30 **Premiership Rugby Union**
11.30 **MLB: Off the Bat**
12.00 M'T **The Ultimate Cycling Show**
1.00 AM **LIVE MLB Kansas City Royals v Los Angeles Dodgers.** Inter-league match at Kauffman Stadium. Start-time **1.10am**.
4.15 **MLB: Off the Bat**
4.45 **TNT Sports Reload**
5.00 **World Rally Championship**
5.30 **to 6.00** AM **MotoGP**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Two bout replays.
8.00 **Undisputed: The Story of Shields v Marshall**
9.00 **Fight Night** Avanesyan v Taylor.
10.00 **Undisputed: The Story of Shields v Marshall**
11.00 **Fight Night** Two bout replays.
1.00 PM **Good Morning Football**
3.00 **Fight Night** Petitjean v Azim.
4.00 **Fight Night International**
5.00 **Fight Night** Amir Khan v Kell Brook from February 2022.
6.00 **British and Irish Lions Tour**
7.00 **NFL Bitesize Highlights**
7.30 **LIVE Super League Leeds Rhinos v Leigh Leopards.** The match from the 16th round of fixtures at AMT Headingley Stadium. Kick-off **8.00pm**.
10.15 **British and Irish Lions Tour** The warm-up match between British & Irish Lions and Argentina from Aviva Stadium in Dublin.
11.15 **Lions Legends** Profiles.
11.45 **Rugby Union Retro**
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
3.45 **State of Origin Rugby League**
4.00 **NFL Bitesize Highlights**
5.00 **to 6.00** AM **Undisputed: The Story of Shields v Marshall**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans** Views on today's early stories.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **LIVE WTA & ATP Tennis** Coverage of the WTA and ATP Tours, featuring the ATP Mallorca Championships and the WTA Bad Homburg Open.
4.00 **LIVE LPGA Tour Golf** Coverage of day two of the Dow Championship staged at Midland Country Club in Midland, Michigan.
7.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus interviews with the headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see night eight of the tournament at Utilita Arena Newcastle, with a format featuring quarter-finals, semi-finals and a final all in one night.
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Formula 1** Austrian Grand Prix.
9.00 **Legends Tour Golf**
10.00 **PGA Tour Champions**
11.00 **Best of England v India**
12.30 PM **Best of England v Windies**
1.00 **PDC Classics** Archive action.
2.00 **LIVE Ladies European Tour Golf** The second day of the Amundi German Masters.
5.00 **F1 Press Conference**
5.30 **PGA Tour Champions**
6.30 **Women's PGA Championship**
7.30 **Lionesses: How Football Came Home** Documentary.
9.00 **WTA & ATP Tennis** Action from the S-Hertogenbosch Open finals.
11.00 **PDC Classics** Archive action.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Bout replays.
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

7.30 AM **Sign Up – Into Football**
8.15 **LIVE World Rally Championship** Rally Greece.
10.15 **WRC Review** Rally Greece.
11.15 **ABB FIA Formula E World Championship Highlights**
12.15 PM **LIVE World Rally Championship** Rally Greece.
1.30 **WRC Review** The latest action.
2.30 **TNT Sports Reload**
2.45 **LIVE World Rally Championship** Rally Greece.
3.45 **ABB FIA Formula E World Championship Highlights**
4.45 **Discovery Golf** The latest news.
5.15 **LIVE World Rally Championship** The Acropolis Rally Greece special stage seven.
6.15 **V8 Supercars Highlights**
8.15 **The Ultimate Cycling Show**
9.15 **Cycling** The Men's Giro d'Italia.
10.15 **World Rally Championship**
10.45 **Reframe the Game** Carol Glenn.
11.00 **UFC** Highlights and features.
4.15 **to 5.15** AM **Test Cricket**

TNT Sports 4

414 416 524 411 434

6.00 AM **Fishing: On the Bank**
7.00 **FIM Speedway Grand Prix**
8.00 **British Speedway**
9.00 **Test Cricket Highlights**
10.00 **Discovery Golf** The latest news.
10.30 **LIVE AFL Sydney Swans v Western Bulldogs.** Coverage of the match from Sydney Cricket Ground. Bounce-up **10.40am**.
1.30 PM **MLB Highlights**
2.30 **NBA Action** Highlights.
3.00 **Powerlifting World Classic Championship** Action from the event in Chemnitz, Germany.
4.00 **Lomu: The Lost Tapes**
5.30 **Unbreakable: England 2003**
7.00 **Discovery Golf** The latest news.
7.30 **AFL** Another chance to see Sydney Swans v Western Bulldogs.
9.00 **Miracle of Istanbul** A look back at Liverpool's famous comeback in the 2005 Champions League final.
10.00 **Spanish Women's Liga F**
3.00 **to 6.00** AM **Motocross World Championship**

Premier Sports 1

419 551

6.00 AM **Motorsport Highlights**
8.00 **PSA Squash Highlights**
9.00 **NASCAR Highlights**
10.00 **World Surf League**
11.00 **Scottish Rally Championship**
11.30 **Ultimate Karting Championship**
12.30 PM **Motorsport** Le Tour Auto.
1.00 **FIA World Endurance Championship** From Le Mans.
2.00 **FIM Sidecarcross**
3.00 **UK Independent Kart Racing**
4.30 **World Surf League**
5.30 **Women's Football Weekly**
6.00 **PSA Squash Highlights**
7.00 **Desafio China by La Vuelta**
8.00 **LaLiga Highlights**
9.00 **FIA World Endurance Championship** From Le Mans.
10.00 **Ultimate Karting Championship**
11.00 **FIM Sidecarcross** From Gdansk.
12.00 M'T **World Surf League**
1.00 AM **Desafio China by La Vuelta**
2.00 **Motorsport** Drew Gibson.
3.00 **Transworld Sport** Magazine.
4.00 **to 6.00** AM **British Minibikes**

Premier Sports 2

420 552

6.00 AM **Copa Del Rey** Barcelona v Real Madrid in this year's final.
9.00 **FastZone** Motorsports highlights.
9.30 **Temples of Sport**
10.00 **Major League Cricket**
2.00 PM **Bike World** Magazine.
2.30 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
5.30 **Champions Cup** Northampton Saints v Bordeaux Begles.
7.50 **LaLiga Match Highlights** Action from Girona v Atlético Madrid.
8.00 **Major League Cricket** Los Angeles Knight Riders v Washington Freedom.
12.00 M'T **Football's Greatest** The finest players in history discuss their careers.
12.30 AM **German Cup** Arminia Bielefeld v VfB Stuttgart.
2.50 **LaLiga Match Highlights** Action from Barcelona v Real Madrid.
3.00 **Temples of Sport**
3.30 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Highlights.
8.00 **F1 Features**
8.50 **LIVE Formula 3** The Austrian Grand Prix practice session.
9.45 **F1 Features**
10.00 **LIVE Formula 2** The Austrian Grand Prix practice session.
11.00 **F1 Features**
12.00 NOON **LIVE Formula 1** Austrian Grand Prix first practice session.
1.55 PM **LIVE Formula 3** The Austrian Grand Prix qualifying session.
2.40 **F1 Features**
2.50 **LIVE Formula 2** The Austrian Grand Prix qualifying session.
3.35 **LIVE Formula 1** Austrian Grand Prix second practice session.
5.15 **F1 Features**
7.15 **Formula 1** Austrian Grand Prix.
9.45 **The F1 Show**
10.45 **F1 Features**
11.00 **Formula 1** Austrian Grand Prix.
1.30 AM **F1 Features**
3.00 **to 6.00** AM **The Home of F1**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

The Next Step

BBC iPLAYER

Weekdays, 6.25pm, CBBC & BBC iPlayer

The reality-style dance series returns for a tenth and final series, and A-Troupe are facing their biggest challenge yet. They're still riding high after victory at Internationals, but a change in the rules means that they need to re-qualify for the competition in order to defend their title.

Added to that is the fact that the studio is struggling financially – so when a group of elite rival dancers challenge A-Troupe to a mysterious competition, with a cash prize, could this be the way to save the studio?

Sonic the Hedgehog 3

Available from Wednesday, Paramount+

In this third movie outing for the blue blur, Sonic (voiced by Ben Schwartz) is forced to call on the assistance of Dr Ivo Robotnik (played by a brilliantly over-the-top Jim Carrey) to battle a dark version of Sonic, named Shadow – voiced by none other than *John Wick* actor Keanu Reeves.

Knuckles the Echidna (Idris Elba) and Tails the Fox (Colleen O'Shaughnessy) are also on hand to help bring down Shadow and save the world from destruction.

More shows to watch this week ...and in 2026!

CBeebies Bedtime Stories at Glastonbury

Available now, BBC iPlayer

We can look forward to a Glasto star reading us a story on Friday. Ahead of that, check out past stories from the likes of Guy Garvey on iPlayer.

Blue Peter

NEW

Friday, 5pm, CBBC & BBC iPlayer

The team present a special football episode, ahead of the Women's Euros kicking off in Switzerland on Wed 2 July. The Lionesses are gearing up to defend the title that they memorably won in 2022.

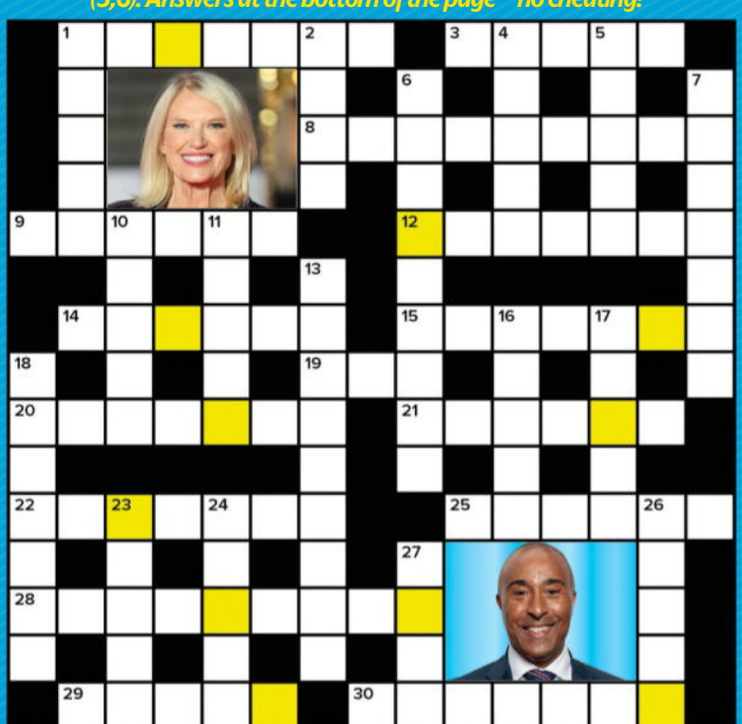
My Friend Maisy

Coming to Sky Kids in 2026

Exciting news! A brand new animated series featuring Maisy Mouse, the character created by writer and illustrator Lucy Cousins, is in the works, and is due to hit our screens sometime next year .

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a late English actor (5,6). Answers at the bottom of the page – no cheating!



ACROSS

1 Classic ITV police drama that ended in 2010 (3,4)
3 Singing sister of Donny Osmond (5)
8 ---------- *the Great*, period TV drama starring Dame Helen Mirren and Jason Clarke (9)
9 See picture clue: ------ Rice, presented C4's *Treasure Hunt* (6)
12 2013 Sia hit, -------- *Heart* (7)
14 1988 movie starring Phil Collins as a Great Train Robber (6)
15 *Bo'* --------!, Leigh Francis' sketch show shown on C4 (7)
19 Model, --- Herzigová (3)
20 Spielberg war film released in 1998, *Saving* -------- *Ryan* (7)
21 Ex-Pussycat Dolls singer, ------ Scherzinger (6)
22 Children's TV series featuring Bungle, Zippy and George (7)
25 Jennifer Garner's role in spy drama *Alias*, ------ Bristow (6)
28 *Calling* ---------- *of Interplanetary Craft*, 1977 Carpenters hit (9)
29 1989-2006 BBC children's series set in Newcastle, ----- *Grove* (5)
30 English comedian married to Morwenna Banks, David -------- (7)

DOWN

1 Canadian country singer-songwriter, Shania ----- (5)
2 ---- Beaumont, British comedian and actor (4)
4 ----- Chung, TV host (5)
5 Comedy travel series with Karl Pilkington, *An* ------ *Abroad* (5)
6 Barbra ----------, American singer, actor and director (9)
7 *Dynasty* and *Corrie* actor, Stephanie -------- (7)
10 Played the Fifteenth Doctor in *Doctor Who*, ------ Gatwa (5)
11 *Strictly Come Dancing* pro dancer, ------ Jones (5)
13 Medical sitcom starring Tamsin Greig and Stephen Mangan (5,4)
16 ------ Turner, Plays Stacey Slater in BBC1 soap *EastEnders* (5)
17 See picture clue: Athlete and *Dancing on Ice* star, ------ Jackson (5)
18 Role played by Johnny Depp in the *Pirates of the Caribbbean* films, Captain Jack -------- (7)
23 Scratchy's cartoon-mouse nemesis in *The Simpsons* (5)
24 ------ di Marco, *EastEnders* character who was played by Michael Greco (5)
26 Tom ------, star of 1955 comedy *The Seven Year Itch* (5)
27 *La* ----- *Bonita*, Madonna hit released in 1987 (4)

CROSSWORD SOLUTION

ACROSS: 1 The Bill 3 Marie 8 Catherine 9 Anneka 12 Elastic 14 Buster 15 Selecta 19 Eva 20 Private 21 Nicole 22 Rainbow 25 Sydney 28 Occupants 29 Byker 30 Baddiel

DOWN: 1 Twain 2 Lucy 4 Alexa 5 Idiot 6 Streisand 7 Beacham 10 Ncuti 11 Katya 13 Green Wing 16 Lacey 17 Colin 18 Sparrow 23 Itchy 24 Beppe 26 Ewell 27 Isla

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, PARAMOUNT+, SKY KIDS.

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Recycle

Coming soon

Pierre Jeffreys (played by David Harewood)

FIRST LOOK

Pierre

David Harewood stars in a powerful crime drama

Filming is under way on C4 drama *Pierre*, which follows a charismatic lawyer as he makes a chilling discovery while looking into a client's death.

The six-part series stars David Harewood as Pierre Jeffreys, who works as a duty solicitor in west London but is struggling due to his tricky finances and troubled personal life. Events soon take an even more unsettling turn when he is given a case involving a young Black man, Michael (Ezrae Maye), who dies in suspicious circumstances.

The police are keen to present Michael as a criminal, but when Pierre puts everything on the line to get to the truth, he realises that institutional corruption is at the heart of the investigation…

SUPPORTING CAST

Michele Austin co-stars as Charlotte Manners, the joint managing partner at Pierre's firm, while Jason Flemyng is DS Ronnie Miller, Pierre's best friend, and Sara Powell plays Pierre's wife Celeste. Dean-Charles Chapman, Dylan Ennis, Nikkita Chadha, Christopher Fairbank and Cherrelle Skeete also appear.

'I'm very excited to be embarking on this journey with such fantastic actors. There's real warmth in the scripts and among the cast on *Pierre* and we're all thrilled to be along for the ride,' says Harewood.

'Pierre is such a wonderfully well-painted character. He is bright, flawed and passionate about his work, and I'm really hoping audiences find him as appealing as I do on the page.'

WHAT'S NEXT FOR...

Ella Bruccoleri

In BBC1's period drama **The Other Bennet Sister**, based on Janice Hadlow's novel inspired by Jane Austen's *Pride and Prejudice*, the actor will play unassuming Mary Bennet, who tries to discover herself.

Rob Rinder

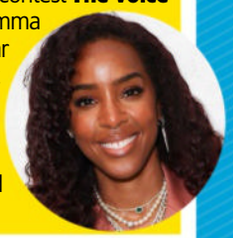
The barrister and presenter will oversee proceedings as The Executor in C4's reality show **The Inheritance**, in which 13 strangers complete the final requests of The Deceased (Elizabeth Hurley) and win her fortune.

Lenny Rush

BBC1's comedy **The Reluctant Vampire**, adapted from Eric Morecambe's books, will feature the actor as young Val, who has been raised in a vampire family but soon realises that he is not one of the undead.

Coming Back

Kelly Rowland is joining the coaching panel for the next series of ITV1's singing contest **The Voice UK**, hosted by Emma Willis. The US star will take her seat alongside Sir Tom Jones, will.i.am, and Danny Jones and Tom Fletcher.



Next week

On sale Tuesday 24 June

Heads of State

John Cena and Idris Elba star as leaders battling an enemy in Prime Video's action comedy.

Wimbledon

All eyes will be on SW19 as the BBC hosts extensive coverage of the tennis contest.

Women's Euro 2025

England and Wales are heading to Switzerland as the event kicks off on the BBC and ITV.

The Old Guard 2

Netflix's superhero sequel sees Andy (Charlize Theron) and her immortals fight to save humanity.

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
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Printed by Walstead UK Ltd

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Standard Subscription rates (1 year): UK $174.99, Europe 539 Euros, USA $610, Rest of World £469. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com. If you require any other issue/s of Future Plc magazines, these are available online at magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: BBC, C4, GETTY, NETFLIX, PRIME VIDEO, SHUTTERSTOCK

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